



# **THIRTEENTH ANNUAL REPORT**

**1990/91**

ANNUAL REPORT 1990/91

AS PRESENTED AT THE 13th ANNUAL GENERAL MEETING OF THE

GIRRAWEE AMATEUR ATHLETIC CLUB

HELD AT C.V. KELLY PARK ON 26 JULY 1991 AT 7.00 PM

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GIRRAWEEEN AMATEUR ATHLETIC CLUBCLUB COMPETITION CHAMPIONSSUMMER COMPETITION

<u>Female</u>	<u>Season</u>	<u>Male</u>
* Lynette Smith (Senior)	1990/91	* Bruce Hogg U/18
Stella Mauceri U/17	1989/90	* John Doolan (Senior)
Elizabeth Knoke U/15	1988/89	* Jeff Micallef U/19
Kate Rada U/15		
Jackie Wheeler (Senior)	1987/88	* Viv Manwaring (Vet)
* Jackie Wheeler (Senior)	1986/87	Michael Jamieson U/14
* Deborah Mulhall (Senior)		
Jackie Wheeler U/20	1985/86	* Peter Kropman U/18
* Jackie Wheeler U/19	1984/85	Frank Soballa U/17
Kellie Fenech U/14	1983/84	* Robert Kropman U/14
Kellie Fenech U/13	1982/83	* Phillip Fenech U/15
Deborah Mulhall U/16	1981/82	* Phillip Fenech U/14
Jackie Wheeler U/15	1980/81	* Michael McHugh U/14
* Catherine Downer U/13	1979/80	Ralph Downer U/15
* Jackie Wheeler U/14		
* Joanne Kendall U/13	1978/79	Simon Gemmell U/14

WINTER COMPETITION

Terri Baraniak (Vet)	1990	* Wally Schmid (Senior)
Joanne Baraniak U/14		
Terri Baraniak (Vet)	1989	* Paul Sewell U/17
	1988	* Bob Sewell (Vet)
	1987	* Bob Sewell (Vet)
Pauline Gunns U/20	1986	* Bob Sewell (Vet)

CITY INTER-CLUB

1986/87	Craig Downie Mark Wright
1985/86	Craig Downie

\*Denotes overall champion

GIRRAWEEEN AMATEUR ATHLETIC CLUBCLUB COMPETITION RESULTS 1990/91

WINTER COMPETITION 1990 - conducted at various venues by the  
West Metropolitan Cross Country and  
Road Racing Committee.

<u>WOMEN</u>		<u>MEN</u>	
SENIOR : Terri Baraniak	26 points	SENIOR : Wally Schmid	53 points
		Bruce Hogg	50
U/14 : Joanne Baraniak	26	Viv Manwaring	47
Amanda Midgley	24	Bob Sewell	47
Jasmin Kilpatrick	23	John Doolan	36
		Paul Sewell	31
		U/16 : Andrew Baraniak	40
		Dominic Baraniak	30
		Nathan Manwaring	21
		U/14 : Nathan Schmid	36
		Derryn Manwaring	24
		Adrian Kilpatrick	18
		Gerard Mahony	16
		Simon Mahony	12

SUMMER COMPETITION 1990/91 - conducted over five rounds at  
C.V. Kelly Park, Girraween.

<u>WOMEN</u>		<u>MEN</u>	
1 - Lynette Smith	38 points	1 - Bruce Hogg	38 points
2 - Siobhan Battersby	36	2 - Sean Battersby	37
3 - Kylie Walker	33½	3 - Paul Sewell	36
4 - Meredith Jeff	33	4 - Wayne Jeff	35½
5 - Veronica Sestic	30½	5 - Shane Hanlon	35
6 - Karrina Ward	27	6 - Viv Manwaring	34½
7 - Catherine Kropman	24	7 - Garry Dempsey	33
Lee Westwood		8 - Robert Kropman	29
9 - Jenny Martin	23	Derryn Manwaring	
10 - Linda Hatherly	22	Nathan Manwaring	
11 - Stella Mauceri	20	11 - Michael Finucane	28
12 - Lynette Scicluna	19	12 - Craig Willetts	27
13 - Elizabeth Knoke	18	13 - Gerard Mahony	24
14 - Joanne Baraniak	17	14 - Wally Schmid	23
15 - Julie Kropman	16	15 - Brian Johnston	22
16 - Cara Peterie	15	16 - Robert McGaughey	20
17 - Terri Baraniak	14	17 - Nathan Schmid	19
Janette Hatherly		18 - Peter Baird	18
19 - Fiona Battersby	12	19 - Dominic Baraniak	17
Angela Grima		20 - Jeff Micallef	15½
21 - Dianne Kidd	11½	21 - John Doolan	14
22 - Meghan Rheynolds	10	Simon Mahony	
Debbie Winter		23 - Andrew Baraniak	13
24 - Deborah Mulhall	5	24 - Ralph Downer	11
25 - Jennifer Kirkwood	4	John Knoke	
Kim Mulholland		26 - Bob Sewell	9
Leanne Saliba		27 - Wayne Burrell	7

GIRRAWEE AMATEUR ATHLETIC CLUB

Formed September 1978

C.V. Kelly Park, Oramzi Road, Girraween

CLUB COMMITTEE 1990/91

President	:	Bob Sewell
Secretary	:	Viv Manwaring
Treasurer	:	Viv Manwaring
Registrar	:	Terri Baraniak
Club Records	:	John Doolan Bob Sewell
Publicity	:	Bob Sewell
Canteen	:	Paul Sewell

LIFE MEMBERS

John Wheeler

Bob Sewell

HON. AUDITOR

John Heyes, AASA CPA

COACHING

Bob Sewell , Viv Manwaring

SPONSOR

Nestles Australia Ltd

PRESIDENT

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After two disastrous seasons with the Club close to folding up, there was a dramatic revival last season with the Club attracting 57 athletes.

This resulted from much effort from our small Committee plus several athletes working hard to place notices in shop windows and on school notice boards.

The introduction of "dual" membership also helped us attract more little athletes to the Club.

Performance-wise, the Club was served well by Nathan Schmid, Craig Willetts, Andrew Baraniak and Bruce Hogg who were all near the top of the State in their respective events.

Two disappointing aspects of the season were the nil appearance of Club members at Sydney Athletic Field Interclub (as part of the Randwick - Botany/Blair Zone team) and the poor attendance at Blair Zone Interclub on Wednesday nights.

The number one priority for next season will be fund raising as Holroyd Council has decided on the payment of water rates by the clubs using the ground which will add about \$400-\$500 to our expenses.

We must also work hard to maintain membership at its current level or close to it, but it would be great if we could advance by increasing membership and motivate more athletes to compete regularly.

Thanks to all the athletes who helped with time-keeping and recording during the season.

Bob Sewell

SECRETARY

Over double the membership from the previous season has made 1990/91 a pleasure to be involved in both competition and administration, particularly as the Club had come within a "whisker" of folding.

That momentum must be maintained and we all must be involved in trying to recruit new and former members, and in giving of our best in competition.

The last point is critically linked to PUBLICITY - the linking of performances with publicity provides the Club with standing and knowledge within the community, and attracts people without having to pay for newspaper ads (which haven't worked in the past anyhow!) Take a look at "Press Plaudits": Athletes, and Bob Sewell as Publicity Officer in particular, should be commended for this free advertising.

It is obvious that we must support in every way possible the Club's top athletes to try and prevent "poaching" by other larger, wealthier Centres. Notwithstanding, no athlete can be criticised for falling prey as use of talent should be rewarded.

However, even "average" athletes can have a story to tell to publicise the Club as evidenced by Wally Schmid's efforts in winning the winter running Club championship.

As the President has mentioned, yet another crisis is confronting us for the coming year in the form of "user pays" for water rates on C V Kelly Park. Little A's, Football, and Senior A's have agreed to share the costs which are anticipated to total around \$1,200 - \$1,500. In addition, our stock of singlets is almost depleted and a new batch must be purchased as soon as possible.

To address the need to raise a target of \$1,000 in 1991/92, a position of Fundraising Officer is being added to the Committee which will need to consider activities such as sponsorship, car washes, garage sales, raffles etc.

My congratulations to last season's award winners and thanks to all athletes who competed.

Viv Manwaring

### PUBLICITY

The Club received good publicity from the Parramatta Advertiser, the Blacktown Advocate and the Blacktown City Guardian in the form of articles on the Club and successful athletes and results of winter and summer competition.

Results also appeared in the Sunday papers.

Bob Sewell

### WINTER SEASON

The Club had its best ever winter season with more regular runners competing than ever before. The most successful runners were:

- \* Nathan Schmid (U/13): 1st CHS 3 km  
3rd NSW All Schools 2 km  
3rd Little Athletics 2 km
- \* Andrew Baraniak (U/15): 3rd NSW All Schools 4 km  
3rd Little Athletics 4 km
- \* Amanda Midgley (U/14): 3rd NSW All Schools 2 km
- \* Bruce Hogg (U/17): 7th CHS 8 km  
7th NSW All Schools 4 km  
26th Australian All Schools 8 km (U/20)

Veronica Sestic competed with the NSW Walkers Club during the winter season.

Bob Sewell

### SUMMER SEASON

The pointscore system was modified to eliminate a weakness in the previous season that only showed up after things were well under way.

The new system is extremely simple and is based entirely on the athlete improving personal performance. Main features of the system are:-

- \* The athlete scores points for the four best results in each round which consists of four weeks.
- \* Points are awarded thus: 1 point for competing, 1½ points for equalling your personal best and 2 points for beating your personal best.
- \* Attendance at Blair Zone and wearing of Club uniform were used to break ties if required.

The maximum points that could be scored during the season was 40 (5 rounds with four personal bests each round) and the minimum was 20 if the athlete competed in the 5 rounds and did not record any personal bests.

The disappointing aspect of the competition was the irregular attendance of many athletes and this is obvious if you look at the final points where you will note the large number of athletes who scored less than 20 points (4 events per month).

56 Club records were broken, 23 by women and 33 by men. The most notable were the demolition of senior and open records by the dynamic duo of Robert Kropman and Jeff Micallef.

Craig Willetts was the best performed athlete away from "home", achieving 2nd at the Pulsar Quartz Games and 4th at the Australian All Schools in the triple jump.

21 athletes attended Blair Zone Interclub during the season, but unfortunately the majority of them did not attend regularly. Bruce Hogg was the only athlete from the Club to receive a trophy by finishing third in the U/18 point score.

It is extremely disappointing that the Club's athletes do not support the zone interclub where we once again trailed the field in the interclub shield. How about a concerted team effort on Wednesday nights next summer?

John Doolan/Bob Sewell/Paul Sewell

### TRAINING

Summer training nights were Monday (sharing the ground with the Little Athletic Centre) and Thursday 6.30-8pm, but the attendance on most nights was poor. These facilities will again be available next season.

Bob Sewell

### TREASURER

The Club started the season with an opening balance in the General Account of \$775.81 (outstanding payments at that time of \$360.64) and, at 30 June 1991, had a closing balance of \$272.55.

The opening balance in the Representative Account was \$192.77 (outstanding payment at that time of \$50.00) and, at 30 June 1991, had a closing balance of \$47.42.

Viv Manwaring

### REGISTRAR

The season saw a total registration of 57 members comprising 28 men and 29 women. This is the largest membership since 1984/85 (80 which was the largest in the Club's 13-year history).

Terri Baraniak

### CANTEEN

The Club's canteen has not been particularly successful for several seasons because we are unable to find anyone to run it for the entire Saturday afternoon meeting

Profit for the season was \$78.06 which is satisfactory under the circumstances, but probably only a fraction of what could be achieved if operated seriously.

As I was a competing athlete during the season, I was only able to be in the canteen between events which could have cost us sales and possibly some athletes did not even realise we had a canteen.

I hope a parent or some other person will come forward and offer to run the canteen on a full time basis next season, as this will be one way to raise money to pay for rising ground fees and newly introduced water rates.

Paul Sewell

INCOME AND EXPENDITURE STATEMENT  
for the period ended 30 June 1991

1989/90

1990/91

GENERAL ACCOUNT

St. George Bldg Society A/N 111528203

Income

501.51	Balance brought forward	775.81
1147.00	Registrations received	1389.00
135.02 *	Canteen profits	78.06
58.00	Sale of singlets	196.00
29.37	Interest	21.07
0.56	Donation	22.95
15.00	Sale of Winter Handbook	18.00
12.00	Sale of Summer Handbook	36.00
----	Sale of Club patches (iron-on)	1.50
<u>1898.46</u>	<u>TOTAL INCOME</u>	<u>2538.39</u>

\* \$83.82 1987/88 & \$51.20 1989/90

Expenditure

884.00	Registrations paid to Athletics NSW	1063.00
95.56	Athletics NSW affiliation/insurance fees	112.62
----	Electricity	----
----	Trophies (1)	221.90
----	Park Trust fees (2)	530.00
----	Printing, stationery and postage (3)	29.95
108.00	Newspaper advertisement	----
15.00	Purchase of Winter Handbook	18.00
20.00	Purchase of Summer Handbook	40.00
----	Purchase of registration cards	2.00
----	Purchase of equipment	228.85
----	Entries for 1990 NSW Road Relay Chshps	16.00
0.09	Bank fees	3.52
<u>1122.65</u>	<u>TOTAL EXPENDITURE</u>	<u>2265.84</u>

(1) \$102.00 1989/90 & \$119.90 1990/91

(2) \$250.00 1990 & \$280.00 1991

(3) \$10.64 1989/90 & \$19.31 1990/91

<u>775.81</u>	Net excess carried forward	<u>272.55</u>
140.00	Singlets in hand - 6 mesh @ \$14.00	84.00
280.00	- 14 std @ \$10.00	140.00

REPRESENTATIVE ACCOUNT

St. George Bldg Society A/N 111535690

Income

183.48	Balance brought forward	192.77
9.29	Interest	4.90
<u>192.77</u>	<u>TOTAL INCOME</u>	<u>197.67</u>

Expenditure

----	Contribution towards travel expenses for	
	Andrew Baraniak, Bruce Hogg & Craig Willetts	150.00
----	Bank fees	0.25
<u>----</u>	<u>TOTAL EXPENDITURE</u>	<u>150.25</u>

<u>192.77</u>	Net excess carried forward	<u>47.42</u>
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I certify that this Income and Expenditure Statement of Girraween Amateur Athletic Club has been checked and that payments and receipts have been verified and that they show a true and correct record of the financial transactions.

MEN : 28WOMEN : 29TOTAL : 57VETERAN

Terri Baraniak  
 Sean Battersby  
 John Doolan  
 Janette Hatherly  
 Viv Manwaring  
 Bob Sewell

SENIOR

Ralph Downer  
 Michael Finucane  
 Meredith Jeff  
 Wayne Jeff  
 Brian Johnston  
 Jennifer Kirkwood  
 Robert Kropman  
 Robert McGaughey  
 Jeff Micallef  
 Deborah Mulhall  
 Wally Schmid  
 Lynette Smith

U/20

Catherine Kropman

U/19

John Knoke  
 Paul Sewell

U/18

Peter Baird  
 Bruce Hogg  
 Elizabeth Knoke  
 Stella Mauceri  
 Lynette Scicluna  
 Craig Willetts

\* Second claim

\*\* Part year only

U/17

Dominic Baraniak  
 Garry Dempsey  
 Shane Hanlon  
 Nathan Manwaring  
 Jenny Martin  
 Kim Mulholland  
 Kylie Walker

U/16

Andrew Baraniak  
 Julie Kropman  
 Cara Peterie  
 Veronica Sestic  
 Katrina Ward  
 Lee Westwood  
 Debbie Winter

U/15

Joanne Baraniak  
 Fiona Battersby  
 Dianne Kidd  
 Meghan Rheynolds  
 Leanne Saliba

U/14

Siobhan Battersby  
 Angela Grima  
 Linda Hatherly  
 \*\* Jasmin Kilpatrick  
 Simon Mahony  
 Derryn Manwaring  
 \* Amanda Midgley

U/13

Wayne Burrell  
 Nathan Schmid

U/12

\*\* Adrian Kilpatrick  
 Gerard Mahony

CLUB EQUIPMENT

60 Competition Standard Hurdles  
Mobile Hurdle Transporter  
80 to 110 Metre Mobile Tape Hurdle Marker  
  
4 Steeplechase Hurdles and Mobile Transporter  
1 Water Jump Pit complete

Javelins:     2 x 800 gram  
                 1 x 700 gram  
                 3 x 600 gram

Discus:        1 x 2 Kg. metal ring  
                 2 x 1½ Kg. metal ring  
                 2 x 1 Kg. metal ring

Shot Puts:     1 x 7.260 Kg. (16 lb.)  
                 2 x 5.449 Kg. (12 lb.)  
                 2 x 4.535 Kg. (10 lb.)  
                 1 x 4.00 Kg. (8.8 lb.)  
                 2 x 3.632 Kg. (8 lb.)  
                 1 x 2.724 Kg. (6 lb.)

Tapes:         1 x 10 metres  
                 1 x 50 metres  
                 1 x 100 metres

Stop Watches:  5 x AMF Countdown LC  
                 3 x AMF Single Event

Starter Gun: One

Miscellaneous Equipment:  
1 Metal Stationery Cupboard  
2 Metal Clothes Cupboards  
2 Notice Boards  
1 Records Board  
14 Clip Boards  
1 Lap Board  
2 sets Throw Markers

ESTIMATED REPLACEMENT COST AT JUNE 1991 - \$19,300

GIRRAWEE AMATEUR ATHLETIC CLUB  
WINTER 1990 CROSS COUNTRY AND ROAD RUNNING RESULTS

7.4.90	-	CROSS COUNTRY AT MEADOWBANK:		
		<i>Men</i> 8.7 km :	B Sewell	39.40
			J Doolan	44.19
		U16 5.8 km:	A Baraniak	21.42
		U14 2.9 km:	G Mahony	10.37
			S Mahony	11.16
			A Kilpatrick	14.35
		<i>Women</i> 8.7 km :	T Baraniak	42.13
		U14 2.7 km:	J Kilpatrick	11.41
			J Baraniak	11.50
14.4.90	-	CROSS COUNTRY AT BAULKHAM HILLS		
		(W.M.Z. RACE 1) :-		
		<i>Men</i> 8 km:	B Sewell	35.58
			J Doolan	42.21
		4.4 km:	D Manwaring	18.47
			V Manwaring	19.06
			N Manwaring	19.12
			P Sewell	19.46
		U14 1.6 km:	G Mahony	5.42
			S Mahony	5.45
			A Kilpatrick	7.45
		<i>Women</i>		
		U13 4.4 km:	J Kilpatrick	18.18
21.4.90	-	AUBURN WEST (CONCRETE PATH) :-		
		<i>Men</i> 8 km:	B Hogg	29.14
			B Sewell	35.19
			V Manwaring	37.30
			J Doolan	38.49
			W Schmid	39.00
		U16 4 km:	D Manwaring	17.08
			N Manwaring	18.21
		U13 2 km:	N Schmid	7.28 (1st)
			G Mahony	7.35 (2nd)
			S Mahony	7.59
			A Kilpatrick	10.15
		<i>Women</i> U14 2 km:	A Midgley	7.43 (1st)
			J Kilpatrick	8.15 (2nd)
28.4.90	-	ROAD RACES AT BAULKHAM HILLS		
		(W.M.Z. RACE 2) :-		
		<i>Men</i> 7.2 km:	B Hogg	25.32
				(2nd U20)
			B Sewell	30.50
			V Manwaring	32.30
			J Doolan	34.33
			W Schmid	35.58
		U16 4.8 km:	A Baraniak	16.13 (2nd)
			D Baraniak	18.32
			G Mahony	18.59
			S Mahony	19.20
		U13 2.4 km:	N Schmid	8.58 (1st)
			D Manwaring	9.18
			A Kilpatrick	12.35
		<i>Women</i> 7.2 km:	T Baraniak	33.32 (3rd)
		U14 2.4 km:	A Midgley	9.33 (1st)
			J Kilpatrick	9.39 (2nd)
5.5.90	-	CROSS COUNTRY AT RAMSGATE		
		(SUPPORTING EVENTS TO STATE NOVICE CHAMPIONSHIPS)		
		<i>Men</i> 10 km:	B Sewell	45.20
		U16 4 km:	A Baraniak	13.11 (7th)
			D Baraniak	14.43 (15th)
		U14 2 km:	N Schmid	7.20 (5th)
			A Kilpatrick	10.37
		<i>Women</i> U14 2 km:	A Midgley	7.29 (3rd)
			J Kilpatrick	7.53 (7th)
			J Baraniak	8.17 (11th)
12.5.90	-	CROSS COUNTRY AT AUDLEY (SUPPORTING EVENTS TO SUTHERLAND OPEN) :-		
		<i>Men</i> 21.1 km:	B Sewell	1.43.34
		10 km:	W Schmid	47.09
		U14 2 km:	N Schmid	6.57 (4th)
			A Kilpatrick	10.01
		<i>Women</i> U13 2 km:	J Kilpatrick	7.48 (4th)
20.5.90	-	N.S.W. ALL SCHOOLS C.C. CHAMPIONSHIPS :-		
		<i>Boys</i> U17 4 km:	B Hogg	13.30 (7th)
		U15 4 km:	A Baraniak	13.40 (3rd)
		U13 2 km:	N Schmid	7.00 (3rd)
		U10 1.5 km:	A Kilpatrick	7.24 (31st)
		<i>Girls</i> U14 2 km:	A Midgley	7.19 (3rd)
			J Baraniak	7.54 (11th)
		U13 2 km:	J Kilpatrick	7.50 (8th)

26.5.90	-	ROAD RACES AT PARRAMATTA PARK (W.M.Z. RACE 3) :-
		<i>Men</i> 8 km: P Sewell 32.59
		B Sewell 34.15
		W Schmid 34.52
		V Manwaring 35.25
		J Doolan 36.43
		U16 4.8 km: A Baraniak 16.15
		D Baraniak did not record
		N Manwaring 20.27
		U13 1.7 km: N Schmid 5.51 (1st)
		D Manwaring 6.07 (2nd)
		A Kilpatrick 8.44
		<i>Women</i> 8 km: T Baraniak 37.25
		U14 1.7 km: A Midgley 6.08 (1st)
		J Baraniak 6.15 (2nd)
		J Kilpatrick 6.19 (3rd)
2.6.90	-	CROSS COUNTRY AT DUNDAS :-
		<i>Men</i> 7.2 km: P Sewell 32.10
		V Manwaring 34.17
		J Doolan 35.16
		U16 4.8 km: A Baraniak 17.18
		D Baraniak 19.04
		N Manwaring 22.11
		U13 2.4 km: N Schmid 10.07
		D Manwaring 10.11
		A Kilpatrick 13.43
		<i>Women</i> 7.2 km: T Baraniak 35.43
		U14 2.4 km: J Baraniak 10.19
		J Kilpatrick 10.27
9.6.90	-	ROAD RACES AT EPPING (W.M.Z. RACE 4) :-
		<i>Men</i> 10 km: B Hogg 35.21 (2nd U20)
		B Sewell 44.52
		V Manwaring 46.35
		J Doolan 48.19
		U16 5 km: A Baraniak 19.20 (1st)
		D Baraniak 21.07
		N Manwaring 22.50
		U13 2 km: N Schmid 7.26 (1st)
		A Kilpatrick 9.36
		<i>Women</i> 5 km: T Baraniak 23.25
		U14 2 km: A Midgley 7.31 (1st)
		J Baraniak 7.55 (2nd)
		J Kilpatrick 7.58
16.6.90	-	PARRAMATTA OPEN, PARRAMATTA PARK (ROAD) :-
		<i>Men</i> 16 km: B Sewell 75.05
		J Doolan 95.37
		8 km: P Sewell 34.16
		W Schmid 34.25
		U18 4.8 km: B Hogg 16.13 (1st)
		U16 3.2 km: A Baraniak 10.21 (3rd)
		D Baraniak 11.27 (8th)
		U13 1.6 km: N Schmid 5.33 (6th U14)
		A Kilpatrick 6.49 (6th U12)
		<i>Women</i> 8 km: T Baraniak 36.10 (4th)
		U14 1.6 km: J Baraniak 5.52 (4th)
		J Kilpatrick 6.00 (5th)
23.6.90	-	AUBURN WEST (CONCRETE PATH) (W.M.Z. RACE 5) :-
		<i>Men</i> 8 km: B Hogg 27.11
		W Schmid 33.44
		B Sewell 35.06
		V Manwaring 35.13
		J Doolan 35.25
		U16 4 km: A Baraniak 13.27 (1st)
		D Baraniak 14.14
		D Manwaring 16.09
		U13 2 km: N Schmid 7.28 (1st)
		<i>Women</i> 8 km: T Baraniak 35.27
		U14 2 km: A Midgley 7.37 (1st)
		J Baraniak 7.51 (2nd)
30.6.90	-	ROAD RACES AT CAHARITA (W.M.Z. RACE 6) :-
		<i>Men</i> 8 km: B Hogg 27.27
		W Schmid 32.47
		P Sewell 32.48
		V Manwaring 34.04
		J Doolan 34.31
		B Sewell 34.46
		U16 4 km: D Baraniak 14.02 (1st)
		D Manwaring 16.08
		U15 2 km: N Schmid 6.27 (1st)
		N Manwaring 7.01
		<i>Women</i> 8 km: T Baraniak 34.45
		U13 2 km: J Baraniak 6.43 (1st)

7.7.90	-	CROSS COUNTRY AT BAULKHAM HILLS :-	
		Men 8.5 km:	W Schmid 38.09
			V Manwaring 38.38
			J Doolan 38.42
			B Sewell 47.18
		U16 4.2 km:	N Manwaring 19.02
			D Manwaring 19.12
		U13 2.1 km:	N Schmid 8.13
14.7.90	-	N.S.W. MEN'S 8KM AND WOMEN'S 6KM CROSS COUNTRY CHAMPIONSHIPS & LITTLE ATHLETICS CHAMPIONSHIPS AT CAMBEWARRA :-	
		Men 8 km:	B Hogg 34.38
			W Schmid 38.29
			B Sewell 41.09
		U16 6 km:	D Baraniak 26.12
		U15 4 km:	A Baraniak (3rd)
		U13 2 km:	N Schmid (3rd)
		Women 6 km:	T Baraniak 29.40
		U13 2 km:	J Baraniak (12th)
21.7.90	-	CROSS COUNTRY AT LAKE PARRAMATTA (W.M.Z. RACE 7) :-	
		Men 8 km:	B Hogg 28.35 (1st U20)
			V Manwaring 34.05
			W Schmid 34.13
			J Doolan 36.48
			B Sewell 38.16
		U16 4 km:	A Baraniak 13.36 (1st)
			D Baraniak 14.05
			N Manwaring 16.52
			D Manwaring 17.25
		U13 2 km:	N Schmid 8.41
		Women 8 km:	T Baraniak 37.04 (2nd)
		U14 2 km:	J Baraniak 8.25 (1st)
28.7.90	-	N.S.W. CROSS COUNTRY CHAMPIONSHIPS AT BASS HILL :-	
		Men 12 km:	B Hogg 43.23 (1st U20)
			V Manwaring 53.33
			W Schmid 55.36
			B Sewell 58.13
			J Doolan 61.08
		U16 4 km:	A Baraniak 14.46 (6th)
			D Baraniak 15.25 (11th)
		U14 3 km:	N Schmid 12.13 (8th)
		Women 8 km:	T Baraniak 38.17 (3rd 40-44)
			J Baraniak 37.53 (3rd U20)
		U14 2 km:	J Baraniak 8.01 (9th)
4.8.90	-	ROAD RACES AT BAULKHAM HILLS (W.M.Z. RACE 8) :-	
		Men 8 km:	B Hogg 27.47 (1st U20)
			V Manwaring 33.20
			W Schmid 33.38
			J Doolan 35.10
			B Sewell 36.08
		U16 4.4 km:	A Baraniak 14.25 (1st)
			D Baraniak 14.55 (3rd)
			D Manwaring 17.50
			N Manwaring 18.26
		U13 1.6 km:	N Schmid 5.19 (1st)
		Women 8 km:	T Baraniak 35.25
		U15 4.4 km:	A Midgley 18.16
		U14 1.6 km:	J Baraniak 5.39
18.8.90	-	ROAD RACES AT WESTLEIGH (W.M.Z. RACE 9) :-	
		Men 8 km:	B Hogg 28.08 (1st U20)
			W Schmid 33.41
			V Manwaring 34.46
			J Doolan 36.05
		U17 5 km:	A Baraniak 17.27 (1st)
			D Baraniak 18.20
			D Manwaring 20.57
			N Manwaring 22.09
		U13 3 km:	N Schmid 11.01 (1st)
25.8.90	-	STATE ROAD RELAY CHAMPIONSHIPS AT TAREN POINT :-	
		Men -	
		4 x 10 km:	W Schmid 43.43
			V Manwaring 43.42
			J Doolan 48.22
			4th runner did not turn up
		U18 4 x 3 km:	A Baraniak 9.48
			B Hogg 9.47
			N Schmid 10.41
			D Baraniak 10.10 (7th)

1.9.90 - ROAD RACES AT CABARITA :-  
*Men* 8 km: A Baraniak 28.42  
               N Schmid 31.12  
               W Schmid 33.50  
               D Baraniak 34.51  
               J Doolan 35.49  
 U16 4 km: N Manwaring 17.28  
  
*Women* 8 km: T Baraniak 36.01

8.9.90 - TREVOR LONARD MEMORIAL HANDICAP (ROAD)  
 AT CABARITA :-  
*Men* 8 km: A Baraniak 27.33 (1st U16)  
               D Baraniak 28.27 (2nd U16)  
               N Schmid 30.49  
               W Schmid 33.34  
               J Doolan 35.36  
  
*Women* 8 km: T Baraniak 35.36

RESULTS OF WEST METROPOLITAN ZONE RACE SERIES:

*Men*       U20: 1st B Hogg       56 points  
               U16: 1st A Baraniak   60 points  
                       3rd D Baraniak   50 points  
               U13: 1st N Schmid   60 points

*Women*     U14: 1st J Baraniak   57 points  
                       2nd A Midgley   50 points

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CHS Cross Country Championships, July 1990

Bruce Hogg   U17   8 km       27.36 (7th)  
 Nathan Schmid U13   3 km       (1st)

Australian All Schools Cross Country Championships, 7 Sept 1990  
 Ballarat, Vic

Bruce Hogg   U20   8 km       29.38 (26th)

GIRRAWEEEN AMATEUR ATHLETIC CLUB  
SUMMER COMPETITION RESULTS 1990/91

-14-

CLUB COMPETITION

The following ground records were established;

Veteran Women:

Terri Baraniak                      100m 15.8  
Janette Hatherly                LJ 3.14 , SP 5.86 , Disc 18.08 , Jav 11.42

Senior Women:

Lynette Smith                    LJ 4.83 , TJ 10.28 , HJ 1.51 , 1500mW 8.41.9

U/20 Women:

Catherine Kropman              TJ 10.03 , SP 10.02  
Lynette Smith                   1 Mile 8.02 , 1500mW 9.01.0 , LJ 4.61 , HJ 1.53

U/18 Women:

Elizabeth Knoke                1500mW 8.47.6

U/16 Women:

Veronica Sestic                1500mW 8.10.7 (new open record)  
Katrina Ward                   1 Mile 6.14

U/15 Women:

Dianne Kidd                    SP 12.28  
Leanne Saliba                  100m 12.7 (new open record) , 200m 28.6 (equal)

Veteran Men:

Viv Manwaring                 100m 12.4 , 400m 58.9 , Disc 24.30

Open Men:

Craig Downie (2WS Hills)      1 Mile 4.43.4

Senior Men:

Robert Kropman                110mH 19.7 , HJ 1.85 (new open record) ,  
   SP 13.01 (new open record) , Disc 37.00 (new  
   open record) , Jav 56.72 (new open record)  
Robert McGaughey              1500mW 7.51.5  
Jeff Micallef                   100m 11.1 (new open record) , 200m 23.7 (new  
   open record) , 400m 53.4 , LJ 6.26

U/18 Men:

Craig Willetts                 400m 56.1 , TJ 12.97

U/17 Men:

Shane Hanlon                   HJ 1.83  
Bruce Hogg                    1500m 4.31.4 , 3Km 9.33.1 , 5Km 16.49.0

U/16 Men:

Andrew Baraniak               800m 2.11.0 , 1500m 4.32.3 , 3Km 9.37.9

U/14 Men:

Derryn Manwaring             1500mW 9.21.6

U/13 Men:

Nathan Schmid                1 Mile 5.37 , 3Km 10.49 , 5Km 18.12.2

FUN DAY - new records 9/3/91

2.724 Kg shot put "throw": Sen. men - Robert Kropman 30.21 (new open record)  
 Vet men - Viv Manwaring 18.55  
 U/15 women - Dianne Kidd 12.91  
 U/14 women - Siobhan Battersby 9.82

Men's 8x100m relay ; 1.39.7 Craig Willetts U/18, Michael Finucane (Sen.),  
 Bruce Hogg U/18, Shane Hanlon U/17,  
 Nathan Manwaring U/17, Andrew Baraniak U/16,  
 Wayne Jeff (Sen.), Garry Dempsey U/17.

CHS T & F CHAMPIONSHIPS - 6/7 Sept 1990

Bruce Hogg Open 5Km 16.39 (8th)  
 Craig Willetts Open TJ 13.57 (3rd)

PULSAR QUARTZ GAMES - Sydney Athletic Field, 7/8 Oct 1990

Craig Willetts U/19 TJ 13.73 (2nd)  
 Andrew Baraniak U/16 3Km 9.33.4 (4th)  
 Garry Dempsey U/16 3Km 10.30.5 (11th)  
 Leanne Saliba U/14 100m (5th)

AUSTRALIAN ALL SCHOOLS T & F CHAMPIONSHIPS - Hobart, Tas 7 Dec 1990

Craig Willetts Open TJ 13.66 (4th)

NSW SCHOOLS CROSS COUNTRY TOUR (UK & AMERICA)

Bruce Hogg IAAF Grand Prix Cross Country U/20 6.3km 22.02 (22nd)  
 (12 Nations), Limerick (Ireland)  
 13 January 1991

NSW T & F CHAMPIONSHIPS - Sydney Athletic Field, 2/3 March 1991

Lynette Smith Senior Heptathlon (6th)  
 Catherine Kropman U/20 Heptathlon (6th)  
 Bruce Hogg U/18 2km Steeple 6.28 (6th)

## Beginner tops score

GIRRAWEE Amateur Athletic Club's Wally Schmid has won his club's winter pointscore championship in his first season of running.

The 37-year-old athlete decided to increase his fitness by joining his son's training squad.

Second in the winter pointscore is promising junior Bruce Hogg, ahead of Viv Manwaring and Bob Sewell who shared third place.

In the under-16 section, Andrew Baraniak scored an easy win and Nathan Schmid was a clear winner in the U-14 age group.

Andrew's sister Joanne was a narrow two-point winner in the under-14 girls ahead of Amanda Midgley and Jasmin Kilpatrick.

Summer competition is on each Saturday at C V Kelly Park in Oramzi Rd, Girraween, from 2pm to 5pm.

Wednesday night interclub competition is also on. Phone 636 1145 for details.

# Runner scores 'first' win

IN his first season of athletics, 37-year-old Wally Schmid has won Girraween Amateur Athletic Club's winter point-score competition.

Wally decided to increase his fitness by joining his son's training squad and has improved rapidly during the season.

Promising junior Bruce Hogg finished second in the competition and veterans Viv Manwaring and Bob Sewell shared third place.

In the under 16 section, Andrew Baraniak emerged

an easy winner and Nathan Schmid won the under 14 division.

Joanne Baraniak, Amanda Midgley and Jasmin Kilpatrick had a close battle with Joanne winning by two points.

Terri Baraniak was the only veteran woman competing; the club is hoping to attract more women aged 20 and above for the summer season.

The club held round one of its 13th summer point-score competition last Saturday.

The club also held registration in conjunction with graded track and field events.

Summer competition will be held each Saturday at C V Kelly Park, Dramzi Rd, Girraween from 2-5pm.

On Wednesday nights, interclub competition is also available.

The club is still interested in signing up male and female athletes of any standard aged 10 to over, men 40 and over, women 35 and over. Beginners and people who wish to keep fit for winter sports are welcome.

## Seven Hills runner wins State honor

SEVEN Hills runner Nathan Schmid achieved his ambition of winning a State athletics title when he scored an easy win in the CHS cross country championships at Ramsgate recently.

The 12-year-old Grantham High School student won the 12 and under championships over 3000m.

His win comes after two third placings in the State schools and Little Athletics Championships.

Nathan also scored in the recent City to Surf run when he and fellow Girraween Amateur Athletic Club members Bruce Hogg, Paul Weymark and Garry Dempsey finished second in the U-20 age group.

Nathan's next big race is in the State relays where he will combine with Bruce Hogg, Andrew Baraniak and Dominic Baraniak in the U-18 4 x 3000m event.

This will signal the finish of Nathan's road-running season and he'll start preparing for the track season which starts at Kelly Park in Girraween on Saturday, September 15.

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### ATHLETICS

GIRRAWEE AMATEUR ATHLETIC CLUB  
At C.V. Kelly Park, Girraween.

October 6-  
Men: 200m: C. Willetts 25.9, R. Kropman, M. Finucane.  
800m: M. Finucane 2.11.8, N. Fowler.  
B. Hogg.  
500m: M. Finucane 17.12.4, B. Hogg.  
B. Dean.

Long Jump: A. S. Hanlon 5.51m, C. Willetts, R. Kropman, B. V. Manwaring 4.94m, W. Jeff, D. Manwaring.  
Triple Jump: A. C. Willetts 12.77m, S. Hanlon, R. Kropman, B. V. Manwaring 10.54m, D. Manwaring.  
Discus Senior: R. Kropman 32.92m, Hanlon, 24.90m, W. Jeff, U17: S. Manwaring 33.96m, B. Hogg, U16: N. Walker 300m: V. Sestic 34.1, K. 800m: J. Baraniak 2.52.4, M. Jeff.  
Long Jump: L. Smith 4.34m, K. Walker, J. Martin.  
Triple Jump: L. Smith 8.96m, K. Walker, J. Martin.  
Shot Put U20: C. Kropman 9.96m, L. Smith, U16: J. Martin 7.87m, K. Walker, J. Baraniak.

BLACKTOWN CITY GUARDIAN

# Craig leaps to new lengths

A MEMBER of Girraween Amateur Athletic Club has leaped further towards winning a State championship by finishing second in the Pulsar Quartz schools track and field championships.

Craig Willetts, 17, jumped a personal best of 13.73m to take second place in the under-19 triple jump.

Craig's previous best jump was 13.57m when he finished third in the Combined High Schools track and field championships.

A six-day program of training has enabled Craig to increase his strength and gradually improve his level of performance.

The second placing in the Pulsar Quartz event at Sydney Athletic Field will guarantee Craig a place in the State team which will compete in the Australian schools track and field championships in Hobart late this year.

Craig competes with Girraween Club every Saturday afternoon.

## Girraween Amateur

Girraween Amateur Athletic Club's Craig Willetts has earned selection in the State team which will compete in the Australian schools track and field championships which will be held in Hobart later in the year.

Seventeen year old Craig jumped a personal best of 13.73 metres to gain second place in the under 19 triple jump in the Pulsar Quartz Schools Track and Field Championships at Sydney Athletic Field recently.

Craig's jump was only 11 centimetres behind the winning jump of 13.84 metres and is an improvement on his previous best jump of 13.57 metres for third place in the Combined High Schools State Track and Field Championships.

Training six days week has helped Craig to build his strength and increase his performance level.

Craig competes in sprinting and jumping events with the Girraween Club every Saturday afternoon at C.V. Kelly Park between 2 and 5pm.

Interested people of any age or standard are invited to attend.

PARRAMATTA ADVERTISER



## GIRRAWEEEN AMATEUR ATHLETIC CLUB

At C. V. Kelly Park, Girraween, December 8:

Men, 100 m: J. Micallef 11.03, R. Kropman, P. Baird.  
400 m: J. Micallef 54.00, M. Finucane and R. Kropman 2.  
3000 m: B. Hogg 9.33.1, A. Baraniak, D. Baraniak.  
1500 m Walk: R. McGaughey 7.45.0, G. Dempsey, D. Manwaring.  
Long Jump A: D. Beckhouse 6.10 m, J. Micallef, N. Manwaring.  
Triple Jump A: S. Hanlon 11.98 m, D. Beckhouse, R. Kropman.  
High Jump B: D. Manwaring 1.50 m, D. Baraniak, R. McGaughey.  
Shot Put, veteran 7.26 kg: V. Manwaring 7.48 m, S. Battersby.  
Senior 7.26 kg: D. Carson 9.32 m, R. McGaughey, W. Jeff, U19 5.449 kg: P. Sewell 9.79 m, U17 4.535 kg: G. Dempsey 12.01 m, S. Hanlon, B. Hogg, U14 2.724 kg: D. Manwaring 8.22 m, N. Schmid.  
Javelin, senior 800 gr: R. McGaughey 33.88 m, M. Finucane, W. Jeff, U19 800 gr: P. Sewell 23.74 m, U17 700 gr: B. Hogg 23.40, N. Manwaring, U14 600 gr: D. Manwaring 21.98 m.  
Women, 100 m: L. Hatherly 13.6, K. Ward, C. Kropman.  
400 m: K. Ward 65.8, C. Kropman, J. Baraniak.  
3000 m: J. Baraniak 13.01.1.  
1500 m Walk: L. Smith 8.56.5, K. Ward, F. Battersby.  
Long Jump: C. Kropman 4.25 m, L. Smith.  
Triple Jump: C. Kropman 9.70 m, L. Smith.  
High Jump: L. Hatherly 1.40 m, K. Ward, K. Walker.  
Discus 1 kg, senior: L. Smith 31.04 m, M. Jeff, U20: C. Kropman 24.16 m, M. Townsend, U18: K. Ward 19.36 m, S. Mauceri, U16: F. Battersby 24.38 m, K. Walker, L. Westwood, U14: S. Battersby 20.20 m, L. Hatherly.  
Javelin 600 gr: L. Smith 23.38 m, S. Battersby, F. Battersby.

BLACKTOWN CITY GUARDIAN



## GIRRAWEEEN AMATEUR ATHLETIC CLUB

AT C V Kelly Park, Girraween, February 16:—

Men 200m: R Kropman 25.8, C Willetts, S Hanlon.  
800m: A Baraniak 2.20.4, G Dempsey, T Hemmens.  
3000m: A Baraniak 10.45.3, T Hemmens, W Schmid.  
High Jump A: C Willetts 1.79m, R Kropman, S Hanlon.  
Long Jump B: W Jeff 4.42m, S Battersby.  
Discus Senior: R Kropman 33.73m, W Jeff, F Battersby, U19: P Sewell 30.03m, U17: G Dempsey 27.41m, S Hanlon.  
Women 200: K Ward 32.1, L Westwood, K Walker.  
800m: K Ward 2.51.0.  
Long Jump: K Walker 4.01m, K Ward, L Westwood.  
Triple Jump: K Ward 4.95m, K Walker, F Battersby.  
Shotput 4kg: D Kidd 10.56m, V Sestic, J Martin.

BLACKTOWN ADVOCATE

## SPORT IN BRIEF

A 20-year-old athlete came out of retirement to win Girraween Amateur Athletic Club's summer pointscore championship.

Lynette Smith, of Girraween, scored 38 out of 40 points to win from Siobahn Battersby (36 pts) and Kylie Walker (33½).

In the men's section, Bruce Hogg, 17, of Toongabbie, also scored 38 points to finish one point ahead of Sean Battersby and two ahead of Paul Sewell.

The club's winter season begins March 30.

□ □ □

GIRRAWEE AMATEUR ATHLETIC CLUBC.V. KELLY PARK GROUND RECORDSAS AT 30th JUNE 1991M E N

<u>OPEN</u>		<u>VETERAN</u>
Jeff Micallef 11.1	100	Viv Manwaring 12.4
Jeff Micallef 23.7	200	Viv Manwaring 26.96
Jeff Micallef 53.0	400	Viv Manwaring 58.9
Craig Downie 2.01.83	800	Viv Manwaring 2.20.7
R. Hamill (RH) 4.11.03	1500	Jim McArdle 4.50
Craig Downie (2WSH) 4.43.4	1 Mile	Ted Hemmens 5.31.0
Craig Downie 9.04.15	3K	Ted Hemmens 10.37
Graham Ryan (RB) 16.20.87	5K	Jim McArdle 18.26.1
Kevin Junior (P) 2.19.0	800SC	Bob Sewell 3.17.70
Keith Law (Pen) 7.36.77	1500W	Bob Sewell 10.35.9
Peter Kropman 16.48	110H	
Peter Kropman 28.18	200H	Viv Manwaring 31.78
David Tarbottom (CTC) 59.19	400H	
Jeff Micallef 6.48	LJ	Viv Manwaring 5.25
Clay Tompkins (NS) 13.30	TJ	Viv Manwaring 10.83
Robert Kropman 1.85	HJ	Viv Manwaring 1.43
Robert Kropman 13.01 (7.26kg)	SP	Hans Kropman 8.57 (7.26kg)
Robert Kropman 37.00 (2kg)	Dis	Viv Manwaring 24.30 (2kg)
Robert Kropman 56.72 (800g)	Jav	Viv Manwaring 32.78 (800g)

B: Blacktown District AAC; NS: Northern Suburbs AAC; P: Parramatta District AAC; Pen: Penrith AAC; RB: Randwick-Botany Harriers AAC; WS: Tiger Wests AAC; CTC: Campbelltown City AAC; RH: Ryde-Hornsby AAC; 2WSH: 2WS Hills.

<u>SENIOR</u>		<u>U/20</u>
Jeff Micallef 11.1	100	Paul Manton
		Jeff Micallef 11.9
Jeff Micallef 23.7	200	Jeff Micallef 24.0
Jeff Micallef 53.4	400	Jeff Micallef 53.4
Craig Downie 2.01.83	800	Garry Moran 2.10.86
Craig Downie 4.18.76	1500	Peter Kropp 5.28
Craig Downie 4.46.65	1 Mile	Peter Kropman 5.52.1
Craig Downie 9.04.15	3K	Robert Kropman 11.39
Craig Downie 16.25.68	5K	
John Doolan 2.52.48	800SC	Peter Kropman 3.21
Robert McGaughey 7.51.5	1500W	
Robert Kropman 19.7	110H	Peter Kropman 16.82
Bob Broadhurst 30.91	200H	Ralph Downer 30.42
Bob Broadhurst 1.09.81	400H	Garry Moran 1.04.38
Jeff Micallef 6.26	LJ	Jeff Micallef 6.48
Peter Kropman 13.23	TJ	Jeff Micallef 12.87
Robert Kropman 1.85	HJ	Robert Kropman 1.78
Robert Kropman 13.01 (7.26kg)	SP	Robert Kropman 12.26 (7.26kg)
Robert Kropman 37.00 (2kg)	Dis	Robert Kropman 35.50 (2kg)
Robert Kropman 56.72 (800g)	Jav	Robert Kropman 46.40 (800g)

U/19

Jeff Micallef 11.6	100
Paul Manton 23.89	200
Jeff Micallef 53.0	400
Peter Kropman 2.09.33	800
Jim Irving 4.35.82	1500
Mark Irving 5.24.0	1 Mile
Jim Irving 10.05.06	3K
Jim Irving 18.19	5K
Peter Kropman 2.30.9	800SC
Peter Kropman 16.19	110H
Peter Kropman 28.18	200H
Peter Kropman 1.01.18	400H
Peter Kropman 6.46	LJ
Peter Kropman 12.66	TJ
Peter Kropman 1.82	HJ
Jeff Micallef 13.49 (5.449kg)	SP
Jeff Micallef 39.42 (1.5kg)	Dis
Andrew Grace 49.35 (800g)	Jav

U/17

Phillip Fenech 11.79	100
Phillip Fenech 24.02	200
Phillip Fenech 53.71	400
Jon Hetherington 2.08.84	800
Bruce Hogg 4.31.4	1500
Ron Irving 4.56.33	1 Mile
Bruce Hogg 9.33.1	3K
Bruce Hogg 16.49.0	5K
Mark Irving 2.28.0	800SC
	1500W
Peter Kropman 16.27	110H
	100H
Phillip Fenech 28.80	200H
Peter Kropman 1.02.86	400H
Phillip Fenech 6.37	LJ
Peter Kropman 12.14	TJ
Shane Hanlon 1.83	HJ
Robert Kropman 14.20 (4.535kg)	SP
Greg Howard 39.72 (1.5kg)	Dis
Robert Kropman 53.76 (700g)	Jav

U/15

Michael McHugh 11.91	100
Ilia Gill 24.70	200
Phillip Fenech 57.12	400
Andrew Baraniak 2.08.1	800
Andrew Baraniak 4.24.0	1500
Andrew Baraniak 4.44.3	1 Mile
Andrew Baraniak 9.34.7	3K
Andrew Baraniak 16.50	5K
Shane Ferguson 2.43.69	800SC
	1500W
Nicholas Potten 15.73	100H
	90H
Michael McHugh 31.19	200H
Michael Wheeler 1.07.78	400H
Ilia Gill 5.51	LJ
Michael McHugh 11.61	TJ
Ilia Gill 1.81	HJ
Andrew McIlwaine 16.18 (3.632kg)	SP
Andrew McIlwaine 48.50 (1kg)	Dis
Andrew McIlwaine 52.84 (600g)	Jav

U/18

Phillip Fenech 11.53	
Phillip Fenech 24.54	
Craig Willetts 56.1	
Peter Kropman 2.09.64	
Ron Irving 4.29.82	
Ron Irving 4.52.90	
Ron Irving 9.41.10	
Ron Irving 16.29.20	
Mark Irving 2.32.01	
Peter Kropman 16.00	
Peter Kropman 29.02	
Peter Kropman 1.03.54	
Phillip Fenech 6.33	
Craig Willetts 12.97	
Peter Kropman 1.80	
Robert Kropman 13.63 (5.449kg)	
Greg Howard 38.78 (1.5kg)	
Andrew Grace 45.28 (700g)	

U/16

Phillip Fenech 12.04	
Phillip Fenech 24.30	
Phillip Fenech 53.58	
Andrew Baraniak 2.11.0	
Andrew Baraniak 4.32.3	
Paul Sewell 5.01.1	
Andrew Baraniak 9.37.9	
Paul Sewell 18.12	
Peter Kropman 2.41.9	
Paul Sewell 9.54.0	
David Gallo 14.90	
Phillip Fenech 29.02	
Phillip Fenech 1.05.06	
Chris Saliba 6.11	
David Gallo 11.93	
Peter Kropman 1.73	
Robert Kropman 13.58 (4.535kg)	
Greg Howard 44.30 (1kg)	
Jon Hetherington 44.14 (700g)	

U/14

Ilia Gill 12.01	
Ilia Gill 25.52	
Michael McHugh 59.44	
Shane Ferguson 2.28.0	
Phillip Fenech 5.07.0	
Warren Dempsey 5.56	
Garry Moran 11.08.61	
Shane Ferguson 19.23	
Warren Dempsey 2.56	
Derryn Manwaring 9.21.6	
Michael Jamieson 15.08	
Phillip Fenech 33.91	
Nicholas Potten 1.10.40	
Ilia Gill 5.15	
Barry Prasetya 10.67	
Ilia Gill 1.76	
Andrew McIlwaine 14.88 (3.632kg)	
Andrew McIlwaine 43.22 (1kg)	
Andrew McIlwaine 45.38 (600g)	

U/13  
 Ivica Mikic 13.08  
 Ilia Gill 26.99  
 Michael Ryan 1.05.0  
 Phillip Fenech 2.34.36  
 Phillip Fenech 5.14.52  
 Nathan Schmid 5.37  
 Nathan Schmid 10.49  
 Nathan Schmid 18.12.2  
 Stephen Mooney 3.09.21  
 Chris Saliba 14.47

Chris Saliba 37.81  
 Warren Dempsey 1.18.07  
 Rodney Scarr 4.97  
 Chris Saliba 9.88  
 Ilia Gill 1.66  
 Andrew McIlwaine 14.22 (2724K) SP  
 Andrew McIlwaine 37.71 (1kg) Dis  
 Andrew McIlwaine 32.51 (600g) Jav

100  
 200  
 400  
 800  
 1500  
 1 Mile  
 3K  
 5K  
 800SC  
 90H  
 80H  
 200H  
 400H  
 LJ  
 TJ  
 HJ

U/12  
 Ilia Gill 13.21  
 Ilia Gill 29.0  
 Michael Wheeler 1.07.12  
 Nathan Schmid 2.33  
 Nathan Schmid 4.59.6  
 Gerard Mahony 5.37.0  
 Gerard Mahony 11.12.9  
 Nathan Schmid 19.58  
 Dale Berryman 3.20.97  
 Jeffrey Micallef 16.12  
 Jeffrey Micallef 36.85  
 Michael Wheeler 1.21.92  
 Ilia Gill 4.46  
 Jeffrey Micallef 8.87  
 Ilia Gill 1.55  
 Andrew McIlwaine 12.15 (2.724kg)  
 Andrew McIlwaine 31.08 (1kg)  
 Andrew McIlwaine 24.56 (600g)

# W O M E N

OPEN  
 Leanne Saliba 12.7  
 Heidi Novosell (G) 26.81  
 Jackie Wheeler 1.03.36  
 Susannah Hartgers (WS) 2.24  
 Tracey Lawless (N) 5.05  
 Kim Pitzing 5.53  
 Kim Pitzing 11.50  
 Kim Pitzing 20.12  
 Yvette Jaeger 2.53.6  
 Veronica Sestic 8.10.7  
 Tracey Wheeler 18.41  
 Catherine Downer 33.23  
 Tracey Wheeler 1.14.54  
 Tracey Wheeler 5.01  
 Jeanine Ward (J) 10.49  
 Vera Abramas (SG) 1.66  
 Natalie Avellino 10.32 (4kg)  
 Sue Read (NC) 39.66 (1kg)  
 Tracey Wheeler 37.41 (600g)

100  
 200  
 400  
 800  
 1500  
 1 Mile  
 3K  
 5K  
 800SC  
 1500W  
 100H  
 200H  
 400H  
 LJ  
 TJ  
 HJ  
 SP  
 Dis  
 Jav

VETERAN  
 Terri Baraniak 15.8  
 Terri Baraniak 35.7  
 Terri Baraniak 1.18.1  
 Terri Baraniak 2.59.5  
 Terri Baraniak 6.03.9  
 Terri Baraniak 6.52.7  
 Terri Baraniak 13.16  
 Terri Baraniak 22.08  
 Janette Hatherly 3.14  
 Jackie Williams 6.26  
 Janette Hatherly 5.86 (4kg)  
 Janette Hatherly 18.08 (1kg)  
 Janette Hatherly 11.42 (600g)

G: Greystanes AAC; J: Jensen AAC; N: Nepean AAC;  
 NC: North Canberra AAC; SG: St. George Women AAC; WS: Tiger Wests AAC.

SENIOR

Jackie Wheeler 13.51  
 Jackie Wheeler 29.05  
 Jackie Wheeler 1.08.59  
 Julie Peksis 2.44  
 Julie Peksis 5.50  
 Julie Peksis 6.18  
 Robyn Eglentals 13.11  
 Julie Peksis 22.25  
 Jackie Wheeler 3.21  
 Lynette Smith 8.41.9  
 Deborah Mulhall 19.82  
 Jackie Wheeler 35.63  
 Tracey Wheeler 1.16.04  
 Lynette Smith 4.83  
 Lynette Smith 10.28  
 Lynette Smith 1.51  
 Tracey Wheeler 9.94 (4kg)  
 Tracey Wheeler 34.58 (1kg)  
 Tracey Wheeler 34.42 (600g)

U/19

Jackie Wheeler 13.72  
 Jackie Wheeler 28.84  
 Jackie Wheeler 1.04.54  
 Jackie Wheeler 2.42.17  
 Jackie Wheeler 5.46  
 Jackie Wheeler 6.23  
 Jackie Wheeler 13.03  
 Jackie Wheeler 24.12  
 Jackie Wheeler 3.24  
  
 Tracey Wheeler 18.68  
 Tracey Wheeler 35.39  
 Tracey Wheeler 1.15.53  
 Jackie Wheeler 4.83  
 Jackie Wheeler 9.82  
 Tracey Wheeler 1.52  
 Tracey Wheeler 9.92 (4kg)  
 Tracey Wheeler 35.04 (1kg)  
 Tracey Wheeler 37.06 (600g)

U/17

Tracey Connors 13.47  
 Tracey Connors 28.38  
 Jackie Wheeler 1.05.97  
 Jackie Wheeler 2.35  
 Kim Pitzing 5.12  
  
 Kim Pitzing 11.50  
 Jackie Wheeler 23.06  
 Tracey Wheeler 3.19.82  
  
 Tracey Wheeler 18.72  
  
 Tracey Connors 33.85  
 Tracey Wheeler 1.14.54  
 Tracey Connors 4.82  
 Catherine Kropman 10.16  
 Tracey Wheeler 1.58  
 Tracey Wheeler 9.66 (4kg)  
 Tracey Wheeler 32.62 (1kg)  
 Tracey Wheeler 32.50 (600g)

U/20

100 Jackie Wheeler 14.13  
 200 Jackie Wheeler 28.92  
 400 Jackie Wheeler 1.05.52  
 800 Tracey Wheeler 2.44  
 1500 Jackie Wheeler 6.02  
 1 Mile Lynette Smith 8.02  
 3K Tracey Wheeler 15.31  
 5K Tracey Wheeler 25.35  
 800SC Jackie Wheeler 3.17  
 1500W Lynette Smith 9.01.0  
 100H Tracey Wheeler 18.41  
 200H Jackie Wheeler 35.36  
 400H Tracey Wheeler 1.16.51  
 LJ Lynette Smith 4.61  
 TJ Catherine Kropman 10.03  
 HJ Lynette Smith 1.53  
 SP Catherine Kropman 10.02 (4kg)  
 Dis Tracey Wheeler 36.94 (1kg)  
 Jav Tracey Wheeler 37.41 (600g)

U/18

100 Jackie Wheeler 13.46  
 200 Jackie Wheeler 28.27  
 400 Jackie Wheeler 1.03.36  
 800 Jackie Wheeler 2.41.05  
 1500 Jackie Wheeler 5.43  
 1 Mile Jackie Wheeler 6.30  
 3K Jackie Wheeler 13.09  
 5K Jackie Wheeler 22.46  
 800SC Tracey Connors 3.15.53  
 1500W Elizabeth Knoke 8.47.6  
 100H Deborah Mulhall 20.54  
 200H Jackie Wheeler 36.82  
 400H Jackie Wheeler 1.18.14  
 LJ Jackie Wheeler 4.64  
 TJ Catherine Kropman 9.73  
 HJ Catherine Kropman 1.50  
 SP Catherine Kropman 8.88 (4kg)  
 Dis Natalie Avellino 35.02 (1kg)  
 Jav Tracey Wheeler 33.24 (600g)

U/16

100 Jackie Wheeler 13.4  
 200 Jackie Wheeler 28.88  
 400 Jackie Wheeler 1.05.01  
 800 Jackie Wheeler 2.36  
 1500 Jackie Wheeler 5.35  
 1 Mile Katrina Ward 6.14  
 3K Jackie Wheeler 12.34  
 5K Kim Pitzing 20.12  
 800SC Tracey Wheeler 4.10  
 1500W Veronica Sestic 8.10.7  
  
 100H Catherine Downer 15.62  
 90H Catherine Downer 33.23  
 200H Tracey Wheeler 1.16.35  
 400H Tracey Wheeler 5.01  
 LJ Catherine Kropman 10.35  
 TJ Lynette Smith 1.58  
 HJ Natalie Avellino 10.32 (4kg)  
 SP Natalie Avellino 33.78 (1kg)  
 Dis Tracey Wheeler 30.18 (600g)  
 Jav

U/15

Leanne Saliba 12.7

Tracey Wheeler

Leanne Saliba 28.6

Tracey Wheeler 1.06.26

Kim Pitzing 2.39

Kim Pitzing 5.28

Kim Pitzing 5.53

Kim Pitzing 11.50

Kim Pitzing 20.14

Cherie Madden 3.31

Jasmin Matosin 15.09

Tracey Wheeler 34.96

Tracey Wheeler 1.17.69

Linda Atkins 4.94

Sarah Ferguson 10.28

Tracey Wheeler 1.59

Dianne Kidd 12.28 (2.724kg)

Elizabeth Knoke 9.22.4

Natalie Avellino 34.38 (1kg)

Tracey Wheeler 30.00 (600g)

100

200

400

800

1500

1 Mile

3K

5K

800SC

90H

80H

200H

400H

LJ

TJ

HJ

SP

1500W

Dis

Jav

U/14

Jackie Wheeler 13.38

Jackie Wheeler 28.49

Tracey Wheeler 1.05.53

Jackie Wheeler 2.37.0

Kim Pitzing 5.30

Catherine Kropman 6.26

Kim Pitzing 11.57

Kim Pitzing 20.31

Catherine Kropman 3.32

Tracey Wheeler 14.42

Lynette Smith 35.92

Catherine Kropman 1.21.88

Linda Atkins 4.73

Catherine Kropman 9.90

Catherine Kropman 1.55

Natalie Avellino 12.91 (2.724Kg)

Lynette Smith 9.24

Natalie Avellino 34.22 (1kg)

Natalie Avellino 30.44 (600g)

U/13

Tracey Wheeler 13.96

Tania Ringhof 29.10

Tracey Wheeler 1.06.46

Tracey Wheeler 2.42.53

Catherine Kropman 5.37

Kim Pitzing 12.09.0

Kim Pitzing 21.39

Catherine Kropman 3.44

Sarah Ferguson 14.57

Sarah Ferguson 38.09

Sarah Ferguson 1.22.01

Tracey Wheeler 4.58

Tracey Wheeler 9.68

Tracey Wheeler 1.44

Natalie Avellino 12.20 (2.724kg)

Natalie Avellino 33.04 (1kg)

Natalie Avellino 23.76 (600g)

100

200

400

800

1500

3K

5K

800SC

80H

200H

400H

LJ

TJ

HJ

SP

Dis

Jav

U/12

Tammy Gilchrist 14.40

Linda Hemmerling 30.22

Linda Hemmerling 1.10.05

Kellie Fenech 2.48.0

Catherine Kropman 5.42.0

Catherine Downer 13.04.0

Kellie Fenech 26.06.0

Catherine Kropman 18.42

Catherine Kropman 46.06

Catherine Kropman 1.35.0

Tracey Wheeler 4.35

Catherine Kropman 8.75

Catherine Kropman 1.31

Natalie Avellino 8.51 (2.724kg)

Natalie Avellino 18.70 (1kg)

Tracey Wheeler 15.06 (600g)

FUN DAY & OTHER RECORDS2.724 Kg SHOT PUT "THROW"

OPEN: Robert Kropman 30.21 9/3/91  
 VETERAN: Viv Manwaring 18.55 9/3/91 ; Jackie Williams 6.83 83/84  
 SENIOR: Robert Kropman 30.21 9/3/91 ; Jackie Wheeler 11.10 7/3/87  
 U/20: Tracey Wheeler 14.54 7/3/87  
 U/19: Jeff Micallef 24.60 4/3/89; Tracey Wheeler 16.29 8/3/86  
 U/18: Peter Kropman 23.86 8/3/86; Jackie Wheeler 10.00 83/84  
 U/17: Robert Kropman 27.24 7/3/87; Tracey Wheeler 14.66 84/85  
 U/16: Robert Kropman 26.99 8/3/86; Natalie Avellino 13.53 8/3/86  
 U/15: Robert Kropman 18.80 83/84; Dianne Kidd 12.91 9/3/91  
 U/14: Andrew McIlwaine 21.34 7/3/87 ; Siobhan Battersby 9.82 9/3/91  
 U/13: Jason Irvine 13.16 84/85; Kellie Fenech 9.12 82/83  
 U/12: Wayne Mulhall 7.83 84/85  
 OFFICIAL: Hans Kropman 21.09 7/3/87

8 x 100M RELAY

OPEN MEN'S TEAM - time 1.39.7 (9/3/91)  
 Craig Willetts U/18, Michael Finucane (Sen.), Bruce Hogg U/18, Shane Hanlon U/17,  
 Nathan Manwaring U/17, Andrew Baraniak U/16, Wayne Jeff (Sen.), Garry Dempsey  
 U/17.

OPEN LADIES TEAM - time 1.50.48 (16/3/85)  
 Catherine Kropman U/14, Tracy Scorer U/14, Natalie Avellino U/14,  
 Michelle Cauchi U/15, Jackie Neil U/14, Tracey Wheeler U/17,  
 Jackie Wheeler U/19, Tracey Connors U/17.

OPEN MIXED TEAM - time 1.48.15 (7/3/87)

Ron Irving U/17, Catherine Kropman U/16, Peter Kropman U/19,  
 Robert Kropman U/17, Deborah Mulhall (Sen), Glen Richardson (Sen),  
 Jackie Wheeler (Sen), Michael Wheeler U/16.

1200M STEEPLECHASE

OPEN: Graham Ryan (RB) 3.53.49  
 U/19: Deborah Mulhall 5.57  
 U/18: Andrew Grace 6.34  
 U/17: Mark Irving 4.02.02  
 U/16: Ron Irving 4.30.8  
 U/15: Jeffrey Micallef, Robert Kropman 5.35  
 U/14: Darian Law (Pen) 5.10  
 U/13: Stephen Mooney 6.01  
 U/12: Paul Sewell 7.03

2000M STEEPLECHASE

OPEN: Peter Kropman U/19 7.39  
 VETERAN: Bob Sewell 8.24  
 SENIOR: John Doolan 7.47  
 U/19: Peter Kropman 7.39  
 U/18: Ron Irving 7.42  
 U/15: Paul Sewell 8.15