

---

Week A

100 Meters

heat one

R.Giesler	14.09
D.Falzon	14.73
W.Thurlow	14.96
B.Neich	15.02
M.Free	15.92

heat two

G.Ryan	16.56
M.Parker	17.00
B.Field	17.91
K.Short	28.49

heat three

M.Ozols	19.54
H.Ozols	20.29
M.Christie	27.44
T.Neich	27.89

400 Meters

W.Thurlow	1:18.09
D.Falzon	1:18.26
R.Smith	1:22.85
R.Giesler	1:24.01
G.Ryan	1:27.01
B.Field	1:36.57

B.Field	1:50.57
M.Parker	1:43.77
M.Christie	1:47.70
H.Ozols	2:07.39

#### 1500 Meters

Gr.Sheargold	6:18.28
G.Sheargold	6:19.61
W.Thurlow	6:38.17
R.Smith	6:53.14
H.Juhart	7:30.40
M.Christie	7:36.26
R.Giesler	9:06.12
M.Parker	9:50.11

#### Javelin

B.Neich	32.26
R.Giesler	19.82
M.Parker	19.36
R.Singh	19.11
D.Falzon	17.03
W.Thurlow	15.76
R.Smith	14.59
M.Ozols	15.93
G.Ryan	12.09
H.Ozols	11.86
T.Neich	11.82
K.Short	11.26

#### Ladies Shot

T.Neich	2kg	7.74
M.Ozols	3kg	5.92
K.Short	4kg	7.47
H.Ozols	4kg	6.27
R,Smith	4kg	5.85

#### Mens Discus

B.Neich	1kg	26.75
R.Singh	1kg	24.40
G.Ryan	1kg	15.60
R.Giesler	1.5kg	25.01
M.Parker	1.5kg	19.01
W.Thurlow	2kg	19.22