

ANSW Road Relays University of Newcastle Ourimbah 11-7-15

On a beautiful afternoon for running a small band of Girraween athletes represented the club at the 2015 Road Relays. While team numbers were down on previous years, the efforts of our representatives could not be faulted as they all gave their best.

There were no medals forthcoming in 2015, but nevertheless there were a number of fine efforts. Both Brad Milosevic and Nicholas Hanna ran fast legs as part of the Open team with both of them improving their 2014 time on the same course, no mean feat considering their 2014 times were quick. It was also exciting to see a women's team representing Girraween in the Open event and Lisa Grant lead the way with a great first leg. The rest of the team ran very consistently and it is to be hoped the appearance of a ladies team at events such as this will be a continuing tradition. One of the highlights of the day for all concerned was the appearance of one of the great man of Girraween athletics, Viv Manwaring, to represent one of our teams. Viv, despite living away from Sydney in recent years maintains a keen interest in Girraween Athletics and still provides an invaluable service as the club's Public Officer. It is hoped that if commitments allow, we will see him in future years at this event.

In closing, a big thank you to Steve Clark in organising the teams for this event. Steve was due to run in a team on Saturday, but after some withdrawals did not. Nevertheless he was able to have a run in the fun run and by all accounts ran very well. Throughout the 2015 winter season, Steve has done a first rate job providing information and organising Girraween teams for ANSW sanctioned events and always with a smile on his face despite the last minute challenges that crop up. We are lucky to have him and all our members are very grateful for the work he does on our behalf. Thanks Steve. Results follow:

Open Male 4 x 4km

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|-------------------|-------|---------|------|
| Brad Milosevic | 11:48 | | |
| Nicholas Hanna | 14:27 | | |
| Stephen O'Donnell | 20:18 | | |
| Robyn Smith | 19:15 | 1:05:50 | 12th |

Open Female 4 x 4km

| | | | |
|-----------------|-------|---------|-----|
| Lisa Grant | 16:32 | | |
| Carly Eager | 20:05 | | |
| Jean Davis | 22:18 | | |
| Katrina Russell | 22:27 | 1:21:23 | 9th |

45+ Male 4 x 4km

| | | | |
|-----------------|-------|---------|-----------------|
| Stephen Parkins | 17:45 | | |
| Clive Kidson | 18:04 | | |
| Terry Rose | 19:25 | | |
| Viv Manwaring | 21:13 | 1:16:27 | 7 th |

Michael Christie (GAP)