

West Met 3 Concord 20-4-19

Given that it was the middle Saturday of the school holidays and Easter Saturday it was not surprising that numbers were down at last Saturday's West met events at Concord. Despite the small numbers, Girraween's athletes acquitted themselves well over the three events on a warmish autumn afternoon, which saw the events starting on the western side of Queen Elizabeth Park, a change from previous years.

The 2km event saw Wayne Thurlow leading the Girraween contingent home with a fine run followed by Andrew Free who snuck under the ten minute mark with a solid performance. The remainder of the Girraween contingent in David Perry, Ben O'Donnell, Jean Davis and Roger Mar all put in fine runs over the shorter distance.

David Perry was the first Girraween athlete home in the middle distance event with a fine sub nineteen minute time followed by two of Girraween's fine junior athletes in Daniel O'Donnell and Chloe Grogan who have both maintained their fine early season form.

The 8km run saw Shane Clubb finish third overall with a strong performance which he must have been happy with. He ran most consistently around the four laps of the course in warm conditions. Wayne Thurlow completed his third event of the day, with another consistent performance and he deserves our congratulations for his efforts across the afternoon. Graham Sheargold had another fine run to maintain his strong early season form.

It had been a solid effort by all Girraween's athletes last Saturday and they are all starting to show promise for the winter season ahead. Thanks also to our members who volunteered and assisted David Archbold throughout the afternoon in a myriad of tasks. Your help was very much appreciated. Results follow:

2km

27th	Wayne Thurlow	9:09
35th	Andrew Free	9:57
36th	David Perry	10:13
38th	Ben O'Donnell	10:24
39th	Jean Davis	10:26
56th	Roger Mar	12:52

4km

20th	David Perry	18:40
23rd	Daniel O'Donnell	19:04
24th	Chloe Grogan	19:40
26th	Michael Grogan	19:42
28th	Wayne Thurlow	20:09
37th	Michael Christie	22:44

39th Gary Micallef 23:31

8km

3rd Shane Clubb 34:57

11th Wayne Thurlow 41:10

12th Graham Sheargold 43:12

Michael Christie (GAP)