
Hello everyone,

Here are the results from Saturday's GAC All Comers Modified programme. Many thanks to Wayne for collating these so quickly.

Kind Regards

Michael

Results GAC All Comers 11/01/14

Modified Program

60 Metres

Heat 1

S. Clark 7.92
D. Falzon 8.70
S. O'Donnell 8.99
W. Way 9.15
E. Watkins 9.29
H. Crossland 9.69
B. O'Donnell 17.51

Heat 2

K. Short 9.47
S. Way 9.65
M. Laird 9.70
I. Falzon 10.97

Heat 3

B. Field 10.82
J. Davis 10.98
L. Clark 12.16
D. O'Donnell 12.51
A. Clark 12.76

Standing Long Jump

S. Clark 3.72
S. O'Donnell 2.45
D. Falzon 2.27
M. Laird 2.12
W. Way 1.99
L. Grant 1.97
J. Davis 1.89
H. Crossland 1.82
L. Clarke 1.62
D. O'Donnell 1.44
A. Clark 1.31
B. O'Donnell 1.05

1000 Metres

D. Martins 3.32.83
S. Clark 3.36.13
L. Grant 3.39.53
D. Perry 3.52.30
W. Thurlow 4.30.61
S. O'Donnell 4.30.84
M. Christie 5.08.30

D. O'Donnell 5.38.37
J. Davis 5.38.69

Shot Throw

S. Clark 21.63
S. O'Donnell 17.78
W. Thurlow 17.44
M. Laird 13.00
K. Short 10.14
J. Davis 8.28
L. Clark 8.09
L. Grant 7.74
D. O'Donnell 2.17

1 Mile

L. Grant 6.11.22
D. Perry 6.32.58
D. Martins 7.18.87
S. O'Donnell 8.45.21
J. Davis 8.47.55
M. Christie 9.28.53

Regards
Wayne