West Met 1 Rouse Hill 26-3-16

The 2016 West Met season began last Saturday in warm conditions on the challenging Rouse Hill course. Considering it was the Easter long weekend, numbers were quite respectable with a good number of Girraween athletes to the fore.

The 2km event saw Wayne Thurlow as the first Girraween runner across the line followed closely by Ed Bratovic. There were a number of other fine runs from Girraween athletes including Cristobel Corvalan and Peter Tutty. It was also nice to see Kristy Zammit returning to West Met for 2016 and we hope it's the first of many events for her across the winter.

Whilst the 4km field saw smaller numbers, nevertheless there were a number of fine runs in the conditions. Whilst once again Wayne Thurlow and Ed Bratovic had a keen tussle and ran very well, there were also a number of eye-catching efforts from other runners including David Perry, Adam Etherington and Stephen Parkins who ran most strongly.

By the time the 8km event started conditions had really heated up and it was evident that many of the runners in this field were starting to struggle a little. Nevertheless, the four Girraween runners hung in well. Rod Zammit led the way home followed closely by Ed Bratovic. Graham Sheargold and Wayne Thurlow both did a fine job in hanging in to finish. It was also the third run of the afternoon for Wayne and Ed, a considerable achievement considering the weather.

All in all it was an encouraging beginning from Girraween's athletes for the 2016 West Met season and numbers will only increase once we move deeper into the season. Results follow:

2km

6th	Wayne Thurlow	7:48
12th	Ed Bratovic	8:08
31st	Peter Tutty	9:26
32nd	Greg Sargeant	9:30
40th	Cristobel Corvalan	9:46
46th	David Perry	10:18
52nd	Cristina Sotomayor	10:58
53rd	Mark Milliss	11:08
57th	Lauren Stafford	11:40
60th	Adam Etherington	12:39

62nd	Roger Mar	12:42
64th	Chloe Grogan	13:56
65th	Michael Grogan	13:59
68th	Lynette Clark	14:38
69th	Laura Corvalan	14:42
70th	Claudio Corvalan	14:43
72nd	Zach Zammit	15:09
73rd	Hailey Zammit	15:10
76th	Kristy Zammit	16:02
4km		
12th	Wayne Thurlow	18:09
14th	Ed Bratovic	18:24
22nd	David Perry	19:21
27th	Adam Etherington	20:56
28th	Stephen Parkins	21:09
30th	Michael Grogan	21:41
31st	Claudio Corvalan	21:55
33rd	Greg Sargeant	22:54
36th	Michael Christie	25:22
8km		
12th	Rod Zammit	42:01
15th	Ed Bratovic	42:37
21st	Graham Sheargold	47:15
27th	Wayne Thurlow	48:19

Michael Christie (GAP)