

Results 12/10/13

Week B

200 metres

Heat one

D.Nagle	28.74
S.Parkins	31.25
D.Falzon	32.18
T.O'Connell	32.57
M.Free	33.63

Heat Two

B.Neich	32.68
W.Way	33.36
M.Parker	34.85
W.Thurlow	35.08
G.Ryan	35.47
R.Mar	37.38
M.Ozols	39.01

Heat Three

A.Giesler	36.49
M.Christie	41.64
L.Clark	50.00
H.Ozols	51.21

800 Metres

S.Parkins	3:02.07
M.Free	3:05.44
T.O'Connell	3:07.95
Gr.Sheargold	3:16.40
D.Nagle	3:19.57
W.Thurlow	3:21.19
L.Tranter	3:26.98
G.Ryan	3:40.41
R.Mar	3:47.41
A.Giesler	3:52.90
M.Christie	4:01.08
M.Parker	4:17.58

5000 Metres

D.Perry	22:34.22
Gr.Sheargold	24:24.97
D.Nagle	25:56.80
S.Parkins	26:44.12
W.Thurlow	26:48.16
C.Eager	27:36.24
L.Tranter	30:37.20
M.Free	31:28.03

Mens Shot

B.Neich	3kg	10.31
D.Nagle	3kg	8.10
G.Ryan	4kg	6.12
S.Parkins	6kg	9.03

M.Parker	6kg	7.33
R.Mar	6kg	4.82
W.Thurlow	7kg	6.29

Ladies Discus

T.O'Connell	750g	19.21
T.Neich	750g	16.78
N.Ozols	750g	7.04
T.Jobson	1kg	20.49
A.Giesler	1kg	20.08
R.Smith	1kg	18.12
D.Murray	1kg	15.65
M.Ozols	1kg	13.61
L.Clark	1kg	13.27
W.Way	1kg	13.00
H.Ozols	1kg	11.74

Mens Long Jump

D.Nagle	4.56
B.Neich	4.04
S.Parkins	4.03
W.Thurlow	3.87
D.Falzon	3.75
G.Ryan	2.86

Mens Triple Jump

D.Nagle	9.74
B.Neich	8.91
S.Parkins	8.34
W.Thurlow	8.17

Ladies Long Jump

T.O'Connell	3.85
T.Jobson	3.70
A.Giesler	3.47
M.Ozols	3.31
W.Way	3.15
D.Murray	2.93
L.Clark	2.62
H.Ozols	1.89

Ladies Triple Jump

T.O'Connell	8.66
A.Giesler	8.22
W.Way	7.42
D.Murray	5.86
M.Ozols	5.77
H.Ozols	4.39