

## **Magnificent March 2011- Girraween's athletes show the way**

What an amazing month. Girraween's athletes once again showed great versatility across a number of events, in at times, extraordinary conditions. From the Sheargold's sterling efforts in the world renowned Six Foot track early in the month through to our distant specialists battling unbelievable wind and heavy rain at SMC later on in the month. From our many club members who tackled our pre season cross country with great gusto at CV Kelly on two Saturdays at the end of March through to our small and brave group of athletes who tackled the NSW Track and Field Championships at Sydney Olympic Park at the end of March. It was also nice to welcome back one of our long time members, Gary Micallef, who has been absent from seniors for a few years due to injury and work commitments, although he has still been very busy with Girraween Little A's. We hope to see you over the winter season, Gary if time & remaining injury free permit. They all deserve tremendous accolades. However, I would like to mention two of our athletes in particular who competed so very well at the recently concluded NSW Championships at Homebush. Taylor Doyle continued her great form in the lead up to representing Australia in the Special Olympics in Athens later on this year by achieving two 2<sup>nd</sup>'s and a 4<sup>th</sup> place in her events. One of our newest and youngest members, Gordon Allan, achieved three 2<sup>nd</sup> placings in his three events, a wonderful achievement. One of my spies who was competing out at Homebush and had the opportunity to watch Taylor and Gordon compete advised me that their efforts were amazing. We are indeed fortunate as a club to have Taylor and Gordon representing us so well. All in all, March was a great month of athletics. Results follow:

### **5-3-11 Sydney Striders North Head 10km**

325<sup>th</sup> Andrew Free 50:09

355<sup>th</sup> Terry Rose 52:23

### **12-3-11 Six Foot Track- Katoomba- Jenolan Caves**

331<sup>st</sup> Geoff Sheargold 5:27:44

767<sup>th</sup> Graham Sheargold 6:40:02

### **19-3-11 Sydney Track Classic- Sydney Olympic Park- Homebush**

100m Ambulant Women

3<sup>rd</sup> Taylor Doyle 15.19

### **19-3-11 Girraween Pre Season Cross Country- CV Kelly Park Girraween**

2km

1<sup>st</sup> Michael Grogan 8:23.92

2<sup>nd</sup> Jamie Bratovic 9:38.72

3<sup>rd</sup> Ed Bratovic 9:39.49

4<sup>th</sup> Robyn Smith 9:58.38

5<sup>th</sup> Michael Christie 10:45.46

6<sup>th</sup> Heidi Juhart 12:13.43

7<sup>th</sup> Liliana Busic 12:59.00

4km

1<sup>st</sup> Michael Grogan 18:35.65

2<sup>nd</sup> Michael Christie 23:30.69

Heidi Juhart 10:41.27 (nb ran 2km)

### **20-3-11 SMC Smithfield**

30km

33<sup>rd</sup> Mark Ingram 2:43:16

43<sup>rd</sup> Suresh Raju 3:00:06

44<sup>th</sup> Keith Mayhew 3:01:20

45<sup>th</sup> Rachel Ingram 3:01:23

10km

31<sup>st</sup> Greg Sargeant 50:36

41<sup>st</sup> Roger Mar 55:59

5km

4<sup>th</sup> Nicholas Hanna 18:53

5<sup>th</sup> Michael Grogan 21:08

11<sup>th</sup> Michael Christie 25:19

15<sup>th</sup> Joe Butler 30:35

25-3-11/27-3-11 NSW Track and Field Championships- Sydney Olympic Park-Homebush

Men 15 & U Shot Put AWD- amb

2<sup>nd</sup> Gordon Allan 6.83m

Men 100m Open- Heat 4- Open

9<sup>th</sup> Paul Tleige 12.07

Men Hammer Throw- Open

6<sup>th</sup> Matt Stenning 34.50m

Women 16-19 200m AWD- amb

3<sup>rd</sup> Taylor Doyle 36.33

Men 3000m Steeplechase- Open

8<sup>th</sup> Nicholas Hanna 12:35.43

Men 10,000m – Open

5<sup>th</sup> Brad Milosevic 31:25.43

Men 15 & U Discus Throw AWD- amb

2<sup>nd</sup> Gordon Allan 16.75m

Women 16-19 100m AWD- amb

4<sup>th</sup> Taylor Doyle 14.87

Men 15 & U Javelin Throw AWD- amb

2<sup>nd</sup> Gordon Allan 10.56m

Women 16-19 Long Jump AWD- amb

2<sup>nd</sup> Taylor Doyle 4.02m

**Girraween Pre Season Cross Country- CV Kelly Park Girraween**

## 2km

1 <sup>st</sup> Ed Bratovic	8:12.64
1 <sup>st</sup> Peter Matthews	8:12.64
3 <sup>rd</sup> Michael Grogan	8:38.77
4 <sup>th</sup> Greg Sargeant	8:53.64
5 <sup>th</sup> Steve O'Donnell	9:05.22
6 <sup>th</sup> Jamie Bratovic	9:20.12
7 <sup>th</sup> Roger Mar	10:11.99
8 <sup>th</sup> Stephanie Russell	10:13.15
9 <sup>th</sup> Heidi Juhart	10:28.25
10 <sup>th</sup> Katrina Russell	10:57.68
11 <sup>th</sup> Renee Juhart	11:21.38
12 <sup>th</sup> Imogen Falzon	11:54.13
13 <sup>th</sup> Gary Micallef	11:55.87
14 <sup>th</sup> Fred Daniels	11:58.40
15 <sup>th</sup> Kaitlyn Free	12:56:33
16 <sup>th</sup> Sharon Free	13:05.19

## 4km

1 <sup>st</sup> Danny Martins	19:21.33
2 <sup>nd</sup> Michael Grogan	19:28.45
3 <sup>rd</sup> Andrew Free	20:03.91
4 <sup>th</sup> Terry Rose	20:23.62
5 <sup>th</sup> Michael Christie	21:07.36
6 <sup>th</sup> Robyn Smith	21:31.16
7 <sup>th</sup> Jean Davis	22:35.13
8 <sup>th</sup> Stacey Argent	24:09.18
9 <sup>th</sup> Katrina Russell	24:15.94
10 <sup>th</sup> Joe Butler	24:54.74
11 <sup>th</sup> Fred Daniels	26:26.57

## 8km

1 <sup>st</sup> Peter Matthews	37:26.00
2 <sup>nd</sup> Stephen Parkins	41:24.54
3 <sup>rd</sup> Viv Manwaring	42:06.51
4 <sup>th</sup> Greg Sargeant	47:43.58
5 <sup>th</sup> Roger Mar	48:18.43

## **27-3-11 Sri Chinmoy Centennial Park**

7km Male 50-59

6<sup>th</sup> Terry Rose 36:02

9<sup>th</sup> Roger Mar 40:27

Michael Christie GAP