

Girraween Snake Run- Part 3 Gipps Rd Greystanes 28-12-13

On a very warm Saturday afternoon a small band of Girraween diehards tackled the bike paths around Gipps Rd Greystanes in the third Snake Run of the 2013/2014 season. The athletes who took part deserve great credit for putting themselves to the test in such trying conditions.

The 2km event saw a very even run with David Perry, Wayne Thurlow and Rod Zammit finishing within seconds of each other whilst supporting each other well during the run, and running very good time's in the conditions.

After a well-earned breather, the 4km and 8km events were run. The 4km saw a very fine effort on the part of Rod Zammit who ran consistently. Wayne Thurlow and Michael Christie followed shortly afterwards, and were certainly very relieved to cross the finish line. David Perry bravely tackled the 8km event by himself, a noble undertaking, as he ran the second half of the event on his lonesome. He managed to keep his form together well as is illustrated by his time and it was an excellent run by David.

All in all it was a fine effort by all concerned in testing circumstances and a thank you to Wayne for organising this run and to Michael and Rod for providing the timing for the three events. Results follow:

2km

1st	David Perry	9:03.75
2nd	Wayne Thurlow	9:04.32
3rd	Rod Zammit	9:05.61

4km

1st	Rod Zammit	21:35
2nd	Wayne Thurlow	23:25
3rd	Michael Christie	24:01

8km

1st David Perry 40:44

Michael Christie (GAP)