

**60 metres**

|                  |       |
|------------------|-------|
| Rob Geisler      | 8.9   |
| Steve Parkins    | 9.14  |
| Graham Ryan      | 10.8  |
| Lynette Clark    | 11.29 |
| Raminder Singh   | 11.55 |
| Roger Mar        | 11.98 |
| Michael Christie | 12.98 |
| Chloe Grogan     | 13.58 |

**300m**

|                  |       |
|------------------|-------|
| Rob Geisler      | 49.09 |
| Steve Parkins    | 51.43 |
| Michael Grogan   | 53.68 |
| Graham Ryan      | 56.68 |
| Roger Mar        | 62.73 |
| Michael Christie | 65.78 |
| Lynette Clark    | 83.62 |
| Chloe Grogan     | 92.3  |

**1km**

|                  |         |
|------------------|---------|
| Steve Parkins    | 4.14.43 |
| Michael Christie | 4.44.21 |
| Rob Geisler      | 4.47.71 |
| Roger Mar        | 5.05.02 |
| Lynette Clark    | 6.39.86 |
| Chloe Grogan     | 7.21.33 |

**1 mile**

|                  |         |
|------------------|---------|
| Ed Bradovic      | 6.21.41 |
| Michael Grogan   | 7.10.45 |
| Greg Sargent     | 7.15.95 |
| Steve Parkins    | 7.27.32 |
| Keith Mayhew     | 8.51.56 |
| Michael Christie | 9.19.78 |

**Standing Long Jump**

|               |      |
|---------------|------|
| Rob Geisler   | 2.27 |
| Steve Parkins | 2.19 |
| Graham Ryan   | 1.88 |
| Lynette Clark | 1.72 |

|                   |       |
|-------------------|-------|
| Raminder Singh    | 1.48  |
| Chloe Grogan      | 1.27  |
| <b>Shot throw</b> |       |
| Steve Parkins     | 18.95 |
| Michael Grogan    | 16.51 |
| Rob Geisler       | 14.53 |
| Raminder Singh    | 12.47 |
| Graham Ryan       | 9.74  |
| Roger Mar         | 8.61  |
| Lynette Clark     | 8.43  |
| Chloe Grogan      | 3.49  |