

December 2021- The end of another remarkable year for Girraween athletes!

The month of December saw the year of athletics end with numerous fine performances by Girraween's athletes. It had been another challenging year for all athletes, with the COVID 19 pandemic once again impacting our sport greatly. Despite the barriers that confronted all Girraween athletes, they competed admirably and represented the club well when circumstances permitted. They should be all proud of their efforts.

Girraween athletes represented their schools and competed well in the NSW All Schools Championships held at SOPAC in mid-December. It was a very strong competition in all events over the four days and Girraween athletes held their own. Neelesh Srestha, Joel Byatt and Laelia Byatt won medals in their respective events. Congratulations on this fine achievement. Other athletes were not far outside the medals either. All representatives should be proud of their efforts.

A small number of athletes also competed in NSW All-Comers meets in December. Neelesh Srestha, Sumeet Dasgupta, Kajanan Srisivaeaswaran, Laura Corvalan and Cristobel Corvalan represented Girraween well at these meets with fine performances across numerous events. Well done to all concerned.

The SMC Road Race series continued at Smithfield in December. It was a very hot morning for all athletes. Alison Shaw was prominent in the Half Marathon, whilst Jason Cutajar in the 10km and Garry Womsley in the 5km event all posted excellent times given the circumstances confronting all athletes. Sai Sravan Shailesh and Sai Sraddha Shailesh finished first and second respectively in the 2km Kids Dash with excellent times. Congratulations to Sai and Sai on their efforts. All Girraween athletes deserve credit for sticking to their task in the challenging conditions.

Parkrun resumed in December after a six-month absence due to the pandemic. There were eye-catching times achieved by Girraween athletes including Jason Cutajar, Wayne Thurlow, Garry Womsley and Lisa Grant over the first two weeks. All athletes were just happy to see the return of this series.

Both Terry Rose and Garry Womsley also competed in the Sydney Harbour 5km event and the Sri Chinmoy 7km event around the Bay at Iron Cove in December and both athletes were happy with their efforts in these two events. It was also nice to see the return of additional out of stadia events in December, as these type of events have been sadly missed.

On Thursday December 9, a vote for the merger of our sport under the One Sport model was held by both Australian Senior Athletics Associations and Little A's Associations. This vote was not successful. Little A's associations from NSW, VIC, SA & QLD voted not to support the proposal. Thus, the vote was lost. There will be no merger of Athletics under one body for the foreseeable future in Australia. This decision will be seen as a sad day for the future of the sport when the history of Australian athletics is written that relates to the first quarter of the twenty-first century. Results follow:

29-11-21 – 5-12-21 (not) parkruns representing Parramatta parkrun 5km

Tue Michael Christie 34:24

5-12-21 Real Insurance Sydney Harbour 10km & 5km**10km**

	Gun Time	Net Time
1586th Alison Shaw	1:06:50	1:02:00

5km

92nd Garry Womsley	25:54	23:51
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340th Terry Rose	36:04	33:51
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6-12-21 – 12-12-21 (not) parkruns representing Parramatta parkrun 5km

Wed Michael Christie 33:53

9-12-21 – 12-12-21 NSW All Schools Championships SOPAC**9-12-21****Boys 200m Hurdles 76.2cm 15 years**

3rd Neelesh Srestha	29.37
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Boys Hammer Throw 4kg 15 years

4th Kajanan Srisivaeaswaran	47.82m
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Girls 3000m Race Walk 13 years

5th Laura Corvalan	19:14.24
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Boys 3000m Race Walk 14 years

3rd Joel Byatt	16:28.93
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Girls 3000m Race Walk 15 years

3rd Laelia Byatt	17:39.01
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10-12-21**Boys 200m 14 Years Prelims****Heat 6**

5th Tyler Bussier	25.33
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Boys 200m 15 years Prelims**Heat 1**

6th Sumeet Dasgupta	25.63
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Boys Discus 1kg 15 years

9th Kajanan Srisivaeaswaran	42.73m
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13th Avilash Tharmanesan	35.55m
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11-12-21**Boys 100m 14 years Prelims****Heat 1**

6th Tyler Bussier	12.45
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Boys 100m 15 years Prelims**Heat 4**

3rd Neelesh Srestha	12.08
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Heat 5

8th Sumeet Dasgupta	12.54
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Boys Shot Put 4kg 15 years

7th Avilash Tharmanesan	12.80m
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12-12-21**Boys Long Jump 15 years**

15th Kajanan Srisivaeaswaran 5.01m

16th Sumeet Dasgupta 4.91m

Boys Javelin 700g 16 years

4th Cristobel Corvalan 48.90m

Girls Long Jump 17 years

10th Vithussa Srisivaeaswaran 4.81m

12-12-21 Sri Chinmoy Iron Cove**7km****Male 50-59**

4th Garry Womsley 32:42

Male 60-69

9th Terry Rose 48:27

13-12-21 – 19-12-21 (not) parkruns representing Parramatta parkrun 5km

Fri Michael Christie 35:35

18-12-21 Parramatta parkrun 5km

74th Stephen Parkins 27:35

111th Terry Rose 34:43

112th Michael Christie 35:07

141st Keith Mayhew 48:13

18-12-21 Rooty Hill parkrun 5km

14th Jason Cutajar 21:18

18th Wayne Thurlow 22:54

28th Tipene Robinson 24:25

34th Helen Collins 25:23

45th Geoff Newey 26:57

73rd David Otte 36:26

76th Mischelle Otte 37:03

18-12-21 Curl Curl parkrun 5km

41st Lisa Grant 22:40

18-12-21 ANSW All Comers SOPAC Warm Up Track**Men's 100m Hurdles 91.4cm**

5th Neelesh Srestha 17.85

Men's 100m Open**Section 8**

8th Neelesh Srestha 11.98

9th Sumeet Dasgupta 12.35

Men's Long Jump Pool A

7th Sumeet Dasgupta 5.39m

Men's Hammer Throw Open

5th Kajanan Srisivaeaswaran 40.44m (5kg)

18-12-21 Illawong Revesby Workers Walks and Throws Meet-The Ridge Track Barden Ridge

Women's 3000m Walk

2nd Laura Corvalan 20:12.37

Men's 14-17 Javelin Throw 700g

4th Cristobel Corvalan 42.28m

19-12-21 SMC Road Race Series Smithfield

Half Marathon

33rd Alison Shaw 2:22.48.9

10km

7th Jason Cutajar 44:36.0

22nd Tipene Robinson 55:31.2

37th Stephen O'Donnell 1:08:06.3

5km

7th Garry Womsley 23:25.6

18th Stephen Mifsud 26:04.4

28th Gary Micallef 30:42.9

35th Michael Christie 34:33.4

37th Mairead Connolly 36:29.2

2km Kids Dash

1st Sai Sravan Shailesh 9:33.8

2nd Sai Sraddha Shailesh 11:14.4

25-12-21 Parramatta parkrun 5km

100th Michael Christie 34:05

126th Keith Mayhew 44:59

25-12-21 Whalan Reserve parkrun 5km

5th Jason Cutajar 21:56

7th Wayne Thurlow 23:18

9th Tipene Robinson 24:32

10th Helen Collins 25:16

34th David Otte 36:11

35th Mischelle Otte 36:12

25-12-21 Greenway parkrun 5km

95th Terry Rose 35:43

25-12-21 St Peters parkrun 5km

25th Garry Womsley 23:24

25-12-21 Leeton Sport and Recreation Precinct parkrun 5km

3rd Lisa Grant 23:15

Michael Christie (GAP)

