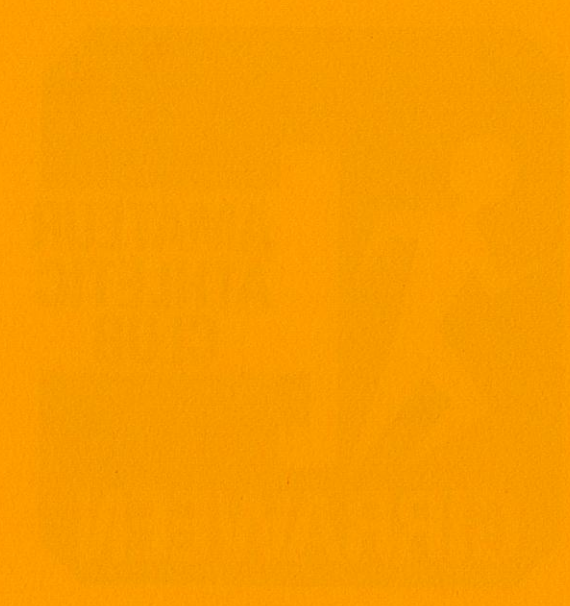




**FIFTEENTH
ANNUAL REPORT**

1992/93



FIFTEENTH
ANNUAL REPORT

1903-1904



ANNUAL REPORT 1992/93
AS PRESENTED AT THE 15TH ANNUAL GENERAL MEETING OF
THE GIRRAWEE AMATEUR ATHLETIC CLUB
HELD AT THE CUMBERLAND CATHOLIC CLUB, CIVIC AVE,
PENDLE HILL
ON 01 JUNE 1993 AT 8.00 PM

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GIRRAWEE AMATEUR ATHLETIC CLUB CLUB COMPETITION CHAMPIONS

<u>FEMALE</u>	<u>SEASON</u>	<u>MALE</u>
SUMMER COMPETITION		
* Lynette Smith (Snr)	1992/93	Michael Finucane (Snr)
* Lynette Smith (Snr)	1991/92	Michael Finucane (Snr) Viv Manwaring (Vet)
* Lynette Smith (Snr)	1990/91	* Bruce Hogg U/18
Stella Mauceri U/17	1989/90	* John Doolan (Snr)
Elizabeth Knoke U/15 Kate Rada U/15	1988/89	* Jeff Micallef U/19
Jackie Wheeler (Snr)	1987/88	* Viv Manwaring (Vet)
* Jackie Wheeler (Snr)	1986/87	Michael Jamieson U/14
* Deborah Mulhall (Snr)		
Jackie Wheeler U/20	1985/86	* Peter Kropman U/18
* Jackie Wheeler U/19	1984/85	Frank Soballa U/17
Kellie Fenech U/14	1983/84	* Robert Kropman U/14
Kellie Fenech U/13	1982/83	* Phillip Fenech U/15
Deborah Mulhall U/16	1981/82	* Phillip Fenech U/14
Jackie Wheeler U/15	1980/81	* Michael McHugh U/14
* Catherine Downer U/13	1979/80	Ralph Downer U/15
* Jackie Wheeler U/14		
* Joanne Kendall U/13	1978/79	Simon Gemmell U/14
WINTER COMPETITION		
Lynette Smith (Snr)	1992	* Con Starr (Snr)
Amy Thorpe U/14	1991	* Bruce Hogg U/18
Terri Baraniak (Vet) Joanne Baraniak U/14	1990	* Wally Schmid (Snr)
Terri Baraniak (Vet)	1989	* Paul Sewell U/17
	1988	* Bob Sewell (Vet)
	1987	* Bob Sewell (Vet)
Pauline Gunns U/20	1986	* Bob Sewell (Vet)
CITY INTER-CLUB		
	1991/92	Robert Kropman
	1986/87	Craig Downie Mark Wright
	1985/86	Craig Downie
* Denotes overall champion		

GIRRAWEE AMATEUR ATHLETIC CLUB

CLUB COMPETITION RESULTS 1992/93

WINTER COMPETITION 1992 - CONDUCTED AT VARIOUS VENUES BY THE WEST METROPOLITAN CROSS COUNTRY AND ROAD RACING COMMITTEE

MEN

1. Con Starr 21 points
2. Bob Sewell 18 points

WOMEN

1. Lynette Smith 18 points

Lynette competed in 16 pointscoring runs, Bob Sewell in 15, and Con Starr in 13. Other competitors were:

Nathan Schmid	8 runs
John Dwyer	7
Wayne Jeff	7
Bruce Hogg	6
Derryn Manwaring	6
Nathan Manwaring	6
Viv Manwaring	3
Michael Kammerer	2

Meredith Jeff	6 runs
Amy Thorpe	6
Helen Sestic	1
Veronica Sestic	1

SUMMER COMPETITION 1992/93 - CONDUCTED OVER FOUR ROUNDS AT C.V.KELLY PARK, GIRRAWEE

MEN

1. Michael Finucane * 40 points
2. Sean Battersby * 40
3. Peter Murray * 40
4. Brad Tudman 35
5. Wayne Jeff 34
5. Robert Kropman 34
7. Kurt Quinlivan 33½
8. Bob Sewell 30
9. Bruce Hogg 28
9. Viv Manwaring 28
11. Damian Briggs 27
11. John Dwyer 27
13. John Kotrollos 18
14. Damien Beckhouse 14½
15. Neil Bentham 14
16. Nathan Manwaring 11
17. Derryn Manwaring 10
18. Ben Beckhouse 7
19. Craig Willetts 6½
20. Daniel Reddy 4
20. Rajend Reddy 4
22. Phillip Nilon 3
23. Shane Hanlon 2
24. Nathan Schmid 0

WOMEN

1. Lynette Smith ** 40 points
2. Michelle Townsend 40
3. Sandra Narezzi 38
4. Helen Sestic 36
5. Melissa Briggs 33
6. Linda Hatherly 29½
7. Meredith Jeff 29
8. Natalia Sestic 28½
8. Veronica Sestic 28½
10. Gemma Deane 24½
11. Rebecca Deane 22½
12. Rachel Grech 22
13. Nicole Page 21
14. Siobhan Battersby 12
14. Lee Westwood 12
16. Catherine Kropman 10
17. Julie Kropman 9
18. Fiona Battersby 8
18. Natalie Deegan 8
20. Joanne Kropman 5
21. Suzy Awad 4
22. Elizabeth Knoke 3
23. Kylie Walker 2
24. Cindy Awad 1
25. Amy Thorpe 0

* Placings of Michael, Sean and Peter for the men's division were made after the tie-break system was applied.

** Lynette won the women's division and the outright division after the tie-break system was applied.

MULTI EVENT - CONDUCTED OVER TWO DAYS (13 and 27.02.93) AT C.V.KELLY
PARK, GIRRAWEEEN

MEN

VET	Sean Battersby	1175 points	DAY 1: 100 LJ SP HJ 400
SEN	Robert Kropman	5588	DAY 2: 110H DIS TJ JAV 1500
	Peter Murray	4855	Scoring for TJ involved halving the
	Michael Finucane	4107	distance and using LJ tables

WOMEN

SEN	Lynette Smith	3027 points	
	Michelle Townsend	1519	
U16	Linda Hatherly	2350	DAY 1: 80H/90H/100H SP HJ 200
U15	Rebecca Deane	3193	DAY 2: LJ JAV 800
U14	Helen Sestic	2469	
	Gemma Deane	2382	
	Sandra Narezzi	2318	



Summer competition placegetters (l to r):
Sandra Narezzi, Michelle Townsend, Lynette Smith,
Michael Finucane, Sean Battersby, Peter Murray

GIRRAWEE AMATEUR ATHLETIC CLUB
MEMBERSHIP 1992/93

WOMEN: 25

MEN: 26

TOTAL: 51

VETERAN

Sean Battersby
John Dwyer
Viv Manwaring
Bob Sewell

SENIOR

Michael Finucane
Meredith Jeff
Wayne Jeff
Michael Kammerer *
John Kotrolas
Catherine Kropman
Robert Kropman
Peter Murray
Lynette Smith
Con Starr *
Michelle Townsend

U20

Damien Beckhouse
Bruce Hogg
Elizabeth Knoke
Joanne Kropman
Craig Willetts

U19

Shane Hanlon
Nathan Manwaring
Kylie Walker

U18

Julie Kropman
Veronica Sestic
Lee Westwood

U17

Fiona Battersby
Ben Beckhouse
Phillip Nilon
Nicole Page
Kurt Quinlivan

U16

Suzy Awad
Siobhan Battersby
Rachel Grech
Linda Hatherly
Derryn Manwaring
Brad Tudman

U15

Rebecca Deane
Natalie Deegan
Nathan Schmid

U14

Damian Briggs
Sandra Narezzi
Rajend Reddy
Helen Sestic

U13

Cindy Awad
Neil Bentham
Gemma Deane
Daniel Reddy
Amy Thorpe

U12

Melissa Briggs
Natalia Sestic

* Winter only

GIRRAWEEEN AMATEUR ATHLETIC CLUB

Formed September 1978

C.V. Kelly Park, Oramzi Road, Girraween

CLUB COMMITTEE 1992/93

President	:	Bob Sewell	✓
Secretary	:	Viv Manwaring	✓
Treasurer	:	Wayne Jeff	X
Registrar	:	Meredith Jeff	<i>Viv</i>
Fundraising	:	Sean Battersby	✓
Club Records	:	Robert Kropman	✓
Winter Competition	:	Bob Sewell	✓
Summer Competition	:	Michael Finucane	X
Coaching	:	Bob Sewell	✓
		Robert Kropman	
Publicity	:	Bob Sewell	✓
Canteen	:	Bob Hanlon	X
		Bob Sewell	<i>Michael Briggs</i>

LIFE MEMBERS

John Wheeler
Bob Sewell

HON. AUDITOR

John C A Dunn, AASA CPA

Hon Delegate: Viv
Hon Joint Delegate: Lynette Smith

GIRRAWEE AMATEUR ATHLETIC CLUB

COMMITTEE REPORTS

PRESIDENT:

The Club's membership dropped by eight last season and, while this may not be cause for concern, we must ensure that this trend does not continue.

I wish to mention again three areas which are a worry to me:

1. Attracting new members

In the last annual report, I suggested starting a membership drive in local high schools as this is where the majority of potential athletes aged 12 to 18 are to be found.

Subsequently at the end of the last winter season Viv Manwaring produced 1100 flyers which I delivered to 14 schools surrounding Girraween. The result? One telephone inquiry.

2. Loss of members

Each year we lose approximately 20 members and attract a similar number of new members. Last season we lost 28 and gained 20 so it is extremely difficult to increase our membership.

The members we lose each season are generally not joining other clubs so why are they retiring and is there any way of retaining their interest?

3. Inactive members

Last season approximately 20 athletes attended regularly (at least 75% of the time). Why is it that the majority compete on an occasional basis and some not at all?

Because of the small number of active members the winter season, summer Saturday afternoon competition, Sydney interclub and Blair Zone were poorly supported.

On the other hand it was pleasing to note that a Club with 51 members was represented at State level by nine medallists - Craig Willetts, Lynette Smith, Bruce Hogg, Peter Murray, John Dwyer, Rebecca Deane, Nathan Manwaring, Helen Sestic and Nathan Schmid.

Other representatives at State level were Nicole Page, Kurt Quinlivan, Linda Hatherly, Natalie Deegan, Sandra Narezzi, Natalia Sestic and Melissa Briggs.

Our "athlete of the season" award goes to Craig Willetts for his State Championship win and Australian Championship bronze.

Viv was keen to reintroduce the multi event championships but the response was extremely disappointing with 11 of 16 starters completing all events.

What can I say about Lynette Smith's performance? In her third attempt at the State Heptathlon Championship, she won her first State medal (bronze). She also won three pointscores in the Blair Zone competition, won the Club champion shield for the second time, the women's championship for the third year in succession, and the women's cross country and road running championship for the first time.

Helen Sestic won the Girraween Little Athletic Centre's "Peter Casey Shield" for her performance at the Little Athletics State Championships where she finished second in the U14 1500m walk. Helen had also won the Shield the previous season.

Congratulations to Sandra Narezzi on her third placed finish in the Club summer championship. Aged 13, Sandra was competing with us for the first time. Her attendance at the Little Athletics Regional championships prevented her from trying for one more personal best which could have enabled her to finish equal first.

Five members finished on the maximum 40 points in the Club summer championship last season and the tie-break system had to be used to split them.

Monday night training was virtually ignored last season and attendance on Thursday nights was poor, usually six, but quite often less than that.

As our Club does not have any registered officials, I must thank the athletes who acted as timekeepers, measurers and recorders and in any other capacity.

Thanks to the active committee - Viv, Wayne, Meredith, Sean, Robert and Michael for their support.

The canteen's increased profit is good news and the fundraising results were a great help.

Viv has been elected president of Girraween Little Athletics Centre and I trust this will not interfere with his involvement in the senior Club where he has been a pillar of strength for the last five years.

Another matter that must be mentioned is track marking. Holroyd Council expects the two athletics bodies using C V Kelly Park to do their own marking and while it is not a popular pastime we must do our part by providing helpers for this task when called upon.

In closing I ask all members to keep athletics in the back of their minds during winter months and return on 18 September to make the Club bigger and better than ever.

Bob Sewell

SECRETARY:

For a relatively small Club, we have much talent. Take a look at the summer results and you will see we had representatives and medallists in veteran, schools, and little athletics at State level and at State and Australian championships. We also had a member on the "professional" circuit. This comprised 17 or 33% of our members.

The Club also catered for the social athletes which is typified by the fact that, of the nine winter/summer competition awards, five went to members who did not compete at the higher level.

So why do we have such a struggle retaining and attracting members? Wayne and Meredith Jeff have given me a letter which is pertinent and worth quoting:

" We would like to table the suggestion that at some stage in the near future an informal meeting of members be organised to give thought to the season ahead. There are a number of issues that we feel are important to address.

" Our title is Girraween Amateur Athletics Club and yet in the last season we did not truly compete as a club once. It is a widely held view among other athletes that we are a club of only ten or so members. We have little presence within athletics and we believe that this has contributed at least in part to the following:

" 1. Over the past two years there have been a number of senior clubs fold with near or adjoining 'boundaries' to ours. These include Liberty Plains, Blacktown, Parramatta, Fairfield, and Lethbridge Park. In John Dwyer we obviously got the best of these newly available athletes, but none of the other fifty or so people already involved in athletics joined our club. Why?

" 2. We seem unable to hold membership through the later teen years. In contrast to this the Interclub competition is dominated by athletes in this age category.

" 3. We have no product or desirable image to attract the difficult but important sponsors' dollar.

" Some ideas to combat this problem may be:

" 1. Organise whole-of-club competition days against other similar size clubs of which there are many within a half-hour drive.

" 2. Instigate a one event challenge and promote the idea to both athletes and a sponsor. For example the marketers of the Power Sled offered \$3000 two years ago to promote a single race. Illawong also has sponsored multievent and throwers carnivals.

" 3. Make available club T-shirts etc.

" These are only ideas, but we feel there are issues to be addressed that can improve the short and long term future of our club.

What Bob Sewell and the Jeffs are alluding to is the need for **PLANNING OUR FUTURE**. The planning process can provide a logical sequence for strategic thinking about the future of our club, and can provide a mechanism for putting that thinking onto paper and delivering it as actions. But it will mean time, effort and commitment to produce and implement such a plan.

Viv Manwaring

REGISTRAR:

Registrations for the 1992/93 season totalled 51. This is a comparable figure to that of the past two seasons, being 59 in 91/92 and 57 in 90/91. These figures represent a significant increase on the 25 registrations in 89/90.

Of this year's 51 registrations 25 were female and 26 were male, and 28 or 55% were under the age of eighteen. As in previous years this again demonstrates that the Club caters very well for those athletes in the transition stage from Little A's to senior athletics.

It must be considered somewhat disappointing that only 28 of the 51 registered members could be considered regular attendees.

Meredith Jeff

WINTER COMPETITION:

The season started off promisingly but ended up extremely disappointing with only three regular runners - Lynette Smith, Con Starr and myself.

The lack of involvement by the Club's junior runners appears to explain the lack of success in major championships for the first time since 1988.

The Sestic sisters competed during the season with the NSW Walkers Club.

Bob Sewell

SUMMER COMPETITION:

The pointscore system was the same as that used in the past two seasons. The season consisted of 4 rounds of 4 weeks each with competitors being awarded 1 point for every event completed up to a maximum of 5 points per round. A bonus of $\frac{1}{2}$ point for equalling a personal best or a bonus of 1 point for bettering a personal best were awarded up to a maximum of 5 bonus points a round.

This meant that each competitor competed only against him/herself and the evenness of the competition was seen in the fact that five very different athletes scored the maximum 40 points.

These five athletes were then split using the tiebreak rules:

- * wearing of correct uniform through the season
- * regular attendance at Blair Zone competition, and
- * number of personal bests in the final round.

After the tiebreakers were applied Lynette Smith was in first place (again!) despite spending 2 weeks of the final round in Tasmania.

Congratulations to all the athletes who competed regularly this season. Special congratulations to a few newcomers who performed very well; Sandra Narezzi (38 points), Brad Tudman (35) and Kurt Quinlivan (33 $\frac{1}{2}$).

Michael Finucane

CLUB RECORDS:

Excluding fun days, 55 Club records were established this past year and possibly for the first time in the Club's history there were more women's records broken than men's. 30 women's records were set by 8 different women in 11 different events, while 25 men's records were set by only 5 different men in 12 different events.

This is a fabulous result for the women with special mention going to Melissa Briggs and Rebecca Deane who broke 17 records between them.

There is a downside to these results however which is a shining example of one of the major problems we have in the Club - by the end of November (about halfway through the season) 39 records had already been set which I don't think is due to people not improving throughout the season but more due to the fact that by the end of the season we are lucky to have a dozen people show up for Saturday competition.

Robert Kropman

BLAIR ZONE:

The Zone Committee changed the format for trophy winners, introducing "track", "field", and "track and field" separate pointscores.

Lynette Smith won the open women's track, field, and track and field. Michelle Townsend finished second in the open women's track and field. Elizabeth Knoke finished second in the U20 women's track and field.

Of the 13 Girraween representatives Lynette was the only regular competitor, five competed about 50% of the time and the other seven competed on an occasional basis.

Bob Sewell

PUBLICITY:

Support from local newspapers was great last season with the Blacktown Advocate, Blacktown City Guardian, Parramatta Advertiser, and Parramatta Mercury using nearly every item I sent to them.

The Sunday papers quite often listed our results also.

See the "Press Plaudits" section for publicity the athletes and the Club received last season.

Bob Sewell

FUNDRAISING:

Last season we held two raffles for a total profit of \$200. Whilst not a great achievement money-wise, it at least enabled a couple of bills to be paid.

A special "thank you" to:

- * H & F Electrical, Merrylands
- * Payless, Toongabbie
- * Bungaree Butchery, Toongabbie (through Kay Briggs).

Increased enthusiasm and involvement next year will yield a greater return. Looking forward to a good year from September onwards.

Sean Battersby

CANTEEN:

Bob Hanlon started out the season managing the canteen but was unable to continue and so the responsibility for buying stock, setting up the canteen for Saturday afternoons, and putting stock away at the end of the day fell onto the shoulders of yours truly.

It is difficult to run a canteen successfully if you are officiating and competing, but in spite of this the season's profit amounted to \$529.75 which included some sales during winter running and training nights.

Oh yes, I pray,
I hope that someone will take on this role for the coming season as the canteen is one of our few money-raising aspects and needs full attention. It is also essential for sustenance and survival of competitors on Saturday afternoons!

Bob Sewell

TREASURER:

This year's accounts opened with balances of \$431.53 in the General Account and \$49.25 in the Representative Account. This year these Accounts were combined and as at 31 May 1993 the Account showed a credit balance of \$594.61.

It is worth noting that the Club still owes \$400 for the purchase of singlets and that there were no purchases of equipment during the year. This again reinforces the situation of previous seasons that there is still no accumulation of funds to meet ongoing contingencies.

Funds were almost entirely (87%) raised through registrations, canteen sales, and raffles. The contributions of Bob Sewell and Sean Battersby in organising these fundraising activities should be acknowledged and their efforts are greatly appreciated.

The Club is very grateful to John Heyes who has audited our Accounts for eight years from 1984/85. Thanks also to John Dunn who has been auditor for this year.

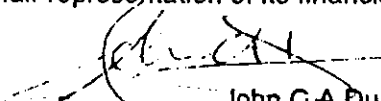
Wayne Jeff

**Girraween Amateur Athletics Club
Income and Expenditure Statement
Interim Statement as at 31st May, 1993.**

St. George Building Society Account - 111528203

1990/91	1991/92		1992/93
		Income	
775.81	272.55	Balance Brought Forward	431.53
1389.00	2216.00	Registrations Received (note 1)	1557.00
78.06	276.70	Canteen Profits (note 2)	529.75
196.00	126.00	Sale of Singlets	84.00
21.07	21.98	Interest Income	4.86
22.95	20.00	Donations	12.00
18.00	15.00	Sale of Winter Handbooks	
36.00	32.00	Sale of Summer Handbooks	32.00
1.50		Sale of Club Patches	
0.00	36.50	Visiting Athletes Ground Fees	33.10
		Raffle Profits	200.00
0.00		Transfers From Representative Account	49.25
-----	-----		-----
2538.39	3016.73	TOTAL INCOME	2933.49
		Expenditure	
1063.00	1716.00	Registrations to ANSW	1174.00
112.62	145.00	ANSW Affiliation Fees	125.00
		Electricity	0.00
		Water Rates	504.91
221.90		Trophies	86.42
530.00	550.00	Park Trust Fees	
29.95	10.80	Printing, Postage and Stationary	4.50
18.00	15.00	Purchase of Winter Handbooks	
40.00	32.00	Purchase of Summer Handbooks	40.00
2.00		Purchase of Registration Cards	
		Purchase of Shirts	169.65
228.85	12.96	Equipment Purchases (Caps)	123.80
16.00		Entry Fees	
3.52	3.44	Bank Fees	10.60
		Representative Assistance Scheme	100.00
	100.00	Transfer to Representative Account	
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2265.84	2585.20	TOTAL PAYMENTS	2338.88
-----	-----		-----
272.55	431.53	Balance Carried Forward	594.61

I certify that this Income and Expenditure Statement of Girraween Amateur Athletic Club has been checked and that they are a true and fair representation of its financial transactions.


John C A Dunn
CPA AASA

John C A Dunn CPA AASA

LIABILITIES	
Shirts - (Not paid for)	400.00
ASSETS	
Shirts - (Unsold)	660.00
Bank Account	594.61

NET ASSETS	854.61
	=====

Note1	
Registrations	
GAAC	383.00
ANSW	1174.00

Total Received	1557.00

Note 2	
Canteen	
Sales	625.95
Purchases	96.20

Net Profit	529.75



GIRRAWEE AMATEUR ATHLETIC CLUB

EQUIPMENT

60 competition standard hurdles
Mobile hurdle transporter
Mobile tape hurdle marker

4 steeplechase hurdles
Mobile steeplechase transporter
1 water jump pit

Javelins: 1x800g
 1x700g
 3x600g

Discus: 1x2kg metal ring
 3x1½kg metal ring
 1x1kg metal ring

Shot puts: 1x7.260kg (16 lb)
 2x5.449kg (12 lb)
 2x4.535kg (10 lb)
 1x4.000kg (8.8 lb)
 2x3.632kg (8 lb)
 1x2.724kg (6 lb)

Tapes: 1x10m
 1x50m
 1x100m metal

Stop watches: 11

Starter gun: 1

Ear protectors: 1

Miscellaneous: 1 metal stationery cupboard
 2 metal clothes cupboards
 2 notice boards
 1 records board
 14 clip boards
 1 lap board
 2 sets of throw markers

ESTIMATED REPLACEMENT COST - \$19,900

GIRRAWEE AMATEUR ATHLETIC CLUB

WINTER 1992 CROSS COUNTRY AND ROAD RUNNING RESULTS

04-04-92 Cross Country at Meadowbank Park

Men 5.4km:	J Dwyer	23:28
	C Starr	23:42
	V Manwaring	25:46
	N Manwaring	25:56
2.7km:	B Sewell	16:45
U16 5.4km:	D Manwaring	25:48
U14 2.7km:	N Schmid	10:24
Women 2.7km:	L Smith	15:06

11-04-92 Road Races at Homebush Bay (W.M.Z. Race 1)

Men 8km:	V Manwaring	36:41
4km:	M Kammerer	14:24
	W Jeff	16:15
	C Starr	16:20
	N Manwaring	17:30
2km:	B Sewell	10:59
U16 4km:	D Manwaring	15:52
	N Schmid	16:35
Women 2km:	L Smith	10:02
	M Jeff	10:59
U14 2km:	A Thorpe	8:26

18-04-92 Cross Country at Dundas (W.M.Z. Race 2)

Men 7.5km:	B. Hogg	26:54 (2nd U20)
	V Manwaring	37:42
3km:	W Jeff	12:06
	C Starr	12:17
	N Manwaring	13:32
1.5km:	B Sewell	8:06
U16 3km:	D Manwaring	11:58
U14 3km:	N Schmid	11:01
Women 3km:	H Sestic	15:28
	V Sestic	18:54
1.5km:	L Smith	7:00
	M Jeff	7:57
U14 1.5km:	A Thorpe	6:05

25-04-92 Cross Country at Baulkham Hills (non pointscore)

Men 4.8km:	C Starr	20:03
2.2km:	W Jeff	8:48
	B Sewell	15:07
Junior 4.8km:	N Schmid	17:12
	D Manwaring	20:02
Women 2.2km:	L Smith	11:02
	M Jeff	13:17

02-05-92 Cross Country at Ramsgate

U16 4km:	N Schmid	13:51
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09-05-92 Cross Country at Baulkham Hills

Men 4.8km:	C Starr	19:35
	W Jeff	20:17
2.4km:	B Sewell	13:33
U16 4.8km:	D Manwaring	20:27
Women 2.4km:	L Smith	11:38
	M Jeff	13:11

16-05-92 Road Races at Abbotsford

Men 4km:	C Starr	14:23
	N Manwaring	16:09
2km:	W Jeff	7:59
	B Sewell	10:57
U16 4km:	D Manwaring	14:31
Women 2km:	L Smith	9:26
	M Jeff	11:32

23-05-92 Cross Country at Baulkham Hills (W.M.Z. Race 3)

Men 4km:	C Starr	14:54
	N Manwaring	16:02
2.5km:	W Jeff	8:51
	B Sewell	12:36
U16 4km:	D Manwaring	15:06
Women 2.5km:	L Smith	11:21
	M Jeff	13:22

20-06-92 Concrete Path at Auburn West (W.M.Z. Race 4)

Men 4km:	C Starr	15:16
	W Jeff	16:30
U16 4km:	N Schmid	14:12 (3rd U16)
Women 4km:	L Smith	19:45
U14 2km:	A Thorpe	7:25

27-06-92 Parramatta Open and supporting events

Men 8km:	B Hogg	Time not known
	C Starr	Time not known

04-07-92 Cross Country at Bass Hill

Men 4km:	B Sewell	22:45
Women 4km:	L Smith	21:39

11-07-92 Cross Country at Parramatta Park (W.M.Z. Race 5)

Men 8km:	B Hogg	29:13 (1st U20)
	C Starr	36:17
4km:	B Sewell	24:10
2km:	J Dwyer	7:29
U16 4km:	N Schmid	15:40
Women 4km:	L Smith	21:47

18-07-92 Cross Country at Baulkham Hills (W.M.Z. Race 6)

Men 7km:	B Hogg	23:42 (1st U20)
	C Starr	31:06
4.6km:	J Dwyer	22:27
	B Sewell	26:08
2.3km:	J Dwyer	9:45
Women 4.6km:	L Smith	25:02
U14 2.3km:	A Thorpe	12:53

25-07-92 NSW Cross Country Championships (all ages) at Bass Hill

Men U16 4km:	N Schmid	14:33 (16th)
Women U14 4km:	A Thorpe	17:05 (13th)

01-08-92 Road Races at Epping (W.M.Z. Race 7)

Men 5km:	J Dwyer	23:09
2km:	B Sewell	10:00
U16 5km:	N Schmid	19:20
Women 2km:	L Smith	8:09

08-08-92 NSW Road Relay Championships at Homebush

Men 2km:	B Sewell	10:03
Women 3km:	L Smith	14:37

15-08-92 Cross Country at Auburn

Men 7.5km:	C Starr	32:15
5km:	J Dwyer	21:42
2.5km:	B Sewell	13:11
Women 5km:	L Smith	26:11

22-08-92 Road Races at Haberfield (W.M.Z. Race 8)

Men 8km:	C Starr	33:40
	J Dwyer	34:40
2km:	B Sewell	9:20
Women 4km:	L Smith	19:22
2km:	A. Thorpe	7:41

05-09-92 Road Races at Baulkham Hills (W.M.Z. Race 9)

Men 8km:	J Dwyer	34:42
4.4km:	M Kammerer	15:48
1.7km:	B Sewell	7:48
Women 4.4km:	L Smith	20:43

GIRRAWEE AMATEUR ATHLETIC CLUB

SUMMER 1992/93 RESULTS

CLUB COMPETITION:

The following ground records were established:

Open Women

Renee McAskill (Nepean) 1500W 7:48.8
Nicole Page LJ 5-05

Senior Women

Lynette Smith HJ 1-59

U18 Women

Veronica Sestic 1500W 8:18.8
Kylie Walker 100H 19.1

U17 Women

Nicole Page 100 13.4, LJ 5-05

U15 Women

Rebecca Deane 200 28.2, 800 2:36.4

U14 Women

Rebecca Deane 100 13.0, 200 28.3, 400 1:03.8,
80H 13.3, 200H 32.5
Helen Sestic 1500W 8:16.6

U13 Women

Sandra Narezzi 200H 37.0

U12 Women

Melissa Briggs 100 14.4 (equal), 1 Mile 6:50.5,
80H 16.8, 200H 40.2, HJ 1-42

Open Men

Robert Kropman 110H 16.2, 200H 28.1, SP 13-95
Nathan Manwaring LJ 6-50
Craig Willetts TJ 14-17

Senior Men

Robert Kropman 110H 16.2, 200H 28.1, SP 13-95

U20 Men

Damien Beckhouse 100 11.6, HJ 1-81
Bruce Hogg 1500 4:33.2
Craig Willetts TJ 14-17

U19 Men

Bruce Hogg 800 2:08.2, 1 Mile 4:54.2,
3000 9:21.9, 5000 17:17.5

U18 Men

Nathan Manwaring 400 55.1, LJ 6-50

U17 Men

Kurt Quinlivan 100 11.5, 110H 16.2

FUN DAY-NEW RECORDS:

2.724kg shot put "throw"
Senior Men - Robert Kropman 31-66 (new open record)
Senior Women - Lynette Smith 15-61
U18 Women - Veronica Sestic 12-78
U12 Women - Natalia Sestic 4-36

A further 24 records were established in 4x100 relays, 60 sprint, standing LJ, and scissors HJ which is only the second year these have been held.

Additional fun day events were added covering 300 (unlaned) and 1000.

CHS T & F CHAMPIONSHIPS:

Sydney Athletic Field, 10/11/12.09.92

Nicole Page Open Pentathlon (6th)
Nathan Manwaring Open LJ 6-73 (3rd)

AA Pollock
MOOVE GAMES (NSW SCHOOLS T & F CHAMPIONSHIPS):
Sydney Athletic Field, 10/11.10.92

Rebecca Deane U14 200 26.93 (3rd), 80H 12.97 (2nd),
800 2:31.6 (4th)
Linda Hatherly U15 HJ 1-50 (5th)
Nathan Manwaring U19 LJ 6-38 (4th)

TIGER WESTS GAMES:

Auburn, 02.01.93

Bruce Hogg U20 400 55.7 (7th), 1500 4:25.4 (1st)
Wayne Jeff Open 200 24.8 (6th in heat)
Kurt Quinlivan U18 100 12.1 (2nd)
Lynette Smith Open HJ 1-50 (4th), DIS 30-48 (10th),
JAV 35-84 (2nd)
Brad Tudman U17 400 59.1 (4th)

NSW MULTIPLE EVENTS CHAMPIONSHIPS:

Sydney Athletic Field, 09/10.01.93

WOMEN'S OPEN HEPTATHLON

Lynette Smith 3529 points (3rd)

DAY ONE		DAY TWO	
100H	19.74	LJ	4-81
HJ	1-58	JAV	32-44
SP	8-44	800	2:44.78
200	29.53		

NSW T & F CHAMPIONSHIPS:

Sydney Athletic Field, 19/20/21 and 27/28.02.93

Bruce Hogg U20 3000 s/c 9:40.97 (3rd)
Nicole Page U18 LJ 4-86 (9th)
Kurt Quinlivan U18 100 11.73 (8th in heat)
Craig Willetts U20 TJ 14-41 (1st)

AUSTRALIAN T & F CHAMPIONSHIPS:

Brisbane, 05/06/07.03.93

Bruce Hogg	U20 3000 s/c 9:44.15 (6th)
Craig Willetts	U20 TJ 14-58 (3rd)

NSW VETERANS T & F CHAMPIONSHIPS:

Sydney Athletic Field, 13/14.03.93

John Dwyer	55-59 ages:	800 2:22.8 (3rd), DIS 26-94 (2nd)
Peter Murray	30-34 ages:	100 11.5 (1st), 200 23.1 (1st), LJ 5-61 (2nd), TJ 11-85 (2nd)

SYDNEY ATHLETIC FIELD INTERCLUB AND ALLCOMERS:

17.10.92		
Wayne Jeff	400	54.47
10.01.93		
Bruce Hogg	400H 1:00.64, 800 2:01.05	
30.01.93		
Bruce Hogg	3000 s/c 9:52.4	
Wayne Jeff	200 25.22, 400 55.61	
13.02.93		
Bruce Hogg	400	53.94
Wayne Jeff	400	55.97
Craig Willetts	TJ 14-28	

NSW ATHLETIC LEAGUE:

Wayne Jeff	10.10.92 Gilgandra	400 1st (52 handicap)	48.0
	07.11.92 Macksville	300 2nd (41 handicap)	
	05.12.92 Yass	300 2nd (39 handicap)	
	12.12.92 Young	300 2nd (37 handicap)	
	27.03.93 Coonabarabran	400 5th (46 handicap)	

BLAIR ZONE COMPETITION:

Various grounds, Wednesday evenings

Lynette Smith	Open Women	1st track, 1st field, 1st track + field
Michelle Townsend	Open Women	2nd track + field
Elizabeth Knoke	U20 Women	2nd track + field

STATE LITTLE ATHLETICS CHAMPIONSHIPS:

Sydney Athletic Field, 27/28.03.93

Natalia Sestic	U11 SP 7-95 (12th)
Melissa Briggs	U12 200 28.3 (6th in heat)
Sandra Narezzi	U13 200H 30.7 (8th)
Rebecca Deane	U14 100 12.8 (5th), 200 26.1 (3rd), 90H 13.6 (4th), 200H 29.0 (4th)
Helen Sestic	U14 1500 5:29.1 (12th), 1500W 7:15.9 (2nd)
Natalie Deegan	U15 TJ 10-56 (6th)
Linda Hatherly	U15 HJ 1-45 (10th)
Nathan Schmid	U15 3000 9:40.0 (3rd)

PRESS PLAUDITS

ATHLETICALLY

PARRAMATTA ADVERTISER

The Mercury

THE SUN-HERALD

SUNDAY TELEGRAPH

The Sydney Morning Herald

BLACKTOWN CITY GUARDIAN

BLACKTOWN ADVOCATE

04.04.92

Girraween runners

Girraween Amateur Athletic Club.
Cross-country at Meadowbank men's
5.4km: J Dwyer 23.28, 1. C Starr 2. V
Manwaring 3. Combined 2.7km: N
Schmid 10.24, 1. L Smith (first female)
2. B Sewell 3.

18.07.92

GIRRAWEEEN at Baulkham Hills:
MEN: 7km: B Hogg 23m42s M
Starr C Starr. 4.6km: J Dwyer
22m25s B Sewell. Mxd 2km: J
Dwyer 9m45s A Thorpe.

22.08.92

GIRRAWEEEN at Cabarita Park:
MEN 8km: M Starr 32:16s C Starr J
Dwyer. WOMEN 4km: L Smith
19:22s Mxd 2km: A Thorpe 7:41s
B Sewell.

PARRAMATTA ADVERTISER

Wednesday, September 2, 1992

Smith runs up a record

LYNETTE Smith has won the Girraween Amateur Athletic winter pointscore championship.

In her first season of cross country and road running with the club, Smith, 21, has created history by being the first woman to win the summer and winter championships.

A track and field runner, Smith joined the club to develop her strength and fitness for the regular summer season.

The men's championship was won by Con Starr, who was also competing in cross country and road racing for the first time.

Starr, 27, started running 4km and now competes in 8km events.

Meanwhile, the club will start its summer season at 1.30pm on Saturday, September 12, on CV Kelly Park. Athletes of all ages and abilities are welcome to join the club.

25.04.92

Amateur athletes

Girraween Amateur Athletic Club.
Men's 4km: N Schmid 17:12, D Manwaring, C Starr.

Men's 2.2km: W Jeff 8.48, B Sewell.

Women's 2.2km: K Kolc 9.56, M Kolc, L Smith.

01.08.92

Amateur athletics

Girraween Amateur Athletic Club

Road races at Epping, August 1 results

Men 5km: N Schmid 19.20, M Starr, J Dwyer.

Mixed 2km: L Smith 8.09, B Sewell.

Summer season events will start at CV Kelly Park, 1.30pm, Saturday, September 12.

11.07.92

GIRRAWEEEN at Parramatta Park:
8km: B Hogg 29.13s M Starr C Starr. 2km: K Dwyer 7.29s N Townsend. Mxd 4km: N Schmid 15.40s L Smith (1st woman) B Sewell.

15.08.92

WESTERN METROPOLITAN at Wyatt Park, Auburn: MEN: Open 7.5km: M Starr (Gir) 30m48s C Starr (Gir) K Ashton (TW). Snr 5km: P Ford (TW) 19m05s J Dwyer (Gir) G Jones (TW). BOYS: U-17 5km: D Simpson (TW) 18m13s L Nolan (TW) N Nolan (TW). U-13 2.5km: B Scalley (2WS/H) 9m34s M Mittelheuser (TW) S Muir (Gir). WOMEN: Open 5km: L Smith (Gir) 26m11s. 2.5km: S Tulloch (TW) 13m10s M Fowler (TW) M Fabar (TW). GIRLS: U-14 2.5km: C Fabar (TW) 9m35s B Sigsworth (TW) N Miller (TW).

BLACKTOWN ADVOCATE

Wednesday, September 9, 1992

Con's Starr-ing role

GIRRAWEEEN Amateur Athletics Club has found a natural in Con Starr, who won the club's winter pointscore championship.

Con, 27, joined the club to improve his fitness for district cricket by running in cross country and road races and after starting the season in 4km events, he graduated to 8km races.

The club's women's division result was not such a surprise, with 21-year-old track and field champion Lynette Smith, of Girraween, taking the honors.

Lynette has become the first female in the Girraween club's history to take the winter and summer double.

Lynette says her goal for the summer season is to improve her performance in the NSW heptathlon championship, where she finished sixth in 1991 and fourth in 1992.

To further increase her strength, Lynette and junior heptathlete Linda Hatherly do weight training twice a week at Blacktown Police Citizens Youth Club.

The summer season starts at CV Kelly Park at 1.30pm this Saturday. Little athletes in the under-13, -14 and -15 age groups are invited to join for only \$5 for the season.

Wednesday, September 2, 1992

Wednesday, September 23, 1992

Jumped his best

TOONGABBIE'S Nathan Manwaring qualified for Combined High Schools track and field championships when he notched a personal best distance of 6.61m to win the long jump in the regional championships held in St Marys. Nathan, 17, is a member of Girraween Amateur Athletic Club and is a student at Pendle Hill High School. The championships will be held at Sydney Athletic Field on September 12. Girraween holds a grading competition on the same date at C V Kelly Park, Girraween at 1.30pm. Athletes of any standard, age 10 to veteran, are invited.

Jump for medal

PENDLE Hill High School student Nathan Manwaring has made a flying start to the 1992-93 athletics season.

Nathan, 17, won a bronze medal in the long jump at the Combined High Schools Championships at Sydney Athletic Field.

The Girraween Amateur Athletic Club runner produced a personal best to win the bronze medal.

Nathan jumped 6.73m eclipsing a previous best of 6.61m.

12.09.92

GIRRAWEEEN at C V Kelly Park:
MEN: 100m: K Quinlivan 12.2s W Jeff P Gallagher 400m: K Quinlivan 58.3s W Jeff B Tudman 1500m: B Tudman 5m15.9s J Dwyer K Quinlivan High jump: M Finucane 1.65m Quinlivan P Nilon Long jump: N Benthams 4.35m M Hunter D Mikolajczyk Triple jump: N Benthams 8.95m M Hunter D Mikolajczyk Shot Snr: P Sewell 9.24m S Battersby B Sewell U-18: N Manwaring 10.87m U-16: P Nilon 8.52m G Atkins U-15: N Benthams 8.14m
WOMEN: 100m: N Page 13.8s L Smith H Sestic High jump: L Smith 1.45m Triple jump: L Hatherly 9.67m H Sestic S Battersby Discus: L Smith 31.04m M Jeff S Battersby



ATHLETICS

NSW CHS CHIPS

BOYS: 17yrs+:

Long jump: W Piepenbosch (Eaglevale) 6m05m J Carlaw (Gosford) N Manwaring (Pendle Hill)

26.09.92

GIRRAWEEEN at C V Kelly Park:
 100m: R Kropman 11.4s J Micallef P Murray 400m: N Manwaring 55.1s P Murray W Jeff 3000m: B Hogg 9m38.7s B Tudman W Jeff High jump: R Kropman 1.85m M Finucane J Micallef Long jump: N Fowler 4.87m W Jeff N Benthams Triple jump: D Beckhouse 12.09m B Beckhouse D Briggs Shot put snr: R Kropman 13.95m P Murray W Jeff U-20: D Beckhouse 8.44m U-19: B Beckhouse 10.25m N Manwaring B Hogg U-16: D Manwaring 9.22m B Tudman P Nilon U-14: D Reddy 8.44m N Benthams D Briggs Javelin: Snr: R Kropman 41.12m B Sewell U-19: B Hogg 33.14m N Manwaring K Quinlivan U-14: D Briggs 22.46m D Reddy N Benthams
WOMEN: 100m: R Deane 13.9s A Newton V Sestic 3000m: R Deane 14m27s H Sestic M Briggs High jump: L Smith 1.50m Long jump: L Hatherly 4.64m R Deane M Fowler Triple jump: L Hatherly 9.48m R Deane M Briggs Discus: Snr: L Smith 32.54m M Jeff M Townsend U-18: V Sestic 24.38m U-16: S Awad 13.20m U-15: L Hatherly 22.22m U-14: H Sestic 22.54m G Deane R Deane U-12: M Briggs 16.12m C Awad Javelin: Snr: L Smith 30.40m M Jeff U-18: V Sestic 17.84m U-14: H Sestic 13.54m R Deane G Deane

19.09.92

GIRRAWEEEN at C V Kelly Park:
MEN: 200m: N Manwaring 25.2s P Murray W Jeff 800m: M Finucane 2m13.8s N Fowler W Jeff k1500m: N Fowler 4m44.4s B Pudman W Jeff Long jump: N Manwaring 6.50m J Micallef P Murray Discus Vet: V Manwaring 20.36m S Battersby B Sewell Snr: W Jeff 25.32m P Murray M Finucane U-18: N Manwaring 30.50m U-15: D Briggs 25.20m Javelin Snr: R Kropman 48.52m P Murray M Finucane U-18: N Manwaring 33.21m K Quinlivan B Tudman U-15: D Briggs 24.63m
WOMEN: 200m: N McEvoy 30.9s L Hatherly M Briggs 800m: A Thorpe 3m27s L Smith C Battersby High jump: L Hatherly 1.47m M Briggs M Townsend Long jump: L Smith 4.43m M Fowler Shot Snr: L Smith 8.54m M Jeff M Fowler U-15: L Hatherly 9.61m U-12: M Briggs 6.89m C Battersby Javelin: L Smith 28.96m M Townsend M Jeff

03.10.92

GIRRAWEEEN at C V Kelly Park:
MEN: 200m: K Quinlivan 26.3s N Fowler J Kotrolas 800m: N Fowler 2m16.4s K Quinlivan B Tudman 3000m: B Hogg 9m21.9s J McArdle B Tudman High jump: D Beckhouse 1.70m J Kotrolas K Quinlivan Discus Vet: V Manwaring 20.84m J Dwyer S Battersby Snr: J Kotrolas 24.24m U-20: D Beckhouse 31.80m U-19: G Dempsey 31.98m B Hogg U-18: N Manwaring 29.46m K Quinlivan U-14: D Briggs 27.42m D Hatherly U-12: N Cox 12.22m
WOMEN: 200m: R Deane 28.3s L Hatherly G Deane 800m: L Smith 3m00s S Narezzi G Deane 3000m: L Smith 14m7.4s Hurdles Snr: 100m: L Smith 21.11s U-15: 90m: L Hatherly 17.2s U-14: 80m: R Deane 13.3s U-13: 80m: S Narezzi 16.3s G Deane M Briggs High jump: L Smith 1.50m L Hatherly Long jump: R Deane 4.28m G Deane S Narezzi Triple jump: R Deane 9.12m G Deane M Briggs Shot Snr: L Smith 8.87m U-15: L Hatherly 9.51m U-14: G Deane 7.65m R Deane S Narezzi

10.10.92

GIRRAWEEEN at Kelley Park:
MEN: 100m: R Kropman 11.3s P Murray K Quinlivan 400m: M Finucane 55.9s N Fowler W Jeff 1500m: B Tudman 5m13.5s W Jeff S Battersby 200m Hds: R Kropman 28.8s K Quinlivan P Murray Long jump: D Beckhouse 5.99m R Kropman P Murray Triple jump: D Beckhouse 11.89m K Quinlivan B Beckhouse Shotput Snr: R Kropman 13.55m P Murray W Jeff U-17: B Beckhouse 10.77m B Tudman P Nilon U-14: D Reddy 8.85m R Reddy Javelin Snr: M Finucane 27.78m W Jeff S Battersby U-16: B Tudman 32.4m D Manwaring
WOMEN: 100m: V Sestic 13.8s M Briggs S Narezzi 400m: H Sestic 70.1s V Sestic M Briggs 200m Hds: S Narezzi 38.4s C Kropman L Smith High jump: J Kropman 1.36m M Briggs S Battersby Long jump: L Smith 4.47m Triple jump: L Smith 9.51m Discus Snr: L Smith 33m C Kropman M Jeff U-19: Julie Kropman 27.95m V Sestic J Kropman U-14: H Sestic 23.70m S Narezzi Javelin Snr: L Smith 30.42m C Kropman M Townsend U-16: S Battersby 23.82m H Sestic

17.10.92

GIRRAWEEEN at C V Kelly Park:
 200m: P Murray 24.2s W Jeff F Sherrott 800m: M Finucane 2m14.1s D Manwaring B Tudman 5000m: B Harrison 18m11.2s High jump: D Beckhouse 1.81m P Murray B Beckhouse Discus Veteran: T Barber 22.36m F Sherrott V Manwaring Snr: P Murray 26.08m J Kotrolas U-20: D Beckhouse 32.04m U-17: B Beckhouse 26.76m U-13: S Hinwood 26.34m
WOMEN: 200m: L Hatherly 29.6s N Page N Deegan 800m: H Sestic 2m58s M Briggs V Sestic Hurdles U-30 80m: S Narezzi 15.9s M Briggs U-18 100m: K Walker 19.1s N Page 1500m: Walk: H Sestic 8m15.6s High jump: L Smith 1.45m L Hatherly Long jump: N Page 4.86m J Kropman N Deegan Triple jump: N Deegan 9.89m J Kropman N Page Shot Snr: L Smith 8.47m M Townsend U-18: J Kropman 9.72m V Sestic K Walker U-15: L Hatherly 10.21m H Sestic S Narezzi U-12: M Briggs 6.62m N Sestic

10.10.92

Athletics

GILGANDRA GIFT at Gilgandra:
 70m hcp: D Sunderland (5.75m Greenacre) 7.5s B Dowd (4.5m Coonabarabran) C Davis (3.75m Penhurst) 120m gift: B Doud (7.75m Coonabarabran) 12.3s K Mervin (7m Newport) S Antonich (6m Roselands) 120m grad: J Kennedy (6.5m Doonside) 13s M Chapman (8.25m St Claire) M Foley (13m Roselands) 400m: W Jeff (52m Parramatta) 48s B Orange (39m Pt Macquarie) A Bohlsen (37m Mosman) 1600m: M Rizzuto (14.5m Gunnedah) 4m17s G Ritchie (0.0m Bateau Bay) A Bohlsen (12.5m Mosman)

24.10.92

● Girraween Amateur Club

Results at C V Kelly Park, men's
 100m: R Kropman 11.3sec;
 400m: M Finucane 54.9sec;
 1500m: B Tudman 5m10.6sec;
 200m hurdles: R Kropman 28.1sec; long jump: R Kropman 6.11m; triple jump: R Kropman 11.58m; shot putt veteran's: V Manwaring 7.36m; javelin seniors: R Kropman 47.90m; women's 100m: R Deane 13.1sec; 400m: R Deane 63.8sec; 1550mm walk: R McAskil 7min48.8sec; 200m hurdles: R Deane 32.5sec; high jump: M Briggs 1.42m; long jump: L Hatherly 4.43m; triple jump: L Hatherly 9.55m; discus: V Sestic 26.12m; javelin: V Sestic 18.98m.

Wednesday, October 21, 1992

Girraween kids got 'mooving'

ATHLETICS

NSW ALL SCHOOLS CSHIP
At Sydney Athletic Field

U-14:
100m: K Bloxham (Woollooware) 12.82s; D Strauss (Menai) R Cox (St George); 200m: K Bloxham (Woollooware) 26.39s; R Cox (St George) R Deane (William Clark); 400m: E Austin (Abbotsleigh) 1m01.04s; R Smart (Narrabri) E Morris (Queenwood); 800m: E Morris (Queenwood) 2m19.02s; M Crichton (Blacktown) R Smart (Narrabri); 1500m: E Morris (Queenwood) 4m49.27s; M Crichton (Blacktown) E Austin (Abbotsleigh); 80m hurdles: K Grubb (Menai) 12.84s; R Deane (William Clark) N Mros (Vaucluse); Long jump: D Strauss (Menai) 5.13m; R Cox (St George) R Mossman (St Agnus); High jump: G Harrop (Crookwell) 1.56m; K Rizzo (St Scholastica) K Robins (Toronto); Shot: D Turnbull (Berkeley) 13.47m; K Brennan (Elderslie) N Sua (Airds).

SEVEN Hills athlete Rebecca Deane won two medals at the recent Moove Games at E S Marks Field.

The Moove Games is a NSW championship standard track and field meeting for talented athletes.

Rebecca, 13, finished second in the 80m hurdles in 12.97 seconds and was third in the 200m in 26.93 seconds.

She also competed in the under-14 age category for the 800m finishing a gallant fourth.

Rebecca's times in the hurdles and sprints were personal bests.

The promising teenager is a member of Girraween Amateur Athletic Club and Girraween Little Athletic Centre.

Nathan Manwaring, also a member of the Girraween Amateur Athletic Club, was fourth in the under-19 long jump.

He leapt 6.38m and fellow club member Linda Hatherly was equal fifth in the under-15 high jump, leaping 1.50m.

31.10.92

Girraween Amateurs: competition at C V Kelly Park results men's 200m: P Murray 24.1; 800m: M Finucane 2.11.5; high jump: D Beckhouse 1.72m; discus veterans: J Dwyer 20.82m; seniors: R Kropman 37.44m; under-20: D Beckhouse 30/62m; under-14: D Briggs 25.98m; under-12: C Battersby 15.76m; women's 200m: L Hatherly 29.8; 800m: L Smith 2.58.7; high jump: L Smith 1.52m; long jump: M Briggs 4.01m; shot putt seniors: L Smith 8.99m; under-15: L Hatherly 9.57m.

14.11.92

Girraween
Results from competition at
C V Kelly Park:

Men's 200m: P Murray 25.1, K Quinlivan, K Quinlivan, W Jeff; 800m: W Jeff 2.23.8, K Quinlivan, B Tudman; 3000m: M Finucane 11.02.1, B Tudman, W Jeff.

High jump: D Beckhouse 1.73m, P Murray, K Quinlivan; discus senior: P Murray 27.76m; Under-20: D Beckhouse 32.26m; Under-17: K Quinlivan 20.82m; women's 200m: C Turk 30.5; V Sestic, H Sestic; 800m: H Sestic 2.48.3; 1500m walk: V sestic 8.18.8; high jump: L Smith 1.53m; long jump: H Sestic 3.93m; triple jump: H Sestic 9.17m; shot putt senior: L Smith 9.13m; Under-18: V Sestic 8.11m; Under-17: S Battersby 6.99m; Under-14: H Sestic 9.71m.

05.12.92

GIRRAWEEEN at C V Kelly Park: MEN: 100m: P Murray 11.6s; K Quinlivan N Manwaring; 400m: M Finucane 54.7s; P Murray N Manwaring; Long jump: K Quinlivan 5.80m; P Murray M Finucane; Triple jump: K Quinlivan 11.56m; M Finucane P Murray; Shot putt: P Murray 10.22m; M Finucane S Battersby; Javelin: V Manwaring 28.18m; N Manwaring S Battersby; WOMEN: 100m: R Deane 12.9s; L Hatherly G Deane; Long jump: L Smith 4.65m; L Hatherly; Triple jump: L Smith 10.20m; L Hatherly; Discus: L Smith 32.40m; H Sestic L Hatherly; Javelin: L Smith 33.86m; S Battersby L Hatherly.

PARRAMATTA ADVERTISER

Wednesday, November 25, 1992

Melissa jumps for State title

16.01.93

Girraween Amateurs: Men's 200m: P Murray 24.1, K Quinlivan, C Willets; long jump: C Willets 5.37m; triple jump: C Willets 13.55m; discus seniors: P Murray 29.08m; women's 200m: N Page 29.9; long jump: N Page 4.39pm; triple jump: N Page 9.52m; shot putt under 18: S Battersby 6.78m; under-14: H Sestic 7.04m.

TOONGABBIE schoolgirl Melissa Briggs has won her first state athletics title.

The youngster was victorious in the 11 years girls high jump at the State Catholic Schools Championships in Canberra.

Melissa leapt a personal best of 1.50m, surpassing her previous best jump of 1.42m, to be crowned champion.

She was also a member of the winning 4 x 100m relay team and Melissa also finished second in the 200m event.

Melissa has also been named in the NSW Little

Athletics team for the Trans Tasman Challenge against an Auckland team on January 24, 1993, at Narrabeen.

Melissa is a member of both Girraween Little Athletic Centre and Girraween Amateur Athletic Club.

Meanwhile, four of Melissa's club mates won trophies at the recent Hills District Pentathlon.

Helen Sestic was second in the Under-14; Gemma Deane second in the Under-13; Sandra Narezzi fifth in the Under-13 and Natalia Sestic finished fourth in the Under-11.

06.02.93

Girraween Amateurs, at C V Kelly Park, February 6 — men's 100m: P Murray 11.2; 200m hurdles: K Quinlivan 29.8; 400m: M Finucane 54.7; 1500m: B Hogg 4:33.2; long jump: P Murray 5.74m; triple jump: C Willets 14.17m; shot putt veterans: J Dwyer 7.35m; seniors: P Murray 10.66m; javelin seniors: P Murray 39.96m; under-20: B Hogg 39.56m; women's 100m: L Smith 14.4; long jump: L Smith 4.53m; triple jump: L Smith 9.95m; discus seniors: L Smith 33.44m; javelin: L Smith 33.30m; 400m: V Sestic 72.5.

MACKSVILLE GIFT

7th November 1992

120 Metres Gift: K.Mervin (6.75), M.Collins (9.75), S.Antonich (6.00), L.Clark (6.50), A.Waring (8.00), S.Uhlman (5.25). **70 Metres:** S.Antonich (4), B.Davis (9.25), M.Collins (7.00), A.Waring (5.00), S.Kelly (9.00), P.Caley (8.00). **300 Metres:** A.Weir (34), W.Jeff (41), D.Guest (22), P.Cootes (32), R.Shelton (32), L.Duroux (18). **800 Metres:** M.Rizzuto (50), D.Guest (40), B.Duff (55), L.Duroux (45), B.Orange (75), C.Ryan (50). **120 Graduation:** E.Rizk (4.50), W.Feggans (10.00), T.Edwards (2.75), A.Miles (3.00), A.Weir (8.25), B.Lovie (4.25). **120 Invitation:** L.Clark (1.50), C.Davis (0.50), K.Mervin (SCR), S.Uhlman (1.00), A.Waring (2.50), J.Zabielo (1.50).

YASS GIFT

5th December 1992

Gift: C Davis (5.25) 11.9, E Rizk 9.50, S McGrath 6.25. **Graduation 110m:** Melissa Mackie (13) 12.6, Lisa Lord (13), E Rizk (2.75). **70m:** S Antonich (3.75) 7.2, E Rizk (6), P Harloff (6). **Ladies Gift:** Melissa Mackie (6) 13.4, Lisa Lord (6.25), Jenny Walker (9). **300m:** C Luong (23) 32.9, W Jeff (39), F Turner (30). **1600m:** S Sagar (135) 4:19.7, D Forbes (50), P Harris (135).

YOUNG "CHERRY CITY GIFT"

12th December 1992

Gift: P McCaffery (11.25) 11.3, A Fortis (6.75), S Antonich (5.5). **70m:** E Rizk (6) 7.3, S Antonich (3.25), Tammy Barrett (13.5). **Graduation:** A Fortis (2.5) 11.9, P McCaffrey (5.5), L Lord (11). **Ladies Gift:** Nicole Apps (8), 12.5, L Lord (5), T Barrett (9.75). **300m:** C Doyle (24) 33.6, W Jeff (37), M Jensen (48). **800m:** A Bohlsen (65) 1:55.9, W Skuse (95), C Ryan (55).

Results: Coonabarabran Gift March 27th: **120m Gift:** L.Clark (6.75) 12.2, C.Walton (6), J.Kennedy (12.25), D.Lockett (8.25), B.Dowd (7), A.Richardson (4). **70m:** A.Waring (5.25) 7.2, S.Whereat (2.25), L.Clark (4), C.Walton (3.75), P.Allison (8.25), A.Richardson (3). **120m Graduation:** D.Sutherland (4.25) 13.0, J.Kennedy (6.5), M.Schnabel (2), N.Stenberg (10.5), W.Medcalfe (11), K.Baker (15). **800m:** D.Guest (40) 1:56.0, P.Patterson (65), R.Magann (40), A.Bohlsen (60), R.Hanna (30). **400m:** A.Weir (34) 46.4, D.Guest (27), R.Hanna (16), A.Bohlsen (38), W.Jeff (46), P.Antonich (15). **120m Backmarkers:** S.Whereat (scr) 12.4, L.Clark (2.25), A.Richardson (1), C.Davis (1.75), K.Mervin (3), S.Jones (4).

NSW MULTI EVENTS CSHIPS Day 2 At Sydney Athletic Field

WOMEN: Heptathlon: (Long jump, javelin, 800m): **Open:** L McPaul (185, 5.66m, 53.16m, 2m27.07) 5709 (NSW rec) J Gyselhart (WallSEND, 5.93m, 22.16m, 2m49.35) 4629 L Smith (Girr, 4.81m, 32.44m, 2m44.78) 3529 J Goff (Nowra) 3253. **U-20:** V Young (NS, 5.70m, 29.10m, 2m25.51) 4810. **U-18:** 1: J Jamieson (TW, 5.81m, 40.72m, 2m30.29) 5444 (NSW rec) 2: M Harris (CRH, 4.98m, 38.54m, 2m36.40) 4484. 3: M Cotton (Ryde, 5.07m, 30.70m, 2m23.66) 4222. 4: L Coutts (ACT) 3654. 5: B Cotton (Ryde) 3509. 6: A Rutter (ACT) 3434. **U-16:** 1: N Gale (Toukley, 5.30m, 33.04m, 2m27.16) 4909. 2: M Auer (CRH, 5.23m, 28.68m, 2m30.55) 4638. 3: K Heffernan (RBK, 4.85m, 20.50m, 2m31.80) 4208. 4: S Schreiber (Nowra) 4020. 5: D Knapp (185) 3690. 6: U Rodway (STG) 3463.

Thursday, January 28, 1993

MERCURY Sport Lynette a real champ

GIRRAWEE'S Lynette Smith has gone from strength to strength as a heptathlete since she started competing with the Amateur Athletic Club three years ago after a four-year absence.

On January 9 and 10, Smith won her first state championship medal at Sydney Athletic Field.

Smith, 22, had top results in the seven heptathlete events: 100 metre hurdle 19.64sec, high jump 1.58 metres, shot put 8.44 metres, 200 metres 29.53 sec, long jump 4.81 metres, javelin 32.44 metres and 800 metres 2.44.78 mins.

Smith started with Girraween Little Athletics at the age of seven, but retired from Girraween Senior Club two years after joining.

She came back in 1991 with a vengeance and won the women's championship in 1991 and 1992, but realises the hard work ahead of her.

"I must improve my performances to be really competitive in this year's championship," Smith said.

"I will spend the next year working on speed and hurdling technique at Girraween and increase my strength with weight training."

13.02.93

Girraween Amateurs at CV Kelly Park. February 13. Men's 100m: P Murray 11.1, R Kropman, M Finucane; 400m: M Finucane 55.3, P Murray, R Kropman; high jump: R Kropman 1.85m, M Finucane, P Murray; long jump: R Kropman 6.23m, P Murray, M Finucane; shotput veterans: J Dwyer 7.40m, S Battersby; seniors: R Kropman 12.77m, P Murray, M

Finucane; under-16: B Tuddman 8.83m; under-14: D Briggs 8.76m; women's 200m: R Deane 28.2, S Narezzi, G Deane; high jump: L Smith 1.49m, L Hatherly, G Deane; shot put seniors: L Smith 9.16m, M Townsend; under-18: V Sestic 7.90m, L Hatherly, R Grech; under-15: H Sestic 9.73m, R Deane, S Narezzi; under-13: G Deane 8.18m, M Briggs, N Sestic.

27.02.93

Girraween Amateurs Athletic Club men's 110m hurdles: R Kropman 17.4, P Murray, M Finucane; 1500m: M Finucane 4.46.6, B Tuddman, P Murray; triple jump: C Willetts 13.39m, R Kropman, P Murray; discus veteran's: J Dwyer 21.22m, S Battersby; senior: R Kropman 36.58m, P Murray, M Finucane; U16: B Tuddman 25.12m; javelin: R Kropman 44.24m, P Murray, M Finucane; women's 80m: R Deane 2.36.4, H Sestic, G Deane; long jump: L Smith 4.71m, R Deane, L Hatherly; javelin: L Smith 31.54m, H Sestic, V Sestic.

05/06/07.03.93

SUGAR NATIONALS
TRACK & FIELD CHAMPS
At QEII Stadium, Brisbane

UNDER 20

Triple jump: 1: Peter Burge
(Qld) 15.61m. 2: Jason Wight
(WA) 15.06m. 3: Craig Willetts
(NSW) 14.58m. 4: Nicholas Roy
(Tas) 14.17m.

19/20/21.02.93

ATHLETICS

NSW CHAMPIONSHIPS
at Sydney Athletic Field

U-20: 200m: 81.33s
(ES) 21.32s M Woodhouse (TH) M
Rooney (TW) 800m: G Stojanovic
(CRH) 1m50.03s J Wall (RBH) M Mo-
iers (HLD). 5000m: T Wood (SUH)
15m19.99s D Green (SUH) M Wood-
ward (CRH). 400m hurdles: A Benn
(ES) 53.90s P Zonneveldts (CRH) P
Kennedy (CRH). Triple jump: C Wil-
letts (Gir) 14.41m A Mitchell (2WS).
B Page (Ryde). High jump: S Martin
(PPM) 1.95m M McAllister (Com) J
Driver (Kat). Shot put: J Vuic (SU)
15.58m A Coleman (NS) S Doherty

U-20: 100m: B
Figures (ES) 10.85s R Deeks (SS)
M Wiener (RBK) 400m: M Wood-
house (TH) 49.18s R Whitehouse
(TW) J Romyn (SUH). 1500m: G
Stojanovic (CRH) 3m50.15 T Har-
low (Arm) S Moseley (STG).
3000m steeplechase: D Green
(SS) 9m31.57 C Mills (Ryde) B
Hogg (Gir). 5000m walk: S
Robards (TW) 22m50.58 D
O'Mara (BKS) L Collis (Nep).
110m hurdles: C Shute (RBK)
15.28s J Driver (Kat) B Figures
Javelin: J Isaacs (RBH) 59.36m D
Gallagher (2WS) W Furey (2WS).
Discus: B Jaaniste (CRH) 48.32m P
McNicholas (SS) G Quirk. Pole
vault: C Schulstad (TW) 3.20m S
McLean (SUH). Long jump: G
Davies 7.29m S Mayne (SS) G
Quirk.

Athletically

April/May 1993

Sugar Australian Track & Field Championships - Brisbane

U/20 Sugar Australian Championships

Also back on track after a low key
summer was Girraween triple jumper, Craig
Willetts who bounded out to 14.58m

PARRAMATTA ADVERTISER

Wednesday, March 17, 1993

Athletically

March 1993

NSW Track and Field Championships - 1993.

U/20 & U/18 Events

Long jumper Geoff Davies was in great
form during the championships, winning the
open & U/20 events with pb leaps of 7.21 and
7.29m. While in the U/20 triple jump
Girraween's Craig Willetts, who is returning
from injury, won by over a metre.

The Mercury, Tuesday, August 11, 1992

A burning question

TOBACCO sponsorship of junior sport is a dou-
ble-edged sword, says a local sports official.

You're damned if you do support it and damned if
you don't, says Girraween Amateur Athletic Club
president Bob Sewell.

The arguments for and against tobacco sponsorship
has left many people, himself included, in a dilemma.

The sensitive issue moved back into the spotlight last
week with the State Government granting exemptions
to a cigarette company to sponsor teenage sports.

"There are four points that must be considered," said
Mr Sewell.

"Sale of tobacco products is legal and therefore it is
unethical to place restrictions on the tobacco industry.

"If tobacco sponsorship is banned, will an alternative
sponsor come forward?

"How can coaches advise sportspeople not to smoke
when their sport is being sponsored by a tobacco com-
pany and they are told to support their sponsors?

Willetts hits third place in nationals

PROMISING junior age athletic triple jumper Craig
Willetts finished third at the recent Australian track and
field championships in Brisbane.

The Girraween Amateur Athletic Club member jumped
14.58m exceeding his previous best of 14.41m when he won
the NSW under-20 title in February.

However, Willetts, admitted he was a little disappointed
at not reaching the 15m barrier he set himself at the start of
the season.

Clubmate Bruce Hogg won a bronze medal when he ran
third in the State under-20 steeplechase event recently.

Hogg completed the tough race in 9 minutes 40.97
seconds to win the bronze and boost his steeplechasing
career.

06.03.93

Girraween Amateurs men's
60m: N Manwaring 7.6, W
jeff, B Tudman; 300m: M
Finucane 39.5, W jeff, B
Tudman.

1000m: W Jeff 3.15.7; 4x
100m relay: M Manwaring, B
Tudman, W Jeff, M Finucane
49.6; women's 60m: N Page
8.7; S Narezzi, L Smith.

300m: H Sestic 48.5, S
Narezzi, L Smith; 1000m: H
Sestic 3.35.5, L Smith, V
Sestic; 4 x 100m relay: N Page,
V Sestic, L Smith, S Narezzi
57.0.

BLACKTOWN ADVOCATE, Wednesday, March 24, 1993

CRAIG IS A LEAP AHEAD

by CHRIS FLYNN

DESPITE finishing a creditable third in the Australian under-20 championships in Brisbane last week, promising triple jumper Craig Willetts is disappointed.

Willetts, of Girraween Amateur Athletic Club, recorded 14.53m — beating his previous best mark of 14.41m which was recorded when he won the NSW championships in Sydney last month — but he said he had hoped to break through the 15m barrier this season.

"I'd set this goal at the start of the season," he said.

"I started the season in the low 14s [metres] but I didn't train as much as I'd have liked.

"I'm doing electrical engineering at Sydney University and my studies put into my training," he said.

Willetts, 19, left Mt Druitt High School almost as a triple jump veteran.

"I started triple jumping in Little

ATHLETICS

Athletics when I was about 10 and when I grew out of Little Athletics, I took a break but I missed it. So I came back," he said.

"I don't have a coach but my dad knows the game. He's been looking at me ever since I took it up and when I'm doing pit work [at St Marys' Blair Oval], he comes and rakes the sand for me."

Willetts said he heads into the opens next season and would dearly love to rank.

"I'll have to be jumping in the 16s," he said.

"But I think I'll do okay. Second year electrical engineering is giving me more time and that's what I missed out on this season — time to train."

Willetts' clubmate Bruce Hogg also shared recent bronze for the Girraween club — recording 9min 40.97sec in the under-20 steeplechase

State championships last month. Girraween's rising female star, Rebecca Deane will compete in the State Little Athletics championships at Sydney Athletic Field on the weekend.

Rebecca will run in the 14 years girls 90m and 200m hurdles and the 100m and 200m sprints.

Team mate Natalie Deegan unleashed a mighty series of leaps in the Little Athletics Zone Championships at Baulkham Hills recently, breaking the under-15 record for the triple jump with a distance of 10.97m.

But she was unable to repeat that effort in the regional championships at Narrabeen and finished second in her grade with a distance of 10.52m.

However, she will join her clubmates at Sydney Athletic Field on March 27 and 28 in the Little Athletics State Championships.

Girraween is now preparing for the start of its winter season which gets under way at Meadowbank on April 3 with the running of the cross country events.



Triple jumper Craig Willetts . . . third in the Australian under-20 championships

PHOTO: Nick Andrian

Advocate

Wednesday, March 10, 1993

Track star to stun State

GIRRAWEE Little Athletics star Rebecca Deane will hunt State titles this month after an impressive build-up.

The 14-year-old all-rounder cleaned up at the tough metropolitan west regional titles last week at St Marys.

The performance was a warning to rivals she will meet at the State level on March 27 and 28.

She won all her four events and missed senior relay gold by only a fraction of a second to Smithfield.

Rebecca, in Year 9 at William Clarke College, Kellyville, won the 90m hurdle (13.9sec), 200m hurdle (29.2sec), 100m (12.7sec) and 200m (26.3sec, a personal best).

She started running in under-8 division at school and later joined the Girraween club. She has improved even since zone championships in February.

Rebecca has been in team-mate Belinda Konopka's shadow since they were under-10s but while Belinda took the zone 200m hurdle, Rebecca won the 90m hurdle and the

100m and 200m sprints. Rebecca, who loves hurdles, may move up in distance to 400m and 800m but, right now, she says the longer events are "too much hard work".

Club coach Viv Manwaring takes the girls for the hurdles and Bob Sewell looks after the sprints.

Rebecca does not suffer from lack of competition.

She attended State multi championships at Wagga on the weekend to compete in the discus, shot-put, 800m, 90m hurdle, long jump, high jump and 200m.

Rebecca says all the athletic activity may come from dad Peter's sports achievement — he played hockey for England schoolboys and was handy over 400m.

While running and hurdling as quickly as she can, Rebecca also looks over her shoulder because younger sister Gemma, 12, is also no stranger to the rostrum. Gemma, Melissa Briggs (under-12) and Linda Hatherly (under-15) ran in the senior relay at St Marys.



Rebecca Deane ... strong build-up to State championships

BLACKTOWN ADVOCATE

Wednesday, April 7, 1993

Girraween's top juniors win medals

ATHLETICS

GIRRAWEE Little Athletes took three medals at the State Championships at Sydney Athletic Field on March 27-28.

Helen Sestic clocked 7min 15.9sec to finish a close second in the under-14 girls 1500m walk — a personal best time for her by an enormous 20 seconds.

In her last event of the weekend, Rebecca Deane won her first state medal when she finished third in the under-14 girls 200m with a time of 26.1sec.

This ended her string of fourth placings — three at last year's championships and two on the weekend.

In the boys, Nathan Schmid took third place in the gruelling 3000m, running 9min 40sec.

BLACKTOWN CITY GUARDIAN, Thursday, April 8, 1993

Girraween Little Athletics

Results from Little Athletics State track and field championships held at Sydney Athletic Field on March 27 and 28:—

Girls, U11: N. Sestic, 12th shot put 7.95m.
U12: M. Briggs, 6th 200m heat 28.3.
U13: S. Narezzi, 8th 200m hurdles 30.7.
U14: R. Deane, 3rd 200m 26.1, 4th 90m hurdles 13.6, 4th 200m hurdles 29.0, 5th 100m 12.8; H. Sestic, 2nd 1500m walk 7.15.9, 12th 1500m 5.29.1.
U15: L. Hatherly, 10th high jump 1.45m.
Boys, U9: D. Sillince, 6th 200m 30.6.
U11: D. Irvine, 10th shot put 8.50m.
U13: S. Hinwood, 10th shot put 10.79m.
U15: N. Schmid, 3rd 3000m 9.40.0.

Three members of Girraween Little Athletics Centre won medals at the little athletics state track and field championships at Sydney Athletic Field on March 27 and 28.

In the under 14 girls 1500 metres walk, Helen Sestic won a silver medal for the second consecutive time and in doing so improved her personal best by 20 seconds, recording seven minutes 15.9 seconds.

After two fourths and a fifth, Rebecca Deane won her first state medal, finishing third in her last event on Sunday afternoon, the U14 200 metres in 26.1 seconds.

Nathan Schmid ran strongly to finish third in the 3000 metres event in nine minutes 40 seconds.

Other Girraween competitors were Natalia Sestic (U11), Melissa Briggs (U12), Sandra Narezzi (U13), Linda Hatherly (U15), David Sillince (U9), Daniel Irvine (U11) and Stephen Hinwood (U13).

PARRAMATTA ADVERTISER, Wednesday, April 14, 1993

Three medals for Girraween

GIRRAWEE Little Athletics Centre has won three medals at the recent State track and field titles.

Helen Sestic, Rebecca Deane and Nathan Schmid all won medals at the Little A's event at the E S Marks Field.

Sestic recorded a personal best in the under-14, 1500m walk finishing second in the time of 7 minutes, 15.9 seconds.

Deane won a bronze medal in the under-14, 200m event in 26.1 seconds.

Schmid took third place in the gruelling 3000m event, finishing the race in 9 minutes and 40 seconds.

Other Girraween members at the State meeting were Linda Hatherly (under-15), Sandra Narezzi (under-13), Melissa Briggs (under-12), Natalie Sestic (under-11), Stephen Hinwood (under-13), Daniel Irvine (under-11) and David Sillince (under-9).

PARRAMATTA ADVERTISER

Wednesday, March 24, 1993

BLACKTOWN ADVOCATE

Wednesday, March 24, 1993

Veteran hits good times

ATHLETICS

GIRRAWEE Amateur Athletics Club has unearthed a veteran champion as its summer season draws to a close.

Running in the NSW Veterans' Track and Field Championships at Sydney Athletic Field for the first time, Girraween club's Peter Murray came away with four medals from the 30-34 age group competition.

Murray won the 100m in 11.5sec and the 200m in the equally respectable time of 23.1sec. He then gained second place in the long jump (5.61m) and also in the triple jump (11.85m).

Versatile clubmate John Dwyer competed in the 55-59 age group and gained a second place in the discus (26.94m) and a third in the 800m (2min 22.8sec).

Veteran's fistful of medals

PETER Murray has grabbed a fistful of medals at the NSW Veteran's Track and Field Championships.

The Girraween Amateur Athletic Club member won two gold and two silver in the 30-34 age group.

Murray, competing at the veteran's level for the first time, won the 100m and 200m and was second in long jump and triple jump.

He ran the 100m in 11.5sec and the 200m in 23.1sec.

His long jump effort was 5.61m and triple jump, 11.85m.

Clubmate John Dwyer, competing in the veteran's 55-59 category, was second in the discus and third in the 800m.

Elsewhere, in the Girraween summer women's championship, Lynette Smith, 22, has won for the third successive year.

Michelle Townsend, 22, was runner-up and Sandra Narezzi, 13, was third.

Michael Finucane, 23, won the club's men's summer title, Sean Battersby was second and Peter Murray, third.

The Mercury, Thursday, April 8, 1993



15.9sec. Third placings were recorded by Rebecca Deane in the U14 girls 200m (26.1sec) and Nathan Schmid in the 3000m (9min40sec).

GIRRAWEE Amateur Athletic Club's Peter Murray collected two gold and two silver medals at the recent State veterans' track and field championships. Competing in the 30-34 age group, Murray won the 100m (11.5sec) and the 200m (23.1sec) and came second in the long jump (5.61m) and triple jump (11.85m). Club teammate John Dwyer finished 2nd in the 55-59 age group discus (26.94m) and 3rd in the 800m (2:22.8).

THREE members of Girraween Little Athletics won medals at the recent State track and field championships at Sydney Athletic Field. Helen Sestic improved her personal best time by 20 seconds in coming 2nd in the U14 girls 1500m walk in 7min

GIRRAWEE AMATEUR ATHLETIC CLUB

C V KELLY PARK GROUND RECORDS AS AT 31 MARCH 1993

MEN

OPEN

S Mallard (N)	10.7	100
Jeff Micallef	23.7	200
Jeff Micallef	53.0	400
Craig Downie	2:01.9	800
R Hamill (RH)	4:11.1	1500
Craig Downie (2WS)	4:43.4	1 Mile
Craig Downie	9:04.2	3000
Bruce Hogg	16:17.4	5000
Kevin Junor (P)	2:19.0	800s/c
Keith Law (Pen)	7:36.8	1500W
Robert Kropman	16.2	110H
Robert Kropman	28.1	200H
David Tarbottom (CTC)	59.2	400H
Nathan Manwaring	6-50	LJ
Craig Willetts	14-17	TJ
Robert Kropman	1-90	HJ
Robert Kropman (7.26kg)	13-95	SP
Robert Kropman (2kg)	42-08	DIS
Robert Kropman (800g)	56-72	JAV

VETERAN

Viv Manwaring	12.4
Viv Manwaring	27.0
Viv Manwaring	58.9
Viv Manwaring	2:20.7
Jim McArdle	4:50
Ted Hemmens	5:31.0
Ted Hemmens	10:37
Jim McArdle	18:26.1
Bob Sewell	3:17.7
Bob Sewell	10:35.9
Viv Manwaring	31.8
Viv Manwaring	5-25
Viv Manwaring	10-83
Viv Manwaring	1-43
Hans Kropman (7.26kg)	8-57
Viv Manwaring (2kg)	24-30
Viv Manwaring (800g)	32-78

CTC: Campbelltown City
Pen: Penrith

N: Nepean
RH: Ryde-Hornsby

P: Parramatta
2WS: 2WS Hills

SENIOR

Peter Murray	11.0	100
Jeff Micallef	23.7	200
Michael Finucane	53.4	400
Jeff Micallef		
Craig Downie	2:01.9	800
Michael Finucane	4:18.7	1500
Craig Downie	4:46.7	1 Mile
Craig Downie	9:04.2	3000
Craig Downie	16:25.7	5000
John Doolan	2:52.5	800s/c
Robert McGaughey	7:51.5	1500W
Robert Kropman	16.2	110H
Robert Kropman	28.1	200H
Bob Broadhurst	1:09.9	400H
Jeff Micallef	6-26	LJ
Peter Murray		
Peter Kropman	13-23	TJ
Robert Kropman	1-90	HJ
Robert Kropman (7.26kg)	13-95	SP
Robert Kropman (2kg)	42-08	DIS
Robert Kropman (800g)	56-72	JAV

U20

Damien Beckhouse	11.6
Jeff Micallef	24.0
Jeff Micallef	53.4
Garry Moran	2:10.9
Bruce Hogg	4:33.2
Peter Kropman	5:52.1
Robert Kropman	11:39
Chris Slominski	23:23.0
Peter Kropman	3:21
Peter Kropman	16.9
Ralph Downer	30.5
Garry Moran	1:04.4
Jeff Micallef	6-48
Craig Willetts	14-17
Damien Beckhouse	1-81
Robert Kropman (7.26kg)	12-26
Robert Kropman (2kg)	35-50
Robert Kropman (800g)	46-40

U19

Jeff Micallef	11.6	100
Craig Willetts		
Paul Manton	23.9	200
Jeff Micallef	53.0	400
Bruce Hogg	2:08.2	800
Jim Irving	4:35.9	1500
Bruce Hogg	4:54.2	1 Mile
Bruce Hogg	9:21.9	3000
Bruce Hogg	17:17.5	5000
Peter Kropman	2:30.9	800s/c
		1500W
Peter Kropman	16.2	110H
Peter Kropman	28.2	200H
Peter Kropman	1:01.2	400H
Peter Kropman	6-46	LJ
Craig Willetts	13-20	TJ
Peter Kropman	1-82	HJ
Jeff Micallef (5.449kg)	13-49	SP
Damien Beckhouse (1.5kg)	39-78	DIS
Andrew Grace (800g)	49-34	JAV

U17

Kurt Quinlivan	11.5	100
Phillip Fenech	24.1	200
Phillip Fenech	53.8	400
Jon Hetherington	2:08.9	800
Bruce Hogg	4:31.4	1500
Ron Irving	4:56.4	1 Mile
Bruce Hogg	9:33.1	3000
Bruce Hogg	16:49.0	5000
Mark Irving	2:28.0	800s/c
		1500W
		100H
Kurt Quinlivan	16.2	110H
Phillip Fenech	28.8	200H
Peter Kropman	1:02.9	400H
Phillip Fenech	6-37	LJ
Peter Kropman	12-14	TJ
Shane Hanlon	1-83	HJ
Robert Kropman (4.535kg)	14-20	SP
Greg Howard (1.5kg)	39-72	DIS
Robert Kropman (700g)	53-76	JAV

U15

Michael McHugh	12.0	100
Ilia Gill	24.7	200
Phillip Fenech	57.2	400
Andrew Baraniak	2:08.1	800
Andrew Baraniak	4:24.0	1500
Andrew Baraniak	4:44.3	1 Mile
Andrew Baraniak	9:34.7	3000
Andrew Baraniak	16:50	5000
Shane Ferguson	2:43.7	800s/c
		1500W
		90H
Nicholas Potten	15.8	100H
Michael McHugh	31.2	200H
Michael Wheeler	1:07.8	400H
Ilia Gill	5-51	LJ
Michael McHugh	11-61	TJ
Ilia Gill	1-81	HJ
Andrew McIlwaine(3.632kg)	16-18	SP
Andrew McIlwaine (1kg)	48-50	DIS
Andrew McIlwaine (600g)	52-84	JAV

U18

Phillip Fenech	11.6
Nathan Manwaring	
Phillip Fenech	24.6
Nathan Manwaring	55.1
Bruce Hogg	2:07.4
Ron Irving	4:29.9
Bruce Hogg	4:47.6
Bruce Hogg	9:16.5
Bruce Hogg	16:17.4
Mark Irving	2:32.1
Peter Kropman	16.0
Peter Kropman	29.1
Peter Kropman	1:03.6
Nathan Manwaring	6-50
Craig Willetts	12-97
Shane Hanlon	1-89
Robert Kropman (5.449kg)	13-63
Greg Howard (1.5kg)	38-78
Andrew Grace (700g)	45-28

U16

Phillip Fenech	12.1
Phillip Fenech	24.3
Phillip Fenech	53.6
Andrew Baraniak	2:11.0
Andrew Baraniak	4:32.3
Paul Sewell	5:01.1
Andrew Baraniak	9:37.9
Paul Sewell	18:12
Peter Kropman	2:41.9
Paul Sewell	9:54.0
David Gallo	14.9
Phillip Fenech	29.1
Phillip Fenech	1:05.1
Chris Saliba	6-11
David Gallo	11-93
Peter Kropman	1-73
Robert Kropman (4.535kg)	13-58
Greg Howard (1kg)	44-30
Jon Hetherington (700g)	44-14

U14

Ilia Gill	12.1
Ilia Gill	25.6
Michael McHugh	59.5
Shane Ferguson	2:28.0
Nathan Schmid	4:52.0
Nathan Schmid	5:47.2
Garry Moran	11:08.7
Nathan Schmid	18:50.0
Warren Dempsey	2:56
Derryn Manwaring	9:21.6
Michael Jamieson	15.1
Phillip Fenech	34.0
Nicholas Potten	1:10.4
Ilia Gill	5-15
Barry Prasetya	10-67
Ilia Gill	1-76
Andrew McIlwaine(3.632kg)	14-88
Andrew McIlwaine (1kg)	43-22
Andrew McIlwaine (600g)	45-38

U13

Ivica Mikic	13.1	100
Ilia Gill	27.0	200
Michael Ryan	1:05.0	400
Phillip Fenech	2:34.4	800
Phillip Fenech	5:14.6	1500
Nathan Schmid	5:37	1 Mile
Nathan Schmid	10:49	3000
Nathan Schmid	18:12.2	5000
Stephen Mooney	3:09.3	800s/c
		1500W
		80H
Chris Saliba	14.5	90H
Chris Saliba	37.9	200H
Warren Dempsey	1:18.1	400H
Rodney Scarr	4-97	LJ
Chris Saliba	9-88	TJ
Ilia Gill	1-66	HJ
Andrew McIlwaine(2.724kg)	14-22	SP
Andrew McIlwaine (1kg)	37-70	DIS
Andrew McIlwaine (600g)	32-50	JAV

U12

Ilia Gill	13.3
Ilia Gill	29.0
Michael Wheeler	1:07.2
Nathan Schmid	2:33
Nathan Schmid	4:59.6
Gerard Mahony	5:37.0
Gerard Mahony	11:12.9
Nathan Schmid	19:58
Dale Berryman	3:21.0
Jeff Micallef	16.2
Jeff Micallef	36.9
Michael Wheeler	1:22.0
Ilia Gill	4-46
Jeff Micallef	8-87
Ilia Gill	1-55
Andrew McIlwaine(2.724kg)	12-15
Andrew McIlwaine (1kg)	31-08
Andrew McIlwaine (600g)	24-56

WOMEN

OPEN

Leanne Saliba	12.7	100
Heidi Novosell (G)	26.9	200
Jackie Wheeler	1:03.4	400
Susannah Hartgers (TW)	2:24	800
Tracey Lawless (N)	5:05	1500
Kim Pitzing	5:53	1 Mile
Kim Pitzing	11:50	3000
Kim Pitzing	20:12	5000
Yvette Jaeger	2:53.6	800s/c
Renee McAskill (N)	7:48.8	1500W
Catherine Kropman	18.5	100H
Tracey Wheeler		
Catherine Downer	33.3	200H
Tracey Wheeler	1:14.6	400H
Nicole Page	5-05	LJ
Jeanine Ward (J)	10-49	TJ
Vera Abramas (SG)	1-66	HJ
Natalie Avellino (4kg)	10-32	SP
Sue Read (NC) (1kg)	39-66	DIS
Tracey Wheeler (600g)	37-40	JAV

VETERAN

Terri Baraniak	15.8
Terri Baraniak	35.7
Terri Baraniak	1:18.1
Terri Baraniak	2:59.5
Terri Baraniak	6:03.9
Terri Baraniak	6:52.7
Terri Baraniak	13:16
Terri Baraniak	22:08
Janette Hatherly	3-14
Jackie Williams	6-26
Janette Hatherly	1-08
Janette Hatherly (4kg)	5-86
Janette Hatherly (1kg)	18-08
Janette Hatherly (600g)	11-42

G: Greystanes
NC: North Canberra

J: Jensen
SG: St George

N: Nepean
TW: Tiger Wests

SENIOR

Jackie Wheeler	13.6	100
Jackie Wheeler	29.1	200
Jackie Wheeler	1:08.6	400
Julie Peksis	2:44	800
Julie Peksis	5:50	1500
Julie Peksis	6:18	1 Mile
Robyn Eglentals	13:11	3000
Julie Peksis	22:25	5000
Jackie Wheeler	3:21	800s/c
Lynette Smith	8:41.9	1500W
Catherine Kropman	18.5	100H
Jackie Wheeler	35.7	200H
Tracey Wheeler	1:16.1	400H
Lynette Smith	4-83	LJ
Lynette Smith	10-28	TJ
Lynette Smith	1-59	HJ
Tracey Wheeler (4kg)	9-94	SP
Tracey Wheeler (1kg)	34-58	DIS
Tracey Wheeler (600g)	34-42	JAV

U19

Jackie Wheeler	13.8	100
Jackie Wheeler	28.9	200
Jackie Wheeler	1:04.6	400
Jackie Wheeler	2:42.2	800
Jackie Wheeler	5:46	1500
Jackie Wheeler	6:23	1 Mile
Jackie Wheeler	13:03	3000
Jackie Wheeler	24:12	5000
Jackie Wheeler	3:24	800s/c
Joanne Kropman	13:07.7	1500W
Tracey Wheeler	18.7	100H
Tracey Wheeler	35.9	200H
Tracey Wheeler	1:15.6	400H
Jackie Wheeler	4-83	LJ
Jackie Wheeler	9-82	TJ
Tracey Wheeler	1-52	HJ
Tracey Wheeler (4kg)	9-92	SP
Tracey Wheeler (1kg)	35-04	DIS
Tracey Wheeler (600g)	37-06	JAV

U17

Nicole Page	13.4	100
Tracey Connors	28.4	200
Jackie Wheeler	1:06.0	400
Jackie Wheeler	2:35	800
Kim Pitzing	5:12	1500
		1 Mile
Kim Pitzing	11:50	3000
Jackie Wheeler	23:06	5000
Tracey Wheeler	3:19.9	800s/c
Veronica Sestic	8:35.5	1500W
		90H
Kylie Walker	18.7	100H
Tracey Connors	33.9	200H
Tracey Wheeler	1:14.6	400H
Nicole Page	5-05	LJ
Catherine Kropman	10-16	TJ
Tracey Wheeler	1-58	HJ
Tracey Wheeler (4kg)	9-66	SP
Tracey Wheeler (1kg)	32-62	DIS
Tracey Wheeler (600g)	32-50	JAV

U20

Jackie Wheeler	14.2
Jackie Wheeler	29.0
Jackie Wheeler	1:05.6
Tracey Wheeler	2:44
Jackie Wheeler	6:02
Lynette Smith	8:02
Tracey Wheeler	15:31
Tracey Wheeler	25:35
Jackie Wheeler	3:17
Lynette Smith	9:01.0
Tracey Wheeler	18.5
Jackie Wheeler	35.4
Tracey Wheeler	1:16.6
Lynette Smith	4-61
Catherine Kropman	10-03
Lynette Smith	1-53
Catherine Kropman (4kg)	10-02
Tracey Wheeler (1kg)	36-94
Tracey Wheeler (600g)	37-40

U18

Jackie Wheeler	13.5
Jackie Wheeler	28.3
Jackie Wheeler	1:03.4
Jackie Wheeler	2:41.1
Jackie Wheeler	5:43
Jackie Wheeler	6:30
Jackie Wheeler	13:09
Jackie Wheeler	22:46
Tracey Connors	3:15.6
Veronica Sestic	8:18.8
Kylie Walker	19.1
Kylie Walker	36.8
Jackie Wheeler	1:18.2
Jackie Wheeler	4-64
Catherine Kropman	9-73
Catherine Kropman	1-50
Catherine Kropman (4kg)	8-88
Natalie Avellino (1kg)	35-02
Tracey Wheeler (600g)	33-24

U16

Jackie Wheeler	13.4
Jackie Wheeler	28.9
Jackie Wheeler	1:05.1
Jackie Wheeler	2:36
Jackie Wheeler	5:35
Katrina Ward	6:14
Jackie Wheeler	12:34
Kim Pitzing	20:12
Tracey Wheeler	4:10
Veronica Sestic	8:10.7
Catherine Downer	15.7
Catherine Downer	33.3
Tracey Wheeler	1:16.4
Tracey Wheeler	5-01
Catherine Kropman	10-35
Debbie Winter	
Lynette Smith	1-58
Natalie Avellino (4kg)	10-32
Natalie Avellino (1kg)	33-78
Tracey Wheeler (600g)	30-18

U15

Leanne Saliba	12.7	100
Rebecca Deane	28.2	200
Tracey Wheeler	1:06.3	400
Rebecca Deane	2:36.4	800
Kim Pitzing	5:28	1500
Kim Pitzing	5:53	1 Mile
Kim Pitzing	11:50	3000
Kim Pitzing	20:14	5000
Cherie Madden	3:31	800s/c
Elizabeth Knoke	9:22.4	1500W
		80H
Jasmin Matosin	15.1	90H
Tracey Wheeler	35.0	200H
Tracey Wheeler	1:17.7	400H
Linda Atkins	4-94	LJ
Sarah Ferguson	10-28	TJ
Tracey Wheeler	1-59	HJ
Dianne Kidd (2.724kg)	12-28	SP
Natalie Avellino (1kg)	34-38	DIS
Tracey Wheeler (600g)	30-00	JAV

U13

Tracey Wheeler	14.0	100
Tania Ringhof	29.1	200
Tracey Wheeler	1:06.5	400
Tracey Wheeler	2:42.6	800
Catherine Kropman	5:37	1500
		1 Mile
Kim Pitzing	12:09.0	3000
Kim Pitzing	21:39	5000
Catherine Kropman	3:44	800s/c
Helen Sestic	8:09.7	1500W
Sarah Ferguson	14.6	80H
Sandra Narezzi	37.0	200H
Sarah Ferguson	1:22.1	400H
Tracey Wheeler	4-58	LJ
Tracey Wheeler	9-68	TJ
Tracey Wheeler	1-44	HJ
Natalie Avellino(2.724kg)	12-20	SP
Natalie Avellino (1kg)	33-04	DIS
Natalie Avellino (600g)	23-76	JAV

U14

Rebecca Deane	13.0
Rebecca Deane	28.3
Rebecca Deane	1:03.8
Jackie Wheeler	2:37.0
Kim Pitzing	5:30
Catherine Kropman	6:26
Kim Pitzing	11:57
Kim Pitzing	20:31
Catherine Kropman	3:32
Helen Sestic	8:16.6
Rebecca Deane	13.3
Rebecca Deane	32.5
Catherine Kropman	1:21.9
Linda Atkins	4-73
Catherine Kropman	9-90
Catherine Kropman	1-55
Natalie Avellino(2.724kg)	12-91
Natalie Avellino (1kg)	34-22
Natalie Avellino (600g)	30-44

U12

Melissa Briggs	14.4
Tammy Gilchrist	
Linda Hemmerling	30.3
Linda Hemmerling	1:10.1
Kellie Fenech	2:48.0
Catherine Kropman	5:42.0
Melissa Briggs	6:50.5
Catherine Downer	13:04.0
Kellie Fenech	26:06.0
Melissa Briggs	16.8
Melissa Briggs	40.2
Catherine Kropman	1:35.0
Tracey Wheeler	4-35
Catherine Kropman	8-75
Melissa Briggs	1-42
Natalie Avellino(2.724kg)	8-51
Natalie Avellino (1kg)	18-70
Tracey Wheeler (600g)	15-06

FUN DAY AND OTHER RECORDS

2.724kg SHOT PUT "THROW"

OPEN:	Robert Kropman	31-66	Tracey Wheeler	16-29
VETERAN:	Viv Manwaring	18-55	Jackie Williams	6-83
SENIOR:	Robert Kropman	31-66	Lynette Smith	15-61
U20:			Tracey Wheeler	14-54
U19:	Jeff Micallef	24-60	Tracey Wheeler	16-29
U18:	Peter Kropman	23-86	Veronica Sestic	12-78
U17:	Robert Kropman	27-24	Tracey Wheeler	14-66
U16:	Robert Kropman	26-99	Natalie Avellino	13-53
U15:	Robert Kropman	18-80	Dianne Kidd	12-91
U14:	Andrew McIlwaine	21-34	Siobhan Battersby	9-82
U13:	Jason Irvine	13-16	Kellie Fenech	9-12
U12:	Wayne Mulhall	7-83	Natalia Sestic	4-36
OFFICIAL:	Hans Kropman	21-09		

60M SPRINT

OPEN:	Peter Murray	7.1	Nicole Page	8.6
VETERAN:	Viv Manwaring	8.2		
SENIOR:	Peter Murray	7.1	Catherine Kropman	9.0
			Lynette Smith	
U20:				
U19:	Nathan Manwaring	7.6	Kylie Walker	8.7
U18:	Nathan Manwaring	7.4	Nicole Page	8.6
U17:			Rachel Grech	9.8
U16:	Brad Tudman	8.5	Linda Hatherly	8.9
U15:	Derryn Manwaring	8.0	Sandra Narezzi	9.0
U14:				
U13:				
U12:				

300M UNLANED

OPEN:	Michael Finucane	39.5	Helen Sestic	48.5
VETERAN:	Viv Manwaring	45.5		
SENIOR:	Michael Finucane	39.5	Lynette Smith	49.7
U20:				
U19:				
U18:			Veronica Sestic	50.0
U17:			Nicole Page	56.7
U16:	Brad Tudman	45.1		
U15:				
U14:			Helen Sestic	48.5
U13:				
U12:			Natalia Sestic	58.0

1000M

OPEN:	Wayne Jeff	3:15.7	Helen Sestic	3:35.5
VETERAN:	Viv Manwaring	3:46.4		
SENIOR:	Wayne Jeff	3:15.7	Lynette Smith	4:06.0
U20:				
U19:				
U18:			Veronica Sestic	4:06.1
U17:				
U16:	Brad Tudman	3:19.3		
U15:				
U14:			Helen Sestic	3:35.5
U13:				
U12:			Natalia Sestic	4:08.0

1200M S/C

OPEN:	Graham Ryan (RB)	3:53.5	Deborah Mulhall	5:57
VETERAN:				
SENIOR:				
U20:				
U19:			Deborah Mulhall	5:57
U18:	Andrew Grace	6:34		
U17:	Mark Irving	4:02.1		
U16:	Ron Irving	4:30.8		
U15:	Robert Kropman	5:35		
	Jeff Micallef			
U14:	Darian Law (Pen)	5:10		
U13:	Stephen Mooney	6:01		
U12:	Paul Sewell	7:03		

RB: Randwick-Botany

Pen: Penrith

2000M S/C

OPEN:	Peter Kropman	7:39
VETERAN:	Bob Sewell	8:24
SENIOR:	John Doolan	7:47
U20:		
U19:	Peter Kropman	7:39
U18:	Ron Irving	7:42
U17:		
U16:		
U15:	Paul Sewell	8:15
U14:		
U13:		
U12:		

STANDING LJ

OPEN:	Robert Kropman	2-84	Catherine Kropman	2-30
VETERAN:	Viv Manwaring	2-27		
SENIOR:	Robert Kropman	2-84	Catherine Kropman	2-30
U20:				
U19:	Nathan Manwaring	2-70		
U18:	Nathan Manwaring	2-71	Kim Mulholland	2-05
U17:			Nicole Page	2-25
U16:	Brad Tudman	2-27	Rachel Grech	1-71
U15:			Linda Hatherly	2-07
U14:	Nathan Schmid	1-90	Sandra Narezzi	2-08
U13:	Rajend Reddy	1-66	Helen Sestic	2-03
U12:			Natalia Sestic	1-72

SCISSORS HJ

OPEN:	Nathan Manwaring	1-59	Lynette Smith	1-40
VETERAN:	Viv Manwaring	1-25		
SENIOR:	Michael Finucane	1-52	Lynette Smith	1-40
U20:				
U19:	Nathan Manwaring	1-50		
U18:	Nathan Manwaring	1-59	Kim Mulholland	1-11
U17:			Lee Westwood	1-26
U16:			Rachel Grech	1-10
U15:	Derryn Manwaring	1-30	Siobhan Battersby	1-06
U14:			Sandra Narezzi	1-15
			Helen Sestic	
U13:			Helen Sestic	1-06
U12:			Natalia Sestic	1-05

4x100M RELAY

OPEN MEN: 48.4 (20.02.93)

Michael Finucane (Sen)

Peter Murray (Sen)

Robert Kropman (Sen)

Viv Manwaring (Vet)

OPEN WOMEN: 57.0 (06.03.93)

Lynette Smith (Sen)

Nicole Page (U17)

Veronica Sestic (U18)

Sandra Narezzi (U14)

8x100M RELAY

OPEN MEN: 1:39.7 (09.03.91)

Michael Finucane (Sen) Wayne Jeff (Sen)

Craig Willetts (U18) Garry Dempsey (U17)

Nathan Manwaring (U17) Andrew Baraniak (U16)

Bruce Hogg (U18)

Shane Hanlon (U17)

OPEN WOMEN: 1:50.5 (16.03.85)

Jackie Wheeler (U19) Tracey Connors (U17)

Michelle Cauchi (U15) Natalie Avellino (U14)

Jackie Neil (U14) Tracy Scorer (U14)

Tracey Wheeler (U17)

Catherine Kropman (U14)

OPEN MIXED: 1:48.2 (07.03.87)

Deborah Mulhall (Sen) Glen Richardson (Sen)

Peter Kropman (U19) Ron Irving (U17)

Catherine Kropman (U16) Michael Wheeler (U16)

Jackie Wheeler (Sen)

Robert Kropman (U17)