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**Subject:** FW: FW GAC All Comers: Results 19/10/13  
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## Results 19/10/13

### Week A

#### 100 metres

##### heat one

D.Nagle	13.46
S.O'Donnell	14.01
D.Falzon	14.06
S.Parkins	14.30
W.Thurlow	14.73

##### heat two

T.Barton	14.79
B.Neich	15.11
H.Crossland	15.12
M.Free	15.20
D.Barton	15.58
M.Ozols	17.56

##### heat three

W.Way	15.23
T.Jobson	15.86
R.Hepworth	16.80
G.Ryan	16.90
G.Micallef	17.03
R.Mar	17.08
J.Davis	19.76

##### heat four

A.Busic	17.19
R.Busic	18.27
L.Busic	18.82
D.Murray	19.17
H.Ozols	21.73
M.Christie	24.57

##### heat five

D.O'Donnell	21.10
C.Grogan	24.21
B.O'Donnell	28.39

#### 400 metres

##### heat one

G.Sheargold	1:01.87
D.Nagle	1:08.53
S.O'Donnell	1:09.59
S.Parkins	1:13.12

M.Free	1:14.93
M.Grogan	1:16.50

heat two

D.Martins	1:08.35
W.Thurlow	1:19.25
R.Hepworth	1:20.39
Gr.Sheargold	1:21.42
G.Ryan	1:23.24
J.Davies	1:25.18

heat three

W.Way	1:19.41
H.Crossland	1:20.39
H.Juhart	1:32.25
L.Busic	1:45.29
D.Murray	1:55.22
D.O'Donnell	1:59.09
C.Grogan	2:21.80
B.O'Donnell	2:47.70

heat four

D.Nagle (second run)	1:18.69
T.Barton	1:19.99
R.Mar	1:34.50
M.Ozols	1:40.51
M.Christie	1:41.89
H.Ozols	2:22.57

1500 Meters

G.Sheargold	4:46.54
D.Martins	5:27.08
L.Grant	5:31.58
E.Bratovic	5:57.78
M.Grogan	6:10.89
S.Parkins	6:14.69
Gr.Sheargold	6:16.98
W.Way	6:43.26
S.O'Donnell	6:43.65
R.Smith	6:51.55
C.Eager	7:09.00
M.Free	7:12.06
H.Juhart	7:16.72
M.Christie	7:36.22
G.Micallef	7:39.65
R.Mar	7:46.08
H.Crossland	7:53.04
J.Davies	7:59.72
K.Zammit	11:06.68
K.Short	11:11.42

### Ladies Shot put

C.Grogan	500g	1.56
T.Neich	2kg	7.97
A.Busic	2kg	5.48
T.Jobson	3kg	8.68
R.Ryall	3kg	7.48
W.Way	3kg	6.27
L.Busic	3kg	5.91
M.Ozols	3kg	5.57
K.Short	4kg	7:15
J.Davies	4kg	6.79
H.Ozols	4kg	6.34
R.Smith	4kg	6.34
D.Murray	4kg	5.14

### Javelin

T.Neich	400g	11.31
A.Busic	400g	9.01
C.Thurlow	500g	31.99
T.Jobson	500g	16.70
M.Ozols	500g	15.96
L.Busic	500g	11.98
B.Neich	600g	30.39
D.Barton	600g	15.64
R.Smith	600g	14.33
J.Davis	600g	12.49
H.Crosslands	600g	12.12
H.Ozols	600g	11.30
T.Barton	600g	11.21
K.Short	600g	7.93
K.Zammit	600g	ND
D.Falzon	700g	19.99
S.Parkins	700g	17.14
M.Evans	700g	17.28
G.Micallef	700g	13.34
R.Mar	700g	12.54
S.O'Donnell	800g	26.23
M.Grogan	800g	20.79
W.Thurlow	800g	16.52
D.Martins	800g	ND

### High Jump

W.Thurlow	1.28
S.O'Donnell	1.28
C.Thurlow	1.23
W.Way	1.23
D.Martins	1.23
S.Parkins	1.23
T.Barton	1.18
D.Barton	1.18
J.Davis	1.18

B.Neich	1.18
T.Jobson	1.18
G.Ryan	1.08
D.Murray	1.08
R.Ryall	1.08
A.Busic	1.08
H.Juhart	0.98
L.Busic	0.98
M.Ozols	0.93
H.Ozols	0.83

#### Mens Discus

B.Neich	1kg	26.95
D.Nagle	1kg	21.54
D.Barton	1kg	17.28
G.Ryan	1kg	17.26
T.Barton	1kg	15.19
S.Parkins	1.5kg	25.11
S.O'Donnell	1.5kg	20.67
G.Micallef	1.5kg	18.28
R.Mar	1.5kg	9.21
W.Thurlo	2kg	17.15
R.Hepworth	2kg	18.55
M.Evans	2kg	15.67
M.Grogan	2kg	14.82