

GIRRAWEE ATHLETICS CLUB Inc



ANNUAL REPORT 2016/2017

*(Formerly Girrawee Amateur Athletics Club 1980 - 1996)
(Formerly Greystanes / Girrawee Amateur Athletics Club 1978 - 1980)*

*Presented at the 39th Annual General Meeting
30th May 2017
Toongabbie Community Hall*



Australian marathoners take on London 2017

Friday, 26 May 2017 | Athletics Australia



VIEWS

4552

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Jessica Trengove returns to London for the marathon joined by Milly Clark, Jeff Hunt, Sinead Diver, Brad Milosevic and Josh Harris

ANNUAL REPORT 2016 / 2017
OF
GIRRAWEE ATHLETICS CLUB Inc

Presented at the 39th Annual General Meeting

Held at

Toongabbie Community Hall

On

Tuesday 30th May 2017.

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GIRRAWEEEN ATHLETICS CLUB Inc.

PRESIDENT'S REPORT

On behalf of the Committee, I have great pleasure in presenting our Club's 39th Annual Report for the 12 months ended 31st March 2017. Thanks to everyone involved in compiling it, particularly Steve Williams.

Winter 2016 was another great cross country season. Our runners were very well represented each week and we scooped many awards. Our Winter Coordinator (Steve Clark) did a fantastic job organising relays and promoting championships.

We also had a great summer of athletics. Thanks to our Summer Coordinator Michael Grogan, who again did a fantastic job of organising both CV Kelly Park and representative events. Thanks also to the members and visitors who competed. We had extra competitors due to the closure of Rotary field for redevelopment.

We hit the world stage in a big way this year with Taylor Doyle striking silver in Rio in the long jump and with Brad Milosevic winning the Nagoya City Half Marathon for the second time and placing 9th in the Hamburg Marathon. Congratulations to Taylor on being awarded Hawkesbury All Abilities Sports Person of the Year for 2017. Brad who celebrated his birthday last week got an extra present finding out that he will be in the Australian Marathon Team in the IAAF World Championships in London in August.

I again thank Michael Christie for not only his great newsletters and emails but for being my calendar and task manager. Without Michael I couldn't stay on top of the to do's.

Once again, I would like to thank the Committee and members for their support. They do a fantastic job. There are many quiet achievers on this committee who meet to make decisions about the running of the club.

Thanks to our committed team of committee and members who prepared and ran our 5th and most successful "Run for Jess" to raise funds for Ward C5c at Westmead Hospital. It was again great to see Steve, Amelia, Lynette and many of the Clark and Culbert families and friends (particularly those from Crossfit) getting behind the event.

Congratulations to our award recipients and thanks to Lynette Clarke, Steve O'Donnell, Michael Grogan and Michael Christie for the collection and collation of the seasons' results. It is not an easy job.

On a negative, prices have risen and our fees have not kept step. In 2017/2018 we really need to boost our fundraising. I call on members to be generous in their time for upcoming fundraising activities. Thanks to the initiative of George Milosevic and generosity of David Archbold we have the opportunity to man the barbecue at the State Short Course Cross Country Championships and we are negotiating with Bunnings to do some barbecues. We will need member support to carry it off and build our finances for the future. At the moment we are barely making ends meet.

I look forward to 2017/2018 season.

Wayne Thurlow
Club President





GIRRAWEEEN ATHLETICS CLUB

(Formed September 1978)
C V Kelly Park, Oramzi Road, Girraween

CLUB PATRON

Michelle Rowland

LIFE MEMBERS

John Wheeler – 1986 (died 1997)
Bob Sewell – 1988
Vivian Manwaring – 1997
Lynette Smith – 2006
Stephen Halverson – 2003

Graham Sheargold – 2009
Steven Williams – 2012
Michael Christie – 2016
George Milosevic – 2016
Wayne Thurlow – 2016

REGISTERED 25-YEAR MEDALLISTS

Bob Sewell – 2002

Vivian Manwaring – 2011

Lynette Smith - 2015

REGISTERED 20-YEAR MEDALLISTS

Bob Sewell – 1997
Vivian Manwaring – 2006
Lynette Smith – 2009
Graham Sheargold – 2012
Steven Williams – 2015

REGISTERED 15 -YEAR MEDALLISTS

Bob Sewell – 1992
Vivian Manwaring – 2001
Graham Sheargold – 2007
Phil Bowden – 2009
Richard Frost – 2010
Suresh Raju – 2010
Steven Williams – 2010

Lisa Grant – 2013
Gary Micallef – 2014
Robert Giesler – 2014
Brad Milosevic – 2015
Michael Kammerer – 2016
Vincent Adams – 2016

REGISTERED 10-YEAR MEDALLISTS

Jackie Wheeler - 1988
Bob Sewell - 1988
Paul Sewell - 1991
Vivian Manwaring - 1997
Stephen Halverson - 2003
Vikki Savage - 2005
Suresh Raju - 2005
Lisa Grant - 2008
Gary Micallef - 2009
Carly Eager - 2010
Eddie Makki - 2010
Joseph Butler – 2011
Jean Davis – 2012
Clive Kidson – 2013
Roger Mar – 2013
Danny Martins - 2014
Taylor Doyle – 2016
David Perry - 2016

Tracey Wheeler - 1988
John Doolan - 1989
Robert Kropman - 1993
Lynette Smith - 2000
Graham Sheargold - 2003
Richard Frost - 2005
Wayne Jeff - 2005
Chelsea Kimpton - 2008
Vince Adams - 2010
Robert Eager - 2010
Bradley Milosevic - 2010
Michael Free – 2011
Stephen O'Donnell – 2012
George Milosevic – 2013
Terry Rose – 2013
Katrina Russell – 2014
Andrew Free - 2016

Deborah Mulhall - 1988
Peter Kropman - 1989
Catherine Kropman - 1993
Michael Kammerer - 2003
Phil Bowden - 2004
Steven Williams - 2005
Keith Mayhew - 2007
Robert Giesler - 2009
Stacey Argent - 2010
Amanda Giesler - 2010
Geoffrey Sheargold - 2010
Michael Evans – 2011
Stephen Parkins – 2012
Michael Christie – 2013
Wayne Thurlow – 2013
Nicholas Hanna - 2015
Heidi Juhart - 2016

HON. AUDITOR

Tony Ward

PUBLIC OFFICERS

Viv Manwaring ~ 2005 – 2016

Katrina Russell ~ 2016 – Present



GIRRAWEEEN ATHLETICS CLUB

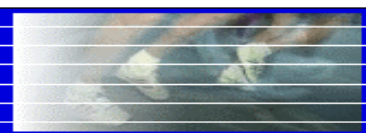


(Formed September 1978)
C V Kelly Park, Oramzi Road, Girraween

President	Year	Secretary
John Wheeler	1978-1979	John Wheeler
John Wheeler	1979-1980	John Wheeler
John Wheeler	1980-1981	John Wheeler
John Wheeler	1981-1982	John Wheeler
John Wheeler	1982-1983	John Wheeler
John Wheeler	1983-1984	John Wheeler
John Wheeler	1984-1985	John Wheeler
John Wheeler	1985-1986	John Wheeler
John Wheeler	1986-1987	John Wheeler
John Wheeler	1987-1988	John Wheeler
Bob Sewell	1988-1989	Viv Manwaring
Bob Sewell	1989-1990	Viv Manwaring
Bob Sewell	1990-1991	Viv Manwaring
Bob Sewell	1991-1992	Viv Manwaring
Bob Sewell	1992-1993	Viv Manwaring
Bob Sewell	1993-1994	Viv Manwaring
Bob Sewell	1994-1995	Viv Manwaring
Bob Sewell	1995-1996	Viv Manwaring
Bob Sewell	1996-1997	Viv Manwaring
Graham Sheargold	1997-1998	Viv Manwaring
Bob Sewell	1998-1999	Viv Manwaring
Bob Sewell	1999-2000	Viv Manwaring
Bob Sewell	2000-2001	Viv Manwaring
Bob Sewell	2001-2002	Viv Manwaring
Bob Sewell	2002-2003	Lynette Smith
Steven Williams	2003-2004	Lynette Smith
Steven Williams	2004-2005	Garry Womsley
Steven Williams	2005-2006	Garry Womsley
Steven Williams	2006-2007	Garry Womsley
Steven Williams	2007-2008	Garry Womsley
Steven Williams	2008-2009	Garry Womsley
Steven Williams	2009-2010	Garry Womsley / Jean Davis
Steven Williams	2010-2011	Jean Davis
Steven Williams	2011-2012	Jean Davis
Steven Williams	2012-2013	Katrina Russell
Wayne Thurlow	2013-2014	Katrina Russell
Wayne Thurlow	2014-2015	Katrina Russell
Wayne Thurlow	2015-2016	Katrina Russell
Wayne Thurlow	2016-2017	Katrina Russell



GIRRAWEEEN ATHLETICS CLUB



CLUB COMPETITION SUMMER CHAMPIONS

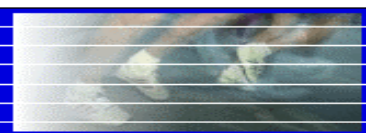
	Jean Davis (Masters)	2016 / 2017	*	Nathan Moffit (Under 20)
	Jean Davis (Masters)	2015 / 2016	*	Wayne Thurlow (Masters)
	Jean Davis (Masters)	2014 / 2015	*	Michael Grogan (Seniors)
	Helen Ozols	2013 / 2014	*	Wayne Thurlow (Masters)
	Robyn Smith	2012 / 2013	*	Wayne Thurlow (Masters)
	Jean Davis (Masters)	2011 / 2012	*	Stephen Parkins (Masters +)
	Jean Davis (Masters)	2010 / 2011	*	Wayne Thurlow (Masters)
*	Venessa Separovich (Snr)	2009 / 2010		Robert Giesler (Masters +)
*	Jean Davis (Masters)	2008 / 2009		Peter Matthews (Masters)
	Andrea Hendley (Masters)	2007 / 2008	*	Wayne Thurlow (Masters)
	Brenda Micallef (U16)	2006 / 2007	*	Wayne Thurlow (Masters)
	Kelly Micallef (U15)	2005 / 2006	*	Stephen Blunden (Masters)
*	Cath Germech (Snr)	2004 / 2005		Robert Giesler (Masters)
*	Andrea Hendley (Masters)	2003 / 2004		Steven Williams (Masters)
	Brenda Micallef (U12)	2002 / 2003	*	Brad Milosevic (U14)
*	Chelsea Austin (U18)	2001 / 2002		= Peter Kimpton (U18)
				= Brad Milosevic (U13)
	Chelsea Austin (U17)	2000 / 2001	*	Suresh Raju (Snr)
	Gemma Austin (U13)	1999 / 2000	*	Steven Williams (Vet)
	Samantha Marshall (Snr)	1998 / 1999	*	Graham Sheargold (Vet)
	Erin Scouller (U15)	1997 / 1998	*	Suresh Raju (Snr)
	Jessica Fisher (U14)	1996 / 1997	*	Stephen Halverson (Vet)
	Jessica Fisher (U13)	1995 / 1996	*	Peter Balinski (U13)
	Linda Balinski (Vet)	1994 / 1995	*	Stephen Muir (U13)
*	Michelle Townsend (Snr)	1993 / 1994		Doug Leabon (Snr)
*	Lynette Smith (Snr)	1992 / 1993		Michael Finucane (Snr)
*	Lynette Smith (Snr)	1991 / 1992		= Michael Finucane (Snr)
				= Viv Manwaring (Vet)
*	Lynette Smith (Snr)	1990 / 1991		Bruce Hogg (U18)
	Stella Mauceri (U17)	1989 / 1990	*	John Doolan (Snr)
	= Elizabeth Knoke (U15)	1988 / 1989	*	Jeff Micallef (U19)
	= Kate Rada (U15)			
	Jackie Wheeler (Snr)	1987 / 1988	*	Viv Manwaring (Vet)
*	= Jackie Wheeler (Snr)	1986 / 1987		Michael Jamieson (U14)
	= Deborah Mulhall (Snr)			
	Jackie Wheeler (U20)	1985 / 1986	*	Peter Kropman (U18)
*	Jackie Wheeler (U19)	1984 / 1985		Frank Soballa (U17)
	Kellie Fenech (U14)	1983 / 1984	*	Peter Kropman (U14)
	Kellie Fenech (U14)	1982 / 1983	*	Phillip Fenech (U15)
	Deborah Mulhall (U16)	1981 / 1982	*	Phillip Fenech (U14)
	Jackie Wheeler (U15)	1980 / 1981	*	Michael McHugh (U14)
*	= Catherine Downer (U13)	1979 / 1980		Ralph Downer (U15)
	= Jackie Wheeler (U14)			
*	Joanne Kendall (U13)	1978 / 1979		Simon Gemmell (U14)

* Denotes overall Champion/s





GIRRAWEEEN ATHLETICS CLUB



GIRRAWEEEN ATHLETICS CLUB Inc

CLUB COMMITTEE 2016 / 2017

<u>Club Patron</u>	Michelle Rowland	Appointed 2015
<u>President</u>	Wayne Thurlow	Elected AGM May 2016
<u>Secretary</u>	Katrina Russell	Elected AGM May 2016
<u>Treasurer</u>	Heidi Juhart	Elected AGM May 2016
<u>Registrar</u>	Graham Sheargold	Elected AGM May 2016
<u>Public Officer</u>	Katrina Russell	Appointed 2016
<u>Fund Raising</u>	Judy Milosevic	Elected AGM May 2016
	Erin Grogan	Elected AGM May 2016
<u>Summer Competition</u>	Michael Grogan	Elected AGM May 2016
<u>Winter Competition</u>	Steve Clark	Elected AGM May 2016
	Ed Bratovic	Appointed 2016
<u>Club Records</u>	Stephen O'Donnell	Elected AGM May 2016
<u>Coaching Co-ordinator</u>	Michael Grogan	Elected AGM May 2016
<u>Publicity Officer</u>	Michael Christie (GAP)	Elected AGM May 2016
<u>Canteen Manager</u>	-	Vacant
<u>ANSW Delegate</u>	Wayne Thurlow	Elected AGM May 2016
	Brad Milosevic	Elected AGM May 2016
<u>Park Trust Delegate</u>	Ed Bratovic	Elected AGM May 2016
	Wayne Thurlow	Elected AGM May 2016
<u>Uniform Officer</u>	Judy Milosevic	Elected AGM May 2016
<u>Webmaster</u>	Steven Williams	Elected AGM May 2016
<u>General Committee</u>	Geoff Sheargold	Elected AGM May 2016
	George Milosevic	Elected AGM May 2016
	Rob Eager	Elected AGM May 2016
	Andrew Free	Elected AGM May 2016
	Lynette Clark	Elected AGM May 2016
	Lynette Smith	Elected AGM May 2016
	Steve Clark	Elected AGM May 2016

REGISTERED MEMBERS 2016 / 2017

MEN: 143 WOMEN: 93 TOTAL: 236

MEN UNDER 13

Antonio Abou-touma
Nathan Abou-Touma
Charlie Abou-touma
Kalyan Anderson-Prasad
Aathan Arunaharan
James Borges
Ike BROOKS
Jamil Chalghin
Argyris Constantinou
Cristobal Corvalan
Liam Craig
Jydon Dolby
Khaled El-Kheir
Toni Elias
Jonah Erofeeff
Ashvin Gajendra
Aryan Gor
Nikolas Grech
Evan Griffin
JAMES HOWARD
Tharshan Indrakumar
Varun Jeyanthan
Esli Jonathan Jude Philamin
Sarvin Kanapathipillai
Tommy Khouiss
Tommy Khouiss
Yashwanth Kolli
Pavethen Krishnakumaran
Nithusan Kulendran
Rishikirumaran Manimaran
Dominic McGregor
James Mulreaney
Sarnyan Nanthakopan
Aidan O'Brien
Daniel O'Donnell
Ben O'Donnell
Adam Perrey
Jacob Rokobaro
Anthony Romanous
Sahil Sayeed Martinez
Massimo Scamardella
Amiethesh Senthilkumaran
Anay Shah
Ryan Shore
Dylan Sidebottom
Jet Smith
Regan Soballa
Rakshaaiyan Somasundaram
Vasinaath Sothiswaran
Max Spackman
Shanu Supaneshan
Nethiran Thiruvannan
Kenji Tuazon
Theeban Varathan
Jy Windle
Cooper Zahra
Zachary Zammit

WOMEN UNDER 13

Sophie Agius
Emilia Agius
Madison Ambrose
Darla Assi
Daniella Boustani
Jazz BROOKS
Caitlin Connaughton
Bronte Connolly
Laura Corvalan
Isabella Donaldson
Mary Elias
Rachel Farrugia
Madison Forbes
Madison Forbes
Yasmin Howarth
Emma KOCIPER
Georgia Momsen
Sophie Moon
Rassel Muraywed
Bianca N.Cameron
Kayla Nader
Anna Norton
Jessica O'Brien
Harini Paranthaman
Krystal Poi
Jasmin Poi
Sophia Santos
Lorena Scamardella
Natanya Sharma
Liesel Soballa
Vithussa Srisivaeaswaran
Sangeetha Sundarakumar
Lojana Vijeyaratnam
Pui Yiu Wong
Emma Yaghi
Manasuiri Yerramsetty
Manasuiri Yerramsetty
Hayley Zammit

MEN UNDER 20

Brayden Abou-Touma
Jeremy Aggio
Samuel Agius
Joshua Amadi
Colby Austine
Elijah Ezekiel Barret
Trey Barton
Cody Bugeja
Brad Carr
Damian Connaughton
Kieve D'Souza
Luke Erofeeff
Jake Farrugia
Harrison Frost
SAHIL GAIKWAD
Pravin Gajendra
Dion Gnanaseelan
Lucas Griffin
Joshua Hey
Jordan Hornery
Liam Howarth
Colin Huang
Karl Khouiss
Karl Khuiss
Michiko Luyaga
Hirosh Manoharan
Anthony Mbonu
Benjamin McGregor
Nathan Moffitt
Braveen Murugathas
Randy N.Cameron
Dylan Nagle
Hiriharan Nanthapoopan
Brendon Neich
Kodie Ninness
Jake Nuner
Liam O'Brien
Sarujan Paranthaman
Nikil Redipali
Matthew Richards
Enrique Santos
Mithuran Shivakumaarun
Gautam Singh
Achuthan Sithambarakumar
Tyson Smith
Kasinaath Sothiswaran
Reece Ticehurst
Pieters Todd
Yathu Vijeyaratnam
Sanjeev Vijeyaratnam
Chak San Wong



REGISTERED MEMBERS 2016 / 2017 (continued)

WOMEN UNDER 20

Alex Bowen
Adriana Busic
Renata Busic
Renata Busic
Amy Carr
Emma Donaghy
Natalie Farrugia
Bhumika Sree Gowda
Kelly Harris
Shambavi Jeevaratnam
Tayla Jobson
Cassidy Kealy-Ashby
Cassandra Khouiss
Hannabeth Marchant
Monica McRae
Mohanisha Mehra
Mikhaila Mikulec
Teagan Neich
Filomena Peoples
Claudia Portolesi
Abinaya Raveendran
Nidhi Sahai
Gaayathiri Shanmugarajah
Harine Somasundaram
Abbie Stone
Abbie Stone
Stella Stratton
Prue Stratton
Darcey Stratton
Anne Tavener
Mikhaela Topfer
Vithya Uruthiran
Vithuya Uruthiran
Jade Vicelich
Emma Watkins
Willow Way
Shikorah Way
Lillian Yousef
Alex Bowen
Adriana Busic
Renata Busic
Renata Busic
Amy Carr
Emma Donaghy
Natalie Farrugia
Bhumika Sree Gowda
Kelly Harris
Shambavi Jeevaratnam
Tayla Jobson
Cassidy Kealy-Ashby
Cassandra Khouiss

WOMEN UNDER 20 (cont'd)

Hannabeth Marchant
Monica McRae
Mohanisha Mehra
Mikhaila Mikulec
Teagan Neich
Filomena Peoples

MEN SENIORS

Steve Clark
Nicholas Hanna
William Hickling
Daryl King
Brad Milosevic
Geoff Sheargold

WOMEN SENIORS

Taylor Doyle
Lisa Grant
Catherine Ryan
Karen Short
Cristina Sotomayor
Kristy Zammit

MEN MASTERS

Ed Bratovic
Claudio Corvalan
Joseph Farrugia
Michael Grogan
Michael Kammerer
Graham O'Brien
David Otte
Paul Sewell
Rodney Zammit

WOMEN MASTERS

Jean Davis
Karen Farrugia
Dorothea Hamilton
Heidi Juhart
Mischelle Otte
Vicki Sewell
Lynette Smith

MEN MASTERS PLUS

Michael Christie
Andrew Free
Michael Free
Rob Giesler
Stephen Mifsud
Mark Milliss
Stephen O'Donnell
Stephen Parkins
David Perry
Gregory Sargeant
Wayne Thurlow

WOMEN MASTERS PLUS

Lilliana Busic

MEN GOLDEN OLDIES

Vincent Adams
Robert Eager
Vivian Manwaring
George Milosevic
Roger Mar
Terry Rose
Graham Sheargold
Steven Williams

WOMEN GOLDEN OLDIES

Lynette Clark
Judy Milosevic
Katrina Russell

MEN VETERANS

Raminder Singh

**Graham Sheargold
Registrar**

SECRETARY'S REPORT 2017

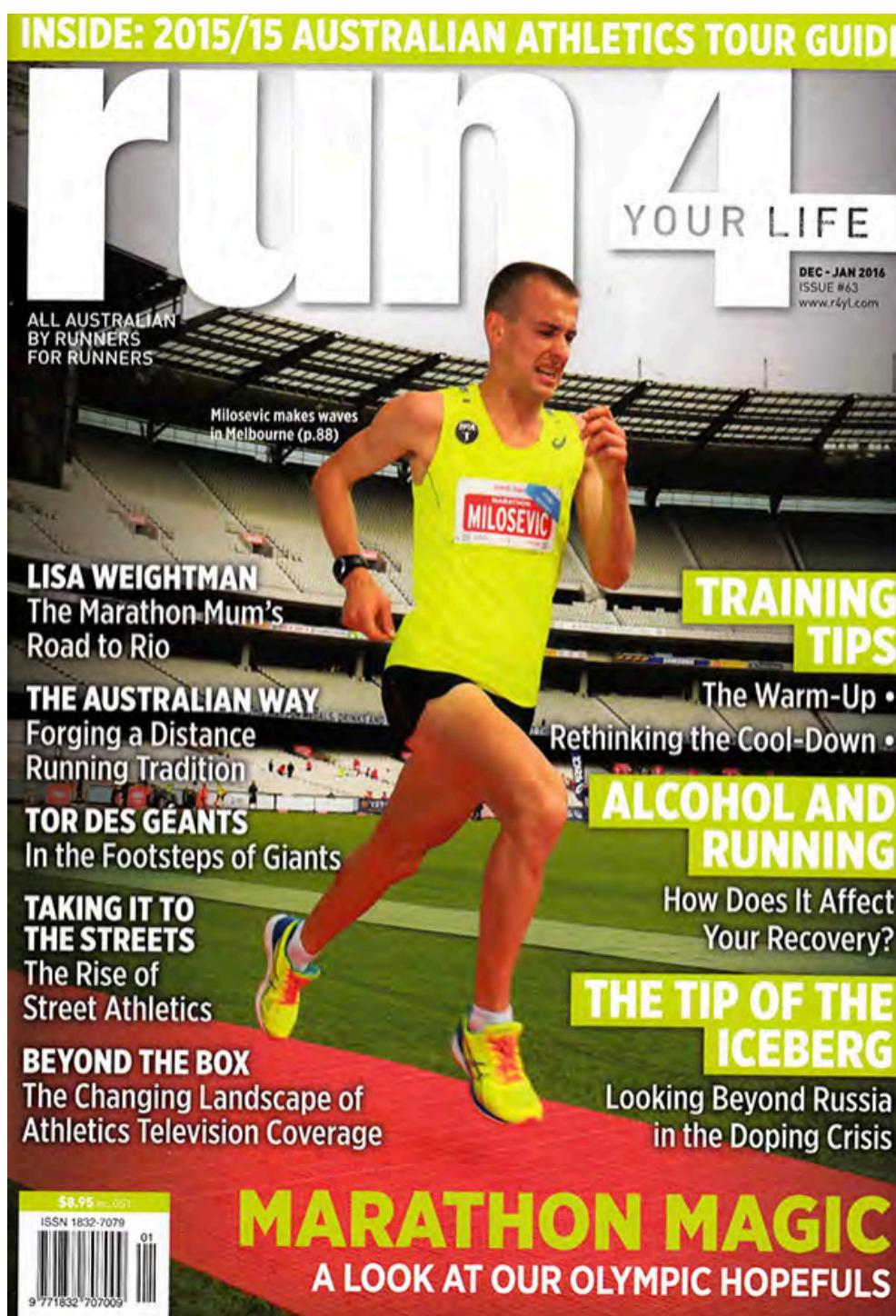
Thank you once again to our President Wayne Thurlow, committee members and club members for their great contribution to Girraween Athletics Club for another year.

Many of our club members won medals during the Winter West Metmet series in 2016 and competed in club and Athletics NSW events. The blue and white uniform of our club are to be seen at most events around Sydney and NSW! Thank you again to the members involved in the collation of the times/records over the winter/summer seasons.

Thank you to Lynette and Steve Clark and others for their contribution to the Run for Jess recently. It was a very successful event in terms of roll up and also fundraising for Westmead Hospital, Ward C5C,

The President and GAC committee look forward to seeing members at the upcoming and coming AGM May 30th.

Katrina Russell
Club Secretary



TREASURER'S REPORT

Income/Expense Comparison by Category 2016-17 (1/4/2015 through 31/3/2017)

Category Description	4/1/2015- 3/31/2016	4/1/2016- 3/31/2017	Amount Difference
INCOME			
Bank Interest	\$9.16	\$3.80	-\$5.36
Canteen Income	\$222.60	\$194.25	-\$28.35
Clothing Sale	\$227.00	\$492.50	\$265.50
Donation	\$0.00	\$370.00	\$370.00
Ground fees	\$1,046.10	\$1,194.20	\$148.10
Raffle	\$169.00	\$520.00	\$351.00
Regos ANSW online	\$1,611.70	\$2,254.32	\$642.62
Sausage Sizzle Sales	\$0.00	\$56.05	\$56.05
TOTAL INCOME	\$3,285.56	\$5,085.12	\$1,799.56
EXPENSES			
Affiliation Fees	\$762.30	\$762.30	\$0.00
Business Expenses	\$526.80	\$167.14	\$359.66
Catering	\$62.22	\$0.00	\$62.22
Donations	\$0.00	\$504.95	-\$504.95
Dues and subscription	\$174.00	\$0.00	\$174.00
Education-Education			
Other Education-Education	\$229.68	\$0.00	\$229.68
TOTAL Education-Education	\$229.68	\$0.00	\$229.68
Equipment	\$642.66	\$0.00	\$642.66
Hall hire-hall hire	\$0.00	\$23.00	-\$23.00
IMG Online Fee	\$70.96	\$99.30	-\$28.34
Park Trust Fees	\$1,500.00	\$1,500.00	\$0.00
Registration Relays	\$1,033.00	\$114.00	\$919.00
Rego Refund	\$0.00	\$856.08	-\$856.08
Trophies	\$304.35	\$1,435.60	-\$1,131.25
Winter BBQ	\$23.00	\$0.00	\$23.00
TOTAL EXPENSES	\$5,328.97	\$5,462.37	-\$133.40
OVERALL TOTAL	-\$2,043.41	-\$377.25	\$1,666.16

I certify that this income and expenditure statement of Girraween Athletics Club Inc has been checked and is a true and fair representation of it's financial transactions

ASSETS:

Bank account	\$2,970.41
Plus 18 singlets @ \$33.35 ea	\$600.30
Plus 9 polo shirts@ 21.70 ea	\$195.30
Plus 16 jackets @ \$33.50 ea	\$536.00
Liabilities (None)	
NETT ASSETS	\$4,302.01

Accountant: Tony Ward

Income/Expense Comparison by Category 2016-17 (1/4/2015 through 31/3/2017)

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Plus 16 jackets @ \$33.50 ea	\$536.00
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NETT ASSETS	\$4,302.01

Accountant:

A. M. WARD BBUS
22nd May 2017

Heidi Juhart
Treasurer

FUND RAISING REPORT

It has been yet another poor year with little funds being raised for the Girraween Athletics Club to be financially successful.

Missing the large fund raisers, such as previous Bunnings BBQ, Chocolate drives, Event work, etc. the club is deficient of much needed funds for contributing directly into the club's revenue.

As a result the club is lacking monetary resources for its operation and survival as a club.

However GAC did have some very successful fundraisers to earn some income as a club throughout the year.

A grand total of \$2,242.50 was earned with \$1,640.00 being donated to worthwhile charities and \$602.50 directly went to the club from the following events.

\$402.50 Uniform sales profit throughout the year.

\$200.00 Christmas Raffle and donations earnings.

\$1,230.00 "Run 4 Jess" annual charity run event at Greystanes which raised money donated to the C5C Ward at Westmead Hospital. This figure is the sum of \$950.00 for Run entry & donations and \$280.00 and BBQ & drink sale. A special thanks goes to Lynette Clark for all her work to organize this successful event.

\$210.00 "Chloe's Help 4 Others" Barbeque at Haberfield donated to Epilepsy Action Australia on the behalf of Chloe Grogan.

\$200.00 "Jennifer's Wish" Barbeque at Upjohn Park, Dundas donated to the C5C Ward at Westmead Hospital. (On the behalf of David Archbold from West Met.)

Finally the club and committee would like to sincerely and gratefully thank all persons involved for their generosity in giving their help, support and donations in making any fundraiser into a worthy and rewarding result.

Judy Milosevic and Erin Grogan.

The Fundraising Committee.



SUMMER COMPETITION REPORT

Girraween Athletics Club has once again enjoyed a highly successful Summer Competition. The 2016 / 2017 season enjoyed a good number of members competing at CV Kelly Park.

This season the weather was not kind this year with extreme rain and heat. This said, however, we managed only to cancel two days of competition. One from heat and one from wet.

Our point scoring system is based on an athlete scoring points by competing (1 point), equalling a personal best (1.5 points) or achieving a personal best (2 points). The four best events each week are counted for each competitor and the points accumulated over the season. At the end of the season, the four lowest scoring weeks are subtracted from each athlete's total. From this, the season's Club Champion is determined as well as the age category winners and the champion visitor. Athletes need to have completed at least 50% of the competition days held during the season to be eligible for awards. Competition days consist of both grading weeks and all other weeks excluding modified weeks. In the event that a competition week is cancelled all athletes will have this week allocated as attended, however the competition week must be cancelled prior to any track or field event being held.

There 2 weeks cancelled from the total of 20 which means a competitor is eligible for club champion and category winners if they competed in 8 or more events.

The summer 2016/2017 competition categories
Under 20 (male and female)
Senior (20 to 39 years male)
Senior (20 to 34 years female)
Masters (40 to 9 years + male)
Masters (35 to 49 years + female)
Masters Plus (50 to 59)
Golden Oldies (60 -69)
Veteran (70-79)
Visitors

There are 1st, 2nd and 3rd places are available within each summer competition category, catering for men and women. From these placing's, 1st, 2nd and 3rd summer champion awards are presented to the top three men and women. The highest award, Club Champion, is presented to the male or female who has scored the highest total of points for the summer season.



Summer Club Champion

The summer competition was a close, with only two points separating first and second. The winner this year showing continual improvement each year and well deserves this win. It is usually a very tight competition with only 4 or so points separating first and second and third. This year was no different, from first to third place was only 4 point, however from third to 4th was 25 points.

Nathan Moffit was the winner by two points at 120 points. When the worst four weeks were removed the gap stayed and the adjusted scores also remain unaffected.

Congratulations to Nathan Moffit who is our 2016 / 2017 season's Club Champion. This is Nathans first summer club champion award after a second place in the competition last year

Nathan is a good and improving competitor and is always willing to help out when not competing. A fine athlete and great season.

Summer Male and Female Champions

The men's competition was won by to **Nathan Moffitt** with 120 points. **Michael Grogan** accomplished this season 2nd place on a creditable 118 points and **Stephen O'Donnell**, gaining 3rd place again this year on 116 points. Congratulations and well done.

The women's competition was again won by **Jean Davis** with 89 points. **Tayla Jobson**, gained 2nd place with 75 points and **Renata Busic** was placed third with 53 points.

The following tables display the age category winners:

<u>Under 20</u>				
1st	Nathan Moffit	120	Tayla Jobson	75
2nd	Daniel O'Donnell	81	Renata Busic	53
3rd	Ben O'Donnell	75		
<u>Seniors</u>				
1st	William Hickling	73		
2nd				
3rd				
<u>Masters</u>				
1st	Michael Grogan	118	Jean Davis	89
2nd	Claudio Corvalan	39		
3rd	Paul Sewell	37		
<u>Masters Plus</u>				
1st	Stephen O'Donnell	116		
2nd	Roger Mar	74		
3rd	Michael Christie	71		
<u>Golden Oldies</u>				
1st	Vince Adams	45	Lynette Clark	51
2nd				
3rd				
<u>Veteran</u>				
1st	Raminder Singh	58		
2nd				
3rd				

Summer Visitor Champion

With Girraween being one of the few clubs competing in track and field on Saturdays, many visitors compete in our competition. Visitors are defined as members from another club or younger athletes who don't qualify for dual membership. Congratulations to **Graham Ryan** who has gained first place again this year with 75 points as **Champion Visitor**.

With our Summer Competition known as Girraween All comers, we attract regular visitors from other clubs and non dual athletes from Girraween Little Athletic and acknowledge the contribution from regular visiting athletes.

Congratulations to all members and visitors for your enthusiasm and dedication to athletics during the 2016 / 2017 Summer Competition.

Many thanks to all those who assisted in the collection and input of results every week and the organisation of competition weeks.

Stephen O'Donnell



Detailed Summer Results

Club Competition Point Scores

Nathan Moffitt	120	Hayley Zammit	2
Michael Grogan	118	Laura Corvalan	2
Stephen O'Donnell	116	Maisie Stone	2
Jean Davis	89	Ian Rose	2
Daniel O'Donnell	81	John Purdon	2
Graham Ryan	75	Tom Olbrich	2
Tayla Jobson	75	Jason Jobson	2
Ben O'Donnell	75	Dianne Celniker	2
Chloe Grogan	75	Peter Byrne	2
Roger Mar	74	Peter Matthews	1
William Hickling	73	Michael Free	1
Michael Christie	71	Steve Clark	1
Wayne Thurlow	59	Danny Martins	1
Raminder Singh	58	Emma Watkins	1
Renata Busic	53	Zac Zammit	1
Lynette Clark	51	Ron Wills	1
Dylan Nagle	50	Dennis Williams	1
Ashleigh Farrugia	47	Abbie Stone	1
Vincent Adams	45	Abbie Stone	1
Claudio Corvalan	39	Fletcher Stone	1
Paul Sewell	37	Cheree Steel	1
Brendon Neich	36	Tyson Smith	1
Monica McRae	36	Naimh Sanday	1
Adriana Busic	32	Cate Ryan	1
Rob Giesler	31	Dylan Ryan	1
Graham Allomes	31	Kate Ryan	1
Lilliana Busic	29	Ben Rodi	1
David Perry	28	Erin Robert	1
Katherine Farrugia	27	Karen Petley	1
Cristobal Corvalan	26	Chelsea Olbrich	1
Graham O'Brien	24	Vicki Mackey	1
Teagan Neich	21	Sukhur Kaur	1
Liam O'Brien	21	Hannah Hamilton	1
Jessica O'Brien	15	Mark Hamilton	1
Aiden O'Brien	14	Khali Grimshaw	1
Gregory Sargeant	11	Harrison Frost	1
Katrina Russell	9	Neil Fowler	1
Heidi Juhart	8	Joe Farrugia	1
Vicki Mackay	8	Ray Elias	1
Vilas Gravitis	8	Peter Douglas	1
Karren Farrugia	8	Marina Dellahunty	1
Doug Barrett	6	Isabella Christou	1
Amelia Clark	5	Nicola Christou	1
Karen Farrugia	5	Steve Christou	1

Terry Rose	4	Anna Chesser	1
Rodney Zammit	4	Lynda Calder	1
Catherine Ryan	4	Dave Archbold	1
Mia Robson	4	Joshua Aradi	1
Chloe Farrugia	4	Joshua Amadi	1
Robert Eager	2	Cooper Adlington	1
Graham Sheargold	2	Dylan Adlington	1
Steven Williams	2	Grace Adlington	1
Ed Bratovic	2	Raymond Adlington	1

Note: Registered Members who did not compete in the summer competition are not listed in these point scores.

Girraween Athletics Club 2016-2017 Summer Representative Awards

For the first time in many summer seasons, the club has re-instituted a summer season Girraween Athletics Club Rep athlete award after it had disappeared a number of years ago. The current summer season ran from the Rio Paralympics in September 2016 through to the Australian Athletics Champions in March/April 2017. There were a total of twenty-six events where our athletes scored points during this period. Here are the winners for the 2016/2017 summer season.

Men's

1st	Raminder Singh	459 pts
2nd	Dylan Nagle	271.5pts
3rd	Brendon Neich	220 pts

Women's

1st	Taylor Doyle	747 pts
2nd	Teagan Neich	360 pts
3rd	Tayla Jobson	125.50 pts

Congratulations to our winners who all represented Girraween Athletics Club with distinction over a wide variety of events across the 2016/2017 summer season. Thank you to Andrew Free who assisted with the collating of this points-score over the 2016-2017 summer season.

**Michael Christie
(GAP)**



CLUB RECORDS

The members of Girraween Athletics Club would like to thank Stephen O'Donnell for his continued time and expertise in sorting through event times and distances. The following information acknowledges records set from 2010 through to the 2016 / 2017 summer competition as well as correcting a small number of errors from previous years. In due course, the 2013/2014 records will be included and the records will be listed on our web page.

Records

Open records corrections for historical records have been identified for the years up to 2010

200 Hurdles Female

Rebecca Deane with a time of 32.50 in 92|93
supersedes

Catherine Downer's time of 33.30 in 82|83

110 Mens Hurdles

Peter Kropman with a time of 16.0 in 85|86
Supersedes

Robert Kropman time of 16.2 in 92|93 and

Kurt Quinlivan's time of 16.2 in 92|93 (Kurt was not previously recognised)

Provisional 2014/2015, 2015/2016 and 2016 /2017 record

These records are provisionally set because the 2013 / 2014 competition has not been incorporated at this time

Male

Veteran (70-79)

High Jump	86	Raminder	Singh	16 17
	85	Raminder	Singh	15 16
Shot Put	8.22	Raminder	Singh	16 17
	7.36	Keith	Mayhew	14 15
Discus	23.9	Raminder	Singh	16 17
	21.81	Raminder	Singh	15 16
Javelin	21.73	Raminder	Singh	16 17
	20.11	Raminder	Singh	15 16

Golden Oldie (60-69)

Shot Put	8.3	Steven	Williams	16 17
Discus	29.69	Vincent	Adams	16 17

Masters Plus (50-59)

Triple Jump	9.3	Wayne	Thurlow	15 16
High Jump	136	Stephen	O'Donnell	15 16
	135	Stephen	O'Donnell	14 15

U15

Shot Put	12.73	Brendon	Neich	14 15
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Female

Golden Oldie (60-69)

100M	17.68	Lynette	Clark	15 16
	18.11	Lynette	Clark	14 15
200M	40.11	Lynette	Clark	14 15
400M	01:33.1	Katrina	Russell	16 17

Golden Oldie (60-69)		01:40.8	Katrina	Russell	15 16
	800M	03:44.7	Katrina	Russell	16 17
		04:00.2	Katrina	Russell	14 15
	1500M	10:05.4	Lynette	Clark	15 16
	3000M	16:59.6	Katrina	Russell	16 17
		21:14.9	Lynette	Clark	14 15
	5000M	28:53.6	Katrina	Russell	16 17
	Long Jump	3.05	Lynette	Clark	16 17
		2.95	Lynette	Clark	15 16
		2.92	Lynette	Clark	14 15
U18	Shot Put	10.57	Lynette	Clark	15 16
		5.52	Lynette	Clark	14 15
	Discus	18.08	Katrina	Russell	14 15
	Javelin	14.77	Katrina	Russell	15 16
		9.85	Lynette	Clark	14 15
	Shot Put	10.96	Tayla	Jobson	16 17
	Javelin	37	Caitlin	Thurlow	15 16
U17	Shot Put	11.33	Tayla	Jobson	16 17
	Discus	32.66	Tayla	Jobson	16 17
U16	Shot Put	10.91	Tayla	Jobson	14 15
U15	Shot Put	10.78	Teagan	Neich	16 17
		10.07	Tayla	Jobson	14 15
	Javelin	3.203	Tahlia	O'Connell	15 16
	Shot Put	10.83	Teagan	Neich	16 17
U14	Javelin	28.48	Tahlia	O'Connell	14 15
	Shot Put	9.51	Teagan	Neich	15 16
U13		8.72	Teagan	Neich	14 15
	Discus	25.33	Teagan	Neich	15 16
		24.18	Teagan	Neich	14 15
	Javelin	19	Teagan	Neich	15 16
		16.1	Teagan	Neich	14 15
	Shot Put	9.53	Teagan	Neich	14 15
U12	Shot Put	9.53	Teagan	Neich	14 15

WINTER COMPETITION 2016

The Winter Competition had a total of 53 registered athletes who competed in the West Metropolitan, road and cross country running series and championships.

EXPLANATION OF THE WINTER CLUB COMPETITION CLUB POINT SCORE: 2016.

The point score was based on the participation in various West Metropolitan Zone Events.

Competition for females and males are separate.

Athletes must have finished an event to score points in that event. To be eligible for a club award athletes must have completed at least half of the events on offer.

West Metropolitan Zone Races.

The Short (2km), Medium (4km), and the Long (8km) are open to all age groups.

Athletes were included in short, medium and Long distance category based on the distance they nominated at the commencement of the West Met season.

Where an athlete failed to notify the Winter Competition Manager of a nomination the athlete was allocated a category at the managers' discretion.

Points were awarded from the fastest to the slowest, i.e.; 1ST. finisher gains maximum points, 30, the 2nd. Place getter received 29 points and the 3rd place getter received 28 points.

If athletes did not participate in their nominated event but participated in another event, they received half points for one event only based on the same scoring criteria as above, e.g. If the 3rd place getter normally received 28 points, they would receive 14 points.

Calculating Total Points.

To allow those who miss the occasional run at West Met the best 10 events of the season are used to calculate the points. Meaning that an athlete ran all 15 West Met's, 5 of the lowest scoring races would be omitted from the final total.

A Big Thankyou.

I would like to thank Andrew Free, the spreadsheet wizard for compiling the results and finding some irregularities in the spreadsheet formulas. Without his help I would still be out on the track running in circles. Thank You.

Another big Thank You to our GAP. Without Michael's commitment to the club in not only keeping us all informed of what is happening and what all our results are each week. He somehow still finds time to write a monthly News Letter of all of our achievements. We would be completely lost without his commitment to the Club. Thank You!! Michael Christie.



GIRRAWEE WINTER CLUB CHAMPIONSHIP TROPHY WINNERS.

	SHORT DISTANCE					
Name	Place	km		Age Group	Eligible Events	Club Points
O'Donnell, Daniel	1st	2	Male	U20	10	272.0
Zammit, Zach	2nd	2	Male	U20	10	224.0
Corvalan, Cristobal	3rd	2	Male	U20	8	223.0
Grogan, Chloe	1st	2	Female	U20	15	284.0
Zammit, Hayley	2nd	2	Female	U20	10	271.0
Corvalan, Laura	3rd	2	Female	U20	8	205.0
Zammit, Kristy	1st	2	Female	Senior	8	193.0
Juhart, Heidi	1st	2	Female	Master	10	297.0
Otte, Mischelle	2nd	2	Female	Master	11	293.0
Davis, Jean	3rd	2	Female	Master	8	225.0
Bratovic, Ed	1sr	2	Male	Master	8	232.0
Otte, David	2nd	2	Male	Master	9	222.0
Thurlow, Wayne	1st	2	Male	Master +	12	300.0
Sargeant, Gregory	2nd	2	Male	Master +	14	287.0
Milliss, Mark	3rd	2	Male	Master +	12	261.0
O'Donnell, Stephen	3rd	2	Male	Master +	10	261.0
Lynette Clark	1st	2	Female	GoldOld	12	261
	MEDIMUM DISTANCE					
Name	Place	km		Age Group	Eligible Events	Club Points
Sotomayor, Cristina	1st	4	Female	Master	8	208.0
Grogan, Michael	1st	4	Male	Master	15	293.0
Corvalan, Claudio	2nd	4	Male	Master	11	277.0
Etherington, Adam	3rd	4	Male	Master	8	209.5
Perry, David	1st	4	Male	Master +	11	300.0
Christie, Michael	2nd	4	Male	Master +	15	271.0
Free, Andrew	3rd	4	Male	Master +	9	231.0
Russell, Katrina	1st	4	Female	GoldOld	12	295.0
	LONG DISTANCE					
Name	Place	km		Age Group	Eligible Events	Club Points
Zammit, Rodney	1st	8	Male	Master	10	281.0
Eager, Robert	1st	8	Male	GoldOld	12	289.0

Girraween Athletics Club 2016 Winter Representative Awards

These awards were awarded to athletes who chose to represent the club at ANSW sanctioned events including the City to Surf. The more races entered the more points an athlete is able to accrue. Points are based on times scaled for age against international standards (there is no first, second, third point scoring). This creates an even playing field for all athletes for all ages. An example would be if a 60 year old ran a 10km time of 40 minutes and a 20 year old ran a 10km time of 35 minutes the 60 year old would gain more points because of the age scaled scoring system.

The representative races for 2016 were:

1. Ramsgate - State Novice Championships 10km / or 10km Fun Run for those not eligible for Novice;
2. NSW Half Marathon Georges Hall;
3. Olympic Park - 10km Road Race;
4. Nowra - Long Course Cross Country;
5. Dundas Rydalmere Upjohn Park - Short Course Cross Country;
6. Miranda (Cross Country Relays 4km);
7. Ourimbah (Road Relays 4km); and
8. City to Surf

Congratulations to the following members:

Men's

1st	Rod Zammit	334 pts
2nd	Brad Milosevic	332 pts
3rd	Robert Eager	296 pts

Women's

1st	Lisa Grant	209 pts
2nd	Mischelle Otte	156 pts
3rd	Katrina Russell	138 pts





2016 West Met Short Distance Results

Name	WM1	WM2	WM3	WM4	WM5	WM6	WM7	WM8	WM9	WM10	WM11	WM12	WM13	WM14	WM15
	Rouse	Haber field	Conc	Rydal	Emu	Smithf	Bella V	George	N Ryde	Bella V	Grey	Winsto	Dundas	Prosp	Dundas
Bratovic Ed	8:08		7:51	7:38	8:19	7:11		8:02	8:05	8:15					
Busic Lilliana						12:43									
Clark Lynette	14:38	13:03	14:04			13:49	14:54	13:49	11:46	15:06	13:11	14:26		13:06	19:58
Corvalan Claudio	14:43	13:17	14:29	13:03					13:45	14:00		13:44		13:02	
Davis Jean		9:41	10:33		11:07		12:14		13:02	12:42				12:55	16:18
Eager Robert															
Etherington Adam	12:39		9:53		11:50	9:16	9:24					11:54	13:25		
Grant Lisa				14:12											
Grogan Chloe	13:56	11:17	13:26	12:08	12:47	11:24	12:52	12:31	12:54	12:51	11:46	13:12	16:47	12:18	15:55
Grogan Michael	13:59	11:18	13:29	12:09	12:48	11:25	12:53	12:32	12:55	12:53	11:47	13:13	16:48	12:19	15:56
Juhart Hiedi				10:26		9:27	11:13	10:55		11:33	9:43	10:27	14:03	10:29	13:54
Mar Rodger	12:42	11:04	12:44	11:58		11:36							16:19		16:54
Milliss Mark	11:08	9:52		10:45		10:11	11:48	12:06	11:33	11:39	10:26	11:19		10:41	15:10
O'Donnell Ben		11:33	13:01		12:20		12:10		13:01	12:40				12:54	16:19
O'Donnell Daniel		8:41	8:54		9:40	8:38	10:54		9:43	9:44			12:57	9:16	13:11
O'Donnell Stephen		9:10	9:49		9:56	8:51	10:42		10:17	10:26			13:57	9:49	13:29
Otte David		10:25	11:59	10:41	12:24	10:57	12:10	11:18		12:10		12:04			
Otte Mischellie		9:54	10:36	10:08	11:11	9:39	12:12	10:36		11:21	10:06	10:44			13:56
Perry David	10:18	9:29	8:41	9:04		9:19		9:28	8:40	10:17		9:34	12:53		12:41
Rose Terry		9:11	10:07												13:38
Russell Katrina			13:36	11:03	11:57		11:51		11:56	11:38	10:25	11:03			
Sargeant Greg	9:30	8:14	9:08	8:56	9:38	8:25	9:38		9:38	9:54	9:02	9:30	12:40	9:07	12:28
Smith Lynette		9:03													
Sotormayor Cristina	10:58								10:47						
Sotormayor Cristobel	9:46	8:39	9:44	8:57					9:39			9:25		8:42	12:15
Sotormayor Laura	14:42	13:16	14:28	12:59					13:44	13:59		13:43		13:01	
Srisivaeaswara Kajanau		8:38													
Stafford Lauren	11:40														
Thurlow Wayne	7:48	6:54	7:25	7:05	7:44	6:49	7:36	7:25	7:39	8:03			10:55	7:34	
Tutty Peter	9:26	8:15													
Webb Meredith		13:48	11:32		12:33				12:18	12:14		11:16	16:58		
Webb Natalie		13:58	14:01		14:02				13:52	13:15		12:53	17:24		
Zammit Haley	15:10	11:47	13:15	11:38	13:09	11:47	12:12			12:41			17:30		15:58
Zammit Kristy	16:02	14:04	16:10	14:07		14:34				16:32				20:06	
Zammit Rod							12:11						17:44		16:31
Zammit Zachary	15:09	12:58	13:23	11:11	12:37	11:48				15:02			17:41	14:05	16:28

[illegible][illegible]

2016 West Met Long Distance

Name	WM1	WM2	WM3	WM4	WM5	WM6	WM7	WM8	WM9	WM10	WM11	WM12	WM13	WM14	WM15
	Rouse	Haberf	Conc	Rydal	Emu	Smithf	Bella V	Erming	N Ryde	Bella V	Grey	Winsto	Dunda	Pros	Dunda
Bratovic Ed	42:37		36:46												
Eager Robert		47:50	48:16	47:00	62:41	48:43	49:12			51:55	46:23	48:19	44:25	46:37	
Free Andrew			48:06												
Free Michael				43:41		44:59	46:56		39:34					47:28	
Grant Lisa				34:24		35:31	37:59	35:58		37:37			35:25		
Parkins Stephen						44:06					44:02	46:24	45:23	41:27	
Perry David		43:29	40:19	40:47		40:43									
Sheargold Geoff						29:53				32:08					
Sheargold Graham	47:15		43:05												
Thurlow Wayne	48:19	34:17	35:48	33:50	48:17	35:11		35:12	36:39						
Zammit Rod	40:01	34:59	37:00	35:41	49:44		38:45	36:50					35:52	35:34	



Girraween Athletics Club Publicity Report 2016-2017

This year's publicity report covers the period April 2016 through to March 2017. I have endeavoured over the last twelve months to keep a record of our athlete's achievements within this timeframe. This report is essentially a summation of their achievements within this period.

The 2016 West Metropolitan cross-country season was a successful one for Girraween's athletes. The number of participants was down from 2015. Approximately on average, thirty-one Girraween athletes competed each Saturday afternoon with a highest number of forty-seven competing at Concord early in the season. Once the West Metropolitan awards were handed out in September, seventeen athletes from Girraween won awards across various age categories, in the short, medium and long distance runs. This was only three less than in 2015. The majority, eleven were gained in the short event. This was a very good achievement as many of the categories were very even.

A number of Girraween athletes also competed in the Sydney Marathon Clinic series of races held at Greystanes over the 2015/2016 season which concluded in May 2016. Held from September through to May, this Sydney running institution continues to attract a healthy number of runners who compete over the 5km, 10km and 21/30km distances. The Girraween athletes who compete regularly at Greystanes are always keen for more of their club mates to join them. This season, Carol Adams, Suresh Raju, Rod Zammit, Ed Bratovic, Michael Christie, Geoff Sheargold, Graham Sheargold, Andrew Free, Mischelle Otte, David Otte, Michael Kammerer, Steve Mifsud, Terry Rose and Michael Grogan were all spotted out at Greystanes at various stages of the SMC season and by all accounts were pleased with their performances. We do not have any 2015/2016 season results for our athletes on this occasion, due to various administrative issues that the organisers of SMC had at the back end of the 2015/2016 season. This was a disappointment for all concerned. Thankfully for all participants, these issues have been addressed going forward.

The winter of 2016 also saw a good number of our athletes at Athletics NSW events. Girraween athletes were spotted at such meets as the NSW Cross Country Novice at Ramsgate, NSW State Road Championships at Homebush, NSW Cross-Country relays at Miranda, NSW Cross Country at Nowra, NSW Road Relays at Ourimbah and the NSW Short Course Cross Country at West Dapto. While in 2016, there were no team medals, there were some great individual performances from Brad Milosevic who picked up a silver medal at the NSW Cross Country meet at Nowra and ran consistently elsewhere throughout 2016. It was encouraging to see the number of Girraween athletes competing at these events, particularly in the relays where once again the Girraween philosophy of giving everyone a run who wanted to run was to the fore.

Winter 2016 also saw many Girraween athletes and friends compete in many fun runs and other events outside the scope of West Metropolitan and ANSW sanctioned events. Events such as The Australian Three Days Orienteering Carnival ACT, Two Oceans Ultra Marathon Cape Town South Africa, Australian Athletics Championships, parkrun (various locations), Sydney Striders, Triathlon Pink, Australian Running Festival Canberra, SMC, Hapsa Marathon Hamburg Germany, SMH Half Marathon, Noosa Ultimate Sports Festival, NQSF Student Games/ANQ All Comers Meet Townsville, NSW Throwers Club Permit meet, Gold Coast Winter Series, Monaco Mid-Winter Marathon Nelson New Zealand, Sri Chinmoy (various) Gold Coast Marathon and Half Marathon, Sydney Harbour 10km, Georges River Festival of the Feet, Sutherland to Surf, Blacktown Running Festival, Sun Herald City to Surf, Australian Cross-Country Championships and Greater Sydney Half Marathon Unity Walk and Run. This is an exhausting list demonstrating yet again the remarkable versatility of our members and friends all year around.

With the onset of the warmer weather, Girraween's Saturday afternoon track and field season ran from September 2016 through to March 2017 at CV Kelly Park Girraween. While the surface when dry was in good condition, there was a deal of rain in the New Year which led to a number of meets having to be cancelled. There are major drainage issues that have yet to be addressed and this will take a lot of time to resolve. On occasion the extreme heat in January and February also impacted on the weekly programme and meetings were cancelled as the welfare of our athletes always comes first. The meets that were held across the season were as a rule well supported. There were also a number of visitors from other clubs

across the summer and they received a warm Girraween welcome. This competition continues to be an important ground for Girraween's athletes at all levels wanting to improve their skills and try out new events in a friendly and competitive environment. It is to be hoped that more athletes are able to take advantage of this competition in coming seasons.

In November 2016, the annual NSW Track and Field Relays were held at Blacktown International Sports Park at Rooty Hill. Girraween entered eight teams across the weekend, and on this occasion one of our teams won a medal. The Men's 4 x 160 100m team of Stephen O'Donnell, Rob Giesler, Claudio Corvalan and Steve Clark won a well-deserved Bronze and were very pleased with their effort. The other Girraween teams were in most cases very competitive and also in some instances not far off a medal. All our members enjoyed the opportunity to compete at such a great facility and in this type of competition.

The summer of 2016/2017 also saw Girraween athletes compete at a number of ANSW Inter-Club and Permit meets. Our junior and senior athletes did a fine job representing their club at a number of venues in conditions that were often very challenging. Rob Giesler, Dylan Nagle, Teagan Neich, Brendon Neich, Abbie Stone, Nathan Moffitt, Tyson Smith, Raminder Singh, Claudio Corvalan, Cristobel Corvalan, Tayla Jobson, Nicholas Hanna, Taylor Doyle, Lynette Smith and Michael Grogan all did a superb job representing Girraween across the summer months.

Throughout the 2016/2017 summer season Girraween athletes and friends competed in a large number of other events such as The Australian Mountain Running Association Bush Capital Marathon ACT, parkrun(various), Kinloch Off Road Marathon New Zealand, SIDS Stampede, Rio Paralympic Games, Blackmores Sydney Running Festival, SMC, Sydney Striders, Western Sydney Marathon, Southland Marathon New Zealand, Coleman and Greig Challenge, World Masters Athletics Championships, ASICS Noosa Bolt, Triathlon Pink, Carcoar Running Festival, Golden State Half Marathon USA, Belle Balmain Property Fun Run, Sunday Age City to Sea Melbourne, Mingara One Fitness Central Coast Half Marathon, Australian All Schools Athletics Championships, Throwers Club of NSW Permit Meet, Knapsack Lap Race, Australian Cross Country Selection Trials, NSW Junior Championships, Sun Run, Sydney Striders, B & E Hobart Bridge Run, Sav 10km Malta, Orange Running Festival, Sri Chinmoy, Rush Athletics Hal Safi 5km Malta, NSW Masters, Malta Half Marathon, Six Foot Track, Nagoya City Half Marathon and Australian Athletics Championships. As you can see our athletes do not stop for summer, they keep on going.

Over the previous twelve months there have been many highlights from our athletes who have represented Girraween. All our athletes gave their best when representing Girraween and this is what counts. There were a number of standout performances. Taylor Doyle won the silver medal in the Women's Long Jump T38 classification at the Rio Paralympic Games. This was an extraordinary performance by Taylor and in the long history of Girraween Athletics Club ranks as one of the, if not the greatest performance by a Girraween athlete to-date.

Taylor overcame incredible adversity to be selected for Australia for the Rio Paralympics in 2016. In the months leading up to the Rio Paralympics, Taylor had to overcome various injuries and illnesses to make the Australian qualifying standard, travelling and competing in many meets to obtain the standard. To even be selected for the Australian team given what Taylor overcame, was in it-self remarkable, but to go on and win a silver medal against a very strong field was a wonderful achievement which will never be forgotten by those members and friends who were privileged to watch the coverage of Taylor's event. Brad Milosevic had another consistent twelve months continuing to compete very well at the highest level. His major achievements in this time included a 2nd in the NSW Cross-Country Championships at Nowra, 1st in the Bridge Run in the Sydney Running Festival, 2nd in the Half Marathon in the prestigious Melbourne Running Festival and 1st in the Nagoya City Half Marathon in Japan, the second time in three years that he has won this prestigious international event. Brad continues to be a wonderful representative for his sport and for Girraween Athletics Club. Brendon Neich continues his development as one of Australia's up and coming young Hammer Thrower's and had another solid twelve months. In his age group he was 1st in the NSW Club and Combined Championships, 1st in the NSW Junior Championships and 1st at the NSW All Comers meet. He was also performed very well on the national stage, finishing in the top ten at the Australian All Schools Championships and top five in the Australian Junior Championships in events that had very deep fields. His consistency continues to be remarkable against top competition.

In conclusion, it's been another remarkable twelve months, a period in the Girraween Athletics story that won't be forgotten. Our athletes continue to amaze us all with their versatility across a wide range of events and their willingness to give events a go well outside their comfort zone. Long may this continue.

Michael Christie
GAP

