



---

## Girraween Allcomers November 2, 2013

### 100 Meters

#### heat one

D.Nagle	13.29
S.Parkins	14.04
D.Falzon	14.05
S.O'Donnell	14.49
L.Smith	14.59
T.O'Connell	14.74

#### heat two

N.Rosa	13.23
B.Neich	14.81
W.ThurLOW	15.03
M.Free	15.75
G.Ryan	15.82
R.Mar	16.57

#### heat three

D.Barton	15.47
I.Falzon	16.15
M.Parker	16.84
J.Davis	16.93
M.Ozols	17.33
T.Neich	18.04
L.Busic	18.43

#### heat four

L.Clark	19.50
H.Ozols	21.35
M.Christie	25.30
C.Grogan	26.12
B.O'Donnell	31.51

### 400 Meters

#### heat one

N.Rosa	1:03.02
S.Schwitzer	1:05.04
D.Martins	1:07.70
D.Nagle	1:09.42
L.Smith	1:09.77
S.O'Donnell	1:13.47
S.Parkins	1:15.26
T.O'Connell	1:17.02

#### heat two

M.Grogan	1:10.97
----------	---------

D.Perry	1:12.57
M.Free	1:14.00
W.Thurlow	1:16.10
G.Ryan	1:23.44
A.Free	1:25.72
R.Mar	1:32.39

#### Heat three

J.Davis	1:20.98
M.Parker	1:36.55
M.Christie	1:38.87
L.Busic	1:43.36
L.Clark	2:12.36
H.Ozols	2:22.16
K.Zammit	2:26.05
C.Grogan	2:43.07

#### 1500 Meters

G.Sheargold	5:06.36
P.Matthews	5:23.61
D.Martins	5:33.44
L.Grant	5:34.86
D.Perry	5:54.94
M.Grogan	6:02.20
S.Parkins	6:23.02
Gr.Sheargold	6:26.26
W.Thurlow	6:30.70
G.Sargent	6:32.11
S.O'Donnell	6:39.75
A.Free	7:09.21
H.Juhart	7:22.65
D.Nagle	7:41.86
M.Free	7:42.25
J.Davis	7:48.81
R.Mar	8:14.57
M.Parker	8:30.25
M.Christie	9:35.15
K.Zammit	11:15.73

#### High Jump

H.Ozols	0.84
M.Ozols	0.99
J.Davis	1.24
B.Neich	1.14
D.barton	1.19
N.Rosa	1.29
I.Falzon	1.09
W.Thurlow	1.29
S.O'Donnell	1.34
D.Nagle	1.44
S.Parkins	1.24

L.Smith 1.49

Ladies Shot

H.Ozols 6.01  
M.Ozols 6.05  
L.Clark 5.74  
J.Davis 5.50  
T.Neich 8.24  
L.Smith 9.22  
I.Falzon 5.59  
R.Smith 5.83  
K.Zammit 4.17

Mens Discus

W.Thurlow 17.49  
R.Mar 9.77  
G.Ryan 16.41  
S.O'Donnell 18.29  
M.Parker 26.32  
B.Neich 26.48  
D.Barton 21.90  
M.Grogan 17.11  
S.Parkins 25.89  
D.Nagle 21.32  
M.Evans 17.75  
D.Martins 16.14

Javelin

I.Falzon 8.10  
D.Falzon 18.38  
W.Thurlow 17.06  
R.Mar 13.49  
H.Ozols 12.86  
T.O'Connell 17.11  
M.Ozols 13.47  
S.O'Donnell 26.81  
J.Davis 14.31  
G.Ryan 13.49  
T.Neich 13.05  
M.Parker 22.99  
B.Neich 29.27  
D.Barton 17.41  
L.Smith 33.41  
L.Busic 13.05  
M.Grogan 24.07  
R.Smith 12.18  
S.Parkins 16.96  
L.Clark 8.63  
K.Sommandramm 18.31  
M.Evans 16.40  
D.Perry 17.19

