

West Met 11 Winston Hills 5-7-14

On a clear yet very cool winter's afternoon a good number of Girraween athletes turned up to tackle the testing Winston Hills course, a different challenge then that of Bella Vista the week before.

The 2km saw a healthy number of runners tackle the undulating course with Danny Martins the first Girraween runner across the line. The next three runners in Wayne Thurlow, Rowena Milliss and Steve Clark after a great tussle finished within seconds of each other in an exciting finish. Other noteworthy performances in this event came from the Clark, Grogan, O'Donnell, Schwebel, Zammit and Hemakumara clans who all did a fine job on the testing course.

The middle distance event yet again saw Danny Martins lead the way home for our athletes followed closely by the ever consistent David Perry and Michael Grogan. It was also great to see both Karen Short and Joe Butler out an about again after a few weeks away and they both stuck to their task doggedly.

The long distance event saw the smallest Girraween contingent for this type of event to-date in the 2014 West Met season. Not surprisingly though, given the nature of the course and the onset of chilly conditions. Rod Zammit did a fine job leading our runners across the line followed by David Perry and Steve O'Donnell, who coincidentally completed all three events this afternoon, another amazing feat of endurance by these two gentlemen.

A big thank you to any of our members who helped out on the day, your assistance is of great value. Results follow:

2km

7th	Danny Martins	7:37
11th	Wayne Thurlow	7:56
12th	Rowena Milliss	7:57
13th	Steve Clark	7:58
17th	David Perry	8:31
25th	Robyn Smith	9:38

33rd	Mark Milliss	10:03
35th	Andrew Free	10:11
36th	Daniel O'Donnell	10:23
37th	Steve O'Donnell	10:24
40th	Roger Mar	11:10
48th	Bernard Hemakumara	12:58
49th	Hailey Zammit	13:06
50th	Rod Zammit	13:10
53rd	Nancy Keasbery	13:29
55th	Amelia Clark	14:27
56th	Eliza Schwebel	14:29
57th	Lynette Clark	14:38
59th	Chloe Grogan	15:45
60th	Michael Grogan	15:46
61st	O Schwebel	16:15
62nd	W Schwebel	16:16

4km

21st	Danny Martins	17:59
24th	David Perry	18:28
31st	Michael Grogan	19:58
33rd	Heidi Juhart	20:57
34th	W Schwebel	21:04
36th	Steve O'Donnell	21:38
37th	Jean Davies	22:28
39th	Karen Short	22:56
40th	Steve Clark	22:57
41st	Mark Milliss	23:08
43rd	Roger Mar	23:18
45th	Katrina Russell	24:07
46th	David Grasby	24:08
52nd	Joe Butler	29:19

8km

17th	Rod Zammit	39:01
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18th David Perry	40:31
22nd Steve O'Donnell	44:41

Michael Christie	(GAP)
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