West Met 6 Smithfield 18-5-13

There were some fine performances and David Perry once again led our runner's home in the 2km event with a very slick time. There were also other eye-catching performances particularly from some of our younger runners in Lochlan James and Anne Tavener who scorched around the course. Lilliana Busic also made a rare appearance in this event and got the job done. Bernard Hemakumara and Nancy Keasbery are also continuing to run consistently and it's great to see them enjoying these events. One of the most enjoyable aspects of the 2km event at West Met so far this season has been the great work of our very young runners in Amelia Clark, Daniel O'Donnell and Hayley Zammit. These three young athletes are a great example to everyone with their positive attitude and their never say die attitude, they keep on going no matter how challenging the course gets and we all look forward to their

continued involvement with Girraween Athletics Club. Great stuff. Brad Boyle showed everyone that he has a lot of pace with a great run in the 4km, closely challenged by the ubiquitous David Perry of The Great Gatsby fame and by the way David also runs a bit when he can fit it in. Carly Eager also showed a continuation of her great early season form with another fine run in the middle distance event. David Perry led our runners home in the 8km event showing his determination once again completing three races in the same afternoon. Amazing endurance.

It was a day of fine running by our athletes and thanks to our volunteers who helped out at Smithfield in any way. Your efforts are appreciated. I know I sound like a broken record but it continues to be important that we have a few different faces put up their hands to assist where possible on Saturday's when possible. Thank you for this. Results follow:

2km 19th David Perry 7:19 28th Michael Grogan 7:39 35th Lochlan James 8:03 8:50 49th Anne Tavener 50th Andrew Free 8:54 56th Heidi Juhart 9:03 60th Karen Short 9:15 64th Roger Mar 9:27 70th Jamie Bratovic 9:49 82nd Lilliana Busic 11:23 84th Bernard Hemakumara 11:35 88th Leanne Mifsud 12:18 89th Daniel O'Donnell 12:38 Steve O'Donnell 91st 12:40 93rd Lynette Clark 12:48 95th Hayley Zammit 13:27 96th **Rod Zammit** 13:28 97th Nancy Keasbery 13:30 99th Amelia Clark 19:53

4km		
44 th	Brad Boyle	17:11
45 th	David Perry	<i>17:16</i>
47 th	Stephen Mifsud	17:24
54 th	Michael Grogan	17:56
55 th	Lynette Smith	17:58
56 th	Adam Etherington	18:10
59 th	Steve Parkins	18:35
62 nd	Greg Sargeant	18:54
66 th	Rod Zammit	19:23
69 th	Carly Eager	20:08
71 st	Andrew Free	20:43
74 th	Jean Davies	21:04
75 th	Michael Christie	21:14
77 th	Roger Mar	21:51
78 th	Katrina Russell	21:59
79 th	Gary Micallef	22:35
8km		
18 th	David Perry	<i>37:29</i>
22 nd	Steve O'Donnell	<i>39:32</i>
23 rd	Steve Parkins	41:52
26 th	Rob Eager	47:13
Michael Christie		(GAP)