

GIRRAWEEEN ATHLETICS CLUB Inc



ANNUAL REPORT 2021/2022

(Formerly Girraween Amateur Athletics Club 1980 - 1996)
(Formerly Greystanes / Girraween Amateur Athletics Club 1978 - 1980)

Presented at the 44th Annual General Meeting
24th May, 2022
Allan Ezzy Community Centre
Pemulwuy



ANNUAL REPORT 2021 / 2022

OF

GIRRAWEEEN ATHLETICS CLUB Inc

Presented at the 44th Annual General Meeting

Held at

Allan Ezzy Community Centre, Pemulwuy

On

24th May, 2022.

Contents

President's Report

Honour Board

Life Members

25 Year Medallists

20 Year Medallists

15 Year Members

10 Year Medallists

Hon. Auditor

Senior Executive Committee Record

Club Competition Champions

Club Committee

Membership

Committee Reports

Secretary

Registrar

Treasurer

Income and Expenditure

Summer Competition

Club Competition Champions

New Records

Winter Competition Report

Representative Award

Publicity

CV Kelly Ground Records (2013/2014 data requires processing)



GIRRAWEEEN ATHLETICS CLUB Inc.

PRESIDENT'S REPORT

Winter 2021 was another virtual season with self-timing and without the large single starts. Despite this, members still turned up at the usual time on Saturday afternoons for COVID safe interaction. The challenging and restrictive times continued.

Summer 2021/2 started similarly to 2020/1 with COVID 19 restrictions but we eventually got started with some great weeks of competition. There was a great vibe as everyone was pleased to be out of lockdown.

Unfortunately, el Nina hit in early 2022 creating rain events which closed the ground beyond the end of our season and forced the postponement then cancellation of Run 4 Jess. It was the shortest season I've experienced.

Winter 2022 started with more rain. The first West Met was a mud bath resulting in subsequent West Mets being moved to solid courses. The season is progressing well though with solid Girraween attendances and performances.

Financially we remain solid as we save for future developments at C V Kelly Park. This is thanks largely to fund-raising in previous years and responsible spending by the committee.

Congratulations to our athletes who today are recognised for your achievements in the limited summer season. Thank you to those who have volunteered, we couldn't compete without you.

Congratulations also to those being recognised for membership milestones including Brad Milosevic (20 years), Geoffrey Sheargold (20 years), Heidi Juhart (15 years), Andrew Free (15 years), Ben O'Donnell (10 years) and Ashley Micallef (10 years). The number of people who have achieved membership milestones is a testament to the loyalty, camaraderie and commitment of our members.

Thank you to the Committee for running the club and for paving the way to our future.

Here's hoping that next year's report will be about a full, uninterrupted and fruitful year.



Wayne Thurlow
President



GIRRAWEEN ATHLETICS CLUB

Formed September 1978 - CV Kelly Park, Oramzi Road, Girraween

CLUB PATRON - Michelle Rowland

LIFE MEMBERS

John Wheeler – 1986 (Died 1997)
Bob Sewell – 1988 (Died 2017)
Vivian Manwaring – 1997
Lynette Smith – 2006
Stephen Halverson – 2003
Graham Sheargold – 2009
Steven Williams – 2012
Michael Christie – 2016
George Milosevic – 2016
Wayne Thurlow – 2016

REGISTERED 25-YEAR MEMBERS

Bob Sewell – 2002
Vivian Manwaring – 2011
Lynette Smith – 2015
Graham Sheargold - 2017
Steven Williams - 2020

REGISTERED 20-YEAR MEMBERS

Bob Sewell – 1997
Vivian Manwaring – 2006
Lynette Smith – 2009
Graham Sheargold – 2012
Steven Williams – 2015
Lisa Grant - 2018
Robert Giesler - 2019
Bradley Milosevic - 2022
Geoffrey Sheargold - 2022

REGISTERED 15 -YEAR MEMBERS

Bob Sewell – 1992
Vivian Manwaring – 2001
Lynette Smith - 2006
Graham Sheargold – 2007
Phil Bowden – 2009 (Died 2016)
Steven Williams – 2010
Richard Frost – 2010
Suresh Raju – 2010
Lisa Grant – 2013
Gary Micallef – 2014
Robert Giesler – 2014
Brad Milosevic – 2015
Robert Eager – 2015
Vincent Adams – 2016
Geoffrey Sheargold - 2016
Michael Kammerer – 2016
Jean Davis – 2017
Stephen O'Donnell - 2017
Carly Eager – 2017
Michael Free – 2017
Stephen Parkins 2017
Michael Christie – 2018
Roger Mar – 2018
George Milosevic – 2018
Judy Milosevic - 2018
Gregory Sargeant – 2018
Wayne Thurlow - 2018
Terry Rose - 2018
Katrina Russell - 2019
Michael Evans - 2019
Heidi Juhart - 2022
Andrew Free - 2022

REGISTERED 10-YEAR MEMBERS

John Wheeler - 1988
Deborah Mulhall - 1988
John Doolan - 1989
Robert Kropman - 1993
Michael Kammerer - 2003
Phil Bowden - 2004
Suresh Raju - 2005
Keith Mayhew - 2007
Robert Giesler - 2009
Vince Adams - 2010
Carly Eager - 2010
Eddie Makki - 2010
Joseph Butler – 2011
Jean Davis – 2012
Clive Kidson – 2013
Roger Mar – 2013
Katrina Russell – 2014
David Perry - 2016
Taylor Doyle – 2016
Raminder Singh - 2018
Stephen Mifsud - 2018
Ben O'Donnell - 2022
Tracey Wheeler - 1988
Bob Sewell - 1988
Paul Sewell - 1991
Vivian Manwaring - 1997
Graham Sheargold - 2003
Richard Frost - 2005
Wayne Jeff - 2005
Chelsea Kimpton - 2008
Gary Micallef - 2009
Robert Eager - 2010
Bradley Milosevic - 2010
Michael Free – 2011
Stephen O'Donnell – 2012
George Milosevic – 2013
Terry Rose – 2013
Wayne Thurlow – 2013
Danny Martins - 2014
Andrew Free - 2016
Mchael Grogan - 2017
Daniel O'Donnell - 2018
Ed Bratovic - 2018
Ashley Micallef - 2022
Jackie Wheeler - 1988
Peter Kropman - 1989
Catherine Kropman - 1993
Lynette Smith - 2000
Stephen Halverson - 2003
Steven Williams - 2005
Vikki Savage - 2005
Lisa Grant - 2008
Stacey Argent - 2010
Amanda Giesler - 2010
Geoffrey Sheargold - 2010
Michael Evans – 2011
Stephen Parkins – 2012
Michael Christie – 2013
Gregory Sargeant - 2013
Judy Milosevic - 2014
Nicholas Hanna - 2015
Heidi Juhart - 2016
Jill Woodruff - 2017
Peter Matthews - 2018
Rodney Zammit - 2019
Lynette Gillies - 2022

HON. AUDITOR

Tony Ward ~ 1996 - Present

Previous Patrons - Nathan Rees

PUBLIC OFFICERS

Viv Manwaring ~ 2005 – 2016 Katrina Russell ~ 2016 – Present



GIRRAWEEEN ATHLETICS CLUB

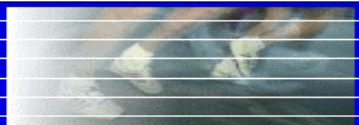


(Formed September 1978)
C V Kelly Park, Oramzi Road, Girraween

President	Year	Secretary
John Wheeler	1978-1979	John Wheeler
John Wheeler	1979-1980	John Wheeler
John Wheeler	1980-1981	John Wheeler
John Wheeler	1981-1982	John Wheeler
John Wheeler	1982-1983	John Wheeler
John Wheeler	1983-1984	John Wheeler
John Wheeler	1984-1985	John Wheeler
John Wheeler	1985-1986	John Wheeler
John Wheeler	1986-1987	John Wheeler
John Wheeler	1987-1988	John Wheeler
Bob Sewell	1988-1989	Viv Manwaring
Bob Sewell	1989-1990	Viv Manwaring
Bob Sewell	1990-1991	Viv Manwaring
Bob Sewell	1991-1992	Viv Manwaring
Bob Sewell	1992-1993	Viv Manwaring
Bob Sewell	1993-1994	Viv Manwaring
Bob Sewell	1994-1995	Viv Manwaring
Bob Sewell	1995-1996	Viv Manwaring
Bob Sewell	1996-1997	Viv Manwaring
Graham Sheargold	1997-1998	Viv Manwaring
Bob Sewell	1998-1999	Viv Manwaring
Bob Sewell	1999-2000	Viv Manwaring
Bob Sewell	2000-2001	Viv Manwaring
Bob Sewell	2001-2002	Viv Manwaring
Bob Sewell	2002-2003	Lynette Smith
Steven Williams	2003-2004	Lynette Smith
Steven Williams	2004-2005	Garry Womsley
Steven Williams	2005-2006	Garry Womsley
Steven Williams	2006-2007	Garry Womsley
Steven Williams	2007-2008	Garry Womsley
Steven Williams	2008-2009	Garry Womsley
Steven Williams	2009-2010	Garry Womsley / Jean Davis
Steven Williams	2010-2011	Jean Davis
Steven Williams	2011-2012	Jean Davis
Steven Williams	2012-2013	Katrina Russell
Wayne Thurlow	2013-2014	Katrina Russell
Wayne Thurlow	2014-2015	Katrina Russell
Wayne Thurlow	2015-2016	Katrina Russell
Wayne Thurlow	2016-2017	Katrina Russell
Wayne Thurlow	2017-2018	Katrina Russell
Wayne Thurlow	2018-2019	Katrina Russell
Wayne Thurlow	2019-2020	Katrina Russell
Wayne Thurlow	2020-2021	Katrina Russell
Wayne Thurlow	2021-2022	Katrina Russell



GIRRAWEEN ATHLETICS CLUB

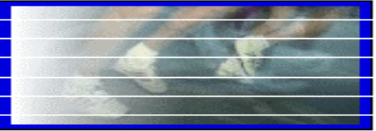


CLUB COMPETITION SUMMER CHAMPIONS * Denotes overall Champion

Ashley Micallef (Snr)	2021 / 2022	* Thomas List (Seniors)
Ashley Micallef (Snr)	2020 / 2021	* Steven Williams (Golden Oldies)
Ashley Micallef (Snr)	2019 / 2020	* Gary Micallef (Masters+)
Ashley Micallef (Snr)	2018 / 2019	* Wayne Thurlow (Masters+)
Jean Davis (Masters)	2017 / 2018	* Wayne Thurlow (Masters+)
Jean Davis (Masters)	2016 / 2017	* Nathan Moffit (Under 20)
Jean Davis (Masters)	2015 / 2016	* Wayne Thurlow (Masters)
Jean Davis (Masters)	2014 / 2015	* Michael Grogan (Seniors)
Helen Ozols (Masters)	2013 / 2014	* Wayne Thurlow (Masters)
Robyn Smith (Masters)	2012 / 2013	* Wayne Thurlow (Masters)
Jean Davis (Masters)	2011 / 2012	* Stephen Parkins (Masters +)
Jean Davis (Masters)	2010 / 2011	* Wayne Thurlow (Masters)
* Venessa Separovich (Snr)	2009 / 2010	Robert Giesler (Masters +)
* Jean Davis (Masters)	2008 / 2009	Peter Matthews (Masters)
Andrea Hendley (Masters)	2007 / 2008	* Wayne Thurlow (Masters)
Brenda Micallef (U16)	2006 / 2007	* Wayne Thurlow (Masters)
Kelly Micallef (U15)	2005 / 2006	* Stephen Blunden (Masters)
* Cath Germech (nee Kropman) (Snr)	2004 / 2005	Robert Giesler (Masters)
* Andrea Hendley (Masters)	2003 / 2004	Steven Williams (Masters)
Brenda Micallef (U12)	2002 / 2003	* Brad Milosevic (U14)
* Chelsea Austin (U18)	2001 / 2002	Peter Kimpton (U18) / Brad Milosevic (U13)
Chelsea Austin (U17)	2000 / 2001	* Suresh Raju (Snr)
Gemma Austin (U13)	1999 / 2000	* Steven Williams (Vet)
Samantha Marshall (Snr)	1998 / 1999	* Graham Sheargold (Vet)
Erin Scouller (U15)	1997 / 1998	* Suresh Raju (Snr)
Jessica Fisher (U14)	1996 / 1997	* Stephen Halverson (Vet)
Jessica Fisher (U13)	1995 / 1996	* Peter Balinski (U13)
Linda Balinski (Vet)	1994 / 1995	* Stephen Muir (U13)
* Michelle Townsend (Snr)	1993 / 1994	Doug Leabon (Snr)
* Lynette Smith (Snr)	1992 / 1993	Michael Finucane (Snr)
* Lynette Smith (Snr)	1991 / 1992	Michael Finucane (Snr) / Viv Manwaring (Vet)
* Lynette Smith (Snr)	1990 / 1991	Bruce Hogg (U18)
Stella Mauceri (U17)	1989 / 1990	* John Doolan (Snr)
Elizabeth Knoke (U15) / Kate Rada (U15)	1988 / 1989	* Jeff Micallef (U19)
Jackie Wheeler (Snr)	1987 / 1988	* Viv Manwaring (Vet)
* Jackie Wheeler (Snr) / Deborah Mulhall (Snr)	1986 / 1987	Michael Jamieson (U14)
Jackie Wheeler (U20)	1985 / 1986	* Peter Kropman (U18)
* Jackie Wheeler (U19)	1984 / 1985	Frank Soballa (U17)
Kellie Fenech (U14)	1983 / 1984	* Peter Kropman (U14)
Kellie Fenech (U14)	1982 / 1983	* Phillip Fenech (U15)
Deborah Mulhall (U16)	1981 / 1982	* Phillip Fenech (U14)
Jackie Wheeler (U15)	1980 / 1981	* Michael McHugh (U14)
* Catherine Downer (U13) / Jackie Wheeler (U14)	1979 / 1980	Ralph Downer (U15)
* Joanne Kendall (U13)	1978 / 1979	Simon Gemmell (U14)



GIRRAWEEEN ATHLETICS CLUB



GIRRAWEEEN ATHLETICS CLUB Inc

CLUB COMMITTEE 2021 / 2022

<u>Club Patron:</u>	Michelle Rowland	Appointed 2015
President:	Wayne Thurlow	
Secretary:	Katrina Russell	
Treasurer:	Heidi Juhart	
Public Officer:	Katrina Russell	
Registrar:	Graham Sheargold	
Coaching Co-ordinator:	Rod Zammit	
Summer Competition Manager:	Tipene Robinson	
Winter Competition Manager:	Ashley Micallef	
Club Records Officer:	Stephen O'Donnell	
ANSW Delegates:	Wayne Thurlow & Graham Sheargold	
Parks Delegates:	Wayne Thurlow & Rod Zammit	Appointed
Fundraising Officer:	Vacant	
Canteen Manager:	Graham O'Brien (non-active committee)	
Uniform Officer:	Kristy Zammit	No committee meetings
Webmaster:	Steven Williams	
Communication & Publicity Officer:	Michael Christie	
General Committee:	Diane Celnikier, Gary Micallef Greg Sargeant Jason Cutajar Daniel Irving Garry Womsley	

REGISTRAR'S REPORT

TOTAL NUMBER OF REGISTERED ATHLETES 69

DUAL ATHLETES 27

SENIOR ATHLETES 42

DUAL ATHLETES

Mohamed	Alameddine	Jessica	O'Brien
Tyler	Bussier	Tasha	Reader
Joel	Byatt	Pranshav	Shah
Laelia	Byatt	Daniel	Sheehan
Sohum	Chaudhri	Neelesh	Shrestha
Cristobal	Corvalan Sotommayor	Rishit	Singh
Laura	Corvalan Sotommayor	Imaani	Sivaganesan
Sumeet	Dasgupta	Kajanan	Srisivaeaswaran
Joanna	Dixon	Vithussa	Srisivaeaswaran
Katherine	Farrugia	Avilash	Tharmanesan
Joshua	Kimpton	Lojana	Vijeyaratnam
Hoah	Krebs	Hayley	Zammit
Cian	Mulholland	Zachary	Zammit
Aidan	O'Brien		

SENIOR ATHLETES

Male

Dominic	Carr	Brad	Milosevic
Michael	Christie	O'Brien	Graham
Claudio	Corvalan	Ben	O'Donnell
Jason	Cutajar	Daniel	O'Donnell
Robert	Eager	Stephen	O'Donnell
Michael	Evans	Tipene	Robinson
Christopher	Flower	Greg	Sargent
Andrew	Free	Geoff	Sheargold
Daniel	Irving	Graham	Sheargold
James	Irving	Raminder	Singh
Peter	Kimpton	Ajay	Singh
Roger	Mar	Wayne	Thurlow
Gary	Micallef	Steven	Williams
Stephen	Mifsud	Gary	Womsley
Mark	Milliss	Rodney	Zammit

Female

Reader	Annisha
Diane	Celnkier
Kim	Coles
Jean	Davis
Taylor	Doyle
Lynette	Gillies
Lisa	Grant
Heidi	Juhart
Ashley	Micallef
Michelle	Mu
Katrina	Russell
Lynette	Smith

Graham Sheargold

Registrar

SECRETARY'S REPORT

Since lockdown in Sydney ended in October 2021, athletic activities have gradually returned to a new normal. Summer competition at CV Kelly oval went ahead with new rules re social distancing and hand sanitising, proof of vaccination, etc.

Due to the 'unprecedented' heavy rains/flooding that hit Sydney and the NSW coastline in March, many athletic meets were cancelled, or alternative venues found. The weather also meant that Run For Jess was postponed and now may become a virtual event.

GAC is looking for members who are willing to take on a Fund-Raising role in the upcoming AGM. Thanks to George and Judy Milosevic for their hard work re fund-raising and helping to organise the Bunnings BBQ fund raisers in previous years.

The Winter Athletic season and West Met have now commenced with GAC members supporting West Met in good numbers. We look forward to competing in West Met and also some NSW Athletic Events over the next few months.

A big thanks to Wayne Thurlow and other GAC committee members for their support/input over the last year. Our next AGM is to be held on Tuesday 24/5/2022 at 7pm, venue TBC. We look forward to your attendance at the AGM!

Katrina Russell
Secretary

TREASURER'S REPORT**Income/Expenses Comparison by Category 2022**

Category Description	1/4/20 - 31/3/21	1/4/21 - 31/3/22	Amt Difference
INCOME			
Bank Interest	\$0.70	\$0.00	-\$0.70
Canteen Income	\$77.50	\$0.00	-\$77.50
Clothing Sales	\$1,600.00	\$365.00	-\$1,235.00
Ground fees	\$925.00	\$1,185.18	\$260.18
Relay registrations	\$0.00	\$0.00	\$0.00
Registrations ANSW online	\$2,010.00	\$1,650.00	-\$360.00
Sausage Sizzle sales/fund raising	\$3,643.90	\$490.00	-\$3,153.90
TOTAL INCOME	\$8,257.10	\$3,690.18	-\$4,566.92
EXPENSES			
Affiliation Fees ANSW	\$825.00	\$1,212.50	\$387.50
Business Expenses	\$498.90	\$289.14	-\$209.76
Park /Council fees	\$1,180.55	\$344.00	-\$836.50
Registration Relays	\$0.00	\$251.42	\$251.42
Trophies	\$254.10	\$302.35	\$48.25
Clothing	\$1,681.60	\$0.00	-\$1,681.60
TOTAL EXPENSES	\$4,440.15	\$2,399.41	-\$2,040.74
OVERALL TOTAL	\$3,816.95	\$1,290.77	-\$2,526.18

I certify that this income and expenditure statement of Girraween Athletics Club Inc has been checked and is a true and fair representation of it's financial transactions

ASSETS			
Bank account			\$17,046.58
Plus 7 new singlets @\$32.70			\$228.90
Plus 24 old singlets @\$30.00			\$720.00
Plus 7 polo shirts @\$21.70			\$151.90
Plus 8 jackets @\$33.50			\$268.00
Plus 3 white shirts @ \$30.00			\$90.00
Liabilities (None)			
NETT ASSETS			\$18,505.38

Heidi Juhart
Treasurer

SUMMER COMPETITION REPORT

When we thought 20-21 had a late start to the season, due to the uncertainties that COVID-19 brought to the world, competition for 2021-22 finally got underway at the end of October. We had an amazing 66 athletes across the age categories compete during the 2021-2022 Summer competition. We saw a lot of new faces, familiar faces, and faces of members both past and present.

The weather was definitely not on our side this year with 4 washouts. In total we only managed 13 weeks of competition with 4 weeks of modified family-friendly, fun events.

Our point scoring system is as followed:

The first week A and B for each athlete is a non-scoring, grading round. This is because there needs to be an initial result before points and PBs can be awarded.

- 1 point is awarded for participation, including a foul result. However, a DNF (Did Not Finish) is a 0 point score.
- An additional half point is awarded for equaling a PB and
- An additional point for any PB achieved.

The best four events each week (max 8 points) are counted for each athlete and points accumulate over the season. At the end of the season, the four lowest point scoring weeks are subtracted from each athlete's total (in this case the 4 washouts). From this, the season's Club Champion is determined as well as age category winners and the champion visitor.

In addition to this, athletes also need to have completed at least 50% of all competition days held during the season to be eligible for rewards. Competition days consist of both grading weeks and all other weeks excluding modified weeks. In the event that a competition week is cancelled all athletes will have this week allocated as attended, however the competition week must be cancelled prior to any track or field events being held.

There were 13 point weeks of competition which means an athlete is eligible for Club Champion and Age Category winners if they competed in 7. As there were 4 weeks cancelled from the total, all athletes have those weeks credited toward obtaining the 7 week threshold.

The Summer 2020/2021 Competition Categories
Open (male and female)
Under 20 (male and female)
Senior (20-39 years male)
Senior (20-34 year female)
Masters (40-49 years male)
Masters (35-49 years female)
Masters Plus (50-59)
Golden Oldies (60-69)
Veteran (70-79)
Visitors

There are 1st, 2nd and 3rd place awards available within each summer competition category, catering for men, women and children. The highest award- Club Champion, is presented to the male or female who has scored the highest total points for the summer season.

SUMMER CLUB CHAMPION

This year's Summer Club Champion participated in 100% of all point scoring rounds and modified weeks, they scored an amazing total of 49 out of a possible 56 points after the 4 worst weeks were subtracted, an incredible 6 points more than second place. Even more impressive this year's champion scored 4 perfect point scoring weeks, with 2 weeks achieving 5 PB's but only being credited with 4.

Congratulations to Thomas List who is our 2021/2022 summer Club Champion.

Thomas was consistent and went from strength to strength, week on week.

Here are a few examples:

Week A	30/10/2021	4/12/2021	18/12/2021	19/02/2022
100m	16.58	14.27	13.77	13.57

Week B	6/11/2021	11/12/2021	15/01/2022	5/02/2022
200m	30.63	29.83	29.47	29.29
800m	2.46:66	2.37:72	2.28:29	2.31:43
Triple Jump	815	8.85	8.65	9.17
Shot Put	6.27	6.5	6.66	6.73

Amazing effort, well done!

SUMMER MALE CHAMPION

There were 43 male athletes complete throughout the season. The men's competition was won by Thomas List with 49 points. Second place goes to Jason Cutajar with a credible 43 points and Third place to Adam Sinclair on 41, great effort all round!

SUMMER FEMALE CHAMPION

There were 23 female athletes competing throughout the season, this accounts for 35%. The women's competition was extremely close with only 2.5 points separating the top 2 female athletes. The female competition was won by Ashley Micallef with 21.5 points, Diane Celnikier 2nd place on 19 points and Jean Davis 3rd place on 12 points. Congratulations and well done!

The following table displays the age category winners:

<u>Male</u>		<u>Under 20's</u>		<u>Female</u>	
1 st	Zac Zammit	6			
2 nd					
3 rd					
<u>Male 20-39</u>		<u>Seniors</u>		<u>Female 20-34</u>	
1 st	Thomas List	49	Ashley Micallef	21.5	
2 nd	Jason Cutajar	43			
3 rd	Adam Sinclair	41			
<u>Male 40-49</u>		<u>Masters</u>		<u>Female 35-49</u>	
1 st	Claudio Corvalan	7	Jean Davis	12	
2 nd					
3 rd					

<u>Male 50-59</u>		<u>Masters Plus</u>		<u>Female 50-59</u>	
1 st	Gary Micallef	21			
2 nd	Michael Christie	19			
3 rd	Stephen O'Donnell	18			
<u>Male 60-69</u>		<u>Golden Oldies</u>		<u>Female 60-69</u>	
1 st	Michael Evans	23	Diane Celnikier		19
2 nd	Greg Sargeant	15			
3 rd	Graham Sheargold	9			

SUMMER VISITOR CHAMPION

With Girraween being one of the few clubs competing in track and field on Saturdays, many visitors compete in our competition. Visitors are defined as members from another club or younger athletes that qualify for dual membership.

With our Summer competition known as Girraween All comers, we attract regular visitors from other clubs and dual athletes from Girraween Little A's and acknowledge the contribution from regular visiting athletes.

These athletes may be the key to the success of our club in the future to come.

The Summer Visitor competition was another close one with only 4 points separating the top 3. The Summer Visitor Champion is Mikayla Robinson finishing the season on with 34 points, Chloe and Ashleigh Farrugia equal 2nd place this season on 30 and Katherine Farrugia achieved 3rd place close behind on 25 points. Congratulations and well done!

1 st	Mikayla Robinson	34
2 nd	Chloe Farrugia	30
2 nd	Ashleigh Farrugia	30
3 rd	Katherine Farrugia	25

Congratulations to all members and visitors for your enthusiasm, positive energy, dedication and participation during a year with many obstacles, restrictions and uncertainties.

NEW RECORDS

A huge congratulations to the following athletes who etched their names into the history books. Well deserved!

Firstname	Surname	Record	Age Group	Event	Firstname	Surname	Previous
Diane	Celnikier	6.39	Golden Oldies	Shot Put	Diane	Celnikier	6.23
Diane	Celnikier	17.09	Golden Oldies	Discus	Diane	Celnikier	14.49
Rob	Giesler	1.14	Golden Oldies	High Jump	Ram	Swami	1.14
Heidi	Juhart	7.08	Masters Plus	Shot Put	Katrina	Russell	6.55
Annisha	Reader	28.77	U12	Javelin	Annisha	Reader	23.60

Equal

There were a number of modified records created and broken this season.
Congratulations to the below athletes.

First Name	Surname	Record	Age Group	Event	First Name	Surname	Previous
Raminder	Singh	11.17	Veteran	Shot Throw			
Diane	Celnikier	8.10	Golden Oldie	Shot Throw	Diane	Celnikier	7.29
Diane	Celnikier	8.83	Golden Oldie	Shot Throw	Diane	Celnikier	8.10
Heidi	Juhart	9.06.22	Masters Plus	1 Mile			

100% ATTENDANCE

There were 3 athletes that competed in all point scoring weeks.
Well done and congratulations to the following:

Thomas List
Jason Cutajar and
Greg Sargeant

SPECIAL MENTION

Many thanks to all those who assisted in the setup and organization of events and the volunteers including but not limited to: starters, time keepers, scribes and walking judges. Without your efforts the season would not have been as successful as it was.

Tipene Robinson
Summer Competition Manager

Girraween Athletics Club 2021-2022 Summer Representative Awards

This is the sixth series of Girraween Athletics Club Summer Representative Awards since they were re-introduced for the 2016-2017 season after a long absence. This current season ran from October 2021 through to April 2022. The season started six weeks later than normal due to the ongoing effects of the COVID-19 pandemic. There was a total of eighteen events where our athlete's scored points during this period. Five out of the six athletes who won representative awards this summer were dual athletes, once again highlighting the achievements of the club's younger athletes.

Men's

1st	Kajanan Srisivaeaswaran	234.25 pts
2nd	Sumeet Dasgupta	125.50 pts
3rd	Neelesh Srestha	114 pts

Women's

1st	Taylor Doyle	113 pts
2nd	Laelia Byatt	108.75 pts
3rd	Laura Corvalan	67.75 pts

Congratulations to our winners who all represented Girraween Athletics Club with distinction over a wide variety of events across the 2021-2022 season, a season once again effected by the pandemic. It was a remarkable achievement by all concerned.

Michael Christie (GAP)

WINTER COMPETITION 2021

Our point scoring system for the West Met XC competition is as followed:

There are 3 events and they are open to all age groups:

- Short Distance (2km)
- Middle Distance (4km) and
- Long Distance (8km)

At the beginning of the season athletes must nominate an event.

We divide the events into six categories:

Short Distance – Female	Middle Distance – Female	Long Distance – Female
Short Distance – Male	Middle Distance – Male	Long Distance – Male

Points are awarded for the fastest Girraween finisher in each of the above categories to the slowest. First finisher is allocated the maximum 30 points, second gets 29, third gets 28 etc.

If athletes do not participate in their nominated event, but participate in another event. They receive half points for one event only, based on the same scoring criteria as above. eg. If third gets 28 points, they would receive 14 points.

Calculating Total Points

To allow those who miss the occasional run to still be competitive in the point score, the final score will be made of the athletes best 10 events of the season. Therefore if an athlete runs in all West Met XC races, their lowest scoring races will be omitted from the final total.

The total points are then allocated into our club age groups:

	Female	Male
Under 20	<20 years old	<20 years old
Senior	20 – 34 years old	20 – 39 years old
Master	35 – 49 years old	40 – 49 years old
Master +	50 – 59 years old	50 – 59 years old
Golden Oldie	60 – 69 years old	60 – 69 years old
Veteran	70 years old plus	70 years old plus

Placings of first, second and third are then awarded in the following groups:

	Female	Female	Female	Male	Male	Male
Under 20	Short	Middle	Long	Short	Middle	Long
Senior	Short	Middle	Long	Short	Middle	Long
Master	Short	Middle	Long	Short	Middle	Long
Master +	Short	Middle	Long	Short	Middle	Long
Golden Oldie	Short	Middle	Long	Short	Middle	Long
Veteran	Short	Middle	Long	Short	Middle	Long

In addition to this, athletes also need to have completed at least 50% of all competition days held during the season to be eligible for rewards. With this season being virtual and cut down to only 11 weeks, you must have participated in at least 5.5 weeks to be eligible for rewards.

The results of the Club awards are as follows:

Short Distance

	Age Group	Place	Name	Points
Female	Under 20	1st	Mikayla Robinson	293
Female	Senior	1st	Ashley Micallef	297
Male	Under 20	1st	Zachary Zammit	172
Male	Master +	1st	Wayne Thurlow	270
Male	Golden Oldie	1st	Roger Mar	287

Middle Distance

Female	Under 20	1st	Hayley Zammit	142
Female	Senior	1st	Michelle Mu	235
Female	Master	1st	Jean Davis	230

Female	Master +	1st	Kim Coles	235
Female	Golden Oldie	1st	Katrina Russell	192
Male	Under 20	1st	Nathan Farrugia	229
Male	Under 20	2nd	Ben O'Donnell	207
Male	Master +	1st	Gary Micallef	262
Male	Master +	2nd	Michael Christie	245
Male	Master +	3rd	Stephen O'Donnell	185
Male	Golden Oldie	1st	Greg Sargeant	290
Male	Golden Oldie	2nd	Steven Williams	277
Male	Golden Oldie	3rd	Mark Millis	205

Long Distance

Male	Senior	1st	Jason Cutajar	291
Male	Senior	2nd	Tipene Robinson	283
Male	Senior	3rd	Geoff Sheargold	208
Male	Golden Oldie	1st	Robert Eager	193

2021 WestMet XC Season

		Age Group	Age	Gender	Ermington 25-28 March	Week 1 Results	Rydalmere 1-3 April	Week 2 Results	Dundas 8-11 April	Week 3 Results	Concord 15-17 April
SHORT											
Mikayla	Robinson	Under 20	8	F	13:07	29	13:07	29	12:17	30	12:11
Rosemary	Zammit	Under 20	8	F							
Ashley	Micallef	Senior	33	F	12:23	30	11:31	30	12:22	29	12:12
Diane	Celnikier	GoldOld	66	F	17:08	28	15:59	28			

Zachary	Zammit	Under 20	13	M			12:10	29	14:40	28	13:03
Wayne	Thurlow	Master +	55	M			8:30	30	8:31	30	7:37
Roger	Mar	GoldOld	65	M	15:30	30	13:31	28	14:25	29	13:32

MIDDLE											
Hayley	Zammit	Under 20	15	F			24:10	29	28:55	29	23:15
Michelle	Mu	Senior	32	F	26:20	28			24:05	30	
Jean	Davis	Master	48	F	25:32	29					23:11
Kim	Coles	Master +	59	F	23:59	30	24:00	30			21:40
Katrina	Russell	GoldOld	66	F	29:09	27	26:05	28	30:10	28	

Nathan	Farrugia	Under 20	13	M							21:34
Ben	O'Donnell	Under 20	13	M	23:41	28					22:53
Daniel	O'Donnell	Under 20	15	M	19:10	30					
Nicholas	Hanna	Seniors	34	M							
Michael	Christie	Master +	59	M	27:52	24	25:03	27	27:49	27	23:42
Gary	Micallef	Master +	59	M	27:20	25	23:06	29	25:35	28	20:65
Stephen	O'Donnell	Master +	57	M	24:33	27					21:16
Rodney	Zammit	Master +	50	M			24:10	28	28:55	26	23:15
Greg	Sargeant	GoldOld	61	M	21:54	29	20:55	30	24:10	29	19:52
Graham	Sheargold	GoldOld	66	M							
Steven	Williams	GoldOld	65	M	26:20	26			24:06	30	19:35
Mark	Millis	GoldOld	62	M			28:36	26	29:27	25	26:52

LONG											
Daniel	Irving	Under 20	20	M	8km		8km		6km	30	6km
Jason	Cutajar	Senior	30	M	36:51	29	35:23	30	26:59	28	24:55
Geoff	Sheargold	Senior	35	M	32:05	30			24:40	29	
Tipene	Robinson	Senior	35	M	44:50	28	41:02	29	32:26	27	28:23
Robert	Eager	GoldOld	69	M	54:51	27	51:34	28			34:21
Graham	Sheargold	GoldOld	66	M			50:38	27			

		Tuesday 17th - 22nd August WM Delta Series	Week 18 Results	Tuesday 24th - 28th August WM Delta Series	Week 18 Results	Sydney Half Marathon Sunday 29th August	Sydney Half Marathon Results	Subtotal	Omissions
SHORT		2km	Track	wk2					
Mikayla	Robinson	14:18	5	15:22	5			293	0
Rosemary	Zammit							0	0
Ashley	Micallef	12:44	5	14:52	5			297	0
Diane	Celnikier	16:11	5	18:08	5			114	0

Zachary	Zammit							172	0
Wayne	Thurlow	8:09	5	7:57	5			270	0
Roger	Mar	14:15	5					287	0

MIDDLE		3km	Track	wk2					
Hayley	Zammit							142	0
Michelle	Mu	15:19	5	15:10	5			235	0
Jean	Davis	18:38	5	18:25	5			230	0
Kim	Coles			28:52	5			235	0
Katrina	Russell							192	0

Nathan	Farrugia	15:23	5	14:53	6			229	0
Ben	O'Donnell	17:20	5	17:30	5			207	0
Daniel	O'Donnell							86	0
Nicholas	Hanna							30	0
Michael	Christie	20:09	5	19:03	6			268	23
Gary	Micallef	17:56	5	17:46	5			286	24
Stephen	O'Donnell	17:11	5	15:59	6			185	0
Rodney	Zammit	13:24	5					150	0
Greg	Sargeant	13:58	5	13:55	5			317	27
Graham	Sheargold							92	0
Steven	Williams	15:20	5	15:11	5			277	0
Mark	Millis	17:35	5	17:51	5			205	0

LONG		5km	Track	wk2					
Daniel	Irving	19:02	5	19:06	5			60	0
Jason	Cutajar	21:29	5	20:54	6			291	0
Geoff	Sheargold							208	0
Tipene	Robinson	23:45	5	23:03	6			310	27
Robert	Eager	31:16	5	29:14	6			193	0
Graham	Sheargold							27	0

		Best 10 Total	Rep Event Total	Westmet Completion out of 11	Award Eligibility
SHORT					
Mikayla	Robinson	293		10	Y
Rosemary	Zammit	0		0	N
Ashley	Micallef	297		10	Y
Diane	Celnikier	114		4	N

Zachary	Zammit	172		6	Y
Wayne	Thurlow	270		9	Y
Roger	Mar	287		10	Y

MIDDLE					
Hayley	Zammit	142		5	Y
Michelle	Mu	235		8	Y
Jean	Davis	230		8	Y
Kim	Coles	235		8	Y
Katrina	Russell	192		7	Y

Nathan	Farrugia	229		8	Y
Ben	O'Donnell	207		8	Y
Daniel	O'Donnell	86		3	N
Nicholas	Hanna	30		1	N
Michael	Christie	245		11	Y
Gary	Micallef	262		11	Y
Stephen	O'Donnell	185		7	Y
Rodney	Zammit	150		6	Y
Greg	Sargeant	290		11	Y
Graham	Sheargold	92		4	N
Steven	Williams	277		10	Y
Mark	Millis	205		9	Y

LONG					
Daniel	Irving	60		2	N
Jason	Cutajar	291		10	Y
Geoff	Sheargold	208		7	Y
Tipene	Robinson	283		11	Y
Robert	Eager	193		7	Y
Graham	Sheargold	27		1	N

Ashley Micallef
Winter Club Manager

Girraween Athletics Club Publicity Report 2021-2022

This year's publicity report covers the period April 2021 to April 2022. It is once again worth noting that the last twelve months has affected athletics as we know it for the second year running due to the COVID-19 Pandemic. The 2021 winter season was dramatically affected once again, particularly in the second half of the season when we were in lockdown once again. Nevertheless, Girraween's athletes once again soldiered on magnificently over the last twelve months. I have endeavoured to collate a record of our athlete's achievements during this timeframe. This report is essentially a summation of their achievements during this period.

The 2021 West Met cross-country season once again was again impacted by the lockdown that ran between June and October 2021. Due to the lockdown the season proper ran from March through to June 2021. It was held virtually. This meant that athletes could run their event on the specified course from a Thursday to a Saturday and text their time through to the West Met convenor, Mr David Archbold. This worked well and it ensured that a points-scoring competition was able to be held. The number of athletes was down from that in 2020. Approximately, on average eighteen Girraween athletes competed each week, with a highest number of twenty-five took part at Ermington in April. At time of writing no West Met awards had been handed out for the 2021 season. Between July and August, a six-week West Met (COVID) series was held, which was a continuation in effect of the West Met season, with the difference that participants ran their nominated distance each week over a course but only within their LGA (Local Government Area) and then texted their results through to Mr David Archbold. This was well supported by Girraween athletes through this six-week period. Once this was concluded then a West Met Track Challenge series was held from the end of August through to the beginning of November. This consisted of athletes running either two distances on the track or a longer distance 3km/5km each week virtually within their LGA and then texting their results through to Mr Archbold. This concept was well supported by all athletes in the early stages, but by the latter part of this period, numbers started to drop off, understandably so. It served its purpose well though, as a great warm up for the summer season when that finally resumed at the end of October. No awards at time of writing had been presented for this series, which was not a big issue. All athletes were happy to have the opportunity to have a run.

Numerous Girraween athletes also competed in the SMC Road Race Series held at Smithfield over the 2020-2021 season, which was concluded in May 2021. This event continues to attract runners, yet not surprisingly numbers were down from previous seasons. Runners compete over the 2km, 5km, 10km and 21km/30km distances. The Girraween athletes who compete regularly are always keen for more of their clubmates to join them. This season, Michael Kammerer, Geoff Sheargold, Jason Oldridge, Tony Coles, Kim Coles, Gary Micallef, Chloe Grogan, Michael Grogan, Stephen Mifsud, Shane Clubb, Alison Shaw, Michael Christie, Helen Collins, Graham Sheargold and Terry Rose were all spotted at Smithfield during various stages of the SMC season. No official award dinner was held for the second year running due to the pandemic. After awards were presented at the start of the following season, Stephen Mifsud, Michael Christie, Geoff Sheargold, Kim Coles and Mairead Connolly, picked up awards.

The winter of 2021 saw an abbreviated NSW season. The Sydney 10, NSW Novice at Ramsgate, NSW XC Relays at North Ryde, and the NSW Short Walks were events that were held before the lockdown happened. Many traditional events fell by the wayside once again for a second consecutive year. Girraween athletes were spotted at these events which were held which was exciting to see.

There were a small number of events held outside the West Met and sanctioned NSW events. Many of these events were once again virtual. Girraween members and friends participated in events such as parkrun, Newcastle XC, Sri Chinmoy, Canberra Times Running Festival, SMC, UTA Australia, Little A's 50 Year Celebration Fun Run, not parkrun, Village Gold Coast Virtual Marathon, Aloha Honolulu Virtual Half Marathon, Blackmores Virtual Sydney Running Festival, Virtual Lond Marathon, Virtual Boston Marathon. Once again, what this showed was the amazing flexibility of Girraween athletes in trying to find events to participate in and keep fit in the most challenging of circumstances.

Girraween's summer Saturday afternoon track and field season ran from the end of October 2021 through to March 2022 at C V Kelly Park Girraween. The season started six weeks later than normal due to the lockdown still in place. It was a slightly modified program. With various COVID-19 safety measures implemented for all Girraween athletes, visitor's and friends. This worked well and everyone adjusted well to the new arrangements. The state of the ground remains poor and while this has been mentioned previously, nothing has changed. The facilities that are available for use by all athletes and visitors to be

frank are an absolute embarrassment and an ongoing inditement on the lack of action by various levels of government over a long period. The facilities remain firmly stuck in the 1970's when they were constructed. It remains incredibly frustrating for all users of C V Kelly Park, both winter and summer that no progress is occurring in relation to the addressing of this issue. Before Christmas the Saturday afternoon meets were supported well. Numbers did fall away in the New Year. The last month of the season was a complete write-off due to the appalling weather in February and March. Ryn4Jess, which would have been the tenth edition of this event was also not able to be held sadly due to state of C V Kelly Park during this extreme weather event. The competition continues to be an important proving ground for Girraween athletes at all levels wanting to improve their skills and try out new events in a friendly and competitive environment.

The State Relays were held at SOPAC in November and Girraween entered two teams who were most competitive. The Men's U16 4x100m Relay team of Tyler Bussier, Sumeet Dasgupta, Kajan Srisivaeaswaran and Neelesh Srestha finished a courageous 4th in their final after having to qualify through a most competitive heat. The Men's U18 Shot Put Relay team of Avilash Tharmanesan, Cristobel Corvalan, Kajan Srisivaeaswaran and Neelesh Srestha picked up a well-deserved bronze medal. All athletes represented Girraween well and are to be congratulated on their achievements.

On another positive note the 2021-2022 summer season saw Girraween athletes compete at NSW inter-club and permit meets with all senior and dual athletes doing a fine job. The competitions once again were held under similar arrangements to those of the 2021-2022 season with numbers and events limited. Andrew Free, Kajan Srisivaeaswaran, Annisha Reader, Neelesh Srestha, Garry Womsley, Laura Corvalan, Raminder Singh, Sumeet Dasgupta, Cristobel Corvalan, Vithussa Srisivaeaswaran, Avilash Tharmanesan, Taylor Doyle, Laelia Byatt, Joel Byatt, Megan Mifsud and Cian Mulholland all did a superb job representing Girraween across the summer months at these events.

Throughout the 2021-2022 summer season, Girraween members and friends competed at numerous events, many which were virtual events. These included Royal Windsor Trail Run in the UK, London Marathon (Virtual), not parkrun (Virtual), Blackmores Sydney Virtual Running Festival, Boston Marathon (Virtual), Run Australia Half Marathon (Virtual), Westies Joggers, Run in the Dark (Virtual), SMC Series, Real Insurance Sydney Harbour 10km & 5km, NSW All Schools, parkrun (resumed December 2021), Illawarra Track Classic, Cadbury Marathon (Virtual), Tokyo Marathon (Virtual), Trail Run Australia Snowy Mountains, Sport Malta Marathon, NSW Masters . As you can see a large majority were Virtual events. Nevertheless, it is a testament to all Girraween members and friends that they were prepared to search out and compete in this wide variety of events.

For the second year running, the challenges for all Girraween athletes remained as well as for the wider community as the Pandemic was a part of everyday life. However, Girraween's athletes rose to the challenge once again, illustrating their incredible versatility and never-say-die attitude. As was the case last year no single individual achievement stood out. Rather, it was the ongoing performances of the club's dual athletes across a wide range of competitions. An illustration of their achievements can be seen elsewhere in this annual report, where these young athletes filled five of the six positions in the 2021-2022 Girraween Athletics Club Summer Rep awards These athletes are the future of Girraween athletics and we wish them well.

In conclusion, it has been another remarkable twelve months for Girraween Athletics Club. Despite the continuation of the COVID-19 pandemic, the club has continued to operate in a most challenging environment. It has once again been an absolute privilege to chronicle the achievements of all the club's athletes in this tumultuous period in the club's history. We all know Girraween is not a large club in terms of membership or resources. It nevertheless continues shine thanks to the ongoing support of its members, friends and supporters. Long may this be so.

Michael Christie (GAP)