

NSW Cross Country Relays Miranda Park Miranda 31-5-14

A number of our athletes ventured to the southern periphery of our wonderful metropolis to represent Girraween in the ANSW annual cross-country relays on the challenging and undulating Miranda Park course last Saturday. Surprisingly there was no rain to speak of this year and at various stages it even became very warm.

Whilst there were no medals for Girraween this year, it was not for want of effort. There were a number of fine individual performances across the board, with the standout performance, Brad Milosevic's incredible sub twelve minute leg in the Open event. Three of our athletes in Peter Matthews, Stephen Mifsud and Wayne Thurlow backed up and ran for two teams on the day to ensure everyone had a run and these three gentlemen did an incredible job, as this is far from an easy course. Well done guys. Rowena Milliss and Roger Mar after running in earlier events also backed up and ran for a team and Rowena in particular ran very well, showing her vast reservoir of talent. Two of our younger runners in Daniel O'Donnell who ran as a solo runner in one of the earlier events and Lachlan James who ran as part of the Open team also deserve a special mention. They both did an incredible job. It remains the dream to one day have enough runners to enable both these young men to run in their own age groups as their potential deserves this. All our athletes deserve our heartiest congratulations for putting themselves forward to represent this club at such an event. It was a wonderful day of camaraderie and our athletes enjoyed great support from their teammates as they made their way around the course.

This is the amended version to that which was sent out to members the other week. Correct results have now appeared on the ANSW website for the Open Men's event and this has now been changed to reflect this. Thanks to Steve Clark for chasing this up with ANSW. Further thanks also go to Steve for the wonderful job he did in organising all the teams and for also covering last minute withdrawals, in ensuring everyone had a run. Thanks Steve on behalf of all your friends and team-mates from Girraween Athletics Club. Results follow:

U12 Male 4 x 2km

Daniel O'Donnell 10:27 (solo runner)

U14 Female 4x2km

Rowena Milliss 7:52 (solo runner)

Fun Run 2km

36th Roger Mar 11:31

Open Female 4 x 4km

Carly Eager 20:45

Jean Davis 22:38

Robyn Smith 21:33

Rowena Milliss 17:25

Total: 1:22.33 18th

55+ Male 4x4km

Stephen Mifsud 18:17

Graham Sheargold 18:56

Terry Rose 19:14

Clive Kidson 18:24

Total: 1:14.53 8th

35+ Male 4x4km

Wayne Thurlow 16:39

Ed Bratovic 16:59

Peter Matthews 16:42

Andrew Free 22:24

Total: 1:12.46 17th

Open Male 4 x 4km

Girraween 'B'

Nicholas Hanna 14:14

Danny Martins 16:57

Steve Clark 17:22

Mark Milliss 21:04

Total: 1:10.03 19th

Girraween 'C'

Peter Matthews 15:59

Stephen Mifsud 18:20

Wayne Thurlow 17:41

Lachlan James 18:51

Total: 1:10:51 20th**Girraween 'A'**

Brad Milosevic 11:54

Rod Zammit 18:07

Steve O'Donnell 18:44

Roger Mar 23:06

Total: 1:11.51 21st

Michael Christie (GAP)