

West Met 16 Ermington 30-8-14

A cool windy afternoon last Saturday saw a small number of Girraween athletes tackle the bike-paths and ovals around George Kendall Riverside Reserve at Ermington for the last West Met event of 2014.

The 2km event saw David Perry lead our runner's home in a smart time followed closely by Greg Sargeant. There were a number of other fine performances from our members. Upon analysing the results, it was a real family affair with athletes from the Grogan, Hemakumara, O'Donnell and Zammit families providing nine out of the fourteen Girraween runners to finish. To top it all off all these runners did a great job in challenging conditions.

The middle distance event once again saw the redoubtable David Perry lead Girraween's athlete's home in a solid performance followed closely by Lachlan James who always puts in a whole hearted performance each time he steps out onto the course. It is to be hoped he backs up again in 2015 as he continues to show great potential. Karen Short was also spotted making a rare West Met appearance for 2014 and showed she had lost none of her speed after her trip overseas running well. The two Girraween backmarkers in this event tried to keep up with her, but sadly for them could not, and they endured a long and lonely run home as they staggered after her in vain.

The 8km event saw a very small field and Rod Zammit led our other runners in Steve O'Donnell, Michael Free and Stephen Parkins across the line. Our four athletes did a fine job in tough conditions. It is also worth mentioning the exciting finish in the 8km that Rod had with another runner, narrowly crossing the finish line ahead of him. Given the circumstances in the lead up to the end of this race, it was incredibly satisfying for Rod to finish in front of him and he showed enormous heart to do so. Well done Rod.

Thanks also go to any of our volunteers who helped out on the day. You have made a great contribution throughout the 2014 West Met season. Results follow:

2km

9th	David Perry	8:47
14th	Greg Sargeant	9:16
16th	Steve Mifsud	9:28
21st	Daniel O'Donnell	10:35
23rd	Roger Mar	12:05
24th	Bernard Hemakumara	12:24
27th	Nancy Keasbery	13:09
29th	Lynette Clark	13:16
31st	Ben O'Donnell	14:37
32nd	Stephen O'Donnell	14:38
33rd	Chloe Grogan	15:20
34th	Hayley Zammit	15:24
35th	Michael Grogan	15:25
36th	Rod Zammit	15:27

4km

25th	David Perry	19:18
27th	Lachlan James	20:57
28th	Carly Eager	21:01
29th	Greg Sargeant	21:11
31st	Michael Grogan	21:29
32nd	Heidi Juhart	21:38
33rd	Mark Milliss	21:41
34th	Jean Davies	21:59
35th	Karen Short	22:37
37th	Michael Christie	24:29
38th	Roger Mar	26:16

8km

6th	Rod Zammit	37:23
9th	Stephen O'Donnell	42:32
10th	Michael Free	43:30
11th	Stephen Parkins	43:32

Michael Christie (GAP)