

GIRRAWEE ATHLETICS CLUB Inc



ANNUAL REPORT 2017/2018

*(Formerly Girrawee Amateur Athletics Club 1980 - 1996)
(Formerly Greystanes / Girrawee Amateur Athletics Club 1978 - 1980)*

*Presented at the 40th Annual General Meeting
12th June 2018
Toongabbie Community Hall*



ANNUAL REPORT 2017 / 2018
OF
GIRRAWEE ATHLETICS CLUB Inc

Presented at the 40th Annual General Meeting

Held at

Toongabbie Community Hall

On

Tuesday 12th June 2018.

Contents

President's Report

Honour Board

Life Members

25 Year Medallists

20 Year Medallists

15 Year Members

10 Year Medallists

Hon. Auditor

Senior Executive Committee Record

Club Competition Champions

Club Committee

Membership

Committee Reports

Secretary

Registrar

Treasurer

Income and Expenditure

Summer Canteen and Fund Raising Report

Summer Competition

Club Competition Champions

New Records

Winter Competition Report

Representative Award

Publicity

CV Kelly Ground Records (*excluded -waiting on processing of 2013/2014 data*)



GIRRAWEEEN ATHLETICS CLUB Inc.

PRESIDENT'S REPORT

On behalf of the Committee, I have great pleasure in presenting our Club's Annual Report for the 12 months ended 31st March 2018. Thanks to everyone involved in compiling it, and once again particularly Steve Williams.

Winter 2017 was another great cross-country season with Girraween runners maintaining a high presence and faring well in the West Met presentations. Thanks to our Winter Coordinator Lisa Grant for organising NSW event participation. Congratulations to Brad on winning the men's open category of the Men's Long Course Cross Country at Nowra and Geoff Sheargold who placed 17th at the NSW Men's Half Marathon Championships.

We also had a great Summer of athletics with new faces and good attendance rates. Thanks to our Summer Coordinator Michael Grogan, who again did a fantastic job of organising both CV Kelly Park and representative events. Thanks also to the members and visitors who competed. Thanks to Judy Milosevic for another great Christmas raffle.

Our members continue to compete all over the state, country and globe. Taylor Doyle gave a bronze medal performance in the T38 Women's Long Jump at the Commonwealth Games. She also placed 4th in the Women's Ambulant long jump at the Australian Athletics Championships on the Gold Coast. Congratulations to Brad Milosevic for making the Australian Team in the Marathon at the IAAF World Championships in London and for some impressive results in various distances from 3000 to 10000 metres. Lynette Smith showed a return to form placing second in the Women's Pentathlon at the Australian Masters Championships and several first and third placings in various events in her age category. Congratulations to Lynette Clark who competed in the Hapalua Half in Hawaii, Steve Mifsud who competed in the Malta Half and Carol Adams who competed in the Chicago Marathon.

Congratulations to Rob Geisler, Steve Oldbridge, Nick Hanna, Claudio Corvalan and Raminder Singh for their impressive results in the NSW Masters Championships.

Congratulations to our dual athletes who have competed in a phenomenal amount of events. Brendan and Teagan Neich continue to excel in throwing events with outstanding results at the Australian Junior Championships, the NSW Junior Championships and the All Schools Championships. They must have a whole medal room each. Congratulations to Tayla Jobson who also fared well at the All Schools Junior Championships. A special mention also to Lauren Tisdale who is becoming a growing talent in the pole vault with some great results.

There are so many impressive results, certainly too many to outline here. If you get a moment skim back through our monthly newsletters and you will be blown away like I was.

Congratulations to Terry Rose and Michael Christie for each achieving their 250th parkrun at Parramatta. On the parkrun front, our members competed all over the state, country and internationally including the UK and New Zealand.

Sadly in 2017 we farewelled Bob Sewell. He was a member of our club for 25 years from 1978 to 2003 (25 years), held numerous committee positions including President for 14 terms, coach for 20 years and was made a Life Member in 1988. He will be missed by many.

I again thank Michael Christie for not only his great newsletters and emails but again for being my calendar and task manager. I have had a difficult couple of months and would like to thank members for their support particularly Michael Grogan who appointed himself as my welfare officer checking in on me quite regularly. Thanks also on that front to Michael Christie, Steve Williams and the Zammit's and Otte's.

I would like to thank the Committee and members for their support. Together we make GAC a great club and I am so proud to be a part of it.

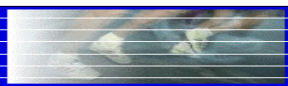
Thanks to our committed team of committee and members, particularly Lynette Clark who prepared and ran our 6th "Run for Jess" to raise funds for Ward C5C at Westmead Hospital.

I look forward to 2018 / 2019 season as it is our 40th Anniversary and your committee is planning the celebration.

Wayne Thurlow
Club President



GIRRAWEEEN ATHLETICS CLUB



Formed September 1978 - CV Kelly Park, Oramzi Road, Girraween

CLUB PATRON - Michelle Rowland

LIFE MEMBERS

John Wheeler – 1986 (died 1997)
Bob Sewell – 1988 (Died 2017)
Vivian Manwaring – 1997
Lynette Smith – 2006
Stephen Halverson – 2003

Graham Sheargold – 2009
Steven Williams – 2012
Michael Christie – 2016
George Milosevic – 2016
Wayne Thurlow – 2016

REGISTERED 25-YEAR MEMBERS

Bob Sewell – 2002
Vivian Manwaring – 2011
Lynette Smith – 2015
Graham Sheargold - 2017

REGISTERED 20-YEAR MEMBERS

Bob Sewell – 1997
Vivian Manwaring – 2006
Lynette Smith – 2009
Graham Sheargold – 2012
Steven Williams – 2015
Lisa Grant - 2018

REGISTERED 15 -YEAR MEMBERS

Bob Sewell – 1992
Vivian Manwaring – 2001
Graham Sheargold – 2007
Phil Bowden – 2009
Richard Frost – 2010
Suresh Raju – 2010
Steven Williams – 2010
Lisa Grant – 2013
Gary Micallef – 2014
Robert Giesler – 2014
Brad Milosevic – 2015
Robert Eager – 2015
Geoffrey Sheargold - 2016

Michael Kammerer – 2016
Vincent Adams – 2016
Jean Davis – 2017
Stephen O'Donnell - 2017
Carly Eager – 2017
Michael Free – 2017
Stephen Parkins 2017
Michael Christie – 2018
Roger Mar – 2018
George Milosevic – 2018
Gregory Sargeant – 2018
Wayne Thurlow - 2018

REGISTERED 10-YEAR MEMBERS

Jackie Wheeler - 1988
Bob Sewell - 1988
Paul Sewell - 1991
Vivian Manwaring - 1997
Stephen Halverson -2003
Vikki Savage - 2005
Suresh Raju - 2005
Lisa Grant - 2008
Gary Micallef - 2009
Carly Eager - 2010
Eddie Makki - 2010
Joseph Butler – 2011
Jean Davis – 2012
Clive Kidson – 2013
Roger Mar – 2013
Danny Martins - 2014
Taylor Doyle – 2016
David Perry - 2016

Tracey Wheeler - 1988
John Doolan - 1989
Robert Kropman - 1993
Lynette Smith - 2000
Graham Sheargold - 2003
Richard Frost - 2005
Wayne Jeff - 2005
Chelsea Kimpton - 2008
Vince Adams - 2010
Robert Eager - 2010
Bradley Milosevic - 2010
Michael Free – 2011
Stephen O'Donnell – 2012
George Milosevic – 2013
Terry Rose – 2013
Katrina Russell – 2014
Andrew Free - 2016

Deborah Mulhall - 1988
Peter Kropman - 1989
Catherine Kropman -1993
Michael Kammerer - 2003
Phil Bowden - 2004
Steven Williams - 2005
Keith Mayhew - 2007
Robert Giesler - 2009
Stacey Argent - 2010
Amanda Giesler - 2010
Geoffrey Sheargold - 2010
Michael Evans – 2011
Stephen Parkins – 2012
Michael Christie – 2013
Wayne Thurlow – 2013
Nicholas Hanna - 2015
Heidi Juhart - 2016

HON. AUDITOR

Tony Ward

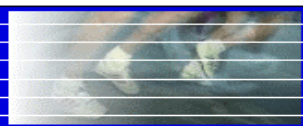
PUBLIC OFFICERS

Viv Manwaring ~ 2005 – 2016 Katrina Russell ~ 2016 – Present

Previous Patrons - Nathan Rees



GIRRAWEEEN ATHLETICS CLUB

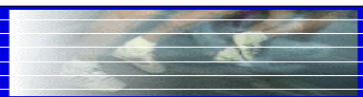


(Formed September 1978)
C V Kelly Park, Oramzi Road, Girraween

President	Year	Secretary
John Wheeler	1978-1979	John Wheeler
John Wheeler	1979-1980	John Wheeler
John Wheeler	1980-1981	John Wheeler
John Wheeler	1981-1982	John Wheeler
John Wheeler	1982-1983	John Wheeler
John Wheeler	1983-1984	John Wheeler
John Wheeler	1984-1985	John Wheeler
John Wheeler	1985-1986	John Wheeler
John Wheeler	1986-1987	John Wheeler
John Wheeler	1987-1988	John Wheeler
Bob Sewell	1988-1989	Viv Manwaring
Bob Sewell	1989-1990	Viv Manwaring
Bob Sewell	1990-1991	Viv Manwaring
Bob Sewell	1991-1992	Viv Manwaring
Bob Sewell	1992-1993	Viv Manwaring
Bob Sewell	1993-1994	Viv Manwaring
Bob Sewell	1994-1995	Viv Manwaring
Bob Sewell	1995-1996	Viv Manwaring
Bob Sewell	1996-1997	Viv Manwaring
Graham Sheargold	1997-1998	Viv Manwaring
Bob Sewell	1998-1999	Viv Manwaring
Bob Sewell	1999-2000	Viv Manwaring
Bob Sewell	2000-2001	Viv Manwaring
Bob Sewell	2001-2002	Viv Manwaring
Bob Sewell	2002-2003	Lynette Smith
Steven Williams	2003-2004	Lynette Smith
Steven Williams	2004-2005	Garry Womsley
Steven Williams	2005-2006	Garry Womsley
Steven Williams	2006-2007	Garry Womsley
Steven Williams	2007-2008	Garry Womsley
Steven Williams	2008-2009	Garry Womsley
Steven Williams	2009-2010	Garry Womsley / Jean Davis
Steven Williams	2010-2011	Jean Davis
Steven Williams	2011-2012	Jean Davis
Steven Williams	2012-2013	Katrina Russell
Wayne Thurlow	2013-2014	Katrina Russell
Wayne Thurlow	2014-2015	Katrina Russell
Wayne Thurlow	2015-2016	Katrina Russell
Wayne Thurlow	2016-2017	Katrina Russell
Wayne Thurlow	2017-2018	Katrina Russell



GIRRAWEEEN ATHLETICS CLUB



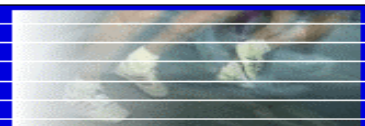
CLUB COMPETITION SUMMER CHAMPIONS

Jean Davis (Masters)	2017 / 2018	*	Wayne Thurlow (Masters+)
Jean Davis (Masters)	2016 / 2017	*	Nathan Moffit (Under 20)
Jean Davis (Masters)	2015 / 2016	*	Wayne Thurlow (Masters)
Jean Davis (Masters)	2014 / 2015	*	Michael Grogan (Seniors)
Helen Ozols	2013 / 2014	*	Wayne Thurlow (Masters)
Robyn Smith	2012 / 2013	*	Wayne Thurlow (Masters)
Jean Davis (Masters)	2011 / 2012	*	Stephen Parkins (Masters +)
Jean Davis (Masters)	2010 / 2011	*	Wayne Thurlow (Masters)
* Venessa Separovich (Snr)	2009 / 2010		Robert Giesler (Masters +)
* Jean Davis (Masters)	2008 / 2009		Peter Matthews (Masters)
Andrea Hendley (Masters)	2007 / 2008	*	Wayne Thurlow (Masters)
Brenda Micallef (U16)	2006 / 2007	*	Wayne Thurlow (Masters)
Kelly Micallef (U15)	2005 / 2006	*	Stephen Blunden (Masters)
* Cath Germech (Snr)	2004 / 2005		Robert Giesler (Masters)
* Andrea Hendley (Masters)	2003 / 2004		Steven Williams (Masters)
Brenda Micallef (U12)	2002 / 2003	*	Brad Milosevic (U14)
* Chelsea Austin (U18)	2001 / 2002		= Peter Kimpton (U18)
			= Brad Milosevic (U13)
Chelsea Austin (U17)	2000 / 2001	*	Suresh Raju (Snr)
Gemma Austin (U13)	1999 / 2000	*	Steven Williams (Vet)
Samantha Marshall (Snr)	1998 / 1999	*	Graham Sheargold (Vet)
Erin Scouller (U15)	1997 / 1998	*	Suresh Raju (Snr)
Jessica Fisher (U14)	1996 / 1997	*	Stephen Halverson (Vet)
Jessica Fisher (U13)	1995 / 1996	*	Peter Balinski (U13)
Linda Balinski (Vet)	1994 / 1995	*	Stephen Muir (U13)
* Michelle Townsend (Snr)	1993 / 1994		Doug Leabon (Snr)
* Lynette Smith (Snr)	1992 / 1993		Michael Finucane (Snr)
* Lynette Smith (Snr)	1991 / 1992		= Michael Finucane (Snr)
			= Viv Manwaring (Vet)
* Lynette Smith (Snr)	1990 / 1991		Bruce Hogg (U18)
Stella Mauceri (U17)	1989 / 1990	*	John Doolan (Snr)
= Elizabeth Knoke (U15)	1988 / 1989	*	Jeff Micallef (U19)
= Kate Rada (U15)			
Jackie Wheeler (Snr)	1987 / 1988	*	Viv Manwaring (Vet)
* = Jackie Wheeler (Snr)	1986 / 1987		Michael Jamieson (U14)
= Deborah Mulhall (Snr)			
Jackie Wheeler (U20)	1985 / 1986	*	Peter Kropman (U18)
* Jackie Wheeler (U19)	1984 / 1985		Frank Soballa (U17)
Kellie Fenech (U14)	1983 / 1984	*	Peter Kropman (U14)
Kellie Fenech (U14)	1982 / 1983	*	Phillip Fenech (U15)
Deborah Mulhall (U16)	1981 / 1982	*	Phillip Fenech (U14)
Jackie Wheeler (U15)	1980 / 1981	*	Michael McHugh (U14)
* = Catherine Downer (U13)	1979 / 1980		Ralph Downer (U15)
= Jackie Wheeler (U14)			
* Joanne Kendall (U13)	1978 / 1979		Simon Gemmell (U14)

* Denotes overall Champion/s



GIRRAWEEEN ATHLETICS CLUB



GIRRAWEEEN ATHLETICS CLUB Inc

CLUB COMMITTEE 2017 / 2018

<u>Club Patron</u>	Michelle Rowland	Appointed 2015
<u>President</u>	Wayne Thurlow	Elected AGM May 2017
<u>Secretary</u>	Katrina Russell	Elected AGM May 2017
<u>Treasurer</u>	Heidi Juhart	Elected AGM May 2017
<u>Registrar</u>	Graham Sheargold	Elected AGM May 2017
<u>Public Officer</u>	Katrina Russell	Appointed 2016
<u>Fund Raising</u>	Judy Milosevic	Elected AGM May 2017
<u>Summer Competition</u>	Michael Grogan	Elected AGM May 2017
<u>Winter Competition</u>	Lisa Grant	Elected AGM May 2017
	Andrew Free	Elected AGM May 2017
<u>Club Records</u>	Stephen O'Donnell	Elected AGM May 2017
<u>Coaching Co-ordinator</u>	Michael Grogan	Elected AGM May 2017
<u>Publicity Officer</u>	Michael Christie (GAP)	Elected AGM May 2017
<u>Canteen Manager</u>	-	Vacant
<u>ANSW Delegate</u>	Graham Sheargold	Elected AGM May 2017
	Brad Milosevic	Elected AGM May 2017
<u>Park Trust Delegate</u>	Ed Bratovic	Elected AGM May 2017
	Wayne Thurlow	Elected AGM May 2017
<u>Uniform Officer</u>	Judy Milosevic	Elected AGM May 2017
	Steven Williams	Elected AGM May 2017
<u>Webmaster</u>	Steven Williams	Elected AGM May 2017
<u>General Committee</u>	Geoff Sheargold	Elected AGM May 2017
	George Milosevic	Elected AGM May 2017
	Rob Eager	Elected AGM May 2017
	Lynette Clark	Elected AGM May 2017
	Lynette Smith	Elected AGM May 2017
<u>Junior Committee</u>	Nathan Moffitt	Elected AGM May 2017

REGISTRAR'S REPORT

REGISTERED ATHLETES FOR THE 2017/2018 SEASON

TOTAL NUMBER OF REGISTERED ATHLETES **216**

DUAL ATHLETES **164**

SENIOR ATHLETES **52**

DUAL ATHLETES

Antonio Abou-Touma
Charles Abou-Touma
Nathan Abou-Touma
Brayden Abou-Touma
Zali Adamcewicz
Jeremy Aggio
Ethan Mattheus Alimboyao
Kalyan Anderson-Prasad
Aathan Arunaharan
Colby Austine
Bridie Austine
Pania Bailey
Mya Bailey
Holly Bale
Dylan Baptist
Trey Barton
Emanuel Bosikoski
Alexsandra Bosikoski
Daniella Boustani
Alex Bowen
Tara Boyd
Ike Brooks
Cody Bugeja
Bella Bugeja
Adriana Busic
Renata Busic
Laelia Byatt
Brad Carr
Edrea Carr
Brendan Chand
Hanush Chettiar
Damien Connaughton
Catlin Connaughton
Cristobal Corvalan
Liam Craig
Sumeet Dasgupta
Madison Dharamdas
Kieve D'Souza
Talia Eid
Toni Elias
Mary Elias
David Elkin
Samantha Faller
Aidan Faller
Rachel Farrugia
Austin Flood
Maddison Francis
Harrison Frost
Aiden O'Brien
Liam O'Brien
Harini Paranthaman
Aryan Patel
Fairy Patel
Adam Perrey
Avelyn Peters
Danny Petsas
Todd Pieters
Smaran Pillai
Luke Pope
Claudia Portolesi
Thanchanok Kumchat
Midurshana Pradeep

Aleu Gabriel
Rohit Garikipati
Jonathan Gnanaseelan
Aryan Gor
Sudipto Goswami
Evan Griffith
Lucas Griffith
Zane Hamad
Fawaz Hamdan
Hannah Hamilton
Kelly Harris
James Howard
Josh Howard
Yasmin Howarth
Harrison Hudson
Grace Hunt
Shambavi Jeevaratnam
Anthony Jones
Esli Jonathan Jude Philamin
Simranjeet Kaur
Jaiden Kealy-Ashby
Chitvan Kochhar
Abbey Laybutt
Athou Luar
Awoui Luar
Abina Mangaleswaran
Rishikirumaran Manimaran
Hirosh Manoharan
Jacinta Massoud
Anthony Mbonu
Dominic McGregor
Benjamin McGregor
Monica McRae
Muhanisha Mehra
Megan Mifsud
Mikhaila Mikulec
Nathan Moffitt
Wilasinee Madison Mongckonchat
Nathaniel Morcombe
James Mulreaney
Randy N. Cameron
Bianca N. Cameron
Kayla Nader
Matthew Nader
Isabella Nasreldin
Tegan Neich
Brendon Neich
Jessica O'Brien
Rakshaaiyan Somasundaram
Max Spackman
Vithussa Srsivaeaswaran
Kajanan Srsivaeaswaran
Harry Stancic
Jessie Stancic
Maisie Stone
Dharika Sujendran
Mehek Syed
Anne Tavender
Aaradhya Tere
Sophia Wilson
Avilash Tharmanesan

Abhidi Pradhan
Raaghav Raguramankumar
Xandar Reckerman
Niki Redipali
Nancy Ren
Cullen Rota-Wallace
Sahil Sayeed Martinez
Branden Scarsbrook
Mithuran Shivakumaaran
Ryan Shore
Neelesh Shrestha
Shreya Shrestha
Kai Simmons
Guatam Singh
Vinujan Sivachchelvan
Kokul Sivaraj
Sivasiny Sivathasan
Regan Soballa
Liesel Soballa
Harine Somasundaram

MEN UNDER 13

Daniel O'Donnell
Ben O'Donnell
Zachary Zammit

MEN UNDER 20

Dylan Nagle

MEN SENIORS

Nick Hanna
William Hickling
Daryl King
Brad Milosevic
Geoff Sheargold

MEN MASTERS

Ed Bratovic
Michael Grogan
Graham O'Brien
David Otte
Claudio Corvalan
Rod Zammit

MEN MASTERS PLUS

Michael Christie
Michael Evans
Michael Free
Rob Giesler
Mark Milliss
Stephen O'Donnell
Steve Oldridge
Stephen Parkins
David Perry
Greg Sargeant
Wayne Thurlow

MEN GOLDEN OLDIES

Vince Adams
Andrew Free
Robert Eager
Terry Rose
Roger Mar
George Milosevic
Graham Sheargold
Steven Williams

Nethiran Thiruvannan
Lauren Tisdale
Salam Tlaiss
Vithuya Uruthiran
Sunil Vasanthakumar
Prasad Vemulapalli
Jade Vicelich
Lojana Vijeyaratnam
Sanjeev Vijeyaratnam
Shikorah Way
Willow Way
Ashlee Webb
Jy Windle
Pui Yiu Wong
Chak San Wong
Emma Yaghi
Jerry Yeh
Manasui Yerramsetty
Srujana Yerramsetty
Lillian Yousef

WOMEN UNDER 13

Hayley Zammit
Rosemary Zammit

WOMEN UNDER 20

Tayla Jobson

WOMEN SENIORS

Linda Baumgartner
Taylor Doyle
Lisa Grant
Kristy Zammit

WOMEN MASTERS

Jean Davis
Heidi Juhart
Mischelle Otte
Cristina Sotomayor
Lynette Smith

WOMEN MASTERS PLUS

Lilliana Basic

WOMEN GOLDEN OLDIES

Katrina Russell
Lynette Clark
Judy Milosevic

MEN VETERANS

Denis Andrew
Raminder Singh

**Graham Sheargold
Registrar**

SECRETARY'S REPORT 2018

This is the 40th Anniversary of Girraween Athletics Club and will be celebrated on 3rd November this year. Mark this date as this should be a great night.

We have also just had the Commonwealth Games in QLD where Taylor Doyle did us proud again. Thankyou once again to our President Wayne Thurlow, committee members and club members for their great contribution to Girraween Athletics Club for another year.

Many of our club members won medals during the Winter West Met series in 2017 and competed in club and Athletics NSW events. The blue and white uniform of our club are to be seen at most events around Sydney and NSW! Thank you again to the members involved in the collation of the times/records over the winter/summer seasons.

Thank you to Lynette and Steve Clark and others for their contribution to the Run for Jess held 17th March recently. It was a very successful event in terms of roll up and also fundraising for Westmead Hospital, Ward C5C. Lynette Clark received a Certificate from the Westmead Hospital Research Foundation.

The President and GAC committee look forward to seeing members at the up and coming AGM June 12th 2018.

Katrina Russell
Club Secretary

TREASURER'S REPORT

Income/Expense Comparison by Category - 2018

4/1/2016 through 3/31/2018 (in Australian Dollars)

4/15/2018

Page 1

Category Description	4/1/2016- 3/31/2017	4/1/2017- 3/31/2018	Amount Difference
INCOME			
ANSW refund-ANSW refund	0.00	566.00	566.00
Bank Interest	3.80	6.12	2.32
Canteen Income	194.25	170.05	-24.20
Clothing Sale	492.50	40.00	-452.50
Donation	370.00	0.00	-370.00
Ground fees	1,194.20	1,153.05	-41.15
Raffle	520.00	239.00	-281.00
Registrations Relays	0.00	179.50	179.50
Regos ANSW online	2,254.32	2,099.98	-154.34
Sausage Sizzle Sales	56.05	2,381.70	2,325.65
TOTAL INCOME	5,085.12	6,835.40	1,750.28
EXPENSES			
Affiliation Fees	762.30	762.30	0.00
Business Expenses	167.14	751.00	-583.86
Donations	504.95	0.00	504.95
Hall hire-hall hire	23.00	0.00	23.00
IMG Online Fee	99.30	89.00	10.30
Park Trust Fees	1,500.00	1,650.00	-150.00
Registration Relays	114.00	342.00	-228.00
Rego Refund	856.08	0.00	856.08
Trophies	1,435.60	261.08	1,174.52
TOTAL EXPENSES	5,462.37	3,855.38	1,606.99
OVERALL TOTAL	-377.25	2,980.02	3,357.27

I certify that this income and expenditure statement of Girraween Athletics Club Inc has been checked and is a true and fair representation of it's financial transactions

ASSETS:

Bank Account	\$5,950.43
Plus 17 singlets @ \$33.35ea	\$ 566.95
Plus 9 polo shirts @ \$21.70ea	\$ 195.30
Plus 16 jackets @ \$33.50ea	\$ 536.00
Liabilities (None)	
NETT ASSETS:	\$7,248.68

Accountant:

Income/Expense Comparison by Category 2016-17 (1/4/2015 through 31/3/2017)

Category Description	4/1/2015- 3/31/2016	4/1/2016- 3/31/2017	Amount Difference
INCOME			
Bank Interest	\$9.16	\$3.80	-\$5.36
Canteen Income	\$222.60	\$194.25	-\$28.35
Clothing Sale	\$227.00	\$492.50	\$265.50
Donation	\$0.00	\$370.00	\$370.00
Ground fees	\$1,046.10	\$1,194.20	\$148.10
Raffle	\$169.00	\$520.00	\$351.00
Regos ANSW online	\$1,611.70	\$2,254.32	\$642.62
Sausage Sizzle Sales	\$0.00	\$56.05	\$56.05
TOTAL INCOME	\$3,285.56	\$5,085.12	\$1,799.56
EXPENSES			
Affiliation Fees	\$762.30	\$762.30	\$0.00
Business Expenses	\$526.80	\$167.14	\$359.66
Catering	\$62.22	\$0.00	\$62.22
Donations	\$0.00	\$504.95	-\$504.95
Dues-Dues and subscription	\$174.00	\$0.00	\$174.00
Education-Education			
Other Education-Education	\$229.68	\$0.00	\$229.68
TOTAL Education-Education	\$229.68	\$0.00	\$229.68
Equipment	\$642.66	\$0.00	\$642.66
Hall hire-hall hire	\$0.00	\$23.00	-\$23.00
IMG Online Fee	\$70.96	\$99.30	-\$28.34
Park Trust Fees	\$1,500.00	\$1,500.00	\$0.00
Registration Relays	\$1,033.00	\$114.00	\$919.00
Rego Refund	\$0.00	\$856.08	-\$856.08
Trophies	\$304.35	\$1,435.60	-\$1,131.25
Winter BBQ	\$23.00	\$0.00	\$23.00
TOTAL EXPENSES	\$5,328.97	\$5,462.37	-\$133.40
OVERALL TOTAL	-\$2,043.41	-\$377.25	\$1,666.16

I certify that this income and expenditure statement of Girraween Athletics Club Inc has been checked and is a true and fair representation of it's financial transactions

ASSETS:

Bank account	\$2,970.41
Plus 18 singlets @ \$33.35 ea	\$600.30
Plus 9 polo shirts@ 21.70 ea	\$195.30
Plus 16 jackets @ \$33.50 ea	\$536.00
Liabilities (None)	
NETT ASSETS	\$4,302.01

Accountant:

A.M. WARD BBus
22nd May 2017

Heidi Juhart
Treasurer

FUND RAISING REPORT

This year we only had one fundraising event where the funds raised went wholly to Girraween Athletics club. That was the Christmas Raffle.

We started selling tickets a little earlier than in previous years and increased the ticket price and we raised \$245.00.

Thank you to everyone who supported the raffle by either purchasing tickets or donating prizes. Your support is very much appreciated by myself and the Club.

Our second big fundraiser was the annual event Run for Jess where the money raised was donated directly to the Westmead Medical Research Foundation. A big thankyou to Lynette Clark for her organizing and coordination of the event.

A total sum of \$1,295.00 was donated to Westmead, made up of \$1,015.00 which was raised by event entries and donations plus \$ 280.00 raised by the day's B.B.Q.

Thank you to all the volunteers and people who donated items to make this a successful and worthwhile event.

The members of Girraween Athletics Club are very generous and are always ready to lend a hand.

Hopefully through the coming year GAC can be more successful in raising much needed funds to help support our Club.

Judy Milosevic
The Fundraising Committee.

SUMMER COMPETITION REPORT

Girraween Athletics Club has once again enjoyed a highly successful Summer Competition. The 2017 / 2018 season enjoyed a good number of members competing at CV Kelly Park.

This season the weather, with rain and heat caused the cancelation of cancel two days of competition.

Our point scoring system is based on an athlete scoring points by competing (1 point), equalling a personal best (1.5 points) or achieving a personal best (2 points). The four best events each week are counted for each competitor and the points accumulated over the season. At the end of the season, the four lowest scoring weeks are subtracted from each athlete's total. From this, the season's Club Champion is determined as well as the age category winners and the champion visitor. Athletes need to have completed at least 50% of the competition days held during the season to be eligible for awards. Competition days consist of both grading weeks and all other weeks excluding modified weeks. In the event that a competition week is cancelled all athletes will have this week allocated as attended, however the competition week must be cancelled prior to any track or field event being held.

There 2 weeks cancelled from the total of 20 which means a competitor is eligible for club champion and category winners if they competed in 8 or more events.

The summer 2017/2018 competition categories
Open (male and female)
Under 20 (male and female)
Senior (20 to 39 years male)
Senior (20 to 34 years female)
Masters (40 to 9 years + male)
Masters (35 to 49 years + female)
Masters Plus (50 to 59)
Golden Oldies (60 -69)
Veteran (70-79)
Visitors

There are 1st, 2nd and 3rd places are available within each summer competition category, catering for men and women. From these placing's, 1st, 2nd and 3rd summer champion awards are presented to the top three men and women. The highest award, Club Champion, is presented to the male or female who has scored the highest total of points for the summer season.

Summer Club Champion

The summer competition was not as close as last year, with only fourteen points separating first and second. The winner this year showed the return to form of the winner and again a well-deserved this win. It is usually a very tight competition with only 4 or so points separating first and second and third. This year was a bit broader, from first to third place was a 23 point spread.

Wayne Thurlow was the winner by 14 points at 124 points.

Congratulations to **Wayne Thurlow** who is our 2017 / 2018 season's **Club Champion**. This is Wayne's seventh year as summer club. A fine athlete and great season.

Summer Male and Female Champions

The men's competition was won by to **Wayne Thurlow** with 124 points. **Michael Grogan** accomplished this season 2nd place on a creditable 110 points and **Roger Mar**, gaining 3rd place again this year on 91 points. Congratulations and well done.

The women's competition was again won by **Jean Davis** with 98 points. **Lynette Clark** accomplished this season 2nd place on a creditable 78 points and **no eligible competitor** gaining 3rd place this year. Congratulations and well done

The following tables display the age category winners:

<u>Under 20</u>			
1st	Daniel O'Donnell	84	
2nd	Nathan Moffit	75	
3rd	Ben O'Donnell	69	
<u>Seniors</u>			
1st	William Hickling	50	
2nd			
3rd			
<u>Masters</u>			
1st	Michael Grogan	110	Jean Davis 89
2nd	Claudio Corvalan	66	
3rd			
<u>Masters Plus</u>			
1st	Wayne Thurlow	124	
2nd	Stephen O'Donnell	84	
3rd	Michael Christie	83	
<u>Golden Oldies</u>			
1st	Roger Mar	91	Lynette Clark 51
2nd			
3rd			
<u>Veteran</u>			
1st	Raminder Singh	22	
2nd			
3rd			

Summer Visitor Champion

With Girraween being one of the few clubs competing in track and field on Saturdays, many visitors compete in our competition. Visitors are defined as members from another club or younger athletes who don't qualify for dual membership. Congratulations to **Chloe Grogan** as female visitors champion and **Graham Ryan** as Male visitors champion.

With our Summer Competition known as Girraween All comers, we attract regular visitors from other clubs and non-dual athletes from Girraween Little Athletic and acknowledge the contribution from regular visiting athletes.

Congratulations to all members and visitors for your enthusiasm and dedication to athletics during the 2017 / 2018 Summer Competition.

Many thanks to all those who assisted in the collection and input of results every week and the organisation of competition weeks.

Stephen O'Donnell

Detailed Summer Results

Club Competition Point Scores

Wayne Thurlow	124	Raminder Singh	22
Michael Grogan	110	Steve Williams	17
Jean Davis	98	Adriana Busic	16
Roger Mar	91	Teagan Neich	15
Daniel O'Donnell	84	Brendon Neich	15
Stephen O'Donnell	84	Laura Corvalan	14
Michael Christie	83	Jessica O'Brien	14
Lynette Clark	78	Eslie Judephilann	13
Nathan Moffitt	75	Mikayla Mikulec	12
Graham Sheargold	71	Tasha Reader	10
Ben O'Donnell	69	Laneya Mahe	10
Claudio Corvalan	66	Ernest Leseberg	10
Dylan Nagle	63	Abbie Stone	9
Katherine Farrugia	57	Tyson Smith	8
Tayla Jobson	54	Graham O'Brien	8
Robert Giesler	54	Lilliana Busic	8
Steven Williams	52	Vincent Adams	8
William Hickling	50	Fletcher Stone	6
Mia Robson	46	Maisie Stone	6
Gregory Sargeant	44	Vithussa Srisivaeasuaran	6
Michael Evans	37	Geoff Sheargold	6
Jayden Baumgartner	35	Jason Oldridge	5
Sean Brazier	33	Terry Rose	5
Chloe Farrugia	32	Stephen Oldridge	4
Linda Baumgartner	30	Heidi Juhart	4
Cristobal Corvalan	30	Maddison Francis	3
Kajhinan Srisivaeasuaran	29	Denis Andrew	2
David Perry	28	Luke Baumgartner	2
Renata Busic	24	Nikil Redipali	2
Faasee Kurvsa	22	Peter Douglas	1
		Ross Douglas	1
Visitors			
Chloe Grogan	103	Doug Barrett	31
Graham Ryan	98	Ethan Hemakunara	30
Ashleigh Farrugia	85	Aiden O'Brien	22
Graham Allomes	62	Bob Walpole	18
Dorothy Kass	58	Vilas Gravitis	17
Katherine Farrugia	57	Liam O'Brien	2
Elianna Hemakunara	35		

Note Registered Members who did not compete in the summer competition are not listed in these point scores.

Records

Records set this year

Male Veteran (70-79)	Discuss	25.12	Raminder	Singh	2017-2018
Female	U15 Shot	11.94	Teagan	Neich	2017-2018
		11.28	Teagan	Neich	2017-2018
		11.23	Teagan	Neich	2017-2018

Provisional 2014/2015, 2015/2016 and 2016 /2017 record

These records are provisionally set because the 2013 / 2014 competition has not been incorporated at this time

Male

Veteran (70-79)

High Jump	86	Raminder	Singh	16 17
	85	Raminder	Singh	15 16
Shot Put	8.22	Raminder	Singh	16 17
	7.36	Keith	Mayhew	14 15
Discus	25.12	Raminder	Singh	17 18
	21.81	Raminder	Singh	15 16
Javelin	21.73	Raminder	Singh	16 17
	20.11	Raminder	Singh	15 16

Golden Oldie (60-69)

Shot Put	8.3	Steven	Williams	16 17
Discus	29.69	Vincent	Adams	16 17

Masters Plus (50-59)

Triple Jump	9.3	Wayne	ThurLOW	15 16
High Jump	136	Stephen	O'Donnell	15 16
	135	Stephen	O'Donnell	14 15

U15

Shot Put	12.73	Brendon	Neich	14 15
----------	-------	---------	-------	-------

Female

Golden Oldie (60-69)

100M	17.68	Lynette	Clark	15 16
	18.11	Lynette	Clark	14 15
200M	40.11	Lynette	Clark	14 15
400M	01:33.1	Katrina	Russell	16 17
	01:40.8	Katrina	Russell	15 16
800M	03:44.7	Katrina	Russell	16 17
	04:00.2	Katrina	Russell	14 15
1500M	10:05.4	Lynette	Clark	15 16
3000M	16:59.6	Katrina	Russell	16 17
	21:14.9	Lynette	Clark	14 15
5000M	28:53.6	Katrina	Russell	16 17

Golden Oldie (60-69)

Long Jump	3.05	Lynette	Clark	16 17
	2.95	Lynette	Clark	15 16
	2.92	Lynette	Clark	14 15
Shot Put	10.57	Lynette	Clark	15 16
	5.52	Lynette	Clark	14 15
Discus	18.08	Katrina	Russell	14 15

U18	Javelin	14.77	Katrina	Russell	15 16
		9.85	Lynette	Clark	14 15
U17	Shot Put	10.96	Tayla	Jobson	16 17
	Javelin	37	Caitlin	Thurlow	15 16
U16	Shot Put	11.33	Tayla	Jobson	16 17
	Discus	32.66	Tayla	Jobson	16 17
U15	Shot Put	10.91	Tayla	Jobson	14 15
U14	Shot Put	11.94	Teagan	Neich	17 18
		10.07	Tayla	Jobson	14 15
	Javelin	3.203	Tahlia	O'Connell	15 16
U13	Shot Put	10.83	Teagan	Neich	16 17
	Javelin	28.48	Tahlia	O'Connell	14 15
U12	Shot Put	9.51	Teagan	Neich	15 16
		8.72	Teagan	Neich	14 15
	Discus	25.33	Teagan	Neich	15 16
		24.18	Teagan	Neich	14 15
	Javelin	19	Teagan	Neich	15 16
		16.1	Teagan	Neich	14 15
	Shot Put	9.53	Teagan	Neich	14 15

CLUB RECORDS

The members of Girraween Athletics Club would like to thank Stephen O'Donnell for his continued time and expertise in sorting through event times and distances. The following information acknowledges records set from 2010 through to the 2017 / 2018 summer competition as well as correcting a small number of errors from previous years. In due course, the 2013/2014 records will be included and the records will be listed on our web page.

Records

Open records corrections for historical records have been identified for the years up to 2010

200 Hurdles Female

Rebecca Deane with a time of 32.50 in 92|93
supersedes
Catherine Downer's time of 33.30 in 82|83

110 Mens Hurdles

Peter Kropman with a time of 16.0 in 85|86
Supersedes
Robert Kropman time of 16.2 in 92|93 and
Kurt Quinlivan's time of 16.2 in 92|93 (Kurt was not previously recognised)

Provisional 2014/2015, 2015/2016 and 2016 /2017 record

These records are provisionally set because the 2013 / 2014 competition has not been incorporated at this time

Male

Veteran (70-79)

High Jump	86	Raminder	Singh	16 17
	85	Raminder	Singh	15 16
Shot Put	8.22	Raminder	Singh	16 17
	7.36	Keith	Mayhew	14 15
Discus	23.9	Raminder	Singh	16 17
	21.81	Raminder	Singh	15 16
Javelin	21.73	Raminder	Singh	16 17
	20.11	Raminder	Singh	15 16

Golden Oldie (60-69)

Shot Put	8.3	Steven	Williams	16 17
Discus	29.69	Vincent	Adams	16 17

Masters Plus (50-59)

Triple Jump	9.3	Wayne	Thurlow	15 16
High Jump	136	Stephen	O'Donnell	15 16
	135	Stephen	O'Donnell	14 15

U15

Shot Put	12.73	Brendon	Neich	14 15
----------	-------	---------	-------	-------

Female

Golden Oldie (60-69)

100M	17.68	Lynette	Clark	15 16
	18.11	Lynette	Clark	14 15
200M	40.11	Lynette	Clark	14 15
400M	01:33.1	Katrina	Russell	16 17

Golden Oldie (60-69)	800M	01:40.8	Katrina	Russell	15 16
		03:44.7	Katrina	Russell	16 17
		04:00.2	Katrina	Russell	14 15
	1500M	10:05.4	Lynette	Clark	15 16
	3000M	16:59.6	Katrina	Russell	16 17
		21:14.9	Lynette	Clark	14 15
	5000M	28:53.6	Katrina	Russell	16 17
	Long Jump	3.05	Lynette	Clark	16 17
		2.95	Lynette	Clark	15 16
		2.92	Lynette	Clark	14 15
U18	Shot Put	10.57	Lynette	Clark	15 16
		5.52	Lynette	Clark	14 15
	Discus	18.08	Katrina	Russell	14 15
	Javelin	14.77	Katrina	Russell	15 16
		9.85	Lynette	Clark	14 15
	Shot Put	10.96	Tayla	Jobson	16 17
	Javelin	37	Caitlin	Thurlow	15 16
U17	Shot Put	11.33	Tayla	Jobson	16 17
	Discus	32.66	Tayla	Jobson	16 17
U16	Shot Put	10.91	Tayla	Jobson	14 15
U15	Shot Put	10.78	Teagan	Neich	16 17
	Javelin	10.07	Tayla	Jobson	14 15
		3.203	Tahlia	O'Connell	15 16
	Shot Put	10.83	Teagan	Neich	16 17
U14	Javelin	28.48	Tahlia	O'Connell	14 15
U13	Shot Put	9.51	Teagan	Neich	15 16
	Discus	8.72	Teagan	Neich	14 15
		25.33	Teagan	Neich	15 16
	Javelin	24.18	Teagan	Neich	14 15
		19	Teagan	Neich	15 16
		16.1	Teagan	Neich	14 15
U12	Shot Put	9.53	Teagan	Neich	14 15

Girraween Athletics Club 2017-2018 Summer Representative Awards

This is the second series of Girraween Athletics Club Summer representative awards since they were re-instituted last season after a long absence. The current summer season ran from September 2017 through to the Commonwealth Games in early April 2018. There were a total of twenty-eight events where our athletes scored points during this period. Here are the winners for the 2017/2018 summer season.

Men's

1st	Brendon Neich	280 pts
2nd	Rob Giesler	127 pts
3rd	Nathan Moffitt	69 pts

Women's

1st	Taylor Doyle	557 pts
2nd	Teagan Neich	520 pts
3rd	Lauren Tisdale	145 pts

Congratulations to our winners who all represented Girraween Athletics Club with distinction over a wide variety of events across the 2017/2018 summer season. Thank you to Andrew Free who assisted with the collating of this points-score over the 2017/2018 summer season.

Michael Christie (GAP)

WINTER COMPETITION 2017

The Winter Competition had registered athletes who competed in the West Metropolitan, road and cross country running series and championships.

EXPLANATION OF THE WINTER CLUB COMPETITION CLUB POINT SCORE: 2017.

The point score was based on the participation in various West Metropolitan Zone Events.

Competition for females and males are separate.

Athletes must have finished an event to score points in that event. To be eligible for a club award athletes must have completed at least half of the events on offer.

West Metropolitan Zone Races.

The Short (2km), Medium (4km), and the Long (8km) are open to all age groups.

Athletes were included in short, medium and Long distance category based on the distance they nominated at the commencement of the West Met season.

Where an athlete failed to notify the Winter Competition Manager of a nomination the athlete was allocated a category at the managers' discretion.

Points were awarded from the fastest to the slowest, i.e.; 1ST. finisher gains maximum points, 30, the 2nd. Place getter received 29 points and the 3rd place getter received 28 points.

If athletes did not participate in their nominated event but participated in another event, they received half points for one event only based on the same scoring criteria as above, e.g. If the 3rd place getter normally received 28 points, they would receive 14 points.

Calculating Total Points.

To allow those who miss the occasional run at West Met the best 10 events of the season are used to calculate the points. Meaning that an athlete ran all 15 West Met's, 5 of the lowest scoring races would be omitted from the final total.

A Big Thankyou.

Another big Thank You to our GAP. Without Michael's commitment to the club in not only keeping us all informed of what is happening and what all our results are each week. He somehow still finds time to write a monthly News Letter of all of our achievements. We would be completely lost without his commitment to the Club. Thank You!! Michael Christie.

Girraween Athletics Club was represented at all Athletics NSW running events across the winter calendar for 2017 from road running to relays to cross country. Events were promoted to Girraween members through the Girraween email list, Girraween Facebook page, in person at West Met events and ANSW emails.

The highlight of the season was undoubtedly Brad Milosevic's Open Men's win in the NSW Cross Country Championships at the super challenging Nowra course. This was part of Brad's preparation for his Australian representative debut at the IAAF World Championships and will hold a place in Girraween's history for a long time to come.

Long term Girraween member, Graham Sheargold, also was a stand out by participating in all ANSW events over the winter season.

Girraween was represented by 3 teams at the Cross Country Relays at Miranda and 2 teams at the Road Relays at Ourimbah.

From a club perspective, it was a great effort to provide BBQ, catering and marshalling at the NSW Short Course Cross Country Championships at Unjohn Park. So many members put in their time and showed their commitment to their club by helping at this event.

Goals for future seasons would be to encourage junior participation from Little Athletics dual registered athletes and also encourage greater participation from Girraween's female members.

Thank you to Michael Christie for collating the results in the monthly newsletters.

22-4-17 NSW Novice Cross Country Championships Scarborough Park Ramsgate

4km Fun Run

31st Nicholas Hanna 14:39
159th Mark Milliss no time available
160th Michael Christie no time available

10km Men's Novice

26th Geoff Sheargold 37:36
68th Graham Sheargold 54:13

10km Mixed All Comers

50th Robert Eager 57:14

Sydney10 6/5/17 - Sydney Olympic Park

112nd Geoff Sheargold 36:05
339th Rodney Zammit 44:54
354th Stephen Mifsud 45:32
403rd David Perry 48:07
408th Michael Free 48:19
430rd Stephen Parkins 50:14
464th Graham Sheargold 53:59

NSW Cross Country Relays 27/5/17 - Miranda Park, Miranda

Open Female 4 x 4km

Lisa Grant 17:51

Cristina Sotomayor 23:57

Lynette Clark 31:51

Katrina Russell 25:22 Total: 1:39:01 21st

Male 55+ 4 x 4km

David Perry 19:04

Mark Milliss 25:04

Graham Sheargold 22:18

Stephen Mifsud 19:38 Total: 1:26:04 8th

Open Male 4 x 4km

Brad Milosevic 12:30

Geoff Sheargold 15:08

Daryl King 17:42

Wayne Thurlow 20:04 Total: 1:05:24 16th

17-6-17 XCC Challenge incorporating the NSW Cross Country Championships Nowra

Men's 10km Open

1st Brad Milosevic 32:07

Men's 8km 60-64

10th Graham Sheargold 45:46

12th Rob Eager 48:0

NSW Street Relays 15/7/17 - University of Newcastle Central Coast Campus, Ourimbah

Open Male 4x4km

Brad Milosevic 11:38 **Girraween 'A'**

Girraween 'B'

Nicholas Hanna 15:01

Rod Zammit 16:39

Brad Milosevic 11:48

Michael Grogan 21:58 Total: 1:05:26 18th

55+ Male 4x4km

David Perry 17:27

Graham Sheargold 20:19

Steve Williams 19:56

Robert Eager 21:21 Total: 1:19:03 8th

Central Coast Cross Country

2km

53rd David Perry 11:20:9

4km

29th Rod Zammit 22:54:1

30th Chloe Grogan 22:54:5

31st Hayley Zammit 22:55:3

34th Michael Christie 23:11:2

40th Michael Grogan 25:15:8

2-7-17 NSW Short Course Cross Country Championships Upjohn Park Dundas**Open Male 7.5km**

28th Geoff Sheargold 28:39

Male 55+ 5km

17th Stephen Parkins 23:53

18th Mark Milliss 30:35

Male 60+ 5km

9th Graham Sheargold 26:42

Girraween Athletics Club 2017 Winter Representative Awards

These awards were awarded to athletes who chose to represent the club at ANSW sanctioned events including the City to Surf. The more races entered the more points an athlete is able to accrue. Points are based on times scaled for age against international standards (there is no first, second, third point scoring). This creates an even playing field for all athletes for all ages. An example would be if a 60 year old ran a 10km time of 40 minutes and a 20 year old ran a 10km time of 35 minutes the 60 year old would gain more points because of the age scaled scoring system.

The representative races for 2017 were:

1. Ramsgate - State Novice Championships 10km / or 10km Fun Run for those not eligible for Novice;
2. NSW Half Marathon Georges Hall;
3. Olympic Park - 10km Road Race;
4. Nowra - Long Course Cross Country;
5. Dundas Rydalmere Upjohn Park - Short Course Cross Country;
6. Miranda (Cross Country Relays 4km);
7. Ourimbah (Road Relays 4km); and
8. City to Surf

Congratulations to the following members:

Men's

1st Graham Sheargold

2nd Geoff Sheargold

3rd Brad Milosevic

Women's

1st Katrina Russell

2nd Chloe Grogan

3rd Cristina Sotormayor

Girraween Athletics Club West Met Trophy Winners 2017

Short Distance

W40+

1st Jean Davis

W60+

1st Lynette Clark

M50+

1st Wayne Thurlow

M55+

2nd Greg Sargeant

3rd Mark Milliss

M65+

1st Terry Rose

Middle Distance

W U12

1st Hayley Zammit

W60+

2nd Katrina Russell

M U12

3rd Daniel O'Donnell

M40+

3rd Michael Grogan

M50+

2nd Stephen O'Donnell

M55+

1st David Perry

2nd Michael Christie

3rd Stephen Parkins

M60+

2nd Steven Williams

3rd Roger Mar

Long Distance

M45+

1st Rod Zammit

M50+

1st Michael Free

M65+

2nd Denis Andrew

Girraween Winter Championship Results 2017

Short Distance				
Age Group		Place	Name	Points
Female	U/20	1st	Chloe Grogan	299
Female	Master	1st	Jean Davis	290
Female	GoldOld	1st	Lynette Clark	218
Male	U/20	1st	Ben O'Donnell	267
Male	U/20	2nd	Zach Zammit	259
Male	Master +	1st	Wayne Thurlow	300
Male	Master +	2nd	Gregory Sargeant	290
Male	Master +	3rd	Mark Milliss	213
Male	GoldOld	1st	Terry Rose	250

Middle Distance				
Age Group		Place	Name	Points
Female	U/20	1st	Hayley Zammit	286
Female	GoldOld	1st	Katrina Russell	296
Male	U/20	1st	Daniel O'Donnell	233.5
Male	Master	1st	Michael Grogan	267.5
Male	Master +	1st	David Perry	300
Male	Master +	2nd	Michael Christie	264
Male	Master +	3rd	Stephen O'Donnell	246
Male	GoldOld	1st	Steven Williams	282
Male	GoldOld	2nd	Roger Mar	250

Long Distance				
Age Group		Place	Name	Points
Male	Senior	1st	Geoff Sheargold	270
Male	Master	1st	Rod Zammit	293
Male	Master +	1st	Michael Free	258
Male	GoldOld	1st	Graham Sheargold	261.5
Male	GoldOld	2nd	Denis Andrew	214

2017 Short Distance Results

		WM1	WM2	WM3	WM4	WM5	WM6	WM7	WM8	WM9	WM10	WM11	WM12	WM13	WM14	WM15
		M S	M S	M S	M S	M S	M S	M S	M S	M S	M S	M S	M S	M S	M S	M S
Bratovic	Ed	8 42														
Bratovic	Jamie	9 30														
Clark	Amelia							13 40								
Clark	Lynette	14 34	12 33		13 22		13 32	15 8			17 56	14 21				19 47
Corvalan	Claudio	13 -		12 44	12 17		11 42		12 39							
Corvalan	Cristobel	10 23			10 7											
Corvalan	Laura	12 59		12 43	12 16		11 41							11 24	12 27	
Davis	Jean	11 11		11 11	10 22	11 36	10 56		11 46		15 57		13 12	11 18	11 20	14 40
Di Prospero	Via			16 17	14 55											
Free	Andrew			12 46	11 43	12 48	11 17									
Gabriel	Aleu			11 30	10 23	11 48			10 51							
Grant	Lisa			16 11		16 36										
Grant	Riley			16 6												
Grogan	Chloe	10 55	9 54	11 24		11 55	10 37	11 38	11 21		14 40	11 43	10 55	10 15	10 12	
Grogan	Michael	10 56	9 55	11 27		11 56	10 39	11 41	11 24	12 31	14 53	11 50	10 57	10 25	10 21	
Juhart	Heidi						11 5					11 53	11 35		11 22	
Laul	Athou	16 55			16 45	17 46										
Laul	Awoui	10 28		10 43		10 37										
Laul	Ayuen	17 20	15 2	14 21	16 4	16 35										
Laul	Deng			14 33		15 38			15 48							
Milliss	Mark			14 17	11 9		10 57	12 1		11 46		12 11	11 14			13 52
Nott	Eva				11 7											
Nott	Sophia				10 20											
O'Donnell	Ben	13 40	17 2	12 13	13 39	11 52	10 55		11 45		14 41		13 11	11 -	11 11	
O'Donnell	Daniel	11 8														15 45
O'Donnell	Stephen	13 30		12 48	13 41	11 57					14 56		10 56	11 12		15 46
Otte	David			12 56	11 19											
Otte	Mischelle	11 53		11 46	11 8											
Perry	David		10 26	12 47	9 58	9 48	9 28			12 30	14 55	10 11	10 58	10 43	12 45	
Rose	Terry		9 57	11 2	11 2		10 29	11 59	10 55		15 6	11 45			11 12	
Russell	Katrina								12 1			12 12		11 12		
Sargeant	Greg		10 25	9 43	9 16	10 13	8 56	10 7	9 43	9 59	12 51	10 3	9 25	8 45	9 16	11 50
Sotomayor	Cristina														10 26	
Thurlow	Wayne	9 55	8 26	9 9	8 44	9 28	8 35	9 18	8 41	9 21	11 45	9 50	8 45	8 24	9 12	11 43
Zammit	Rod		11 43	13 27	12 58	13 30	12 35		12 42		16 52	12 51	12 21	12 31	12 46	
Zammit	Zachary		11 42	13 25	12 56	13 26	12 31		12 40		16 50	12 48	12 19	12 30	12 30	

2017 Middle Distance Results

		WM1	WM2	WM3	WM4	WM5	WM6	WM7	WM8	WM9	WM10	WM11	WM12	WM13	WM14	WM15
		M S	M S	M S	M S	M S	M S	M S	M S	M S	M S	M S	M S	M S	M S	M S
Christie	Michael	25 31	22 11	24 16	22 41	32 -	23 57	27 5	22 37	25 38	33 43	26 55	25 26	27 16	25 50	36 29
Corvalan	Claudio	24 15		25 35	22 2		21 53		22 23			24 23				
Davis	Jean	26 9		26 4	23 28											
Gabriel	Aleu	30 5														
Grant	Lisa								18 3							
Grogan	Michael	21 47	19 31	22 29	21 -		21 9	26 5	21 19	22 26	34 32	24 25	23 27	21 23	21 47	
Laul	Awoui		20 42													
Mar	Roger	28 17	25 35	30 9	26 41	37 20	26 22		27 13		37 43			25 55	25 30	34 9
Milliss	Mark							28 59								34 18
O'Donnell	Daniel	23 1	21 16	20 6	20 56	30 27					29 18		21 14	21 27		
O'Donnell	Stephen	23 14	20 8	23 22	21 48	27 47					31 6		22 37	21 8		27 25
Parkins	Stephen	20 47		21 17	19 11	26 48	19 38	21 26			26 46					
Perry	David		17 39	19 30	18 29	25 23	17 50			18 58	23 59	18 55	18 1	17 32	17 57	
Rose	Terry											25 23				
Russell	Katrina	24 54	21 47			31 25	22 18	25 20	22 35		32 2	25 1		23 35	23 8	31 32
Sargeant	Greg	21 58	19 14		21 52	29 11	23 2		22 8	23 21	31 27	23 16			21 8	28 13
Sheargold	Graham															30 19
Sotomayor	Cristina	24 28		25 34	22 10				21 39			23 6		21 32		
Thurlow	Wayne		18 42			26 30			20 38	22 8						
Williams	Steve	23 46	19 40	21 55	20 25	28 41		25 25	20 37	22 10		23 5				28 23
Woodruff	Jill		20 55	23 36												
Zammit	Hayley	28 43	21 54	25 52	23 43		22 30		24 23		36 7	26 24	25 19	24 13	24 36	
Zammit	Rod	28 44	21 55	25 53	23 44	26 53	22 31		24 25		36 8	26 28	25 25	24 15	24 38	

2017 Long Distance Results

		WM1	WM2	WM3	WM4	WM5	WM6	WM7	WM8	WM9	WM10	WM11	WM12	WM13	WM14	WM15
		M S	M S	M S	M S	M S	M S	M S	M S	M S	M S	M S	M S	M S	M S	M S
Andrew	Denis			49 22	46 28		46 10				46 3	50 27	48 2	44 17		46 4
Free	Michael	43 26	37 5	42 52	41 6	51 25		48 39		41 47	40 34	45 41				
Eager	Rob		44 20	48 31	46 2						43 51			44 3	45 28	
Grant	Lisa	38 11	33 20	37 52		48 55	35 59	39 5								
Parkins	Stephen				45 43						44 55					
Sheargold	Geoff	31 59		31 13	29 35		29 49		30 18		29 22	33 30		29 4	31 5	
Sheargold	Graham	47 11	43 23	45 16			44 9		43 33		42 31	48 17	44 16		47 6	
Zammit	Rod	42 5	35 6	39 38	39 2	50 48	37 53		37 32		36 50	39 41	37 50	38 14	37 23	

Girraween Athletics Club Publicity Report 2017-2018

This year's publicity report covers the period April 2017 through to early April 2018. I have endeavoured over the last twelve months to keep a record of our athlete's achievements within this timeframe. This report is essentially a summation of their achievements within this period.

The 2017 West Metropolitan cross-country season was a successful one for Girraween's athletes. The number of participants was slightly down from 2016. Approximately on average, twenty-eight Girraween athletes competed each Saturday afternoon with a highest number of forty-seven competing at Concord early in the season. Co-incidentally this was the same high number and venue as the 2016 winter season. Once the West Metropolitan awards were handed out in September, nineteen athletes from Girraween won awards across various age categories, in the short, medium and long distance runs. This was slightly more than in the 2016 West Met season. The majority, ten were gained in the medium distance event. This was a fine achievement overall as many of the categories were very even.

A number of Girraween athletes also competed in the Sydney Marathon Clinic series of races held at Greystanes over the 2016/2017 season which concluded in May 2017. Held from September through to May, this Sydney running institution continues to attract a healthy number of runners who compete over the 5km, 10km and 21/30km distances. The Girraween athletes who compete regularly at Greystanes are always keen for more of their club mates to join them. This season, Michael Kammerer, Rod Zammit, Michael Grogan, Mischelle Otte, David Otte, Terry Rose, Michael Christie, Carol Adams, Ed Bratovic, David Perry, Andrew Free, Geoff Sheargold, Graham Sheargold and Stephen Mifsud were all spotted out at Greystanes at various stages of the SMC season and by all accounts were pleased with their performances. At the presentation held in early August 2017, Michael Grogan, Rod Zammit, Terry Rose and Michael Christie picked up awards and Australian World and Commonwealth Games champion, Jana Pitman spoke, at what was a very special evening.

The winter of 2017 also saw a good number of athletes at Athletics NSW events. Girraween athletes were present at such meets as the NSW Cross Country Novice at Ramsgate, NSW State Road Championships at Homebush, NSW Cross Country Relays at Miranda, NSW Cross Country Championships at Nowra, NSW Short Course Cross Country at Dundas and the NSW Road Relay Championships at Ourimbah. While in 2017, there were no team medals, there were some great individual performances from Brad Milosevic who came first winning a gold medal at the NSW Cross Country Championships at Nowra, a wonderful effort as well as running well elsewhere during the winter season. It was encouraging to see the number of Girraween athletes competing at these events, particularly the relays where once again the Girraween philosophy of giving everyone a run who wanted to run was to the fore.

Winter 2017 also saw many Girraween athletes and friends compete in many fun runs and other events outside the scope of West Metropolitan and NSW sanctioned events. Events such as parkrun (various locations), Australian Running Festival ACT, Lindfield Rotary Fun Run, Oceania Orienteering Championships, SMC Greystanes, Haspa Hamburg Marathon, Mother's Day Classic, NSW Throwers Club, Australian Masters Championships, Australia Three Day Orienteering, Woodford to Glenbrook, Sydney Striders, Southern Cross University 10km Gold Coast, Real Insurance Sydney Harbour Run, Georges River Festival of the Feet, Sutherland to Surf, NSW Winter Track and Field Meet, Westlink M7 Running Festival, IAAF World Championships London, Sutherland City to Surf, Bilpin Bush Run, Athletes Foot Adelaide Marathon Festival, Australian Cross Country Championships and the SIDS Stampede. This is an exhausting list, demonstrating yet again the remarkable versatility of our members and friends all year round.

Girraween's Saturday summer afternoon track and field season ran from September 2017 through to March 2018 at C V Kelly Park Girraween. The surface as a rule was in fair condition although at times did suffer due to the lack of rain. The extreme heat on occasions also led to meets having to be cancelled. Generally, the meets held across the summer were well supported, although numbers did fall away at the back end of the season. There were also a number of visitors from other clubs and they received a warm Girraween welcome. This competition continues to be an important proving ground

for Girraween athletes at all levels wanting to improve their skills and try out new events in a friendly and competitive environment. It is to be hoped that more athletes are able to take advantage of this competition in coming seasons.

In early November 2017, the annual NSW Track and Field Relays were held at SOPAC. The date had been pushed forward, along with most of the NSW Summer program due to the upcoming Commonwealth Games on the Gold Coast in April, 2018. Girraween had six teams competing across the weekend. The Men's Javelin 160+ team of Steve Williams, Claudio Corvalan, Michael Grogan and Stephen O'Donnell created a little history as the first Girraween men's team to win a gold medal at these relays since Girraween started participating in them in 2003 and naturally were a little excited with this achievement. The Men's Shot Put 160+ team of Claudio Corvalan, Michael Grogan, Stephen O'Donnell and Rob Gielser also picked up a bronze medal in this event, another fine effort. The other Girraween teams were in most instances very competitive and on occasions not far off a medal. All our members enjoyed the opportunity to compete at this top class facility and in this type of competition. The summer of 2017/2018 also saw our Girraween athletes compete at a number of NSW Inter-Club and Permit meets. Our junior and senior athletes did a fine job representing their club at a number of venues in conditions that were often very challenging. Abbie Stone, Rob Giesler, Lauren Tisdale, Nathan Moffitt, Brendon Neich, Teagan Neich, Taylor Doyle, Nicholas Hanna, Tyson Smith, Claudio Corvalan, Sanjeev Vijeyaratnam, Will Hickling, Cristobel Corvalan, Brad Milosevic, Kajanana Srisivaeaswaran, Vithussa Srisivaeaswaran, Piu Yiu Wong, Tayla Jobson and Michael Grogan all did a superb job representing Girraween across the summer months.

Throughout the 2017/2018 summer season, Girraween athletes and friends competed in a large number of other events such as parkrun (various locations), NSW Sydney Half Marathon, Throwers Club of NSW, Blackmores Running Festival, SMC Greystanes, Western Sydney Marathon, Sydney Striders, Chicago Marathon, Melbourne Marathon, Coleman and Greig Challenge, Noosa Bolt, Carcoar Cup Running Festival, Balmain Fun Run, Stromlo Running Festival, Mingara Central Coast Half Marathon, Campbelltown Night of Sprints, Australian All Schools, Zatopek 10, Hunter Track Classic, Sun Run, Australian Athletics Championships, Run the Bridge, Vodafone Malta Marathon, NSW Masters, Six Foot Track, Australian Junior Championships, Queensland International Track Classic and the Commonwealth Games. As you can see our athletes do not stop for summer, they keep on going. Over the previous twelve months there have been many highlights from our athletes who have represented Girraween. All our athletes gave their best when representing Girraween and this is what counts. There were a number of standout performances. Taylor Doyle won the bronze medal in the Women's Long Jump T38 event at the Commonwealth Games held early April 2018 at the Gold Coast. This was a wonderful performance by Taylor coming off the back of a long period of illness and injury that greatly disrupted her preparation in the immediate lead up to these Commonwealth Games. There was no guarantee that she would be selected for the Australian team. However, she was and as they say the rest is history. On an unseasonably warm autumn afternoon at the sun-baked Carrara Stadium, Taylor took to the track in front of a capacity crowd and competed well. When it became apparent that she had secured the bronze medal, her smile lit up the stadium in front of her home crowd. It was a special moment. Taylor had written another special chapter not only in her athletic career but in the history of Girraween Athletics Club, somewhat fitting in the club's fortieth year.

One of Girraween's finest in Brad Milosevic had another stellar twelve months, been selected for his first Australian team to compete in the marathon at the IAAF World Championships at London in August, 2017. It was a special moment for Brad to compete for Australia in front of family and friends through the streets of London. On a tough afternoon, Brad completed the event after suffering illness through the race and hung in well. It was a gutsy effort on Brad's part. Brad also achieved some great other results throughout this twelve month period, winning the NSW Cross Country Championships at Nowra in June 2017, as well as running a new pb for 10,000m in the Zatopek 10 in late 2017, and running another new pb over 5000m at the Hunter Track Classic in early 2018. His training continues to go well. The Hammer Throw is the chosen discipline for one of this club's up and coming athletes in Brendon Neich. Brendon had a remarkably consistent twelve months, coming third in the Australian All Schools, first in the NSW Junior Championships and fourth in the Australian Junior

Championships (where remarkably the top five competitors all threw new pb's). Brendon was also chosen as part of an Athletics Australia U17 development squad that went into camp at the AIS in November 2017. This was a great stepping stone for Brendon and he learnt a great deal from this experience. It also shows that he is on the radar of Athletics Australia, which is a great confidence booster for him.

In conclusion, it's been another remarkable twelve months that will long be remembered in the Girraween Athletics story. Our athletes continue to inspire us all with their versatility across a wide range of events and their willingness to give events a go well outside their comfort zone. Long may this continue.

Michael Christie GAP