

**NINETEENTH
ANNUAL REPORT**

1996/97

ANNUAL REPORT 1996/97
of
GIRRAWEE AMATEUR ATHLETIC CLUB

Presented at the 19th Annual General Meeting
held at the Cumberland Catholic Club
Civic Avenue, Pendle Hill
on
2 September 1997 at 8pm

| Page | Contents |
|-------------|----------------------------|
| 1 | Club Competition Champions |
| 2 | Club Competition Results |
| 3 | Membership |
| 4 | Club Committee |
| 5-6 | Eulogy to John Wheeler |
| 7-9 | Committee Reports |
| 10 | Income & Expenditure |
| 11 | Club Equipment |
| 12-14 | Detailed Winter Results |
| 14-15 | Detailed Summer Results |
| 16-20 | Press Plaudits |
| 21-25 | Ground Records |
| 26-28 | Other Records |

CLUB COMPETITION CHAMPIONS

FEMALE

SEASON

MALE

SUMMER COMPETITION

| | | |
|--|---------|--|
| Jessica Fisher U14 | 1996/97 | * Stephen Halverson (Vet) |
| Jessica Fisher U13 | 1995/96 | * Peter Balinski U13 |
| Linda Balinski (Vet) | 1994/95 | * Stephen Muir U13 |
| * Michelle Townsend (Snr) | 1993/94 | Doug Leabon (Snr) |
| * Lynette Smith (Snr) | 1992/93 | Michael Finucane (Snr) |
| * Lynette Smith (Snr) | 1991/92 | Michael Finucane (Snr) / Viv Manwaring (Vet) |
| * Lynette Smith (Snr) | 1990/91 | * Bruce Hogg U18 |
| Stella Mauceri U17 | 1989/90 | * John Doolan (Snr) |
| Elizabeth Knoke U15 / Kate Rada U15 | 1988/89 | * Jeff Micallef U19 |
| Jackie Wheeler (Snr) | 1987/88 | * Viv Manwaring (Vet) |
| * Jackie Wheeler (Snr) / * Deborah Mulhall (Snr) | 1986/87 | Michael Jamieson U14 |
| Jackie Wheeler U20 | 1985/86 | * Peter Kropman U18 |
| * Jackie Wheeler U19 | 1984/85 | Frank Soballa U17 |
| Kellie Fenech U14 | 1983/84 | * Robert Kropman U14 |
| Kellie Fenech U13 | 1982/83 | * Phillip Fenech U15 |
| Deborah Mulhall U16 | 1981/82 | * Phillip Fenech U14 |
| Jackie Wheeler U15 | 1980/81 | * Michael McHugh U14 |
| * Catherine Downer U13 / * Jackie Wheeler U14 | 1979/80 | Ralph Downer U15 |
| * Joanne Kendall U13 | 1978/79 | Simon Gemmell U14 |

* Denotes overall champion

WINTER COMPETITION

| | | |
|----------------------|------|------------------------|
| Leanne Bourke (Snr) | 1996 | Graham Sheargold (Vet) |
| Linda Balinski (Vet) | 1995 | Graham Sheargold (Vet) |
| Vikki Savage U15 | 1994 | Brett Warner U18 |
| Lynette Smith (Snr) | 1993 | Bob Sewell (Vet) |
| Lynette Smith (Snr) | 1992 | Con Starr (Snr) |
| Amy Thorpe U14 | 1991 | Bruce Hogg U18 |
| Terri Baraniak (Vet) | 1990 | Wally Schmid (Snr) |
| Terri Baraniak (Vet) | 1989 | Paul Sewell U17 |
| | 1988 | Bob Sewell (Vet) |
| | 1987 | Bob Sewell (Vet) |
| Pauline Gunns U20 | 1986 | Bob Sewell (Vet) |

CITY INTER-CLUB

| | |
|---------|----------------------------|
| 1991/92 | Robert Kropman |
| 1986/87 | Craig Downie / Mark Wright |
| 1985/86 | Craig Downie |

CLUB COMPETITION RESULTS 1996/97

WINTER COMPETITION 1996 - CONDUCTED AT VARIOUS VENUES BY THE WEST METROPOLITAN ZONE'S CROSS-COUNTRY AND ROAD RACING COMMITTEE

| MEN | points | WOMEN | points |
|--------------------------|--------|-----------------------|--------|
| Senior: Graham Sheargold | 423 | Senior: Leanne Bourke | 352 |
| Richard Frost | 418 | | |
| Stephen Halverson | 409 | | |
| Bob Sewell | 386 | | |
| John Sneddon | 374 | | |
| Phillip Bowden | 361 | | |
| Bruce Harrison | 352 | | |
| Vivian Manwaring | 310 | | |
| Martin Bourke | 189 | | |
| John Dwyer | 158 | | |
| David Beattie | 44 | | |
| Michael Farlow | 32 | | |
| Matthew Byles | 22 | | |
| U12: Geoffrey Sheargold | 320 | U12: Amy Van Trier | 128 |

SUMMER COMPETITION 1996/97 - CONDUCTED OVER FOUR ROUNDS AT C V KELLY PARK, GIRRAWEE

| MEN | points | WOMEN | points |
|------------------------|--------|--------------------|--------|
| 1. Stephen Halverson | 87 | 1. Jessica Fisher | 52½ |
| 2. Richard Frost | 81 | 2. Amanda McDonald | 52 |
| 3. Graham Sheargold | 79 | 3. Elizabeth Knoke | 48 |
| 4. Steven Rooke | 78 | 4. Jennifer Rooke | 41 |
| 5. Peter Hogan | 67 | 5. Shindhu Raju | 29 |
| 6. David Beattie | 66 | 6. Amy Van Trier | 23 |
| 7. Danny Martins | 65 | 7. Shiwani Raju | 18 |
| 8. Lucas Brennan | 59 | 8. Leanne Bourke | 17 |
| 9. Brendon Gillies | 49½ | | |
| 10. Shawn Grogan | 48½ | | |
| 11. Matthew Byles | 42½ | | |
| 12. Michael Kammerer | 41 | | |
| 13. Suresh Raju | 31 | | |
| 14. Paul Knoke | 24 | | |
| 15. Steven Williams | 23½ | | |
| 16. John Dwyer | 22 | | |
| 17. Peter Muscat | 21½ | | |
| 18. Bruce Harrison | 20 | | |
| 19. Peter Saunders | 16 | | |
| 19. Bob Sewell | 16 | | |
| 21. Jai Martinkovits | 14 | | |
| 22. Matthew Beattie | 12½ | | |
| 23. Phillip Bowden | 8 | | |
| 23. Vivian Manwaring | 8 | | |
| 23. Geoffrey Sheargold | 8 | | |
| 26. Gavin Rimmer | 4 | | |
| 27. John Knoke | 1 | | |
| 27. Jason Matz | 1 | | |

MEMBERSHIP 1996/97

WOMEN: 9

MEN: 33

TOTAL: 42

VETERAN

| | |
|---------|-----------|
| Phillip | Bowden |
| John | Dwyer |
| Stephen | Halverson |
| Bruce | Harrison |
| Vivian | Manwaring |
| Bob | Sewell |
| Graham | Sheargold |
| John | Sneddon |
| Steven | Williams |

U16

| | |
|---------|----------|
| Brendon | Gillies |
| Peter | Hogan |
| Amanda | McDonald |
| Jason | Matz |
| Steven | Rooke |

U15

| | |
|---------|---------|
| Matthew | Beattie |
| Warwick | Levett |

SENIOR

| | |
|-----------|----------|
| Leanne | Bourke |
| Martin | Bourke |
| Michael | Farlow |
| Richard | Frost |
| Shawn | Grogan |
| Michael | Kammerer |
| Elizabeth | Knoke |
| John | Knoke |
| Suresh | Raju |

U14

| | |
|----------|------------|
| Jessica | Fisher |
| Peter | Muscat |
| Alison | Piotrowski |
| Jennifer | Rooke |

U13

| | |
|---------|---------|
| Lucas | Brennan |
| Danny | Martins |
| Damien | Murray |
| Shiwani | Raju |

U18

| | |
|---------|---------|
| David | Beattie |
| Matthew | Byles |
| Paul | Knoke |

U12

U17

| | |
|-------|----------|
| Gavin | Rimmer |
| Peter | Saunders |

| | |
|----------|--------------|
| Jai | Martinkovits |
| Shindhu | Raju |
| Geoffrey | Sheargold |
| Amy | Van Trier |

GIRRAWEE AMATEUR ATHLETIC CLUB

Formed September 1978

C V Kelly Park, Oramzi Road, Girraween

CLUB COMMITTEE 1996/97

| | | |
|---------------------|---|-------------------|
| President | : | Bob Sewell |
| Secretary | : | Vivian Manwaring |
| Treasurer | : | Stephen Halverson |
| Registrar | : | Vivian Manwaring |
| Fund Raising | : | Bruce Harrison |
| Club Records | : | Graham Sheargold |
| Winter Competition | : | Bob Sewell |
| Summer Competition | : | Graham Sheargold |
| Coaching | : | Bob Sewell |
| Publicity | : | Bob Sewell |
| Canteen | : | VACANT |
| ANSW delegate | : | Vivian Manwaring |
| Blair Zone delegate | : | Bob Sewell |
| Park Trust delegate | : | Graham Sheargold |

LIFE MEMBERS

John Wheeler (passed away 1997)
Bob Sewell

HON. AUDITOR

Tony Ward

EULOGY TO NOEL JOHN WHEELER **(always known as John)**

Passed away 24 January 1997, aged 62 years.

John was born on 1st April 1934 at Epping, the eldest of three children. John's father served in the Air Force during World War II and consequently the family didn't see much of him then. As the eldest child, John's childhood was hard especially during the War years, and he always said he was the 'black sheep' of the family.

John finished school aged about 15 and went to a technical college to learn carpentry. He then progressed to qualifying as a Clerk of Works, mainly working on large buildings; eg Australian Paper Manufacturers complex at Botany, Smith Klein and French pharmaceutical factory at French's Forest, and the former Marcus Clark department store at Liverpool.

John then joined Marcus Clark as assistant property manager, travelling to all their stores in NSW and Adelaide until they closed down and sold out to Waltons. Subsequently, John worked for Rider Hunt and Partners as a quantity surveyor for nearly 30 years. Although not qualified, John was very capable of doing the task.

John worked on the Opera House shortly after construction started and stayed until the finish. He also worked on Westmead Hospital, Macquarie Shopping Centre, and State Bank HQ in Martin Place where he could have been killed in a fire. John and another man were trapped in the basement when they found the fire doors locked from the outside. The other man was taken to hospital to be checked over, but John insisted on coming home. The next day the company insisted he see a doctor. He was alright, but it took weeks to clear the smoke out of his lungs. There were about three other tall office blocks in the City that John worked on before he was retrenched in 1991 due to the building slump.

When John was young and living in Westmead, he joined the Scouts in which he was always interested. (For example, he assisted with organising the 50th year celebration for Westmead Scouts in about 1988). After leaving Scouts, John and two friends spent their spare time bushwalking all through the Blue Mountains, and he had a great knowledge of the terrain down to Moss Vale. John also played tennis and squash, and water-skied.

In 1961, John and I were married and John gave up his sports to build a home. When our daughters Jackie and Tracey joined Girraween Little Athletics in 1974, John's interest was so great that in the second year he became Secretary and held the positions of Secretary or President for many years. In 1978 John, with Jim Kendall from Greystanes Little Athletics, started a seniors club called Greystanes / Girraween Amateur Athletic Club to encourage children who were too old for little athletics (older than 12 at that time) to continue in the sport. John was involved with the seniors club until 1988.

Shortly before John's retrenchment from work in 1991, he undertook a course in leadlight and stained glass, and this along with gardening were his main interests in retirement. We also bought a campervan and took the opportunity to tour a lot of the country.

In 1995, we went on the long-talked of holiday to Europe and the UK. Shortly after our return, John had his gall bladder removed and within months, was diagnosed with a brain tumour. In 1996, John had two operations for brain tumours and one for bowel cancer. Unfortunately, those operations and radiotherapy did not help and John passed away on 24th January 1997.

In 1990 our daughters, Jackie and Tracey, moved to Perth to live. Tracey was married there in March 1997. Both girls are still very involved with women's soccer, another of their sports since their early teens. Jackie has been manager of a State junior team and coach of a youth team, as well as playing for WA herself until last year. Tracey is also a coach and works with the younger teams as a physiotherapist, and is goalkeeper for the Australian team with high hopes of going to the World Cup again in 1999 and the Olympics in 2000.

Jackie is a laboratory technician with Coca-Cola. Tracey is a self-employed physiotherapist, but this year is doing a university course in sports physiotherapy.

Our son, Michael, still lives in Sydney and is to be married in October. Michael played soccer and cricket but plays no sport now. Michael is an accountant with Rothmans at Granville.

I am still living in "the home that John built" at Wentworthville, but I plan to move to Perth within the next 12 months.

Joan Wheeler

I came to know both John and Joan Wheeler some 20 years ago while slowly becoming more and more involved at Girraween Little Athletics.

A friend of mine suggested that Little Athletics would be great for the children. I said "Yes, but I'm not getting involved." He said "That's OK, but its great for the kids." On the very first night, John asked me to hold the tape measure at the long jump pit. Afterwards, he suggested that I might give the age manager a hand. Guess what? The following week that age manager didn't turn up and guess who became age manager? I knew I'd been conned.

That was not only my introduction to athletics, but also to a long association with the Wheeler family. This association has lead to an admiration of a family, a couple, a father and a man that I have learnt to admire, love and cherish as a friend.

John was never interested in recognition but rather in finding ways of getting the job done. The extension to the running track, the equipment shed, the discus cages, the long jump pits with tartan run-ups, were all innovations initiated by John Wheeler. John in 1979, and Joan in 1983, were made Life Members of Girraween Little Athletics. John, founder and President and Secretary and Life Member of Girraween Amateur Athletic Club, was always there to move the sprinkler every couple of hours right through the summer months.

One small faux pas that I will always remember was during the making of the discus areas. All the formwork was in place and John said he would organise the concrete. Yours truly, not to be outdone, suggested "No, I'll organise that." John asked very carefully if I would be able to calculate the amount. "of course I can!" Well, if ever you go to C V Kelly Park, right down at the northern end is what John suggested may one day be another shot put pad. Well, enough concrete came out of that truck to make six pads, and all the while me insisting that the concrete people had made a mistake.

Paul Keating recently knocked back the offer of the Order of Australia, suggesting that it should go to an unrecognised Australian. Well, if I had the power, I would bestow the Order of Australia on Noel John Wheeler.

Hans Kropman



John (left) and Joan Wheeler at the 25th Anniversary of Little Athletics, Doonside 1995

COMMITTEE REPORTS

PRESIDENT

Although membership increased in 1996/97, the season was disappointing for a number of reasons:

1. Attendance at the Club on Saturday afternoons remained at a low 50% of membership.
2. As we do not have any registered officials, we have to rely on athletes for timekeeping, recording, starting and measuring. This has resulted in some athletes having to compete without warming up, as well as some inaccurate timekeeping.
3. Our first event is supposed to start at 2.00 pm, but the majority of athletes arrive at C V Kelly Park around this time which upsets the grading of heats and causes the program to start late.
4. Because of 3 above, the only people left when the distance event starts half an hour late are the competitors. Things became so bad at the end of the season that I acted as starter, then dropped the gun, caps and earmuffs and tried to catch the field. My thanks to David Beattie and Peter Hogan who stayed back to help on many occasions.
5. For the seventh year out of nine, I was forced to operate the canteen which is one of our major methods of raising funds. This means setting up, selling, buying, and taking stock home, which takes up too much of my time.
6. Only two athletes attended Blair Zone Interclub on a regular basis, and one attended Interdistrict at Homebush.
7. Female membership is still extremely low.
8. There is virtually no parental involvement in the running of the Club.
9. The Modified Program was not well supported with the last day of the summer season attracting only 8 athletes.

On a brighter note, the Club's financial situation is healthy, even though we did not introduce any new fund raising events. It is essential that we find a dedicated person to take on the fund raising position. If this does happen, I envisage the Club providing prizemoney to athletes in the future.

Last season was not a good one for me. Health problems and injuries combined to make life miserable, but the real problem is that 20 years of chronic insomnia have taken a toll on my mind and body.

This season, I will be unable to take on any position on the Committee. I do not have the time or the energy to continue.

In recent weeks, I have canvassed 22 high schools in the area bounded by Rooty Hill, Northmead, Winston Hills and Parramatta; bombarded Parramatta Advertiser, Blacktown Advocate, Blacktown City Guardian, Parramatta Sun and Warren's 'Sportz Shortz' (a free sports publication by Mark Warren, son of 'Rabs') with information about the Club and its activities; placed programs in the Blacktown Police Citizens Youth Club, Blacktown Tafe, 10 local McDonalds restaurants, and on notice boards at Blacktown and Wentworthville.

I feel sure that the new season will see a turn-around in the Club's fortunes.

As most of you know, the Club's founder John Wheeler passed away in January 1997. To ensure his memory lives on, we have renamed the Club Championship Shield the "John Wheeler Memorial Shield" which will be presented by Joan Wheeler tonight.

On 20 April 1997, Parramatta City Council renamed part of the reserve at the north end of Tucks Road, Toongabbie the "Sue Savage Park". Sue was the mother of one of our former athletes, Vikki Savage.

See you all on 6 September for our new season.

Bob Sewell

SECRETARY

As I mentioned in my report last year, our Club has been accepted as a member of Athletics NSW Limited (ANSW) with the name "Girraween Athletics Club", ie dropping of the word "Amateur". I don't know whether that was done by ANSW by intention or by accident, but the word "Amateur" is rather dated anyhow. You will be asked tonight to vote for or against formalising this name change.

Darryl Channells, a Board member of the Little Athletics Association of NSW, has the Board's support for him to seek ANSW agreement for registered ANSW athletes to compete at approved Little Athletics Centre competitions. The stated aim is to encourage athletes to stay in the sport who would otherwise have no other place to compete. The Executive of Girraween Little Athletics Centre (GLAC) has discussed this proposal, but will continue to encourage older athletes to compete with the seniors club on Saturday afternoons.

I understand that Darryl is also reforming the Blacktown City Club this coming season to compete at a number of Little Athletics Centres. I have also heard a whisper that Blacktown City Council's application to the State Government for funding assistance to develop a synthetic athletics track in Aquilina Reserve near Rooty Hill station has been successful. As I said last year, while such a facility in this area will present a great opportunity for athletes and promotion of the sport, we cannot ignore the possible impact of these developments on the future viability of our Saturday afternoon competition.

Congratulations to Phillip Bowden, I think the Club's oldest ever athlete at over 70 years of age, who just keeps on keeping on. Last season he collected gold medals in the NSW Veterans Track and Field Championships and Half Marathon, and also a bronze medal in his age group in the City to Surf. He successfully defended his City to Surf medal again last month.

GLAC has replaced the high jump bags, as the previous bags were at least 15 years old. Thanks to those who contributed to the fund raising effort by selling "Mars" confectionary. Particular thanks to Graham Sheargold and Stephen Halverson for working with GLAC to ensure the new bags met the needs of seniors. The final cost was \$6,316.55 with \$2,769 from the fund raising, \$1,500 donated by Boston Smash Repairs, and the remainder from GLAC funds. Boston Smash Repairs also extended the high jump trolley to accommodate the larger bags for free.

GLAC has been successful in its application for a sporting grant to resurface two of the three long jump run-ups with similar synthetic material. Two of the surfaces have reached the end of their useful life after 10 years. The cost is over \$12,000 and a 50% subsidy has been obtained. The details are being finalised with the contractor, and I hope the work can be carried out by the end of November.

I mentioned last year that GLAC was contemplating a uniform change to celebrate their 25th year. GLAC and our Club have the same uniform. Well, the decision from their AGM last May was to NOT change the uniform.

Holroyd City Council has been requested to remark the oval as a full 400m track, and will be replacing the fence over the next couple of weeks. Athletes and footballers are requested NOT to do stretches on the fence.

Vivian Manwaring

REGISTRAR

Registrations for the 1996/97 season totalled 42 which is 9 up on the previous season. Of these 42 registrations, 33 were male and 9 were female. The lack of female athletes is a continuing concern.

Vivian Manwaring

WINTER COMPETITION

16 runners braved the winter conditions last season, although only 11 of them competed on a regular basis. There was friendly rivalry amongst the Club's runners, and most races were followed by coffee, cake, biscuits and a discussion on what happened during the race.

In the Zone race series, the Club's runners won three medals with Leanne Bourke 1st Senior Women, Bruce Harrison 2nd Vet Men, and Geoffrey Sheargold 3rd U10 Men. In her first season with the Club, Leanne also finished 2nd in the women's section of the Parramatta Open 8 kms.

Warwick Levett competed with the NSW Racewalking Club.

Bob Sewell

CLUB RECORDS

There were 9 records established in normal competition last season, which is up 4 on the previous year. In addition, 34 fun day events records were established.

Graham Sheargold

SUMMER COMPETITION

Last season was our second year of using a modified point scoring system to eliminate two faults evident in previous seasons: the large number of athletes finishing in first place, and after dropping out of first place an athlete could never regain the lead.

The system is now based on scoring points in events as before (1, 1 1/2 or 2 points) but with the number of events that count each week being unlimited. At season's end, each athlete's worst 4 weekly scores are dropped from the 16 competition weeks. The tie-break system (as before) is then used to split ties.

Steve Halverson ended up comfortably winning the men's competition, and Jessica Fisher won the women's competition for the second year in a row after a very close tussle with newcomer Amanda McDonald. Congratulations to the award winners.

Graham Sheargold

BLAIR ZONE & INTERDISTRICT

Paul and Elizabeth Knoke were the only regular attenders from the Club at the Blair Zone Interclub competition (Wednesday nights summer competition at Blair Oval, St Marys).

Girraween athletes who make the ground entry standards are eligible to compete in the Interdistrict competition at Homebush on some summer Saturday afternoons as part of the South West team. I have no record of any of our athletes having taken part last season.

Bob Sewell

PUBLICITY

Publicity in the form of stories and results hit an all-time low, with very little response from local papers last season.

The Blacktown Advocate will no longer accept my submissions because they are printed by hand instead of typewritten. The Parramatta Advertiser and the Blacktown City Guardian used less of my information than in the past because they are being swamped by stories and results from more and more sports each year.

Our downturn in high performance athletes also resulted in less publicity than usual.

Bob Sewell

CANTEEN

The Club's inability to attract a permanent canteen manager / salesperson was once again a thorn in my side.

Therese Byles served in the canteen for a number of weeks, but for most of the season the canteen was unattended. This results in (a) a drop in takings, (b) customers asking me for service at times when I am engaged in another activity, and (c) customers going into the canteen and serving themselves.

In spite of these problems, the profit for the season was \$355.00 which is a worthwhile addition to our funds.

Bob Sewell

TREASURER

The year began with \$1,206.15 in the bank and finished with \$1,507.55. As with last year, we have no outstanding liabilities. We purchased a multi stop watch during the year, and consideration should be given to replacing other pieces of aging equipment this year.

We were saddened by the passing of our ex-President and Life Member, John Wheeler. Our condolences go out to Joan, Jackie, Tracey and Michael. It was Joan's wish that we make a donation to the cancer clinic at Westmead instead of sending a wreath.

The Club's main sources of income were from the canteen (\$355.00), registrations (\$330.00), and fund raising activities such as the Christmas hamper raffle (\$155.50), cash for cans (\$29.00) and the Susan Classic (\$50.00). Thank you to all those who helped and your support was very much appreciated.

Our thanks also to Tony Ward for auditing the books again this year.

Steve Halverson

GIRRAWEE AMATEUR ATHLETIC CLUB
INCOME AND EXPENDITURE AT 28TH JULY 1997
St George Building Society Account 11/528/203

| 1994/95 | 1995/96 | INCOME | 1996/97 |
|----------------|----------------|-------------------------------|----------------|
| 222.89 | 771.70 | Balance bought Forward | 1206.15 |
| 1818.00 | 1233.00 | Registrations received | 1555.00 |
| 246.90 | 422.30 | Canteen profit | 355.00 |
| 120.00 | 104.00 | Sale of singlets | 104.00 |
| 5.44 | 2.92 | Interest income | 8.33 |
| 131.50 | 8.00 | Donations | 20.00 |
| 60.70 | 82.00 | Visiting Athletes ground fees | 88.60 |
| 55.25 | 80.00 | Cash For Cans | 29.00 |
| 160.50 | 85.00 | Banquet dinner | |
| 145.70 | 127.80 | Raffle profits | 155.50 |
| | 65.00 | State Relays | |
| | | Susan Classic | 50.00 |
| | | Winter West Metropolitan | 85.00 |
| 3029.89 | 2981.72 | TOTAL INCOME | 3656.58 |

EXPENDITURE

| | | | |
|----------------|----------------|----------------------------------|----------------|
| 1378.00 | 890.00 | Registrations to ANSW | 1225.00 |
| 158.00 | 93.00 | ANSW affiliation fees | 105.60 |
| 165.00 | | Water Rates | |
| 500.00 | 585.00 | Park Trust Fees | 585.00 |
| | 180.00 | Purchase of singlets | |
| | 12.00 | Equipment purchases | 91.60 |
| 7.19 | .47 | Bank Fees | 1.03 |
| 50.00 | | Representative assistance | |
| | 7.50 | Banquet door prizes | |
| | 7.60 | Printing, postage and stationery | 10.80 |
| | | Donation to Westmead Hospital | 50.00 |
| | | Presentation-trophies | 80.00 |
| 2258.19 | 1775.57 | TOTAL PAYMENTS | 2149.03 |
| 771.70 | 1206.15 | Balance carried forward | 1507.55 |

I certify that this income and expenditure statement of Girrawee Amateur Athletic Club has been checked and is a true and fair representation of its financial transactions.

ASSETS

20 singlets (unsold)

Bank Account

LIABILITIES

NIL


NET ASSETS

1507.15

00.00

1767.15

260.00

 **ANTHONY WARD**
Accountant
3/8/97

EQUIPMENT

stored at C V Kelly Park

60 competition standard hurdles
Mobile hurdle transporter
Mobile tape hurdle marker (repairs needed)

4 steeplechase hurdles (repairs needed)
Mobile steeplechase transporter

Javelins: 1x800g
1x700g
3x600g

Discus: 1x2kg metal ring
3x1½kg metal ring
1x1kg metal ring (1 missing)

Shot puts: 1x7.260kg (16 lb)
2x5.449kg (12 lb)
2x4.535kg (10 lb)
2x4.000kg (8.8 lb)
2x3.632kg (8 lb)
1x2.724kg (6 lb)

Tapes: 1x30m
1x100m metal

Stop watches: 1 multi
7 single (2 written off)

Starter gun: 1
Starter caps: 3 boxes

Ear protectors: 1

Miscellaneous:

- 1 metal stationery cupboard
- 2 metal clothes cupboards
- 2 notice boards
- 1 records board
- 11 clip boards (1 given to GLAC)
- 1 lap board
- 2 sets of throw markers
- 1 shot put / discus transporter

WINTER 1996 CROSS COUNTRY AND ROAD RUNNING RESULTS

06-04-96

Bitumen path at Meadowbank

| | | |
|--------------|-------------|-------|
| Men 7km: | M Kammerer | 28:33 |
| | B Harrison | 28:48 |
| | G Sheargold | 32:15 |
| | S Halverson | 32:24 |
| | B Sewell | 33:55 |
| | P Bowden | 34:09 |
| | R Frost | 34:39 |
| 3.5km: | V Manwaring | 16:17 |
| 2km: | M Farlow | 8:34 |
| | G Sheargold | 8:52 |
| Women 3.5km: | L Bourke | 15:57 |

20-04-96

X country at Dundas (WMZ 2)

| | | |
|------------|-------------|-----------------|
| Men 7.5km: | B Harrison | 31:45 (2nd Vet) |
| | J Sneddon | 34:33 |
| | G Sheargold | 36:34 |
| | S Halverson | 37:11 |
| | R Frost | 37:49 |
| | B Sewell | 39:37 |
| | P Bowden | 40:12 |
| 3km: | D Beattie | 14:05 |
| | V Manwaring | 14:50 |
| | M Farlow | 15:43 |
| 1.5km: | G Sheargold | 6:37 (3rd U10) |
| | J Dwyer | 7:39 |
| Women 3km: | L Bourke | 14:19 (1st Sen) |
| 1.5km: | A Van Trier | 7:00 |

04-05-96

Road at Parramatta Park (WMZ 3)

| | | |
|--------------|-------------|-----------------|
| Men 8km: | B Harrison | 29:27 (3rd Vet) |
| | M Kammerer | 32:26 |
| | J Sneddon | 32:51 |
| | G Sheargold | 34:16 |
| | R Frost | 35:03 |
| | S Halverson | 35:54 |
| | P Bowden | 36:39 |
| | B Sewell | 37:53 |
| 3.5km: | M Byles | 12:37 |
| 1.7km: | G Sheargold | 7:05 (3rd U10) |
| Women 3.5km: | L Bourke | 14:28 (1st Sen) |

18-05-96

Parramatta Open on road at Parramatta Park

| | | |
|-------------|-------------|-----------------|
| Men 16km: | P Bowden | 1-14:28 (21st) |
| 8km: | J Sneddon | 32:36 (11th) |
| | G Sheargold | 34:18 (13th) |
| | S Halverson | 34:43 (14th) |
| | R Frost | 34:45 (15th) |
| | V Manwaring | 36:35 (19th) |
| | B Sewell | 39:45 (22nd) |
| Women 8km: | L Bourke | 35:32 (2nd Sen) |
| U14G 1.6km: | A Van Trier | 7:09 (7th) |

13-04-96

X country at Smithfield (WMZ 1)

| | | |
|------------|-------------|-----------------|
| Men 8km: | B Harrison | 31:15 (2nd Vet) |
| | J Sneddon | 33:47 |
| | G Sheargold | 36:36 |
| | R Frost | 36:50 |
| | S Halverson | 37:48 |
| | B Sewell | 38:43 (2nd O50) |
| | P Bowden | 39:13 (3rd O50) |
| 4km: | D Beattie | 18:07 |
| | V Manwaring | 18:33 |
| 2km: | G Sheargold | 9:16 (3rd U10) |
| | J Dwyer | 12:34 |
| Women 4km: | L Bourke | 18:12 (2nd Sen) |

27-04-96

NSW Novice X country Championships and supporting events at Ramsgate

| | | |
|--------------|-------------|--------------|
| Men | | |
| Novice 10km: | J Sneddon | 41:55 (51st) |
| Men | | |
| Open 10km: | G Sheargold | 45:18 (36th) |
| | S Halverson | 46:10 (40th) |
| | B Sewell | 58:21 (57th) |
| | R Frost | dnf |
| | J Dwyer | dnf |

11-05-96

NSW Road Championships at Holsworthy

| | | |
|-----------|-------------|---------------|
| Men 10km: | J Sneddon | 42:23 (109th) |
| | R Frost | 45:32 (131st) |
| | B Sewell | 47:03 (139th) |
| | S Halverson | 47:38 (141st) |

25-05-96

X country at Balcombe Hts Reserve, Baulkham Hills

| | | |
|------------|-------------|-------|
| Men 8km: | B Harrison | 32:27 |
| | G Sheargold | 36:02 |
| | R Frost | 36:26 |
| | S Halverson | 38:48 |
| | B Sewell | 40:06 |
| | P Bowden | 40:31 |
| 4km: | M Bourke | 16:31 |
| | V Manwaring | 17:55 |
| 2km: | G Sheargold | 9:23 |
| | J Dwyer | 9:32 |
| Women 4km: | L Bourke | 18:03 |

01-06-96

X country at North Ryde (WMZ 4)

| | | |
|------------|-------------|-----------------|
| Men 7.5km: | B Harrison | 30:03 (2nd Vet) |
| | G Sheargold | 34:29 |
| | R Frost | 34:33 |
| | S Halverson | 35:08 |
| | B Sewell | 38:33 |
| 4km: | M Bourke | 16:33 |
| | V Manwaring | 17:51 |
| 2km: | J Dwyer | 9:07 |
| | G Sheargold | 9:25 (3rd U10) |
| Women 4km: | L Bourke | 18:13 (3rd Sen) |
| 2km: | A Van Trier | 10:11 |

22-06-96

**NSW X Country Relay Championships at
Fairfield City Farm, Abbotsbury**

Vet Men 4x4km

| | |
|-------------|-------|
| B Harrison | 17:13 |
| G Sheargold | 18:38 |
| V Manwaring | 19:12 |
| S Halverson | 19:18 |

(8th of 10)

Open Men 4x4km

| | |
|----------|-------|
| R Frost | 20:00 |
| B Sewell | 20:20 |

No third or fourth runners

06-07-96

X country at Baulkham Hills (WMZ 6)

| | | |
|------------|------------|-----------------|
| Men 8.5km: | B Harrison | 33:24 (2nd Vet) |
| | M Bourke | 36:27 |
| | J Sneddon | 36:28 |
| | R Frost | 39:18 |
| | P Bowden | 41:19 |
| | B Sewell | 45:34 |
| Women 4km: | L Bourke | 19:15 (1st Sen) |

20-07-96

Bitumen path at Ermington (WMZ 7)

| | | |
|------------|-------------|-----------------|
| Men 8km: | B Harrison | 29:28 (2nd Vet) |
| | M Bourke | 32:01 |
| | R Frost | 33:55 |
| | P Bowden | 36:41 |
| | G Sheargold | 36:41 |
| | B Sewell | 37:52 |
| 4km: | J Dwyer | 18:16 |
| 2km: | G Sheargold | 8:54 (2nd U10) |
| Women 4km: | L Bourke | 16:46 (1st Sen) |

03-08-96

Trevor Lonard Memorial Hcp (road at Cabarita)

| | | |
|------------|-------------|-------|
| Men 8km: | B Harrison | 29:09 |
| | J Sneddon | 33:15 |
| | R Frost | 35:00 |
| | S Halverson | 37:03 |
| | P Bowden | 37:07 |
| | G Sheargold | 39:07 |
| 4km: | V Manwaring | 17:10 |
| | G Sheargold | 18:30 |
| Women 4km: | L Bourke | 16:29 |

15-06-96

X country at Parramatta Park (WMZ 5)

| | | |
|--------------|-------------|-----------------|
| Men 7km: | B Harrison | 26:58 (2nd Vet) |
| | J Sneddon | 29:26 |
| | G Sheargold | 30:52 |
| | R Frost | 31:14 |
| | S Halverson | 32:11 |
| | B Sewell | 35:21 |
| 3.5km: | M Bourke | 14:10 |
| | V Manwaring | 14:55 |
| | J Dwyer | 16:56 |
| 2km: | G Sheargold | 7:57 |
| Women 3.5km: | L Bourke | 15:06 (1st Sen) |
| 2km: | A Van Trier | 8:26 |

29-06-96

Concrete path at Auburn West

| | | |
|------------|-------------|-------|
| Men 8km: | B Harrison | 29:43 |
| | J Sneddon | 33:13 |
| | M Bourke | 33:29 |
| | R Frost | 33:37 |
| | G Sheargold | 34:09 |
| | S Halverson | 35:35 |
| | P Bowden | 35:58 |
| | B Sewell | 42:51 |
| 4km: | V Manwaring | 16:30 |
| | J Dwyer | 18:26 |
| 2km: | G Sheargold | 8:57 |
| Women 4km: | L Bourke | 16:44 |

13-07-96

**NSW X Country Championships at
Centennial Park**

| | | |
|----------|-------------|---------------|
| Men 8km: | J Sneddon | 34:11 (105th) |
| | R Frost | 36:19 (127th) |
| | G Sheargold | 36:44 (133rd) |
| | P Bowden | 38:14 (137th) |
| | B Sewell | 38:58 (138th) |
| | J Dwyer | 39:46 (143rd) |

27-07-96

NSW Road Relay Championships at Holsworthy

| Open Men 4x5km | | Vet Men 4x5km | |
|----------------|-------|---------------|-------|
| M Bourke | 19:30 | B Harrison | 18:27 |
| R Frost | 21:06 | G Sheargold | 21:46 |
| P Bowden | 22:29 | V Manwaring | 22:21 |
| J Dwyer | 23:08 | S Halverson | 22:50 |

10-08-96

X country at Wyatt Park, Auburn

| | | |
|------------|-------------|-------|
| Men 7.5km: | S Halverson | 34:18 |
| 5km: | V Manwaring | 21:33 |
| 2.5km: | J Dwyer | 10:56 |
| | B Sewell | 11:42 |

11-08-96

"City to Surf"

Phillip Bowden 64:59
(3rd male aged over 70)
Richard Frost 73:04

17-08-96

Road at Abbotsford

Men 8km: B Harrison 32:24
J Sneddon 33:43
R Frost 34:43
S Halverson 36:45
P Bowden 36:45
4km: V Manwaring 16:15
G Sheargold 18:58
B Sewell 19:06
2km: G Sheargold 8:26
Women 4km: L Bourke 16:20

24-08-96

X country at Werrington (WMZ 8)

Men 6km: B Harrison 22:42
J Sneddon 25:34
R Frost 26:09
S Halverson 27:26
P Bowden 29:17
G Sheargold 29:18
B Sewell 34:03
1.6km: G Sheargold 7:11

31-08-96

Road at Epping (WMZ 9)

Men 10km: B Harrison 39:17 (2nd Vet)
5km: B Sewell 26:57
2km: G Sheargold 8:42 (3rd U10)
Women 5km: L Bourke 22:34 (1st Sen)

WMZ OVERALL PLACINGS

L Bourke 1st Senior Women
B Harrison 2nd Veteran Men
G Sheargold 3rd U10 Men

29-09-96

NSW Veterans Half Marathon, Bankstown

P Bowden 107:38 (1st M70+)

SUMMER 1996/97 RESULTS

NSW VETERANS T & F CHAMPIONSHIPS (Homebush, 6/7 April 1996)

| | | | | |
|----------------|--------|------|-------|-----|
| Phillip Bowden | M65-69 | 100 | NK | 4th |
| | M65-69 | 200 | 30.8 | 3rd |
| | M65-69 | 400 | NK | 4th |
| | M65-69 | 5000 | 22:40 | 2nd |

CLUB COMPETITION

The following ground records were established at C V Kelly Park:

| | <u>Women</u> | | |
|--------------------------|--------------|---------|-------------|
| Helen Sestic (2WS Hills) | Open | 1500W | 7:09.6 |
| Jessica Fisher | U14 | HJ | 1-57 |
| Shindhu Raju | U12 | 5000 | 25:59.6 |
| Amy van Trier | U12 | Javelin | 15-06 equal |

| | <u>Men</u> | | |
|------------------|------------|-------|----------|
| S McDonald (R-B) | Open | 1500W | 7:33.9 |
| Bruce Harrison | Vet | 5000 | 18:08.7 |
| | Vet | 3000 | 10:24.8 |
| | Vet | 1500 | 4:47.4 |
| John Dwyer | Vet | 1500W | 10:15 |
| Stephen Muir | U14 | Mile | 5:30.7 * |

(* Created on 16/12/95 but omitted from last year's report)

FUN DAYS - NEW RECORDS

34 records were established or equalled in 60m, 300m, 1000m, 2000m, standing LJ, and scissors HJ.

NSW CHS T&F CHAMPIONSHIPS (Homebush, 5/6/7 September 1996)

| | | | | |
|----------------|-----|----|------|-----|
| Jessica Fisher | 13G | HJ | 1-59 | 3rd |
|----------------|-----|----|------|-----|

NSW ALL SCHOOLS T&F CHAMPIONSHIPS (Homebush, 11/12/13 October 1996)

| | | | | |
|-------------------|-----|-----|-------|-----|
| Jessica Fisher | 13G | HJ | 1-60 | 3rd |
| Alison Piotrowski | 13G | 80H | 14.50 | 6th |

ANSW STATE U16, U14 CHAMPIONSHIPS (Homebush, 21/22/23 February 1997)

| | | | | |
|-------------------|------|-----|-------|-----|
| Alison Piotrowski | U14G | 80H | 13.55 | 3rd |
|-------------------|------|-----|-------|-----|

LAANSW STATE MULTIEVENT (Gwynneville, 1/2 March 1997)

| | | | | |
|----------------|------|------|------|-------------------------------------|
| Jessica Fisher | U14G | 11th | 4962 | (80H, 200, 800, HJ, LJ, SP, Discus) |
|----------------|------|------|------|-------------------------------------|

LAANSW STATE TRACK & FIELD CHAMPIONSHIPS (Homebush, 15/16 March 1997)

| | | | | |
|-------------------|------|-------|------|----------|
| Jessica Fisher | U14G | HJ | 1-62 | 3rd |
| Warwick Levett | U14B | 1500W | | Disq |
| Alison Piotrowski | U13G | 80H | 13.2 | 2nd |
| | U13G | 100 | 13.6 | 7th heat |

AUSTRALIAN U14 CHAMPIONSHIPS (Brisbane, 20/21/22/23 March 1997)

| | | | | |
|-------------------|------|-----|-------|-----|
| Alison Piotrowski | U14G | 80H | 13.79 | 5th |
|-------------------|------|-----|-------|-----|

NSW VETERANS T & F CHAMPIONSHIPS (Homebush, 22/23 March 1997)

| | | | | |
|----------------|--------|------|--------|-----|
| Phillip Bowden | M70-74 | 100 | 15.2 | 2nd |
| | M70-74 | 200 | 31.2 | 1st |
| | M70-74 | 400 | NK | 1st |
| | M70-74 | 800 | 3:03.2 | 1st |
| | M70-74 | 5000 | 21:52 | 1st |
| John Dwyer | M60-64 | 400 | NK | 3rd |
| | M60-64 | 800 | 2:37.1 | 1st |

6/4/96

-16-

GIRRAWEE at Meadowbank: Men: 50yrs and over 7km: B Sewell 33m55s P Bowden. Veteran: B Harrison 28m48s G Sheargold S Halverson. Snr: M Cammerer 28m33s R Frost. Open 3.6km: V Manwaring 16m17s. 2km: M Farlow 8m34s G Sheargold T Manwaring. Women 3.5km: L Bourke 15m57s.

WEST METROPOLITAN at Meadowbank: 7km: MEN 0-50: B Devlin (2WS Hills) 27m59s J Burroughs (AW) C Fallon (2WS Hills). 0-40: B Harrison (Gir) 28m48s G Sheargold (Gir) S Halverson (Gir). Snr: P Shing (Vic) 24m16s M Kammerer (Gir) B Smith (2WS Hills). 3.5km: 0-40: G Heape (Glenbrook) 12m55s G Sneddon (2WS Hills) V Manwaring (Gir). Snr: S Clegg (AW) 11m55s D Murphy (AW) S Whelan (2WS Hills). U-16: B Scallely (2WS Hills) 12m49s B Heape (Glenbrook) M Symes (2WS Hills). 2km: U-16: R Uepa (Glenbrook) 6m56s S Lodge (AW). U-13: B Heape 6m59s L Symes (2WS Hills) B Lehnner (2WS Hills). U-12: K Smith (AW) 7m33s G Sheargold (Gir) J Lehnner (2WS Hills). **WOMEN** 3.5km: Snr: L Bourke (Gir) 15m57s. U-16: N Schramm (AW) 15m35s V Schramm (AW). 2km: Snr: A Zoualfakar (AW) 10m55s D Kass (AW) A Konya (AW). U-13: J Schramm (AW) 7m57s G Van Lane, J Schramm (AW). U-12: K Schramm (AW) 9m17s A Alhathry (AW) C Konya (AW).

13/4/96

GIRRAWEE at Smithfield: Cross country 8km: Men 0-50: B Sewell 38m43s P Bowden. Veteran: B Harrison 31m15s J Sneddon G Sheargold. Snr: R Frost 36m50s. 4km: D Beattie 18m7s V Manwaring. Women: L Bourke 18m12s. 2km: G Sheargold 9m16s T Manwaring J Dwyer.

WEST METROPOLITAN at Smithfield: Men 8km cross country: Masters: G Ryan (RBH) 32m37s B Sewell (GIR) P Bowden (GIR). Veteran: D Lewis (AW) 29m19s B Harrison (GIR) J Burroughs (AW). Snr: I Thompson (Unl NSW) 28m18s M Doggett (AW) R Crowhurst (UTSN). U-20: N Smidt (2WS Hills). 4km veteran: N Fowler (AW) 16m39s V Manwaring (GIR) D Archbold (UTSN). U-20: S Heape (Glenbrook) 14m15s G Johnson (Glenbrook) S McLeish (CRH). U-18: B Scallely (2WS Hills) 14m29s B Innes (AW) S Muir (2WS Hills). U-13: A Vining (AW) 16m0s. 2km U-13: R Cooper (2WS Hills) 8m15s P Balinski (2WS Hills) P Martins (AW). U-12: A Rutter (Hornsby) 8m11s K Smith (AW) G Sheargold (GIR). Women 8km: L Strauch (CRH) 38m50s Y Taylor (AW). 4km veteran: M Tonkin (2WS Hills) 16m43s B Stanford (CRH). Snr: T Levette (CRH) 14m49s L Bourke (GIR) S Tonkin (2WS Hills). U-18: A Coyle (CRH) 14m47s N Miller (AW) B Bub (CRH). U-13: N Schramm (AW) 17m12s R Junior (AW). 2km U-13: B Junior (AW) 8m22s J Schramm (AW) M Ryan (AW). U-12: M Bonello (AW) 9m48s E Junior (AW) K Schramm.

20/4/96

GIRRAWEE Cross Country at Upjohn Park: MEN: 7.5km 0-45: J Sneddon 34m33s B Sewell P Bowden. Veteran: B Harrison 31m45s G Sheargold S Halverson. Open 3km: D Beattie 14m55s V Manwaring M Farlow. 1.5km: G Sheargold 6m37s T Manwaring J Dwyer. **WOMEN**: 3km: L Bourke 14m19s. 1.5km: A Van Trier 7m00s.

WEST METROPOLITAN Cross Country at Upjohn Park: MEN: 7.5km 50yrs and over: J Burroughs (AW) 33m42s B Hutchins (Hills) C Fallon (Hills). Veteran: D Lewis (AW) 30m22s B Harrison (GIR) J McArdle (Hills). Snr: C Fowler (KAT) 27m00s R Roberts (BS) I Thompson (UNSW). U-20: S Schmid (Hills) 31m21s J Vaughan (Hills) B Chapman (Parramatta). 3km: Veteran: Heape (Glenbrook) 11m18s N Fowler (AW) V Manwaring (GIR). Snr: S Clegg (AW) 11m25s S Whelan (Hills). U-20: S Heape (Glenbrook) 11m14s G Johnson (Glenbrook) S McLeish (CRH). U-16: B Scallely (Hills) 11m34s D Austin (CRH) B Innes (AW). U-13: B Heape (Glenbrook) 11m35s A Vining (AW) S Symes (Hills). 1.5km: Veteran: N Fowler (AW) 5m49s R Martins (TW) J Dwyer (GIR). U-13: C Morrissey (Hills) 5m50s P Balinski (Hills) J Milburn (Nepean). U-12: J Smith (AW) 6m24s G Sheargold (Girraween) D Poulos (TW). **WOMEN**: 7.5km Snr: K Pettie (KAT) 33m9s E Strauch (CRH) L Balinski (Hills). U-20: K Clarke (Hills) 37m51s. 3km: Veteran: B Stanford (CRH) 14m48s M Farlow (GIR) M Fabar (AW). Snr: L Bourke (GIR) 14m19s R Pearson (Hills) S Tonkin (Hills). U-16: N Miller (AW) 13m44s K McNamara (Hills) S McGinty (TW). U-13: M Ryan (AW) 14m14s R Junior (AW) N Schramm (AW). 1.5km: Snr: S Scheehan (Hills) 6m49s J L Schramm (AW) M Fowler (AW). U-13: B Junior (AW) 5m56s J Schramm (AW) K Drennan (CRH). U-12: E Junior (AW) 6m53s K Schramm (AW) M Bonello (TW).



BLACKTOWN CITY GUARDIAN

Wednesday, April 17, 1996

Girraween Senior

Sixty-nine year old Girraween Senior Athletic Club runner Phillip Bowden won two medals in the recent NSW Veterans Track and Field Championships at Homebush.

In the 65-69 years age group, Phillip won a silver medal in the 5,000 metres in 22 minutes 40 seconds and a bronze medal in the 200 metres in 30.8 seconds.

He also finished fourth in the 100 metres and the 400 metres.

Phillip finished second in the 10,000 metres championship at Sydney Athletic Field two weeks earlier.

The Girraween Club began the Winter Season with interclub races at Meadowbank last week with new members Leanne Bourke, Michael Farlow and Bruce Harrison running impressively.

Races on bitumen path at Meadowbank Park, Meadowbank, April 6—

Men, 7km: 50 and over: B. Sewell 33.55, P. Bowden; veteran, B. Harrison 28.48, G. Sheargold, S. Halverson, senior, M. Kammerer 28.33, R. Frost.

3.5km: V. Manwaring 16.17.

2km: M. Farlow 8.34, G. Sheargold, T. Manwaring.

Women, 3.5km: L. Bourke 15.57.

BLACKTOWN CITY GUARDIAN

Wednesday, April 24, 1996

Girraween

Cross Country races at Smithfield, April 13:—

Men's, 8 km, 50 and over: B. Sewell, 38.43, P. Bowden. Veteran, B. Harrison 31.15, J. Sneddon, G. Sheargold. Senior, R. Frost, 36.50. 4 km, D. Beattie 18.07, V. Manwaring, 2 km, G. Sheargold 9.16, T. Manwaring, J. Dwyer.

Women's, 4 km: L. Bourke, 18.12.

Members of Girraween Amateur Athletic Club performed well on day one of the West Metropolitan Zone's nine event series at Smithfield on April 13.

The fastest club runner on the day was Bruce Harrison who finished second in the veteran (40 and over) section of the eight kilometre cross country event.

Newcomer Leanne Bourke took second place in the senior four kilometre race.

Bob Sewell was second and Phillip Bowden third in the 50 and over eight kilometres.

The youngest member of the club is Geoffrey Sheargold, 9, who finished third in the under 10 two kilometres.

Club members are now preparing for the New South Wales Road championships for all ages from Under 12 to Veteran which will be held at Holsworthy Army Barracks on Saturday, May 11, from noon.

BLACKTOWN ADVOCATE

Wednesday, May 1, 1996

Girraween Amateur Athletics

Cross Country at Dundas, April 20:

Men, 7.5km, over 45: J.

Sneddon 34.33, B. Sewell, P. Bowden.

Veteran: B. Harrison 31.45, G. Sheargold, S. Halverson.

Senior: R. Frost 37.49.

3km: D. Beattie 14.055.

V. Manwaring, M. Farlow.

1.5km: G. Sheargold

6.37, T. Manwaring, J. Dwyer.

Women 3km: L. Bourke

14.19.

1.5km: A. Van Trier.

Runners from Girraween Amateur Athletic Club continued their good form in race two of the Metropolitan Zone's nine race series at Dundas on April 20.

In her first season of cross country and road racing, Leanne Burke showed continued improvement to win the senior women's three kilometre race.

Bruce Harrison coped well with the hilly cross country course to finish second in the veteran (40 & over) division of the seven and a half kilometre event.

In the under 10 boy's 1.5 kilometre race, Geoffrey Sheargold finished second.

The Club's runners are now preparing for the New South Wales road championships which will be held at Holsworthy Army Barracks on Saturday, May 11.

Five members of Girraween Amateur Athletic Club gained places on day one of the West Metropolitan Zone's nine event series at Smithfield on April 13.

The Club's fastest runner on the day was Bruce Harrison who finished second in the veteran (40 and over) section of the eight kilometre cross country event.

4/5/96

Girraween Amateurs

Road Races at Parramatta Park, May 4

Men 8 km, over 45: J Sneddon 32.51,

P Bowden, B Sewell.

Veteran: B Harrison

29.27, G Sheargold, S Halverson.

Senior: M Kammerer

32.26, R Frost, M Wright.

3.5 km: M Byles 12.37, M Bourke.

Under 12 1.7 km: G Sheargold 7.05.

Women, 3.5 km: L Bourke 14.28.

18/5/96

GIRRAWEEEN, at Parramatta: Men 16km: P Bowden 1h14m28s. 0-50 8km: B Sewell 39m44s. Veteran: J Sneddon 32m53s G Sheargold V Manwaring. Snr: R Frost 34m45s. Women: L Bourke 35m32s. U-12 1.6km: A Van Trier 7m09s.

25/5/96

GIRRAWEEEN at Baulkham Hills: Cross country: MEN 8km 0-50: B Sewell 40m06s P Bowden. Veteran: B Harrison 32m27s G Sheargold S Halverson. Snr: R Frost 36m26s. 4km: M Bourke 16m31s V Manwaring. 2km: G Sheargold 9m23s J Dwyer. WOMEN 4km: L Bourke 18m2s.

WEST METROPOLITAN at Balcombe Heights: Cross country: MEN: 8km 50yrs and over: S Ryan (RBH) 32m20s K Mayhew (CRH) B Sewell (GIR). Veteran: B Harrison (GIR) 32m27s G Sheargold (GIR) L Balinski (Hills). Snr: C Fowler (Katoomba) 26m44s A Segula M Doggett (AW). 4km: Veteran: L Vaughan (Hills) 16m49s V Manwaring (GIR) D Archbold (UTS/NS). Snr: S Clegg (AW) 14m06s P Starr (Hills) M Bourke (GIR). U-20: D Simpson (AW) 14m36s S McLiesh (CRH) B Scalliey (Hills). 2km: U-13: W Devjak (Ryde) 7m05s T Olcayto (CRH) M Carroll (Riverstone). U-12: C Morrissey (Hills) 9m11s G Sheargold (GIR) Olcayto (CRH). WOMEN: 4km: Snr: L Bourke (GIR) 18m02s B Stanford (CRH). U-20: E Morris (CRH) 15m13s K Clarke (Hills) M Drennan (CRH). 2km: M Schilling (CRH) 8m29s L Perry (AW). U-13: K Drennan (CRH) 8m20s E Schmid (Hills).

6/7/96

GIRRAWEEEN, at Baulkham Hills: Cross country: Men 8.5km Open: B Harrison 33m24s M Bourke R Frost. 0-45: J Sneddon 36m28s P Bowden B Sewell. Women 4.3km: L Bourke 19m15s.

WEST METROPOLITAN, at Cresswood Reserve: Cross Country: 8.5km 50 plus: A Blonner (Hills) 33m18s K Mayhew (CRH) G Ryan (RBH). 40 plus: D Lewis (AW) 31m32s B Harrison (GIR) J Burroughs (AW). Snr: M Doggett (AW) 30m R Roberts (BS) J Caetan (AW). U-20: S Edwards (CRH) 36m15s J Flick (CRH). 4.3km U-20: S McLiesh (CRH) 16m19s B Chapman (Parramatta). U-16: A Hadfield (Nepean) 15m33s B Scalliey (Hills) U Roberts (Glenbrook). U-13: R Cooper (Hawkesbury) 19m22s P Cooper (Hawkesbury). 2.25km U-16: W Devjak (Ryde) 7m52s. U-13: R Cooper 8m10s P Cooper T Olcayto (CRH). Women: 4km: M Dulhunty (AE) 35m2s L Balinski (Hills). 4.3km Snr: L Bourke (GIR) 19m15s N Plunkett (CRH) S Tonkin (Hills). U-16: N Miller (AW) 19m10s K McNamara (Hills) A Tonkin (Hills). U-13: M Ryan 19m43s. 2.25km Open: A Schilling (CRH) 9m33s D Kass (AW) S Cassell (AW). U-13: S Craft (TW) 10m35s M Bonello (TW) C Craft (TW).

RACE WALKING, at Chipping Norton: Men B 8km: A Mitchell J Connolly G Allones. Fastest: T Stanton 39m10s: C 5km: W Russell G Little D Upward. Fastest: D Upward 23m57s. D 3km: W Little P Mellor P Geyteman. Fastest: W Little 5m49s. E 4km: A Coker R Williams M Mellor. Fastest: R Williams 4m59s. Women A 12km: P Collins C Webb. Fastest: L Paolini 57m52s. B 8km: N Mitchell M Robb A Wellis. Fastest: M Robb 46m50s. C 5km: W Nixon H Sestic K Dobson. Fastest: H Sestic 25m49s. D 3km: R West M Coker A Williams. Fastest: M Coker 15m59s. E 1km: L Graham N Upward. Fastest: L McDonald 4m48s.

1/6/96

Girraween Amateurs

Cross country at North Ryde

Men's 7.5km over 50: B Sewell 38.33; veteran's: B Harrison 30.03, G Sheargold, S Halverson;

seniors: R Frost 34.33.

Men's 4km: M Bourke 16.33, V Manwaring; 2km: J Dwyer 9.07, G Sheargold,

T Manwaring.

Women's 4km: L Bourke 18.13; under 12 2km: A Van Trier 10.11

WEST METROPOLITAN, at North Ryde: Cross Country 7.5km: 0-50: A Blonner (Hills) 29m43s J Seymon (UTS-NS) J Burroughs (AW). 0-40: D Lewis (AW) 27m46s B Harrison (GIR) S Flick (CRH). Snr: C Fowler (Katoomba) 24m59s I Thompson (UNSW) M Doggett (AW). U-20: D Simpson (AW) 28m32s D Miller (UTS-NS) J Vaughan (Hills) 4km: Veteran: G Heape (Glenbrook) 16m11s V Manwaring (GIR) D Archbold (UTS-NS). Snr: A Benn (RBK) 14m17s A Fuller S Clegg (AW). U-20: S Heape (Glenbrook) 14m55s G Johnson (Glenbrook) S McLiesh (CRH). U-16: V Innes (AW) 14m44s D Austin (CRH) M Ali. U-13: W Devjak (Ryde) 14m43s A Vringer (AW). 2km: Open: N Fowler (AW) 7m19s S Lodge (AW) J Dwyer (GIR). U-13: B Heape (Glenbrook) 7m27s R Cooper (Hills) J Milburn (Nepean). U-12: M Pamham (Hills) 7m48s K Smith (AW) G Sheargold (GIR). Women: 7.5km: Open: A Forbes (UTS-NS) 29m22s T Walsh (UTS-NS) L Balinski (Hills). 4km: Open: S Quitzau (UTS-NS) 14m54s K Petley (Katoomba) L Bourke (GIR). U-20: E Morris (CRH) 15m20s S Tonkin (Hills) A Tonkin (Hills). U-13: H Miller (AW) 16m43s V Schramm (AW) K McNamara (Hills). U-13: R Junior (AW) 18m25s N Schramm (AW). 2km: Open: L Perry (AW) 9m30s S Sheehan (Hills) J Schramm (AW). U-20: A Schilling (CRH) 8m29s T de Campo (AW) N de Campo (AW). U-13: B Junior (AW) 7m59s M Ryan (AW) K Drennan (CRH). U-12: K Schramm (AW) 9m45s M Bonello (AW) A Hafny (AW).

NSW RACEWALKING, at Leichhardt: Open relay: Team comb 10km: C Krueger G Little M Robb D Connolly 52m25s W Levett Patrick L Paolini V Casamento, A Coker W Levett N Roberts K Law. Men 1km: W Levett Coker S Nilon. 2km: G Little T Brennan A Mellor. 3km: S McDonald M Kulligan M Ramson. 4km: K Law D Connolly A Mitchell. Women 1km: C Krueger K Bray L Burns-Rees. 2km: L Brooks M Vellis O Patrick. 3km: L Paolini R Tanner M Robb. 3km: C Webb H Sestic W Nixon.

20/7/96

GIRRAWEEEN at Ermington: MEN 8km: 0-50: P Bowden 36m41s B Sewell. Veteran: B Harrison 29m28s G Sheargold. Snr: M Bourke 32m01s R Frost. 4km: J Dwyer 18m16s. U-12 2km: G Sheargold 8m54s. WOMEN 4km: L Bourke 16m46s.

WEST METROPOLITAN at Ermington: MEN: 8km 50yrs plus: A Blonner (Hills) 29m17s G Ryan (RBH) J Burroughs (AW). 40yrs plus: D Lewis (AW) 28m27s B Harrison (GIR) W Helfensdorfer (Hills). Snr: R Roberts (BS) 25m48s I Thompson (UNSW) M Doggett (AW). U-20: N Schmid (Hills) 28m49s S Edwards (CRH). 4km Vet: N Fowler (AW) 16m48s C Austin N Cooke (CRH). Open: S Garrity (AW) 17m16s S Whelan (Hills) R Coyne (Hills). U-20: S Heape (Glenbrook) 13m35s G Johnson (Glenbrook) S McLiesh (CRH). U-16: B Scalliey (Hills) 13m38s D Austin (CRH) W Devjak (Ryde). U-13: A Vringer (AW) 15m4s. 2km U-13: T Olcayto (CRH) 7m27s M Pamham (Hills) P Martins (TW). U-12: K Smith (TW) 7m42s G Sheargold (GIR) J Olcayto (CRH). WOMEN: 8km: L Balinski (Hills) 41m46s. 4km: Open: L Bourke (GIR) 16m46s R Pearson (Hills) L Perry (AW). U-16: V Schramm (AW) 16m49s N Miller (AW) K McNamara (Hills). U-13: M Ryan (AW) 16m32s R Junior (AW) N Schramm (AW). 2km Open: A Forbes (Nth Subs) 6m48s A Schilling (CRH) J Lodge (AW). U-13: B Junior (AW) 7m40s J Schramm (AW) S Ryan (AW). U-12: E Junior (AW) 8m57s K Schramm (AW) N Bonello (TW).

15/6/96

GIRRAWEEEN CROSS COUNTRY, at Parramatta: Men 7km: 0-45: J Sneddon 29m26s B Sewell. Veteran: B Harrison 26m58s G Sheargold S Halverson. Snr: R Frost 31m14s. Open 3.5km: M Bourke 14m10s V Manwaring J Dwyer. U-12 2km: G Sheargold 7m57s. Women 3.5km: L Bourke 15m6s. U-12 2km: A Van Trier 8m26s.

WEST METROPOLITAN CROSS COUNTRY, at Parramatta Park: 7km: MEN 0-50: G Ryan (RBH) 27m50s V Hutchins (Hills) K Mayhew (CRH). Veteran: D Lewis (AW) 24m22s B Harrison (GIR) S Flick (CRH). Snr: R Roberts (BS) 23m4s I Thompson (UNSW) M Doggett (AW). U-20: N Schmid (Hills) 25m24s B Chapman (Parr) T Thomas (AW). 3.5km: Veteran: G Heape (Glenb) 12m11s N Fowler (AW) V Manwaring (GIR). Snr: T Murphy (NS) 13m21s D Murphy (AW) S Clegg (AW). U-20: S Heape (Glenb) 12m9s G Johnson (Glenb) S McLiesh (CRH). U-16: W Devjak (Ryde) 12m24s U Roberts (Glenb) M Symes (Hills). U-13: A Vringer (AW) 13m11s C Morrissey (Hills) P Martins (AW). 2km: U-13: J Milburn (Nepean) 6m42s T Olcayto (CRH) P Martins (AW). U-12: M Pamham (Hills) 6m52s K Smith (AW) J Olcayto (CRH). WOMEN: 7km: A Forbes (NS) 25m51s. 3.5km: Snr: L Bourke (GIR) 15m6s R Pearson (Hills) A Lamb (NS). U-16: M Drennan (CRH) 15m8s. U-13: M Ryan (AW) 15m22s R Junior (AW). 2km: B Bub (CRH) 7m28s L Perry (AW). S Sheehan (Hills). U-13: B Junior (AW) 6m54s K Drennan (CRH) E Schmid (Hills). U-12: E Junior (AW) 8m15s M Bonello (AW) C Craft (AW).

22/6/96

Girraween Amateur

Athletic Club

Racing at Fairfield City

Farm: Men's 4km over 45: V Manwaring, B Sewell.

Veteran: B Harrison, G Sheargold, S Halverson.

Senior: R Frost.

U12 2km: G Sheargold.

29/6/96

GIRRAWEEEN, at West Auburn: MEN: 0-45 22km: J Sneddon 33m13s P Bowden B Sewell. Veteran: B Harrison 29m43s G Sheargold S Halverson. Snr: M Bourke 33m29s R Frost. Open 4km: V Manwaring 16m30s J Dwyer. U-12 2km: G Sheargold 8m57s. WOMEN: 4km: L Bourke 16m44s.

WEST METROPOLITAN, at West Auburn: 8km men 0-50: K Mayher (CRH) 30m25s G Ryan (RBH) B Hutchins (Hills). Veteran 0-40: B Harrison (GIR) 29m43s J Sneddon (GIR) G Sheargold (GIR). Snr: M Doggett (AW) 26m47s J Sauer (CRH) B Smith (Hills). U-20: N Schmid (Hills) 28m10s. 4km 0-50: J Dwyer (GIR) 16m26s D Archbold (NS) A Ross (AW). Veteran Men 0-40: N Fowler (AW) 15m21s V Manwaring (GIR). Snr: S Clegg (AW) 14m6s P Starr (Hills) D Murphy (AW). U-16: A Hadfield (Nepean) 13m36s P Martins (T W) K Smith (AW). 2km U-13: P Martins (TW) 7m29s. U-12: M Pamham (Hills) 7m25s K Smith (TW) G Sheargold (GIR). Women 8km open: L Balinski (Hills) 43m6s. 4km: L Bourke (GIR) 16m44s M Drennan (CRH). 2km U-13: K Drennan (CRH) 7m48s M Ryan (AW) E Schmid (Hills). U-12: K Lewis (TW) 8m36s A Alhafny (TW). Open: A Shilling (CRH) 8m2s M Fowler (AW) S Cassell (AW).

11/8/96

The Sun Herald



City to Surf '96

IM - MAN AGED 70 & OVER

- 1 RAYMOND GREIG 60.52
- 2 LLOYD LAING 64.20
- 3 PHILLIP BOWDEN 64.59

3/8/96

Girraween Amateur Athletic Club

Road races at Cabarita on Saturday, August 3

Men's 8km open: B Harrison 29.09, R Frost, S Halverson; over 45: J Sneddon 33.15, P Bowden; 4km: V Manwaring 17.10, G Sheargold; women's 4km: L Bourke 16.29.

17/8/96

GIRRAWEEEN, at Abbotsford: Men Open 8km: B Harrison 32m24s R Frost S Halverson. 4km: V Manwaring 16m15s G Sheargold B Sewell. 0-45: J Sneddon 33m43s P Bowden. U-12 2km: G Sheargold 8m26s. Women 4km: L Bourke 16m20s.

WEST METROPOLITAN, at Abbotsford: MEN: 8km Masters: G Ryan (RBH) 31m40s B Hutchins (Hills) K Mayhew (CRH). Veteran: B Harrison (Gir) 32m34s L Vaughan (Hills) J Sneddon (Gir). Snr: A Segula 29m38s P Starr (Hills) A Houfahan (AW). U-16: B Scallely (Hills) 29m26s. 4km Snr: R Crowhurst (NS) 13m47s S Garratey (AW) D Murphy (AW). Veteran: V Manwaring (Gir) 16m15s G Sheargold (Gir) B Sewell (Gir). U-20: D Simpson (AW) 13m47s. S McLeash (CRH) B Balinski (Hills). 2km U-13: T Olcayto (CRH) 7m27s M Russell (Hills) G Sheargold (Gir). WOMEN: 4km: L Bourke (Gir) 16m20s. 2km: L Perry (AW) 8m31s. U-13: C Laylim (CRH) 8m 34s.

14/9/96

Girraween Athletic Club

Competition at C V Kelly Park, September 14

Men — 200m: P Hogan 26.5, N Fowler, M Kammerer; 800m: M Byles 2.17.8, N Fowler, M Kammerer; 3000m: M Byles 10.24.5, B Harrison, C McLean. Discus: Veteran: S Halverson 21.58m, J Dwyer, V Manwaring; Senior: M Kammerer 20.42, R Frost; U16: P Hogan 27.24m, P Ndeira; U13: L Brennan 13.78m, D Martins, C Byles.

Women — 200m: L Smith 30.1, J Fisher, A McDonald; 800m: L Smith 2.55.0, V Savage, E Knoke; 3000m: L Smith 12.50.2, V Savage; High Jump: J Fisher 1.46m, L Smith; Shot put: L Smith 9.21m, V Savage, E Knoke

24/8/96

GIRRAWEEEN at Werrington: Cross Country Men 6km Snr: R Frost 26m9s. Veteran: B Harrison 22m42s S Halverson G Sheargold. 0-45: J Sneddon 25m34s P Bowden B Sewell. U-12 1.6km: G Sheargold 7m11s.

WEST METROPOLITAN: Cross Country at Lake Werrington: MEN 6km 0-50: K Mayhew (CRH) 23m18s G Ryan (RBH) B Hutchins (Hills). Veteran 0-40: D Lewis (AW) 21m7s B Harrison (Gir) S Flick (CRH). Snr: R Roberts (BS) 19m11s I Thompson (UNSW) M Doggett (AW). U-20: S Edwards (CRH) 23m6s. 3km: N Fowler (AW) 12m D Archibald (NS) D Symes (Hills). Snr: S Clegg (AW) 9m48s R Crowhurst (NS) J Vaughan (Hills). U-20: S Heap (Glenbrook) 9m56s S McLeish (SRH) J Vaughan (Hills). U-16: B Scallely (Hills) 10m9s B Innes (AW) U Roberts (Glenbrook). 1.6km U-13: J Milboom (Nepean) 5m58s T Olcayto (CRH). U-12: G Sheargold (Gir) 7m11s. J Schramm (AW) D Schramm (AW). WOMEN: 2km: S Tomkin (Hills) 13.36s M Farbar (AW) M Tomkin (Hills). U-16: V Schramm (AW) 12m N Schramm (AW) A Tomkin (Hills). U-13: M Ryan (AW) 11m55s. 1.6km U-13: K Drennan (CRH) 6m14s J Schramm (AW) E Gabriel (CRH). U-12: K Schramm (AW) 7m25s A Ahaeny (TW) J Schram.

31/8/96

WEST METROPOLITAN, at Epping: 10km: 0-50: A Blonner (Hills) 39m35s G Ryan (RBH) K Mayhew (CRH). 0-40: D Lewis (AW) 37m57s B Harrison (Gir) S Flick (CRH). Snr: I Thompson (Uni NSW) 34m45s J Kaetan (AW) G Kremer (CRH). U-20: S Edwards (CRH) 40m25s. 5km: Veteran: J Burrows (AW) 20m50s N Fowler (AW) K Scallely (Hills). Snr: S Clegg (AW) 17m56s R Crowhurst (NS) B Schramm (AW). U-20: N Schmid (Hills) 17m52s S Heape (Glen) S McLeish (CRH). U-16: B Scallely (Hills) 17m55s B Innes (AW) A Vinger (AW). 2km: U-13: T Olcayto (CRH) 7m31s R Cooper (Hills) P Martins (TW). U-12: M Parrham (Hills) 8m04s K Smith (TW) G Sheargold (Gir). Women: 10km: E Short 52m42s. 5km: Snr: L Bourke (Gir) 22m34s R Pearson (Hills). U-16: V Schramm (AW) 21m42s M Ryan (AW) K McNamara (Hills). 2km: U-13: B Junor (AW) 7m47s K Drennan (CRH) C Laylim (CRH). U-12: E Junor (AW) 8m44s K Schramm (AW) C Craft (TW).

21/9/96

GIRRAWEEEN at C V Kelly Park: MEN: 100m: D Beattie 12.1s M Beattie M Byles. 400m: D Beattie 63.5s M Byles J Dwyer. Long Jump: D Beattie 5.18m M Beattie S Rooke. Shot: Veteran: L Balinski 7.69m S Halverson G Sheargold. U-18: D Beattie 8.19m M Byles. U-16: S Rooke 8.98m. U-12: C Byles 5.84m. Javelin Snr: S Halverson 25.53m S Grogan R Frost. U-18: D Beattie 27.79m. U-16: M Beattie 37.39m S Rooke. WOMEN: 100m: D Ashford-Wykes 13.5s L Smith J Fisher. 400m: L Smith 73.1s H Sestic V Sestic. 1500m walk: H Sestic 7m23.6s V Sestic. Long Jump: L Smith 4.18m J Fisher D Ashford-Wykes. Discus: L Smith 32.18m V Sestic E Knoke.

28/9/96

GIRRAWEEEN: Men 200m: P Hogan 27.20s S Grogan S Halverson. 800m: N Fowler 2m16.7s G Sheargold J Dwyer. 3000m: M Byles 10m27.2s B Harrison R Frost. Long Jump: S Grogan 4.56m S Halverson P Hogan. Discus Snr: S Halverson 21.74m G Sheargold S Grogan. U-16: P Hogan 33.32m S Rooke. U-13: L Brennan 13.40m C Byles D Martins. Women: 200m: D Ashford-Wykes 30.3s J Fisher E Watt. 3000m: A Van Trier 16m24s. Triple Jump: D Ashford-Wykes 8.75m E Watt. Shot: J Fisher 8.31m A Van Trier.

BLACKTOWN CITY GUARDIAN

Wednesday, September 11, 1996

Girraween

Three members of Girraween Athletic Club won trophies in the West Metropolitan Zone nine-race series of road and cross country racing. In her first season with the club, Leanne Bourke won the women's section.

Bruce Harrison, also in his first season with the club, finished second in the veteran section (40 and over).

Geoffrey Sheargold finished third in the Under 10 boys for the second time.

The series finished on Saturday, August 31 at Epping.

Final points

WEST METROPOLITAN, at Parramatta Park: Points: 0-50: G Ryan (RBH) 55 A Blonner (Hills) 50 J Burroughs (AW) 49. 0-40: D Lewis (AW) 60 B Harrison (Gir) 54 S Flick (SRH) 45. 0-20: I Thompson (Uni NSW) 56 M Doggett (AW) 50 R Roberts (B/S) 48. U-20: S Heape (Glen) 60 N Schmid (Hills) 59 S McLeish (SRH) 51. U-16: B Scallely (Hills) 59 B Innes (AW) 52 U Roberts (Glen) 48. U-13: A Vinger (AW) 59 T Olcayto (CRH) 55 P Martins (TW) 47. U-12: M Parrham (Hills) 59 K Smith (TW) 56 G Sheargold (Gir) 50. Women: 0-35: M Tonkin (Hills) 57 L Balinski (Hills) 37 J Schramm (AW) 29. 0-20: L Burke (Gir) 60 R Pearson (Hills) 53. U-20: S Tonkin (Hills) 59 S Cassell (AW) 27. U-16: N Miller (AW) 58 V Schramm (AW) 54 K McNamara (CRH). U-13: M Ryan (AW) 60 B Junor (AW) 60 R Junor (AW) 55. U-12: E Junor (AW) 59 K Schramm (AW) 56 M Bonello (TW) 54.

29/9/96

NSW VETERANS: Half-Marathon at Banks town: MEN 35yrs: S Mirsud 90m49s. 40yrs: B Fickel 90m50s. 45yrs: F Scorzell 80m21s. P Mallitt. 50yrs: H Wegner 77m51s M Harrison O Lund. 55yrs: J Seymour 84m01s R Hillston J Spinney. 65yrs: M Brown 100m39s E McLean D White. 70yrs: P Bowden 107m38s J Metcalf. WOMEN 35yrs: C Hom 85m35s. 40yrs: M Kennedy 104m26s. 45yrs: D Hillson 109m34s. 50yrs: D Slepman 119m13s J Joyce A Fickel. 60yrs: B Dougherty 136m42s. 70yrs: T Davies 129m40s.

5/10/96

Girraween

Competition at C.V. Kelly Park, October 5

Men, 100m: D. Beattie 11.7, J. Knoke, P. Hogan. 400m: D. Beattie 60.8, P. Hogan, S. Grogan.

1500m: M. Byles 4.47.1, B. Harrison, R. Frost.

Long jump: D. Beattie 5.22m, S. Rooke.

Javelin: Senior, S. Grogan 25.10m, S. Halverson, G. Sheargold; U18, D. Beattie 31.06m, S. Rooke, P. Hogan; U14, D. Muscat 25.96m, L. Brennan, D. Martins.

Women, 100m: V. Sestic 14.8, N. Sestic, E. Knoke.

1500m walk: H. Sestic 7.09.6, V. Sestic, N. Sestic.

Discus: N. Sestic 28.06m, H. Sestic, V. Sestic.

BLACKTOWN CITY GUARDIAN

Wednesday, October 30, 1996

Girraween

Two members of Girraween Little Athletics Centre won medals at the recent Moove Games at Homebush.

In the under 11 400 metres event, Glen McConnell recorded 62.4 to win gold.

In the under 14 high jump, Jessica Fisher cleared 1.60 metres to finish three centimetres behind the first and second placegetters.

Both athletes are now preparing for the 1997 little athletics zone championships.

19/10/96

Girraween Athletics Club competition at C. V. Kelly Park, October 19:

Men, 100m: D. Beattie 12.2, A. Ryan, M. Beattie. 400m: D. Beattie 60.3, M. Kammerer, M. Beattie.

1500m: S. McDonald 4.47.5, G. Ryan, M. Kammerer.

Long jump: D. Beattie 5.49m, B. Gillies, A. Ryan.

Shot put, veteran: S. Halverson 7.44m, G. Sheargold, senior: M. Kammerer 8.54m, S. Grogan, S. Raju; U20: A. Ryan 7.88m; U18: P. Knoke 10.88m, D. Beattie, M. Byles; U16: S. Rooke 9.44m, P. Hogan; U15: M. Beattie 10.90m, P. Muscat; U13: C. Byles 5.88m, L. Brennan.

26/10/96

C.V. Kelly Park, October 26

Men's 200m: D Beattie 25.4, C. Beacroft; P Hogan. 800m: L C Beacroft 2.06.6, M Kammerer, D Beattie. 3000 m: C Beacroft 10.03.0, M Byles, B Harrison. Long Jump: P Knoke 4.81m, A Ryan, S Halverson. Discus veteran: S Halverson 22.78m; Senior: M Kammerer 23.30m, S Grogan, S Raju; U20: A Ryan 20.02m; U18: P Knoke 27.86m, D Beattie; U16: S Rooke 36.94m, B Gillies; P Hogan; U14: D Eastcott 23.86m; U13: L Brennan 14.70m, D Martins. Women, 200m: J Fisher 31.6, E Knoke, J Rooke. 800m: E Knoke 3.11.9, A McDonald, S Raju. 3000m: S Raju 14.28.8, A McDonald. Triple jump: E Knoke 8.04m, S Raju, J Rooke. Shot putt, open: E Knoke 5.43m, A McDonald; U14: J Fisher 7.98m, J Rooke, S Brennan.

9/11/96

C V Kelly Park, Saturday, November 9

Men's

200m: D Beattie 25.2, P Hogan, B Gillies. 800m: M Byles 2.15.9, M Kammerer and D Beattie equal 2nd. 5000m: M Byles 20.40.6, R Frost, D Martins.

High Jump: D Beattie 1.66m, B Gillies and M Beattie equal 2nd.

Discus: Veterans: S Halverson 23.22m, J Dwyer, G Ryan. Senior M Kammerer 21.62m, S Raju, R Frost. U20s: A Ryan 19.68m. U18s: P Knoke 29.08m, D Beattie, M Byles. U16s: B Gillies 33.50m, P Hogan. U15s: M Beattie 33.34. U13s: D Murray 13.58m, D Martins, L Brennan.

Women's

200m: J Fisher 30.8, A Thorpe, E Knoke. 800m: L Bourke 2.47.7, E Knoke, A Thorpe. High Jump: J Fisher 1.56m. Triple Jump: A Thorpe 8.62m, E Knoke, S Raju.

16/11/96

CV Kelly Park, November 16

Men

100m: D Beattie 11.8, A Ryan, B Gillies. 400m: D Beattie 56.6, A Ryan, P Hogan. 1500m: G Ryan, M Kammerer, R Frost.

Long Jump: D Beattie 5.24m, A Ryan, B Gillies.

Shot Put: veteran: S Halverson 7.28m, S Williams, G Sheargold.

Senior: M Kammerer 8.29m, S Grogan, R Frost.

U20: A Ryan 8.05m; U18: D Beattie 8.37m; U16: S Rooke 9.64m, B Gillies, P Hogan; U13: D Murray 8.46m; L Brennan, D Martins; U12: M Stecyk 6.19m. Javelin: Veteran: S Halverson 21.18m;

Senior: S Grogan 25.16m, U18: D Beattie 30.70m, U16: B Gillies 25.08m, S Rooke; U13: D Murray 16.80m, D Martins.

Women

100m: E Knoke 15.0, J Rooke, A McDonald. 400m: H Sestic 73.3, V Savage, E Knoke.

1500m: H Sestic 6.00.2, V Savage, E Knoke. 1500m walk: V Sestic 8.32.2, E Knoke, A McDonald.

800m walk: L McDonald 6.19. Discus, Open:

V Savage 25.38m, H Sestic, E Knoke; U15: N Sestic 30.82m, J Rooke, S Raju. Javelin: V Savage 20.22, E Knoke, S Raju.

1/3/97

Competition at C V Kelly Park on March 1

60m: D Beattie 7.6, A Ryan, P Hogan; fastest woman: H Sestic 9.6. 300m: D Beattie 41.2, A Ryan, S Rooke; fastest woman: H Sestic 54.2.

Men's 1000m: A Ryan 3.19.5, S Halverson, M Bourke. 2000m: G Ryan 6.53.8, R Frost, S Rooke.

Men's 250m: D Beattie 36.04, P Hogan, B Gillies.

Men's 750m: S Rooke 1.35.4, S Halverson, R Frost.

Men's 2000m: R Frost 8.07.7, S Halverson, J Dwyer.

Women's 250m: A Maguire 43.6, J Rooke.

Women's 750m: L Bourke 2.43.5, A Maguire, J Rooke.

Women's 2000m: L Bourke 8.13.3.

PARRAMATTA ADVERTISER
Wednesday, March 12, 1997

Veteran athlete

GIRRAWEE Amateur Athletic Club's summer championship for the 1996/97 season has been won by veteran Steve Halverson.

The 45-year-old scored 81 points with Richard Frost, 23, in second place on 81 points with Graham Sheargold, 41, on 79 points in third place.

Meanwhile, teenager Jessica Fisher won the women's championship with a season score of 52.5 points, retaining the title she won the previous season.

Amanda McDonald was second half a point behind with Elizabeth Knoke third on 48 points.

In other club news, club members are mourning the passing of one of its founders, John Wheeler.

Mr. Wheeler was club president for a decade and life member of GAAC.

22/3/97

VETERAN NSW C'SHIPS at Homebush Athletic Centre: Day 1 MEN: 100m 40yrs: P Lyons 11.5 I Botfield 11.5 P Ireland 11.9 45yrs: J Van Strappen 11.4 M Lynch 11.8 J Morrison 11.8 50yrs: P Crombie 12.2 P Hammond 12.5 N McIntyre 12.7 55yrs: F Turner 12.4 A Walker 13.2 J Vintany 14.1 60yrs: R Austin 12.7 B Condon 13.4 R Molloy 13.9 65yrs: B Solomon 14.1 M Hunter 15.2 B Carwright 16.3 70yrs: F O'Connor 14.7 P Bowden 15.2 Latta 16.8 75yrs: J Nichols 15.7 K Hopkins 18.3 400m 35yrs: G Turnbull 51.9 T Fairweather 52.5 P Sonneveld 52.8 40yrs: D Guest 53.00 G Neilsen 55.1 H Karutz 55.3 55yrs: F Turner 55.72 P Critchley 57.2 A Walker 59.4 1500m 30yrs: R Crowhurst 4m42.2 35yrs: M Donnelly 4m07.8 C Purdy 40yrs: S Patterson 4m11.00 J Humphreys J Dowlings 45yrs: S Manual 4m53.9 T Brooker 40yrs: H Wegner 4m27.1 J Box K Mayhew 55yrs: J Warren 4m39.5 J Seymon E Brown 60yrs: A Blonner 5m01.5 65yrs: E McLean 5m52.6 S Everett A Beauchamp 70yrs: M McKay 7m03.6 J Noy M Wild 80yrs: L Foulser 8.40.3 Hurdles: 110m 30yrs: G Jankowski 18.8 35yrs: S Clarke 19.1 R Brooks 40yrs: C Tompkins 16.8 P Ireland 45yrs: C Burge 16.7 P Collins T Barber 50yrs: C Ansol 18.6 55yrs: S Mannalis 18.3 A Crews G Nichol 60yrs: R Harland 18.8 J Stursaker 65yrs: M Hunter 21.00 J McGrath Javelln 30yrs: A Flynn 50.62m M Waller T Nash 35yrs: J Kay 50.26m C Purdy B Stellios 40yrs: A Lewis 49.44m C Tompkins A Plunkett 50yrs: H Steele 41.56m P Crombie A Trachtenbe Pole 55yrs: G Nicol 2m High Jump 30yrs: G Kelly 1m75 T Nash M Waller 35yrs: J Kay 1m60 R Brooks C Purdy 40yrs: C Tompkins 1m80 A Ferrandino L Allison 45yrs: J Gordon 1m60 P Collins T Barber 50yrs: N McIntyre 1m35 P McWilliams 55yrs: G Mannalis 1m45 G Nicol 60yrs: K Thew 1m25 65yrs: M Hunter 1m25 J McGrath 70yrs: F O'Connor 1m20 M McKay 75yrs: K Hopkins 1m10 Triple Jump 40yrs: C Tompkins 13m46 A Ferrandino L Allison 60yrs: J Stursaker 9m94 R Harland 65yrs: M Hunter 8m94 J Soutar 70yrs: F O'Connor 9m07 M McKay 75yrs: K Hopkins 7m60 Discus 30yrs: A Flynn 40m12 P Joines M Flocks 35yrs: J Kay 36m74 P Steele R Ogenovski 40yrs: A Lewis 34m06 M Johnston C Tompkins 45yrs: B Banens 33m46 J Gordon K Warick 55yrs: A Spatts 39m76 K James G Nicol

23/3/97

NSW VETERANS C'SHIPS at SIAC, Homebush: Day 2 MEN: 200m 30yrs: G Jankowski 23.7s B Brooks 35yrs: V Kulish 23s P Murray T Fairweather 40yrs: P Lyons 23s P Ireland E Botfield 45yrs: J Vanstappen 23.4s J Morison C Burge 50yrs: P Crombie 24.1s N McIntyre C Ansol 55yrs: F Turner 24.5s A Walker R Brown 60yrs: R Austin 25.2s (record) B Condon R Molloy 65yrs: B Solomon 29.2s M Hunter 70yrs: P Bowden 31.2s D Latta 75yrs: J Nichols 32.9s K Hopkins 800m 35yrs: G Turnbull 1m59.6s R Chapman S Angus 40yrs: G Nielsen 2m04.1s J Humphreys S Paterson 45yrs: F Hayward 2m07.5s T Ryan N Fowler 50yrs: H Wegner 2m14.8s K Mayhew J Slater 55yrs: P Critchley 2m15.7s 60yrs: J Dwyer 2m37.1s F Daniels 65yrs: B Dean 2m43.8s E McLean J Plummer 70yrs: P Bowden 3m03.2s J Noy M Wild 80yrs: L Foulser 4m19.2s 5000m 30yrs: R Crowhurst 17m54.4s C Townsend 35yrs: D Borg 15m59.8s S Greaves P Guest 40yrs: J Dawlings 16m13s S Montague V Liebenberg 45yrs: P Mallitt 16m57s J Walton 50yrs: H Wegner 16m18.4s J Box F Scorzelli 55yrs: J Warren 17m11.8s R Doran J Seymon 60yrs: R Stuart 20m20.6s J Anthony 65yrs: E McLean 24m56.9s A Beauchamp D White 70yrs: P Bowden 21m52s L Laing 5km walk 30yrs: M Ransom 29m19.2s 40yrs: R Osborne 32m57.7s 45yrs: K Knox 24m41.3s 50yrs: B White 28m04.8s G Allomes 55yrs: J Seymon 30m25.4s R Hall 65yrs: P Waddell 31m57s R Whitham B Simpson 70yrs: B McCredie 37m22s 75yrs: V Townsend 34m29.6s 10km walk 35yrs: N Ransom 62m23s 45yrs: R Osborne 69m17s 50yrs: B White 59m58s G Allomes 65yrs: R Hall 68m52s 65yrs: R Whitham 70m10s 75yrs: V Townsend 70m46s 300m hurdles 60yrs: J McCreaney 51s J Stursaker 65yrs: M Hunter 57.4s 75yrs: K Hopkins 1m15.2s 400m hurdles 40yrs: P Ireland 1m04.4s C Hoy P Hampshire 45yrs: P Collins 1m02.7s J Gordon 800m steeple 30yrs: R Crowhurst 11m57.2s 40yrs: S Montague 10m46.9s C Stocker B Golding 45yrs: R Lachlan 11m36.8s V Shuter 55yrs: L Farley 12m19.4s M Roberts J Seymon Shot 50yrs: B Gardner 11.97m P Crombie N McIntyre 55yrs: K James 12.08m G Nicol 60yrs: R Wijesinghe 12.83m D Page J Stursaker 65yrs: J Soutar 8.20m 70yrs: J Pengis 12.79m R Foy Pole vault 55yrs: G Nicol 2m 65yrs: J McGrath 2.60m Discus 50yrs: B Gardner 37.18m P McWilliams G Allomes 65yrs: J Soutar 28.68m J Perdus R Foy Long Jump 30yrs: M Waller 5.47m T Nash G Jankowski 35yrs: S Bobek 5.88m R Brookes J Denny 40yrs: C Tompkins 6.22m A Ferrandino I Botfield 45yrs: N Peters 5.18m D McNally T Barber 50yrs: N McIntyre 4.99m A Trachtenbe G Edwards 55yrs: G Mannalis 5.18m G Nicol G Goldman 60yrs: J Stursaker 4.08m 65yrs: M Hunter 4.08m J Soutar R Bennett 70yrs: M Wild 2.37m 75yrs: K Hopkins 3.37m Hammer 30yrs: A Flynn 40.88m M Hague M Walker 35yrs: S Zablotski 51.24m P Steele M Baldwin 40yrs: M Johnston 40.12m K McDonald 45yrs: R Bowker 29.26m S Clima N Holahan 50yrs: P McWilliams 24.34m 55yrs: K James 38.10m A Spatts G Nicol 60yrs: R Wijesinghe 31.96m 65yrs: J Soutar 29.96m 70yrs: R Foy 30.58m J Perdus

The Fairfax Sun
Thursday, April 3, 1997

Champions

□ THE Gurraveen Athletics Club Summer Championship came to a close on March 2 with 45-year-old Stephen Halverson taking out the mens competition and 13-year-old Jessica Fisher taking out the womens'. The championship was based on self-improvement during the season, with major points scored for dramatic improvement in a particular event.

PARRAMATTA ADVERTISER
Wednesday, April 16, 1997

Golden oldies

TWO members of Gurraveen Amateur Athletic Club have won gold medals in the NSW Veterans' track and field championships.

Phillip Bowden, 70, competing in the 70-74 years' category, won five medals — four gold in the 200m, 400m, 800m, 5000m and a silver in the 100m.

In the 60-64 years age group, John Dwyer, 60, won gold in the 800m and a bronze in the 400m.

GIRRAWEE AMATEUR ATHLETIC CLUB

C V KELLY PARK GROUND RECORDS

AS AT 31 MARCH 1997

MEN

| <u>OPEN</u> | | | <u>VETERAN</u> | |
|-------------------------|---------|--------|-----------------------|---------|
| S Mallard (N) | 10.7 | 100 | Viv Manwaring | 12.4 |
| Jeff Micallef | 23.7 | 200 | Viv Manwaring | 27.0 |
| Jeff Micallef | 53.0 | 400 | Viv Manwaring | 58.9 |
| Craig Downie | 2:01.9 | 800 | Viv Manwaring | 2:20.7 |
| R Hamill (RH) | 4:11.1 | 1500 | Bruce Harrison | 4:47.4 |
| Bruce Hogg | 4:35.8 | 1 Mile | Ted Hemmens | 5:31.0 |
| Craig Downie | 9:04.2 | 3000 | Bruce Harrison | 10:24.8 |
| Bruce Hogg | 16:17.4 | 5000 | Bruce Harrison | 18:08.7 |
| Kevin Junor (P) | 2:19.0 | 800s/c | Bob Sewell | 3:17.7 |
| S McDonald (RB) | 7:33.9 | 1500W | John Dwyer | 10:15 |
| Robert Kropman | 16.2 | 110H | | |
| Robert Kropman | 28.1 | 200H | Viv Manwaring | 31.8 |
| David Tarbottom (CTC) | 59.2 | 400H | | |
| Nathan Manwaring | 6-50 | LJ | Viv Manwaring | 5-25 |
| Craig Willetts | 14-17 | TJ | Viv Manwaring | 10-83 |
| Craig Willetts | 1-91 | HJ | Stephen Halverson | 1-55 |
| Robert Kropman (7.26kg) | 13-95 | SP | Hans Kropman (7.26kg) | 8-57 |
| Robert Kropman (2kg) | 42-08 | DIS | Viv Manwaring (2kg) | 24-30 |
| Robert Kropman (800g) | 56-72 | JAV | Viv Manwaring (800g) | 32-78 |

CTC: Campbelltown City
Pen: Penrith

N: Nepean
RH: Ryde-Hornsby

P: Parramatta
RB: Randwick-Botany

| <u>SENIOR</u> | | | <u>U20</u> | |
|-------------------------|---------|--------|-------------------------|---------|
| Peter Murray | 11.0 | 100 | Damien Beckhouse | 11.6 |
| Jeff Micallef | 23.7 | 200 | Jason Willetts | 23.9 |
| Michael Finucane | 53.4 | 400 | Jeff Micallef | 53.4 |
| Jeff Micallef | | | | |
| Craig Downie | 2:01.9 | 800 | Garry Moran | 2:10.9 |
| Michael Finucane | 4:18.7 | 1500 | Bruce Hogg | 4:31.7 |
| Craig Downie | 4:46.7 | 1 Mile | Bruce Hogg | 4:35.8 |
| Craig Downie | 9:04.2 | 3000 | Paul Weymark | 10:14.2 |
| Craig Downie | 16:25.7 | 5000 | Bruce Hogg | 17:29.0 |
| John Doolan | 2:52.5 | 800s/c | Peter Kropman | 3:21 |
| Robert McGaughey | 7:51.5 | 1500W | | |
| Robert Kropman | 16.2 | 110H | Peter Kropman | 16.9 |
| Robert Kropman | 28.1 | 200H | Ralph Downer | 30.5 |
| Bob Broadhurst | 1:09.9 | 400H | Garry Moran | 1:04.4 |
| Jeff Micallef | 6-26 | LJ | Jeff Micallef | 6-48 |
| Peter Murray | | | | |
| Peter Kropman | 13-23 | TJ | Craig Willetts | 14-17 |
| Craig Willetts | 1-91 | HJ | Damien Beckhouse | 1-81 |
| Robert Kropman (7.26kg) | 13-95 | SP | Robert Kropman (7.26kg) | 12-26 |
| Robert Kropman (2kg) | 42-08 | DIS | Robert Kropman (2kg) | 35-50 |
| Robert Kropman (800g) | 56-72 | JAV | Robert Kropman (800g) | 46-40 |

| <u>U19</u> | | |
|--------------------------|---------|--------|
| Jeff Micallef | 11.6 | 100 |
| Craig Willetts | | |
| Paul Manton | 23.9 | 200 |
| Jeff Micallef | 53.0 | 400 |
| Bruce Hogg | 2:08.2 | 800 |
| Jim Irving | 4:35.9 | 1500 |
| Bruce Hogg | 4:54.2 | 1 Mile |
| Bruce Hogg | 9:21.9 | 3000 |
| Bruce Hogg | 17:17.5 | 5000 |
| Peter Kropman | 2:30.9 | 800s/c |
| | | 1500W |
| Peter Kropman | 16.2 | 110H |
| Peter Kropman | 28.2 | 200H |
| Peter Kropman | 1:01.2 | 400H |
| Peter Kropman | 6-46 | LJ |
| Craig Willetts | 13-20 | TJ |
| Peter Kropman | 1-82 | HJ |
| Jeff Micallef (5.449kg) | 13-49 | SP |
| Damien Beckhouse (1.5kg) | 39-78 | DIS |
| Andrew Grace (800g) | 49-34 | JAV |

| <u>U17</u> | | |
|--------------------------|---------|-------------|
| Kurt Quinlivan | 11.5 | 100 |
| Phillip Fenech | 24.1 | 200 |
| Phillip Fenech | 53.8 | 400 |
| Jon Hetherington | 2:08.9 | 800 |
| Bruce Hogg | 4:31.4 | 1500 |
| Ron Irving | 4:56.4 | 1 Mile |
| Bruce Hogg | 9:33.1 | 3000 |
| Bruce Hogg | 16:49.0 | 5000 |
| Mark Irving | 2:28.0 | 800s/c |
| | | 1500W |
| Kurt Quinlivan | 16.2 | 110H / 100H |
| Phillip Fenech | 28.8 | 200H |
| Peter Kropman | 1:02.9 | 400H |
| Phillip Fenech | 6-37 | LJ |
| Peter Kropman | 12-14 | TJ |
| Shane Hanlon | 1-83 | HJ |
| Robert Kropman (4.535kg) | 14-20 | SP |
| Greg Howard (1.5kg) | 39-72 | DIS |
| Robert Kropman (700g) | 53-76 | JAV |

| <u>U15</u> | | |
|---------------------------|--------|------------|
| Michael McHugh | 12.0 | 100 |
| Ilia Gill | 24.7 | 200 |
| Phillip Fenech | 57.2 | 400 |
| Andrew Baraniak | 2:08.1 | 800 |
| Andrew Baraniak | 4:24.0 | 1500 |
| Andrew Baraniak | 4:44.3 | 1 Mile |
| Andrew Baraniak | 9:34.7 | 3000 |
| Andrew Baraniak | 16:50 | 5000 |
| Shane Ferguson | 2:43.7 | 800s/c |
| Brent Balinski | 8:00.5 | 1500W |
| Nicholas Potten | 15.8 | 100H / 90H |
| Michael McHugh | 31.2 | 200H |
| Michael Wheeler | 1:07.8 | 400H |
| Ilia Gill | 5-51 | LJ |
| Michael McHugh | 11-61 | TJ |
| Ilia Gill | 1-81 | HJ |
| Andrew McIlwaine(3.632kg) | 16-18 | SP |
| Andrew McIlwaine (1kg) | 48-50 | DIS |
| Andrew McIlwaine (600g) | 52-84 | JAV |

| <u>U18</u> | |
|--------------------------|---------|
| Phillip Fenech | 11.6 |
| Nathan Manwaring | |
| Phillip Fenech | 24.6 |
| Nathan Manwaring | 55.1 |
| Bruce Hogg | 2:07.4 |
| Ron Irving | 4:29.9 |
| Bruce Hogg | 4:47.6 |
| Bruce Hogg | 9:16.5 |
| Bruce Hogg | 16:17.4 |
| Mark Irving | 2:32.1 |
| Peter Kropman | 16.0 |
| Peter Kropman | 29.1 |
| Peter Kropman | 1:03.6 |
| Nathan Manwaring | 6-50 |
| Craig Willetts | 12-97 |
| Shane Hanlon | 1-89 |
| Robert Kropman (5.449kg) | 13-63 |
| Greg Howard (1.5kg) | 38-78 |
| Andrew Grace (700g) | 45-28 |

| <u>U16</u> | |
|--------------------------|--------|
| Phillip Fenech | 12.1 |
| Phillip Fenech | 24.3 |
| Phillip Fenech | 53.6 |
| Andrew Baraniak | 2:11.0 |
| Andrew Baraniak | 4:32.3 |
| Paul Sewell | 5:01.1 |
| Andrew Baraniak | 9:37.9 |
| Paul Sewell | 18:12 |
| Peter Kropman | 2:41.9 |
| Paul Sewell | 9:54.0 |
| David Gallo | 14.9 |
| Phillip Fenech | 29.1 |
| Phillip Fenech | 1:05.1 |
| Chris Saliba | 6-11 |
| David Gallo | 11-93 |
| Peter Kropman | 1-73 |
| Robert Kropman (4.535kg) | 13-58 |
| Greg Howard (1kg) | 44-30 |
| Jon Hetherington (700g) | 44-14 |

| <u>U14</u> | |
|---------------------------|---------|
| Ilia Gill | 12.1 |
| Ilia Gill | 25.6 |
| Michael McHugh | 59.5 |
| Stephen Muir | 2:25.5 |
| Nathan Schmid | 4:52.0 |
| Stephen Muir | 5:30.7 |
| Stephen Muir | 10:42.0 |
| Brent Balinski | 18:33.6 |
| Warren Dempsey | 2:56 |
| Brent Balinski | 8:00.0 |
| Michael Jamieson | 15.1 |
| Phillip Fenech | 34.0 |
| Nicholas Potten | 1:10.4 |
| Ilia Gill | 5-15 |
| Barry Prasetya | 10-67 |
| Ilia Gill | 1-76 |
| Andrew McIlwaine(3.632kg) | 14-88 |
| Andrew McIlwaine (1kg) | 43-22 |
| Andrew McIlwaine (600g) | 45-38 |

U13

| | | |
|---------------------------|---------|-----------|
| Ivica Mikic | 13.1 | 100 |
| Ilia Gill | 27.0 | 200 |
| Michael Ryan | 1:05.0 | 400 |
| Stephen Muir | 2:32.6 | 800 |
| Phillip Fenech | 5:14.6 | 1500 |
| Nathan Schmid | 5:37 | 1 Mile |
| Nathan Schmid | 10:49 | 3000 |
| Nathan Schmid | 18:12.2 | 5000 |
| Stephen Mooney | 3:09.3 | 800s/c |
| Peter Balinski | 9:20.3 | 1500W |
| Chris Saliba | 14.5 | 90H / 80H |
| Chris Saliba | 37.9 | 200H |
| Warren Dempsey | 1:18.1 | 400H |
| Rodney Scarr | 4-97 | LJ |
| Chris Saliba | 9-88 | TJ |
| Ilia Gill | 1-66 | HJ |
| Andrew McIlwaine(2.724kg) | 14-22 | SP |
| Andrew McIlwaine (1kg) | 37-70 | DIS |
| Andrew McIlwaine (600g) | 32-50 | JAV |

U12

| | |
|---------------------------|---------|
| Ilia Gill | 13.3 |
| Ilia Gill | 29.0 |
| Michael Wheeler | 1:07.2 |
| Nathan Schmid | 2:33 |
| Nathan Schmid | 4:59.6 |
| Gerard Mahony | 5:37.0 |
| Peter Balinski | 11:05.9 |
| Peter Balinski | 19:43.5 |
| Dale Berryman | 3:21.0 |
| Matthew Beattie | 15.3 |
| Jeff Micallef | 36.9 |
| Michael Wheeler | 1:22.0 |
| Ilia Gill | 4-46 |
| Jeff Micallef | 8-87 |
| Ilia Gill | 1-55 |
| Andrew McIlwaine(2.724kg) | 12-15 |
| Andrew McIlwaine (1kg) | 31-08 |
| Andrew McIlwaine (600g) | 24-56 |

WOMEN

OPEN

| | | |
|------------------------|--------|--------|
| Rebecca Deane | 12.7 | 100 |
| Leanne Saliba | | |
| Heidi Novosell (G) | 26.9 | 200 |
| Jackie Wheeler | 1:03.4 | 400 |
| Susannah Hartgers (TW) | 2:24 | 800 |
| Tracey Lawless (N) | 5:05 | 1500 |
| Kim Pitzing | 5:53 | 1 Mile |
| Kim Pitzing | 11:50 | 3000 |
| Kim Pitzing | 20:12 | 5000 |
| Yvette Jaeger | 2:53.6 | 800s/c |
| Helen Sestic (2WS) | 7:09.6 | 1500W |
| Lynette Smith | 17.6 | 100H |
| Catherine Downer | 33.3 | 200H |
| Tracey Wheeler | 1:14.6 | 400H |
| Nicole Page | 5-13 | LJ |
| Natalie Deegan | 10-65 | TJ |
| Vera Abramas (SG) | 1-66 | HJ |
| Natalie Avellino (4kg) | 10-32 | SP |
| Sue Read (NC) (1kg) | 39-66 | DIS |
| Tracey Wheeler (600g) | 37-40 | JAV |

VETERAN

| | |
|-------------------------|--------|
| Terri Baraniak | 15.8 |
| Terri Baraniak | 35.7 |
| Terri Baraniak | 1:18.1 |
| Terri Baraniak | 2:59.5 |
| Terri Baraniak | 6:03.9 |
| Terri Baraniak | 6:52.7 |
| Terri Baraniak | 13:16 |
| Terri Baraniak | 22:08 |
| Janette Hatherly | 3-14 |
| Jackie Williams | 6-26 |
| Janette Hatherly | 1-08 |
| Janette Hatherly (4kg) | 5-86 |
| Janette Hatherly (1kg) | 18-08 |
| Janette Hatherly (600g) | 11-42 |

G: Greystanes
SG: St George

N: Nepean
TW: Tiger Wests

NC: North Canberra
2WS: 2WS Hills

SENIOR

| | | |
|----------------------|---------|--------|
| Jackie Wheeler | 13.6 | 100 |
| Jackie Wheeler | 29.1 | 200 |
| Lynette Smith | 1:07.3 | 400 |
| Lynette Smith | 2:37.6 | 800 |
| Julie Peksis | 5:50 | 1500 |
| Julie Peksis | 6:18 | 1 Mile |
| Lynette Smith | 13:02.3 | 3000 |
| Julie Peksis | 22:25 | 5000 |
| Jackie Wheeler | 3:21 | 800s/c |
| Lynette Smith | 8:41.9 | 1500W |
| Lynette Smith | 17.6 | 100H |
| Lynette Smith | 35.6 | 200H |
| Tracey Wheeler | 1:16.1 | 400H |
| Lynette Smith | 4-83 | LJ |
| Lynette Smith | 10-28 | TJ |
| Lynette Smith | 1-60 | HJ |
| Lynette Smith (4kg) | 10-20 | SP |
| Lynette Smith (1kg) | 35-60 | DIS |
| Lynette Smith (600g) | 35-92 | JAV |

U19

| | | |
|-----------------------|--------|--------|
| Jackie Wheeler | 13.8 | 100 |
| Nicole Page | 28.5 | 200 |
| Jackie Wheeler | 1:04.6 | 400 |
| Jackie Wheeler | 2:42.2 | 800 |
| Jackie Wheeler | 5:46 | 1500 |
| Jackie Wheeler | 6:23 | 1 Mile |
| Jackie Wheeler | 13:03 | 3000 |
| Jackie Wheeler | 24:12 | 5000 |
| Jackie Wheeler | 3:24 | 800s/c |
| Veronica Sestic | 8:42.3 | 1500W |
| Tracey Wheeler | 18.7 | 100H |
| Tracey Wheeler | 35.9 | 200H |
| Tracey Wheeler | 1:15.6 | 400H |
| Nicole Page | 5-04 | LJ |
| Nicole Page | 10-64 | TJ |
| Tracey Wheeler | 1-52 | HJ |
| Tracey Wheeler (4kg) | 9-92 | SP |
| Tracey Wheeler (1kg) | 35-04 | DIS |
| Tracey Wheeler (600g) | 37-06 | JAV |

U17

| | | |
|-----------------------|--------|------------|
| Nicole Page | 13.4 | 100 |
| Tracey Connors | 28.4 | 200 |
| Jackie Wheeler | 1:06.0 | 400 |
| Jackie Wheeler | 2:35 | 800 |
| Kim Pitzing | 5:12 | 1500 |
| | | 1 Mile |
| Kim Pitzing | 11:50 | 3000 |
| Jackie Wheeler | 23:06 | 5000 |
| Tracey Wheeler | 3:19.9 | 800s/c |
| Veronica Sestic | 8:35.5 | 1500W |
| Kylie Walker | 18.7 | 100H / 90H |
| Tracey Connors | 33.9 | 200H |
| Tracey Wheeler | 1:14.6 | 400H |
| Nicole Page | 5-05 | LJ |
| Catherine Kropman | 10-16 | TJ |
| Tracey Wheeler | 1-58 | HJ |
| Tracey Wheeler (4kg) | 9-66 | SP |
| Tracey Wheeler (1kg) | 32-62 | DIS |
| Tracey Wheeler (600g) | 32-50 | JAV |

U20

| | |
|-------------------------|--------|
| Jackie Wheeler | 14.2 |
| Jackie Wheeler | 29.0 |
| Jackie Wheeler | 1:05.6 |
| Tracey Wheeler | 2:44 |
| Jackie Wheeler | 6:02 |
| Lynette Smith | 8:02 |
| Tracey Wheeler | 15:31 |
| Tracey Wheeler | 25:35 |
| Jackie Wheeler | 3:17 |
| Lynette Smith | 9:01.0 |
| Tracey Wheeler | 18.5 |
| Jackie Wheeler | 35.4 |
| Tracey Wheeler | 1:16.6 |
| Lynette Smith | 4-61 |
| Catherine Kropman | 10-03 |
| Lynette Smith | 1-53 |
| Catherine Kropman (4kg) | 10-02 |
| Tracey Wheeler (1kg) | 36-94 |
| Tracey Wheeler (600g) | 37-40 |

U18

| | |
|-------------------------|--------|
| Nicole Page | 13.2 |
| Jackie Wheeler | 28.3 |
| Jackie Wheeler | 1:03.4 |
| Jackie Wheeler | 2:41.1 |
| Jackie Wheeler | 5:43 |
| Jackie Wheeler | 6:30 |
| Jackie Wheeler | 13:09 |
| Jackie Wheeler | 22:46 |
| Tracey Connors | 3:15.6 |
| Veronica Sestic | 8:18.8 |
| Kylie Walker | 19.1 |
| Kylie Walker | 36.8 |
| Jackie Wheeler | 1:18.2 |
| Nicole Page | 5-13 |
| Catherine Kropman | 9-73 |
| Catherine Kropman | 1-50 |
| Catherine Kropman (4kg) | 8-88 |
| Natalie Avellino (1kg) | 35-02 |
| Tracey Wheeler (600g) | 33-24 |

U16

| | |
|------------------------|--------|
| Linda Hatherly | 13.4 |
| Jackie Wheeler | |
| Jackie Wheeler | 28.9 |
| Jackie Wheeler | 1:05.1 |
| Jackie Wheeler | 2:36 |
| Jackie Wheeler | 5:35 |
| Katrina Ward | 6:14 |
| Jackie Wheeler | 12:34 |
| Kim Pitzing | 20:12 |
| Tracey Wheeler | 4:10 |
| Veronica Sestic | 8:10.7 |
| Catherine Downer | 15.7 |
| Catherine Downer | 33.3 |
| Tracey Wheeler | 1:16.4 |
| Tracey Wheeler | 5-01 |
| Natalie Deegan | 10-65 |
| Lynette Smith | 1-58 |
| Natalie Avellino (4kg) | 10-32 |
| Natalie Avellino (1kg) | 33-78 |
| Tracey Wheeler (600g) | 30-18 |

U15

| | | |
|------------------------|--------|-----------|
| Rebecca Deane | 12.7 | 100 |
| Leanne Saliba | | |
| Rebecca Deane | 27.5 | 200 |
| Tracey Wheeler | 1:06.3 | 400 |
| Rebecca Deane | 2:36.4 | 800 |
| Kim Pitzing | 5:28 | 1500 |
| Kim Pitzing | 5:53 | 1 Mile |
| Kim Pitzing | 11:50 | 3000 |
| Kim Pitzing | 20:14 | 5000 |
| Cherie Madden | 3:31 | 800s/c |
| Helen Sestic | 7:42.7 | 1500W |
| Rebecca Deane | 14.6 | 90H / 80H |
| Rebecca Deane | 33.4 | 200H |
| Tracey Wheeler | 1:17.7 | 400H |
| Linda Atkins | 4-94 | LJ |
| Sarah Ferguson | 10-28 | TJ |
| Tracey Wheeler | 1-59 | HJ |
| Dianne Kidd (2.724kg) | 12-28 | SP |
| Natalie Avellino (1kg) | 34-38 | DIS |
| Tracey Wheeler (600g) | 30-00 | JAV |

U14

| | |
|---------------------------|--------|
| Rebecca Deane | 13.0 |
| Rebecca Deane | 28.3 |
| Rebecca Deane | 1:03.8 |
| Jackie Wheeler | 2:37.0 |
| Kim Pitzing | 5:30 |
| Catherine Kropman | 6:26 |
| Kim Pitzing | 11:57 |
| Kim Pitzing | 20:31 |
| Catherine Kropman | 3:32 |
| Helen Sestic | 8:16.6 |
| Rebecca Deane | 13.3 |
| Rebecca Deane | 32.5 |
| Catherine Kropman | 1:21.9 |
| Linda Atkins | 4-73 |
| Catherine Kropman | 9-90 |
| Jessica Fisher | 1-57 |
| Natalie Avellino(2.724kg) | 12-91 |
| Natalie Avellino (1kg) | 34-22 |
| Natalie Avellino (600g) | 30-44 |

U13

| | | |
|---------------------------|---------|--------|
| Melissa Briggs | 13.8 | 100 |
| Tania Ringhof | 29.1 | 200 |
| Tracey Wheeler | 1:06.5 | 400 |
| Tracey Wheeler | 2:42.6 | 800 |
| Catherine Kropman | 5:37 | 1500 |
| | | 1 Mile |
| Kim Pitzing | 12:09.0 | 3000 |
| Kim Pitzing | 21:39 | 5000 |
| Catherine Kropman | 3:44 | 800s/c |
| Helen Sestic | 8:09.7 | 1500W |
| Sarah Ferguson | 14.6 | 80H |
| Sandra Narezzi | 37.0 | 200H |
| Sarah Ferguson | 1:22.1 | 400H |
| Tracey Wheeler | 4-58 | LJ |
| Tracey Wheeler | 9-68 | TJ |
| Tracey Wheeler | 1-44 | HJ |
| Natalie Avellino(2.724kg) | 12-20 | SP |
| Natalie Avellino (1kg) | 33-04 | DIS |
| Natalie Avellino (600g) | 23-76 | JAV |

U12

| | |
|---------------------------|---------|
| Melissa Briggs | 14.4 |
| Tammy Gilchrist | |
| Linda Hemmerling | 30.3 |
| Linda Hemmerling | 1:10.1 |
| Kellie Fenech | 2:48.0 |
| Catherine Kropman | 5:42.0 |
| Melissa Briggs | 6:50.5 |
| Catherine Downer | 13:04.0 |
| Shindhu Raju | 25:59.6 |
| Melissa Briggs | 16.8 |
| Melissa Briggs | 40.2 |
| Catherine Kropman | 1:35.0 |
| Tracey Wheeler | 4-35 |
| Catherine Kropman | 8-75 |
| Melissa Briggs | 1-42 |
| Natalie Avellino(2.724kg) | 8-51 |
| Natalie Avellino (1kg) | 18-70 |
| Tracey Wheeler (600g) | 15-06 |
| Amy Van Trier | 15.06 |

FUN DAY AND OTHER RECORDS

2.724kg SHOT PUT "THROW"

| | | | | |
|-----------|-------------------|-------|-------------------|-------|
| OPEN: | Robert Kropman | 31-66 | Lynette Smith | 16-92 |
| VETERAN: | Stephen Halverson | 19-22 | Jackie Williams | 6-83 |
| SENIOR: | Robert Kropman | 31-66 | Lynette Smith | 16-92 |
| U20: | Nathan Manwaring | 20-55 | Tracey Wheeler | 14-54 |
| U19: | Jeff Micallef | 24-60 | Tracey Wheeler | 16-29 |
| U18: | Peter Kropman | 23-86 | Veronica Sestic | 12-78 |
| U17: | Robert Kropman | 27-24 | Tracey Wheeler | 14-66 |
| U16: | Robert Kropman | 26-99 | Natalie Avellino | 13-53 |
| U15: | Robert Kropman | 18-80 | Dianne Kidd | 12-91 |
| U14: | Andrew McIlwaine | 21-34 | Siobhan Battersby | 9-82 |
| U13: | Jason Irvine | 13-16 | Melissa Briggs | 9-19 |
| U12: | Wayne Mulhall | 7-83 | Natalia Sestic | 5-72 |
| OFFICIAL: | Hans Kropman | 21-09 | | |

60M SPRINT

| | | | | |
|----------|-------------------|-----|-----------------|------|
| OPEN: | Peter Murray | 7.1 | Nicole Page (N) | 8.1 |
| VETERAN: | Stephen Halverson | 8.1 | Linda Balinski | 11.3 |
| | Viv Manwaring | | | |
| SENIOR: | Peter Murray | 7.1 | Lynette Smith | 8.8 |
| U20: | Nathan Manwaring | 7.5 | | |
| U19: | Nathan Manwaring | 7.6 | Nicole Page | 8.2 |
| U18: | Nathan Manwaring | 7.4 | Nicole Page | 8.2 |
| | David Beattie | | | |
| U17: | David Beattie | 7.5 | Linda Hatherly | 8.5 |
| U16: | Peter Hogan | 7.7 | Natalie Deegan | 8.8 |
| | | | Sandra Narezzi | |
| U15: | Matthew Dux | 7.9 | Sandra Narezzi | 8.6 |
| U14: | Stephen Muir | 9.4 | Sandra Narezzi | 9.0 |
| U13: | Damien Murray | 8.8 | Melissa Briggs | 9.0 |
| | | | Jessica Fisher | |
| U12: | Matthew Beattie | 9.7 | Shindhu Raju | 9.7 |

300M UNLANED

| | | | | |
|----------|------------------|------|-----------------|--------|
| OPEN: | Michael Finucane | 39.5 | Lynette Smith | 45.8 |
| | C Beacroft (R-B) | | | |
| VETERAN: | Viv Manwaring | 43.2 | Linda Balinski | 1:11.9 |
| SENIOR: | Michael Finucane | 39.5 | Lynette Smith | 45.8 |
| U20: | Paul Weymark | 40.0 | | |
| U19: | Paul Weymark | 41.8 | Nicole Page | 52.9 |
| U18: | David Beattie | 40.4 | Veronica Sestic | 50.0 |
| U17: | David Beattie | 39.9 | Nicole Page | 56.7 |
| U16: | Peter Hogan | 42.6 | Natalie Deegan | 50.2 |
| U15: | Matthew Dux | 43.9 | Vikki Savage | 51.5 |
| U14: | Stephen Muir | 48.0 | Helen Sestic | 48.5 |
| U13: | Matthew Beattie | 50.6 | | |
| U12: | Stephen Muir | 56.8 | Natalia Sestic | 58.0 |
| | | | Shindhu Raju | |

1000M

| | | | | |
|----------|------------------|--------|-----------------|--------|
| OPEN: | Paul Weymark | 2:55.0 | Helen Sestic | 3:35.5 |
| VETERAN: | Graham Sheargold | 3:26.0 | Linda Balinski | 4:34.0 |
| SENIOR: | Paul Weymark | 2:55.0 | Leanne Bourke | 3:38.4 |
| U20: | | | | |
| U19: | | | | |
| U18: | Matthew Byles | 3:01.3 | Veronica Sestic | 4:06.1 |
| U17: | Adrian Grogan | 3:41.8 | | |
| U16: | Brad Tudman | 3:19.3 | | |
| U15: | | | | |
| U14: | | | Helen Sestic | 3:35.5 |
| U13: | Brent Balinski | 3:32.6 | | |
| U12: | Peter Balinski | 3:48.0 | Natalia Sestic | 4:08.0 |

2000M

| | | | | |
|----------|-------------------|--------|----------------|---------|
| OPEN: | C Beacroft (R-B) | 6:38.8 | Leanne Bourke | 7:48.0 |
| VETERAN: | Stephen Halverson | 7:59.0 | | |
| SENIOR: | Richard Frost | 7:27.2 | Leanne Bourke | 7:48.0 |
| U20: | | | | |
| U19: | | | | |
| U18: | Matthew Byles | 6:59.4 | | |
| U17: | | | | |
| U16: | Steven Rooke | 7:46.5 | | |
| U15: | | | | |
| U14: | | | Jennifer Rooke | 11:01.6 |
| U13: | Danny Martins | 8:44.5 | | |
| U12: | | | Shindhu Raju | 9:34.8 |

STANDING LJ

| | | | | |
|----------|-------------------------------|------|---|------|
| OPEN: | Robert Kropman | 2-84 | Catherine Kropman Lynette Smith Nicole Page (N) | 2-30 |
| VETERAN: | Stephen Halverson | 2-41 | Linda Balinski | 1-48 |
| SENIOR: | Robert Kropman | 2-84 | Catherine Kropman Lynette Smith | 2-30 |
| U20: | Paul Weymark | 2-56 | | |
| U19: | Nathan Manwaring | 2-70 | Nicole Page | 2-16 |
| U18: | Nathan Manwaring | 2-71 | Nicole Page | 2-13 |
| U17: | David Beattie | 2-52 | Nicole Page | 2-25 |
| U16: | Peter Hogan | 2-59 | Sandra Narezzi | 2-22 |
| U15: | Stephen Hinwood | 2-44 | Sandra Narezzi | 2-21 |
| U14: | Nathan Schmid Stephen Muir | 1-90 | Sandra Narezzi | 2-08 |
| U13: | Damien Murray | 2-05 | Melissa Briggs | 2-17 |
| U12: | Matthew Beattie | 1-85 | Shindhu Raju | 1-78 |

SCISSORS HJ

| | | | | |
|----------|-----------------------------------|------|--------------------------------|------|
| OPEN: | Nathan Manwaring David Beattie | 1-60 | Lynette Smith | 1-45 |
| VETERAN: | Stephen Halverson | 1-42 | | |
| SENIOR: | Michael Finucane | 1-52 | Lynette Smith | 1-45 |
| U20: | Nathan Manwaring | 1-60 | | |
| U19: | Nathan Manwaring | 1-50 | Nicole Page | 1-25 |
| U18: | David Beattie | 1-60 | Nicole Page | 1-35 |
| U17: | David Beattie | 1-55 | Linda Hatherly Lee Westwood | 1-26 |
| U16: | David Beattie | 1-56 | Natalie Deegan | 1-30 |
| U15: | David Hatherly | 1-45 | Sandra Narezzi | 1-20 |
| U14: | Stephen Muir | 1-25 | Sandra Narezzi Helen Sestic | 1-15 |
| U13: | Matthew Beattie | 1-35 | Jessica Fisher | 1-35 |
| U12: | Stephen Muir | 1-05 | Natalia Sestic | 1-05 |

4x100M RELAY

OPEN MEN: 48.4 (20.02.93)
Michael Finucane (Sen) Robert Kropman (Sen)
Peter Murray (Sen) Viv Manwaring (Vet)

OPEN WOMEN: 55.0 (18.12.93)
Nicole Page (U18) Linda Hatherly (U17)
Sandra Narezzi (U15) Melissa Briggs (U13)

8x100M RELAY

OPEN MEN: 1:39.7 (09.03.91)
Michael Finucane (Sen) Wayne Jeff (Sen) Bruce Hogg (U18)
Craig Willetts (U18) Garry Dempsey (U17) Shane Hanlon (U17)
Nathan Manwaring (U17) Andrew Baraniak (U16)

OPEN WOMEN: 1:50.5 (16.03.85)
Jackie Wheeler (U19) Tracey Connors (U17) Tracey Wheeler (U17)
Michelle Cauchi (U15) Natalie Avellino (U14) Catherine Kropman (U14)
Jackie Neil (U14) Tracy Scorer (U14)

OPEN MIXED (minimum 3 women): 1:46.2 (17.12.94)
John Dwyer (Vet) Stephen Halverson (Vet) Garry Dempsey (Sen)
Lynette Smith (Sen) Paul Weymark (U20) Nicole Page (U19)
Adrian Grogan (U18) Sandra Narezzi (U16)

