

## **West Met 9 North Ryde 13-6-15**

Conditions were very pleasant last Saturday as Girraween's athletes tackled the tough North Ryde Common course for the ninth event of the 2015 season. Even though there were one or two soft spots, overall, the course was in a relatively subdued state, given that in the past North Ryde was the scene of many a horrible day.

There was a sizeable representation of Girraween athletes participating in the 2km event, with Wayne Thurlow and Ed Bratovic leading Girraween runner's home in this event. There were also fine runs by both Adam Etherington and Nathan Moffitt who had a tight tussle over the closing stages of this run. Keith Mayhew and Chloe Grogan also stuck to their guns well throughout.

The middle distance event saw the usual suspects in Mr Thurlow and Mr Bratovic run very strongly heading the Girraween contingent. Dave Perry continues his recovery as his times are coming down and his effort on Saturday was one of merit. Cristina Sotomayor also continued her very consistent form of late with another strong performance.

The 8km event saw the largest Girraween contingent competing in a long distance West Met event to-date in 2015 on Saturday, very remarkable when one considers the nature of this course. Wayne Thurlow not only completed his third event of the day but also led Girraween's runner's home in another strong performance. Lisa Grant made a rare but welcome appearance at West Met and showed everyone that she has lost none of her strength with a very solid run. All Girraween's athletes did a fine job in this event as it is the West Met course with the hardest degree of difficulty.

Thanks once again to our members who assisted in any way on Saturday which was once again appreciated. Results follow:

### **2km**

|      |                  |      |
|------|------------------|------|
| 7th  | Wayne Thurlow    | 7:42 |
| 12th | Ed Bratovic      | 8:03 |
| 29th | Adam Etherington | 9:03 |
| 30th | Nathan Moffitt   | 9:04 |
| 32nd | Greg Sargeant    | 9:07 |

|      |                    |       |
|------|--------------------|-------|
| 36th | Robyn Smith        | 9:25  |
| 38th | Cristobel Corualan | 9:28  |
| 39th | Terry Rose         | 9:32  |
| 40th | Stephen O'Donnell  | 9:38  |
| 43rd | Daniel O'Donnell   | 9:44  |
| 53rd | Mark Milliss       | 10:52 |
| 58th | Keith Mayhew       | 11:39 |
| 64th | Lois Brechmar      | 12:53 |
| 65th | Ben O'Donnell      | 13:24 |
| 66th | Jean Davis         | 13:25 |
| 68th | Chloe Grogan       | 13:54 |
| 69th | Michael Grogan     | 13:55 |
| 70th | Cristina Sotomayor | 13:59 |
| 71st | Sergio Martinez    | 14:01 |
| 73rd | Laura Corualan     | 14:19 |
| 74th | Claudio Corualan   | 14:20 |

#### **4km**

|      |                    |       |
|------|--------------------|-------|
| 16th | Wayne Thurlow      | 16:24 |
| 28th | Ed Bratovic        | 18:04 |
| 37th | Michael Grogan     | 20:49 |
| 39th | Carly Eager        | 21:14 |
| 40th | David Perry        | 21:25 |
| 42nd | Greg Sargeant      | 21:39 |
| 43rd | Cristina Sotomayor | 22:16 |
| 46th | Katrina Russell    | 24:25 |
| 47th | Michael Christie   | 24:41 |

#### **8km**

|      |                 |       |
|------|-----------------|-------|
| 10th | Wayne Thurlow   | 35:42 |
| 12th | Lisa Grant      | 37:07 |
| 14th | Ed Bratovic     | 37:25 |
| 18th | Clive Kidson    | 39:34 |
| 23rd | Sergio Martinez | 41:41 |
| 24th | Danny Martins   | 42:59 |

|      |                  |       |
|------|------------------|-------|
| 25th | Graham Sheargold | 43:04 |
| 26th | Claudio Corualan | 44:43 |
| 27th | Robert Eager     | 48:53 |

|                  |       |
|------------------|-------|
| Michael Christie | (GAP) |
|------------------|-------|