

7/9/13

100 Metres

Heat one

D.Martins. 13.68
R.Giesler. 14.46
S.Parkins. 14.86
V. Adams 15.31
P.Matthews. 15.32
W. Thurlow. 19.24

Heat two

M.Grogan. 15.24
S.Way. 15.85
M.Free. 15.94
B.Neich. 16.22
Graham Sheargold 17.80
M. Ozols. 18.94

Heat Three

G.Miscallef. 18.89
L.Busic. 19.82
M.Christie. 23.65
C.Grogan. 28.65
H.Ozols. 28.72

400 Metres

Heat one

Geoff Sheargold. 1:05.94
D.Martins. 1:15.94
R.Giesler. 1:19.94
S.Parkins. 1:20.19
V.Adams. 1:30.37

Heat two

P.Matthews. 1:13.87
M.Grogan. 1:17.91
M.Free. 1:18.56
Graham Sheargold. 1:28.43
W.Thurlow. 1:31.52
R.Smith. 1:32.88

Heat three

F.Daniels. 1:37.03
G.Micallef. 1:37.05
M.Ozols. 1:45.21
M.Christie. 1:49.51
L.Busic. 1:55.51
H.Ozols. 2:25.91

1500 metres

P.Matthews. 5:57.54
D.Martins. 6:07.07
D.Perry. 6:12.20
S.Parkins. 6:20.40
T.Rose. 6:43.11
Graham Sheargold. 6:44.00
R.Smith. 6:59.31
M.Free. 7:06.07
W.Thurlow. 7:31.37
G.Micallef. 7:52.07
R.Mar. 7:54.80
R.Giesler. 8:09.19
S.Way. 8:38.75
B.Neich. 8:40.78
M.Christie. 8:42.71
R.Eager. 9:14.05

Womens Shot Put

K.Short. 4kg. 7.53
R.Smith. 4kg. 6.30
H.Ozols. 4kg. 5.47
S.Way. 3kg. 6.00
M.Ozols. 3kg. 4.66
L.Busic. 3kg. 4.48

Men's Discus

B.Neich. 1kg 25.50
R.Singh. 1kg 24.64
S.Parkins. 1.5 kg 24.00
R.Giesler. 1.5kg. 21.62
V.Adams. 1.5kg. 19.00
G.Micallef. 1.5 kg. 18.02
P.Matthews. 1.5kg. 14.67
R.Mar. 1.5kg. 10.35
S.Clark. 2kg. 22.35
D.Martins. 2kg. 16.45
W.Thurlow. 2kg. 16.27

High Jump

D.Martins. 1.35
B.Neich. 1.25
S.Parkins. 1.20
P.Matthews. 1.20
W.Thurlow. 1.10
M.Ozols. 1.05
G.Micallef. 1.05
R.Singh. 0.80
H.Ozols. 0.75