

## **West Met 12 Winston Hills 9-7-16**

A cloudy winter's afternoon saw a healthy number of Girraween athletes attack the challenging Winston Hills course last Saturday.

The 2km event saw one of Girraween's up and coming junior athletes, Cristobel Corvalan lead the way for Girraween in this event. Cristobel has been in the top half dozen Girraween athletes in each of the 2km events he has run in 2016, showing very consistent form. So it was very fitting that he led our athlete's home on Saturday. Well done Cristobel. There were a number of other fine performances in this event, including Greg Sargeant and David Perry, both who have been running strongly through the current West Met season. Meredith and Natalie Webb also ran strongly.

The middle distance event saw the indomitable David Perry lead the way home for Girraween, with another fine performance. Michael Grogan, in finishing as our second athlete in this event had a great run and he really bought it home strongly to crack the nineteen minute mark in a gutsy finish. Cristina Sotomayor was another of our athletes who caught the eye with another strong run. Katrina Russell also continued her consistent 2016 form with a fine effort.

The long distance event saw Stephen Parkins and Rob Eager fly the flag once again for Girraween well. Stephen backed up his fine run in the 4km run with a determined effort in this event. Rob Eager hung in well and his determination as he battled around the course was there for all to see.

Many thanks to our volunteers who helped out on Saturday and it was a great afternoon of running. Results follow:

### **2km**

29th	Cristobel Corvalan	9:25
31st	Greg Sargeant	9:30
32nd	David Perry	9:34
39th	Heidi Juhart	10:27
44th	Mischelle Otte	10:44
46th	Katrina Russell	11:03

47th	Meredith Webb	11:16
48th	Mark Milliss	11:19
51st	Adam Etherington	11:54
52nd	David Otte	12:04
56th	Natalie Webb	12:53
57th	Chloe Grogan	13:12
58th	Michael Grogan	13:13
59th	Laura Corvalan	13:43
60th	Claudio Corvalan	13:44
62nd	Lynette Clark	14:26

#### **4km**

22nd	David Perry	17:58
30th	Michael Grogan	18:55
33rd	Adam Etherington	19:40
34th	Stephen Parkins	20:38
38th	Claudio Corvalan	21:50
40th	Cristina Sotomayor	22:07
41st	Greg Sargeant	22:24
42nd	Katrina Russell	22:51
48th	Michael Christie	24:42
50th	Mark Milliss	25:51
53rd	Andrew Free	26:57

#### **8km**

12th	Stephen Parkins	46:24
13th	Robert Eager	48:19

Michael Christie (GAP)