



**TENTH
ANNUAL REPORT**

1987/88

ANNUAL REPORT 1987/88

AS PRESENTED AT THE TENTH ANNUAL GENERAL MEETING
OF THE GIRRAWEEEN AMATEUR ATHLETIC CLUB

HELD AT C.V. KELLY PARK ON 6th MAY, 1988, at 8 P.M.

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GIRRAWEEEN AMATEUR ATHLETIC CLUB

CLUB COMPETITION CHAMPIONS

| <u>Female</u> | <u>Season</u> | <u>Male</u> |
|--------------------------|---------------|-----------------------|
| Jackie Wheeler (Sen.) | 1987/88 | * Viv Manwaring (Vet) |
| * Jackie Wheeler (Sen.) | 1986/87 | Michael Jamieson U/14 |
| * Deborah Mulhall (Sen.) | | |
| Jackie Wheeler U/20 | 1985/86 | * Peter Kropman U/18 |
| * Jackie Wheeler U/19 | 1984/85 | Frank Soballa U/17 |
| Kellie Fenech U/14 | 1983/84 | * Robert Kropman U/14 |
| Kellie Fenech U/13 | 1982/83 | * Phillip Fenech U/15 |
| Deborah Mulhall U/16 | 1981/82 | * Phillip Fenech U/14 |
| Jackie Wheeler U/15 | 1980/82 | * Michael McHugh U/14 |
| * Catherine Downer U/13 | 1979/80 | Ralph Downer U/15 |
| * Jackie Wheeler U/14 | | |
| * Joanne Kendall U/13 | 1978/79 | Simon Gemnell U/14 |

(* Denotes overall champion)

WINTER COMPETITION

| | | |
|--------------------|------|---------------------|
| | 1987 | * Bob Sewell (Vet.) |
| Pauline Gunns U/20 | 1986 | * Bob Sewell (Vet.) |

CITY INTER-CLUB

| | |
|---------|-----------------------------|
| 1986/87 | Craig Downie Mark Wright |
| 1985/86 | Craig Downie |

GIRRAWEEEN AMATEUR ATHLETIC CLUBCLUB COMPETITION RESULTS 1987/88

WINTER COMPETITION 1987 - conducted at various venues by the West Metropolitan Cross Country & Road Running Committee.

| | | |
|----------------------------|-------------------|-------------|
| OVERALL AND MALE CHAMPION: | Bob Sewell (Vet.) | 1630 points |
| Senior Champion: | Glen Richardson | 1410 " |
| U/15 Champion: | Paul Sewell | 1520 " |
| Senior Runner-up: | Mark Wright | 620 " |
| Veteran Runner-up: | Ted Hemmens | 1010 " |

Craig Downie 420; John Doolan 380; Catherine Kropman 100; John Sneddon 50.

SUMMER COMPETITION 1987/88 - conducted over 5 rounds at C.V. Kelly Park, Girraween.

| | | |
|----------------------------|-----------------|------------|
| OVERALL AND MALE CHAMPION: | Viv Manwaring | 420 points |
| FEMALE CHAMPION: | Jackie Wheeler | 190 " |
| RUNNERS UP: | Bob Sewell | 370 points |
| | Jim Irving | 360 " |
| | Jason Pitzing | 250 " |
| | Paul Sewell | 190 " |
| | Michael Wheeler | 130 " |

Other competitors failed to complete 10 meetings to qualify.

OFFICIALS; Gordon Jamieson, Hans Kropman, Jim McIlwaine, Bob Sewell, Joan Wheeler, John Wheeler, Viv Manwaring.

GIRRAWEEEN AMATEUR ATHLETIC CLUBFormed September, 1978C.V. Kelly Park, Oramzi Road, Girraween.CLUB COMMITTEE 1987/88

| | | |
|--------------|---|---------------------------------------|
| President | : | John Wheeler |
| Secretary | : | John Wheeler |
| Treasurer | : | Hans Kropman |
| Registrar | : | Hans Kropman |
| Recording | : | Joan Wheeler |
| Club Records | : | Jackie Wheeler |
| Publicity | : | Bob Sewell |
| Canteen | : | Elizabeth McIlwaine, Jim McIlwaine |

LIFE MEMBERS

John Wheeler
Bob Sewell

HON. AUDITOR

John Heyes, AASA, CPA

COACHING

Craig Downie, Hans Kropman, Jim McIlwaine,
Bob Sewell, Mark Wright, John Wheeler.

SPONSORS

Lidco Sales Pty. Ltd.
Love Industries
Nestles Australia Ltd.

COMMITTEE REPORTSPRESIDENT/SECRETARY

This is the tenth year of the Girraween Club and has been disappointing in more ways than one. Our joint membership drive with neighbouring Liberty Plains Club ended in failure due to lack of interest of local high schools. Then with registrations of only 30 members our Saturday competition eventually finished with less than six regular athletes. Decline of membership started last year and now affects all local clubs. I see no relief until the N.S.W. A.A.A. recommences weekend outerground interclub meets.

The success of Rotary Field outerground interclub with intergration of Little A's speaks for itself. Ten years ago this Club was the same, with Greystanes, Grantham and Blacktown Clubs competing with us on Saturday afternoons, with in excess of 100 athletes enjoying strong interclub competition. However the commencement of Blair Zone midweek interclub soon saw the demise of Grantham and within a year the strength of Blacktown Club had diminished, now with only a few athletes. Greystanes folded last year. I see no point in the Association embarking on any promotional drives unless Saturday outerground interclub is seriously addressed.

Our 10-year reunion evening was a great success with past and present members enjoying a get-together. It was suggested that this should be an annual affair.

Our winter competition was again well attended and successful. Congratulations go to Paul Sewell who came 3rd in the West Metropolitan Zone's 7-race series for U/17. I would like to see more athletes competing in what could only be described as an excellent range of venues, both Cross Country and Road Running.

Although the summer competition was well down on previous years, athletes enjoyed the participation and the increase in Senior and Veteran groups has contributed to the Club's progress. Congratulations to Andrew McIlwaine for his fine performances in State and National Championships.

Although the year was quiet our Executive Committee served the Club well, and I extend my thanks to you all for your fullest support.

It is with regret that Joan and I are relinquishing our Club involvement due to lack of time for coaching and training, and also for personal reasons. We will always cherish the memories of these ten years with Girraween and the many friends we have made. As a life member of this Club and the Little A's I am sure we will always maintain an interest in both Clubs.

John Wheeler.

PUBLICITY

5

Last winter the Club results were in the Sunday papers most weeks and in the Parramatta Advertiser occasionally.

However, during the summer season there was very poor support for our Saturday afternoon competition which meant most weeks there was little justification for sending the results in. The Advertiser published some results early in the season, but later on they abandoned athletic results and lately are not printing any sporting results at all.

WINTER SEASON

Bob Sewell.

The winter season attracted more Girraween runners than previously, but unfortunately, most of them competed on an infrequent basis.

Paul Sewell competed 20 times, Glen Richardson 19, Ted Hemmens 15 and yours truly 21.

The Club was represented occasionally by several athletes who did not end up registering with us.

State Championship competitors were Glen (twice), Paul (twice), Ted (once) and myself (three times).

Paul finished third in the Under 17 section of the Zone's seven-race series.

Girraween hosted one of the races in the series. This was at West Auburn.

I look forward to increased interest in the current season.

Bob Sewell.

RECORDS REPORT

Due to lack of attendance and the high standard of the records, only 30 records were broken this year. 20 were broken by the males and 10 by the females. Many long standing veteran records were broken this year by Viv Manwaring who ended up with 7 records.

Jackie Wheeler.

CLUB COMPETITION

This has been a very disappointing season, mainly due to the low membership numbers. The gradual decline of competitors after Christmas meant there was hardly any competition for the few athletes attending and no improvements in performances. Consequently the final points achieved would appear to be extremely low when compared to previous years. Although the Club Competition was calculated on the usual point score system attendance also had to be used.

I hope the members enjoyed their athletics this season and wish them well for next season.

I want to thank John for his assistance at the end of the season in checking and finalising the results.

Joan Wheeler.

TREASURER/REGISTRAR

This year proved to be a rather quiet year for accounting purposes, with not as many members as last year and no major financial expenditures.

The club started the season with an opening balance of \$531.63 and the books closing on Thursday, 21st April, 1988, with a balance of \$403.57.

With \$522.00 worth of unsold singlets and the above \$403.57 the Club is still in a rather healthy financial situation.

Unfortunately due to the lack of numbers and the cancellation of the Decathlon the canteen did not make any return this season.

The Representative Fund held at the St. George Building Society opened with a balance of \$164.78 and closed with a balance of \$173.63, the movement being \$11.35 interest and a \$2.50 statement fee.

This season we saw a total registration of 30 members, with 8 being female members, 20 male members and 2 registered officials.

May I take this opportunity to thank Joan and John Wheeler for the efforts displayed yet again in keeping Girraween Amateur Athletic Club alive and running. Unfortunately not all realise the efforts of these two tiering people and the length of time of their involvement. The comments from onlookers is often that people like the Wheelers "GET A KICK" out of that type of involvement. This is true to a point, because they like to see people involved in a healthy sport, but one can only do so much. Surely, it is now time that the club should be in the hands of a younger group of individuals who, with effort, can keep the club alive and functioning for many years to come.

Once again, I would like to thank all the members, friends and helpers for yet another enjoyable season and wish the incoming committee all the best for the future.

Hans Kropman.

CANTEEN

The canteen profit suffered due to poor attendances and we did not have the benefit of having the Decathlon this year to boost the funds.

The people who did support us seemed to enjoy the refreshments which made it all worthwhile.

Jim & Elizabeth McIlwaine.

INCOME & EXPENDITURE STATEMENT

For the Period ended 1st May, 1988

| <u>1986/87</u> | | <u>1987/88</u> |
|----------------|---|----------------|
| | <u>Income</u> | |
| 830.43 | Balance Brought Forward | 531.63 |
| 1057.00 | Registrations Received | 813.00 |
| 130.00 | Fund Raising | --- |
| 271.74 | Canteen Profits (Float returned) | 100.00 |
| 483.00 | Sale of Singlets | 120.00 |
| --- | Refund - Triden Sports (singlets) | 53.00 |
| 51.04 | Interest Received from Building Society | 33.00 |
| 80.00 | Sponsorship (Lidco Aluminium Products) | --- |
| --- | Donations | 10.00 |
| 62.00 | Decathlon | --- |
| 30.00 | End of Season Barbecue | --- |
| 2.00 | Unclaimed Cheque | --- |
| --- | Reunion Takings | 52.50 |
| --- | Sale of Winter Handbook | 1.00 |
| <u>2997.21</u> | TOTAL INCOME | <u>1714.19</u> |
| | <u>Expenditure</u> | |
| 883.00 | Registrations Paid | 480.00 |
| 75.00 | Association Affiliation Fees | 171.18 |
| 778.56 | Singlet Purchases | 129.15 |
| 265.20 | Equipment Purchases/Repairs | 20.00 |
| 68.84 | Electricity (Proportion paid to GLAC) | 171.00 |
| 178.16 | Trophies | 102.06 |
| --- | Park Trust Fees | 50.00 |
| 47.80 | Printing, Stationery and Postage | 41.00 |
| 135.08 | Sundries | --- |
| 26.40 | End of Season Barbecue | 11.00 |
| --- | Association Handbooks | 30.00 |
| 100.00 | Canteen - Float | 100.00 |
| 7.44 | Bank Fees | 5.23 |
| <u>2565.58</u> | TOTAL EXPENDITURE | <u>1310.62</u> |
| 531.63 | Net excess C/Fwd to Next Season (St.George Bldg. Society A/No.111528203) | 403.57 |
| 98.00 | Singlets in hand - 13 mesh @ \$14.00 | 182.00 |
| 470.00 | - 34 Std. @ \$10.00 | 340.00 |
| | <u>REPRESENTATIVE ACCOUNT</u> | |
| 153.39 | Balance B/Fwd | 164.78 |
| 11.39 | Interest Received | 11.35 |
| --- | Statement Fee | 2.50- |
| <u>164.78</u> | TOTAL (St.George Bldg. Society A/No.111535690) | <u>173.63</u> |

I certify that the Income and Expenditure Statement of Girraween Amateur Athletic Club has been checked and that payments and receipt have been verified and that they show a true and correct record of the financial transactions.

J.F. HEYES, AASA CPA
HON. AUDITOR.

350 Old Windsor Road,
Toongabbie. 2146

MEMBERSHIP 1987/88

MEN: 22; WOMEN: 8; TOTAL: 30

VETERAN

Ted Hemmens
Hans Kropman
Viv Manwaring
Robert Sewell

U/17

Catherine Kropman

U/16

Ann Deagle
Cherie Madden
Michael Wheeler

SENIOR

John Doolan
Craig Downie
Alan Finn
Jim Irving
Deborah Mulhall
Glen Richardson
John Sneddon
Mark Wright
Jackie Wheeler

U/15

Chris Gailey
Michael Jamieson
Andrew McIlwaine
Helen McLoughlin
Paul Sewell
Greg Shaw

U/20

Peter Kropman
Tracey Wheeler

U/14

Jason Pitzing

U/19

Ron Irving

U/12

Belinda Richardson

REGISTERED OFFICIALS:

Gordon Jamieson
John Wheeler

CLUB EQUIPMENT

60 Competition Standard Hurdles
 Mobile Hurdle Transporter
 80 to 110 Metre Mobile Tape Hurdle Marker
 4 Steeplechase Hurdles and Mobile Transporter
 1 Water Jump Pit complete

Javelins: 2 x 800 gram
 1 x 700 gram
 3 x 600 gram

Discus: 1 x 2 Kg. metal ring
 1 x 1½ Kg. metal ring
 2 x 1 Kg. metal ring

Shot Puts: 1 x 7.260 Kg. (16 lb.)
 2 x 5.449 Kg. (12 lb.)
 2 x 4.535 Kg. (10 lb.)
 1 x 4.00 Kg. (8.8 lb.)
 2 x 3.632 Kg. (8 lb.)
 1 x 2.724 Kg. (6 lb.)

Tapes: 1 x 10 metres
 1 x 50 metres
 1 x 100 metres

Stop Watches: 5 x AMF Countdown LC
 3 x AMF Single Event

Starter Gun: One

Miscellaneous Equipment:
 1 Metal Stationery Cupboard
 2 Metal Clothes Cupboards
 2 Notice Boards
 1 Records Board
 14 Clip Boards

VALUE AS AT APRIL 1988 - \$16,700

GIRRAWEEEN AMATEUR ATHLETIC CLUB

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WINTER 1987 CROSS COUNTRY (C.C.) & ROAD RUNNING (R.R.)
RESULTS

Meadowbank (C.C.) 4/4/87

U/15 6K Paul Sewell 24.28
Senior 9K Mark Wright 32.23; Glen Richardson 37.48
Vet. Ted Hemmens 35.03; Bob Sewell 36.08.

Epping (R.R.) 11/4/87

U/15 10K Paul Sewell 40.05
Sen. Glen Richardson 41.50; John Doolan 52.28
Vet. Ted Hemmens 40.15; Bob Sewell 42.00

Upjohn Park (C.C.) 18/4/87

U/15 10K Paul Sewell 39.27
Sen. Craig Downie 34.10; Mark Wright 35.26; Glen
Richardson 39.13, John Doolan 50.30.
Vet. Ted Hemmens 39.45; Bob Sewell 40.46.
U/12 G. 2.5K Belinda Richardson 12.50

H.M.A.S. Nirimba, Quakers Hill 2/5/87

16K State Cross Country Championship
Glen Richardson (46th) 68.46; Paul Sewell (49th)
70.17; Ted Hemmens (59th) 73.22; Bob Sewell
(67th) 80.12. (68 finishers)

Cabarita (R.R.) 9/5/87 (1st W.M.Z. series)

U/17 4k Paul Sewell 14.33 (3rd)
Men 8k Craig Downie 26.01; Mark Wright 29.10; Glen
Richardson 29.53; Ted Hemmens 29.55; Bob Sewell
33.04.

Audley (C.C.) 16/5/87

U/16 3K Paul Sewell 10.41.6.
Men 10K Mark Wright 36.12; Glen Richardson 38.22; Bob
Sewell 42.45.

Ramsgate (C.C.) 23/5/87

U/14 10K Paul Sewell 37.45
Sen. Glen Richardson 38.02.
Vet. Bob Sewell 42.24

Parramatta Park (R.R.) 30/5/87

Men 16K Glen Richardson 62.44; Paul Sewell 66.32; Bob
Sewell 67.13, John Doolan 77.59.
Men 8K Craig Downie 25.54; Mark Wright 28.29; John
Sneddon 32.04.

Wyatt Park, Auburn (C.C.) 6/6/87

U/15 5K Paul Sewell 21.14.
Sen. 8K Craig Downie 25.26; Glen Richardson 30.23;
John Doolan 36.07.
Vet. Ted Hemmens 30.24; Bob Sewell 32.57.
U/12 G 2K Belinda Richardson 8.25.

Parramatta Park (R.R.) 13/6/87

2nd West Metropolitan Race
U/15 5K Paul Sewell 17.20.
Men 8K Glen Richardson 29.57; Ted Hemmens 30.38;
Bob Sewell 34.37.

Lansdowne 20/6/87

N.S.W. Schools C.C. Championships
 U/15 4K Paul Sewell 15.27 (18th)

N.S.W. Road Championship 28/6/87

U/15 5K Paul Sewell 20.08.
 Men 15K Bob Sewell 64.20

Westleigh (R.R.) 4/7/87

3rd West Metropolitan Race
 U/15 5K Paul Sewell 31.10.
 Sen. 8K Craig Downie 26.44; Glen Richardson 31.10;
 Mark Wright 34.47.
 Vet. Ted Hemmens 31.27; Bob Sewell 38.30.

Kings School (C.C.) 11/7/87

4th West Metropolitan Race
 U/15 4K Paul Sewell 17.03.
 Sen. 8K Craig Downie 26.58; Mark Wright 30.43; Glen
 Richardson 31.46; John Doolan 36.07.
 Vet. Ted Hemmens 31.58; Bob Sewell 36.07.
 U/14 G 2.5K Belinda Richardson 10.59.

Auburn (R.R.) 18/7/87

U/15 3.5K Paul Sewell 13.12
 Men 8K Mark Wright 28.50; Glen Richardson 30.42;
 Bob Sewell 40.17.

Lansdowne (State Cross Country Championship) 1/8/87

U/15 4K Paul Sewell N.T.
 Men 12K Glen Richardson 50.34; Bob Sewell 56.01.

City to Surf 9/8/87

14K Mark Wright 52.46; Glen Richardson 53.56; Ted
 Hemmens 53.57; Paul Sewell 56.32; Bob Sewell 61.56
 61.56; John Doolan 69.37; Catherine Kropman
 102.58.

Auburn (R.R.) 16/8/87

5th West Metropolitan Race
 U/15 4K Paul Sewell 14.46.
 Men 8K Ted Hemmens 30.33; Glen Richardson 31.37; Bob
 Sewell 41.07.
 U/12 G 2K Belinda Richardson 9.04.

Epping (R.R.) 22/8/87

6th West Metropolitan Race
 U/14 5K Paul Sewell 22.30.
 Sen. 10K Craig Downie 34.33; Glen Richardson 41.42.
 Vet. Ted Hemmens 41.01; Bob Sewell 55.07.

Meadowbank (C.C.) 29/8/87

Men 8.7K Glen Richardson 34.10; Paul Sewell 35.07; Ted
 Hemmens 35.44; Bob Sewell 39.28.

Cabarita (Trevor Leonard Memorial Handicap) 19/9/87

Men 8K Glen Richardson 30.25; Ted Hemmens 31.52;
 Bob Sewell 34.01.

Baulkham Hills (R.R.) 5/9/87

4.4K Paul Sewell 15.22.
 Men 8K Ted Hemmens 30.50; Bob Sewell 38.12.

John Wheeler.
 John Sudder
 Julie Murray
 Eric Stimpfeler
 S. Schimpfeler
 Z. Swell
 Doreen Sabatka.

Viv Manway
 Gret Manway
 Lesley Stender
 Cathy Koopman
 Marten Karoock.

MICHAEL MCHUGH
 Pauline Giani
 [Signature]
 [Signature]
 Anne Sabatka
 MARK ZIGFROID

Jack Book
 Nettie G. Gant

Emball.

Jim Irving

Peter Kopman
 Frank Sabatka
 Garry Moran

Ten-Year Reunion held at
 Winston Gardens Chinese
 Restaurant on Friday, 25th
 March, 1988.



GIRRAWEEEN AMATEUR ATHLETIC CLUBC.V. KELLY PARK GROUND RECORDS
AS AT 6th MAY, 1988M E N

| <u>OPEN</u> | | <u>VETERAN</u> |
|--------------------------------|--------|----------------------------|
| Phillip Fenech 11.53 | 100 | Viv Manwaring 13.14 |
| Paul Manton 23.89 | 200 | Viv Manwaring 26.96 |
| Terry Wilson (WS) 53.19 | 400 | Viv Manwaring 1.00.14 |
| Craig Downie 2.01.83 | 800 | Ted Hemmens 2.22 |
| R. Hamill (RH) 4.11.03 | 1500 | Ted Hemmens 4.56.0 |
| Craig Downie 4.46.65 | 1 Mile | Ted Hemmens 5.34 |
| Craig Downie 9.04.15 | 3K | Ted Hemmens 10.37 |
| Graham Ryan (RB) 16.20.87 | 5K | Ted Hemmens 18.43 |
| Kevin Junor (P) 2.19.0 | 800SC | Bob Sewell 3.17.70 |
| Keith Law (Pen) 7.36.77 | 1500W | |
| Peter Kropman 16.48 | 110H | Viv Manwaring 31.78 |
| Peter Kropman 28.18 | 200H | |
| David Tarbottom (CTC) 59.19 | 400H | |
| Peter Kropman 6.46 | LJ | Viv Manwaring 5.17 |
| Clay Tompkins (NS) 13.30 | TJ | Viv Manwaring 10.71 |
| Clay Tompkins (NS) 1.84 | HJ | Ian Richardson 1.40 |
| D. Johnson (B) 10.94 (7.26kg) | SP | Hans Kropman 8.57 (7.26kg) |
| Clay Tompkins (NS) 34.30 (2kg) | Dis | Hans Kropman 23.72 (2kg) |
| Andrew Grace 49.35 (800g) | Jav | Viv Manwaring 32.22 (800g) |

B: Blacktown District AAC; NS: Northern Suburbs AAC; P: Parramatta District AAC; Pen: Penrith AAC; RB: Randwick-Botany Harriers AAC; WS: Tiger Wests AAC; CTC: Campbelltown City AAC; RH: Ryde-Hornsby AAC.

| <u>SENIOR</u> | | <u>U/20</u> |
|-------------------------------|--------|----------------------------|
| Ken Trotman 11.96 | 100 | Paul Manton 11.85 |
| Bob Broadhurst 25.50 | 200 | Ralph Downer 24.67 |
| Craig Downie 55.98 | 400 | Peter Kropman 55.17 |
| Craig Downie 2.01.83 | 800 | Garry Moran 2.10.86 |
| Craig Downie 4.18.76 | 1500 | Peter Kropp 5.28 |
| Craig Downie 4.46.65 | 1 Mile | |
| Craig Downie 9.04.15 | 3K | |
| Craig Downie 16.25.68 | 5K | |
| John Doolan 2.52.48 | 800SC | Peter Kropman 3.21 |
| John Doolan 9.18 | 1500W | |
| Bob Broadhurst 20.63 | 110H | Peter Kropman 16.48 |
| Bob Broadhurst 30.91 | 200H | Ralph Downer 30.42 |
| Bob Broadhurst 1.09.81 | 400H | Garry Moran 1.04.38 |
| Allan Gilchrist 5.48 | LJ | Peter Kropman 5.96 |
| Ken Trotman 10.89 | TJ | Ralph Downer 11.90 |
| Ross Smith 1.70 | HJ | Peter Kropman 1.72 |
| Allan Gilchrist 9.39 (7.26kg) | SP | Greg Howard 10.26 (7.26kg) |
| Ross Smith 26.76 (2kg) | Dis | Greg Howard 31.39 (2kg) |
| Bob Broadhurst 39.62 (800g) | Jav | Peter Kropman 45.00 |

U/19

| | |
|-----------------------------|--------|
| Paul Manton 11.74 | 100 |
| Paul Manton 23.89 | 200 |
| Peter Kropman 54.28 | 400 |
| Peter Kropman 2.09.33 | 800 |
| Jim Irving 4.35.82 | 1500 |
| Mark Irving 5.24.0 | 1 Mile |
| Jim Irving 10.05.06 | 3K |
| Jim Irving 18.19 | 5K |
| Peter Kropman 2.30.9 | 800SC |
| Peter Kropman 16.19 | 110H |
| Peter Kropman 28.18 | 200H |
| Peter Kropman 1.01.18 | 400H |
| Peter Kropman 6.46 | LJ |
| Peter Kropman 12.66 | TJ |
| Peter Kropman 1.82 | HJ |
| Greg Howard 12.15 (5.449kg) | SP |
| Greg Howard 38.01 (1.5kg) | Dis |
| Andrew Grace 49.35 (800g) | Jav |

U/17

| | |
|--------------------------------|--------|
| Phillip Fenech 11.79 | 100 |
| Phillip Fenech 24.02 | 200 |
| Phillip Fenech 53.71 | 400 |
| Jon Hetherington 2.08.84 | 800 |
| Peter Kropman 4.39.18 | 1500 |
| Ron Irving 4.56.33 | 1 Mile |
| Ron Irving 9.52.13 | 3K |
| Ron Irving 17.46 | 5K |
| Mark Irving 2.28.0 | 800SC |
| Peter Kropman 16.27 | 110H |
| | 100H |
| Phillip Fenech 28.80 | 200H |
| Peter Kropman 1.02.86 | 400H |
| Phillip Fenech 6.37 | LJ |
| Peter Kropman 12.14 | TJ |
| Peter Kropman 1.80 | HJ |
| Robert Kropman 14.20 (4.535kg) | SP |
| Greg Howard 39.72 (1.5kg) | Dis |
| Robert Kropman 53.76 (700g) | Jav |

U/15

| | |
|----------------------------------|--------|
| Michael McHugh 11.91 | 100 |
| Ilia Gill 24.70 | 200 |
| Phillip Fenech 57.12 | 400 |
| Darren Kleinschafer 2.10.78 | 800 |
| Darren Kleinschafer 4.29.26 | 1500 |
| Paul Sewell 5.27 | 1 Mile |
| Darren Kleinschafer 9.58 | 3K |
| Darren Kleinschafer 17.30.37 | 5K |
| Shane Ferguson 2.43.69 | 800SC |
| Nicholas Potten 15.73 | 100H |
| | 90H |
| Michael McHugh 31.19 | 200H |
| Michael Wheeler 1.07.78 | 400H |
| Ilia Gill 5.51 | LJ |
| Michael McHugh 11.61 | TJ |
| Ilia Gill 1.81 | HJ |
| Andrew McIlwaine 16.18 (3.632kg) | SP |
| Andrew McIlwaine 48.50 (1kg) | Dis |
| Andrew McIlwaine 52.55 (600g) | Jav |

U/18

| | |
|--------------------------------|--|
| Phillip Fenech 11.53 | |
| Phillip Fenech 24.54 | |
| Garry Moran 56.29 | |
| Peter Kropman 2.09.64 | |
| Ron Irving 4.29.82 | |
| Ron Irving 4.52.90 | |
| Ron Irving 9.41.10 | |
| Ron Irving 16.29.20 | |
| Mark Irving 2.32.01 | |
| Peter Kropman 16.00 | |
| Peter Kropman 29.02 | |
| Peter Kropman 1.03.54 | |
| Phillip Fenech 6.33 | |
| Peter Kropman 12.53 | |
| Peter Kropman 1.80 | |
| Robert Kropman 13.63 (5.449kg) | |
| Greg Howard 38.78 (1.5kg) | |
| Andrew Grace 45.28 (700g) | |

U/16

| | |
|------------------------|--------------------------------|
| Phillip Fenech 12.04 | |
| Phillip Fenech 24.30 | |
| Phillip Fenech 53.58 | |
| Stephen Friend 2.11.34 | |
| Jim Irving 4.42.56 | |
| Peter Kropman 5.05.25 | |
| Ron Irving 10.16.0 | |
| Peter Kropman 18.14.0 | |
| Peter Kropman 2.41.9 | |
| | David Gallo 14.90 |
| | Phillip Fenech 29.02 |
| | Phillip Fenech 1.05.06 |
| | Ralph Downer 5.86 |
| | David Gallo 11.93 |
| | Peter Kropman 1.73 |
| | Robert Kropman 13.58 (4.535kg) |
| | Greg Howard 44.30 (1kg) |
| | Jon Hetherington 44.14 (700g) |

U/14

| | |
|-----------------------|----------------------------------|
| Ilia Gill 12.01 | |
| Ilia Gill 25.52 | |
| Michael McHugh 59.44 | |
| Shane Ferguson 2.28.0 | |
| Phillip Fenech 5.07.0 | |
| Warren Dempsey 5.56 | |
| Garry Moran 11.08.61 | |
| Shane Ferguson 19.23 | |
| Warren Dempsey 2.56 | |
| | Michael Jamieson 15.08 |
| | Phillip Fenech 33.91 |
| | Nicholas Potten 1.10.40 |
| | Ilia Gill 5.15 |
| | Barry Prasetya 10.67 |
| | Ilia Gill 1.76 |
| | Andrew McIlwaine 14.88 (3.632kg) |
| | Andrew McIlwaine 43.22 (1kg) |
| | Andrew McIlwaine 45.38 (600g) |

U/13
 Ivica Mikic 13.08
 Ilia Gill 26.99
 Michael Ryan 1.05.0
 Phillip Fenech 2.34.36
 Phillip Fenech 5.14.52
 Stephen Mooney 6.04
 Warren Dempsey 11.09
 Warren Dempsey 19.47.21
 Stephen Mooney 3.09.21
 Chris Saliba 14.47

 Chris Saliba 37.81
 Warren Dempsey 1.18.07
 Rodney Scarr 4.97
 Chris Saliba 9.88
 Ilia Gill 1.66
 Andrew McIlwaine 14.22 (2724K)SP
 Andrew McIlwaine 37.71 (1kg) Dis
 Andrew McIlwaine 32.51 (600g) Jav

U/12
 Ilia Gill 13.21
 Ilia Gill 29.0
 Michael Wheeler 1.07.12
 Michael Wheeler 2.39.42
 Michael Wheeler 5.29
 Paul Sewell 6.17
 Geoffrey McHugh 11.20
 Paul Sewell 20.18
 Dale Berryman 3.20.97

 Jeffrey Micallef 16.12
 Jeffrey Micallef 36.85
 Michael Wheeler 1.21.92
 Ilia Gill 4.46
 Jeffrey Micallef 8.87
 Ilia Gill 1.55
 Andrew McIlwaine 12.15 (2.724kg)
 Andrew McIlwaine 37.08 (1kg)
 Andrew McIlwaine 24.56 (600g)

W O M E N

OPEN
 Heidi Novosell (G) 12.99
 Heidi Novosell (G) 26.81
 Jackie Wheeler 1.03.36
 Susannah Hartgers (WS) 2.24
 Tracey Lawless (N) 5.05
 Kim Pitzing 5.53
 Kim Pitzing 11.50
 Kim Pitzing 20.12
 Yvette Jaeger 2.53.6
 Tracey Wheeler 18.41
 Catherine Downer 33.23
 Tracey Wheeler 1.14.54
 Tracey Wheeler 5.01
 Jeanine Ward (J) 10.49
 Vera Abramas (SG) 1.66
 Natalie Avellino 10.32 (4kg) SP
 Joanne Kendall (LP) 38.78 (1k)Dis
 Tracey Wheeler 37.41 (600g) Jav

VETERAN
 Jackie Williams 20.01
 Jackie Williams 44.88
 Jackie Williams 1.41.20
 Jackie Williams 4.02
 Jackie Williams 8.50
 Jackie Williams 9.32

 Jackie Williams 2.80
 Jackie Williams 6.26
 Jackie Williams 5.21 (4kg)
 Jackie Williams 14.30 (1kg)
 Jackie Williams 10.50 (600g)

G: Greystanes AAC; J: Jensen AAC; LP: Liberty Plains AAC; N: Nepean AAC; SG: St. George Women AAC; WS: Tiger Wests AAC.

SENIOR

| | | |
|-----------------|--------------|--------|
| Jackie Wheeler | 13.51 | 100 |
| Jackie Wheeler | 29.05 | 200 |
| Jackie Wheeler | 1.08.59 | 400 |
| Julie Peksis | 2.44 | 800 |
| Julie Peksis | 5.50 | 1500 |
| Julie Peksis | 6.18 | 1 Mile |
| Robyn Eglentals | 13.11 | 3K |
| Julie Peksis | 22.25 | 5K |
| Jackie Wheeler | 3.21 | 800SC |
| Deborah Mulhall | 19.82 | 100H |
| Jackie Wheeler | 35.63 | 200H |
| Tracey Wheeler | 1.16.04 | 400H |
| Jackie Wheeler | 4.64 | LJ |
| Jackie Wheeler | 9.65 | TJ |
| Jackie Wheeler | 1.40 | HJ |
| Tracey Wheeler | 9.94 (4kg) | SP |
| Tracey Wheeler | 34.58 (1kg) | Dis |
| Tracey Wheeler | 34.42 (600g) | Jav |

U/19

| | | |
|----------------|--------------|--------|
| Jackie Wheeler | 13.72 | 100 |
| Jackie Wheeler | 28.84 | 200 |
| Jackie Wheeler | 1.04.54 | 400 |
| Jackie Wheeler | 2.42.17 | 800 |
| Jackie Wheeler | 5.46 | 1500 |
| Jackie Wheeler | 6.23 | 1 Mile |
| Jackie Wheeler | 13.03 | 3K |
| Jackie Wheeler | 24.12 | 5K |
| Jackie Wheeler | 3.24 | 800SC |
| Tracey Wheeler | 18.68 | 100H |
| Tracey Wheeler | 35.89 | 200H |
| Tracey Wheeler | 1.15.53 | 400H |
| Jackie Wheeler | 4.83 | LJ |
| Jackie Wheeler | 9.82 | TJ |
| Tracey Wheeler | 1.52 | HJ |
| Tracey Wheeler | 9.92 (4kg) | SP |
| Tracey Wheeler | 35.04 (1kg) | Dis |
| Tracey Wheeler | 37.06 (600g) | Jav |

U/17

| | | |
|----------------|--------------|--------|
| Tracey Connors | 13.47 | 100 |
| Tracey Connors | 28.38 | 200 |
| Jackie Wheeler | 1.05.97 | 400 |
| Jackie Wheeler | 2.35 | 800 |
| Kim Pitzing | 5.12 | 1500 |
| Kim Pitzing | 11.50 | 1 Mile |
| Jackie Wheeler | 23.06 | 3K |
| Tracey Wheeler | 3.19.82 | 5K |
| Tracey Wheeler | 18.72 | 800SC |
| Tracey Connors | 33.85 | 100H |
| Tracey Wheeler | 1.14.54 | 200H |
| Tracey Connors | 4.82 | 400H |
| Tracey Wheeler | 10.05 | LJ |
| Tracey Wheeler | 1.58 | TJ |
| Tracey Wheeler | 9.66 (4kg) | HJ |
| Tracey Wheeler | 32.62 (1kg) | SP |
| Tracey Wheeler | 32.50 (600g) | Dis |
| | | Jav |

U/20

| | | |
|-----------------|--------------|--|
| Jackie Wheeler | 14.13 | |
| Jackie Wheeler | 28.92 | |
| Jackie Wheeler | 1.05.52 | |
| Tracey Wheeler | 2.44 | |
| Jackie Wheeler | 6.02 | |
| Deborah Mulhall | 9.09 | |
| Tracey Wheeler | 15.31 | |
| Tracey Wheeler | 25.35 | |
| Jackie Wheeler | 3.17 | |
| Tracey Wheeler | 18.41 | |
| Jackie Wheeler | 35.36 | |
| Tracey Wheeler | 1.16.51 | |
| Jackie Wheeler | 4.57 | |
| Tracey Wheeler | 9.98 | |
| Tracey Wheeler | 1.50 | |
| Tracey Wheeler | 9.72 (4kg) | |
| Tracey Wheeler | 36.94 (1kg) | |
| Tracey Wheeler | 37.41 (600g) | |

U/18

| | | |
|------------------|--------------|--|
| Jackie Wheeler | 13.46 | |
| Jackie Wheeler | 28.27 | |
| Jackie Wheeler | 1.03.36 | |
| Jackie Wheeler | 2.41.05 | |
| Jackie Wheeler | 5.43 | |
| Jackie Wheeler | 6.30 | |
| Jackie Wheeler | 13.09 | |
| Jackie Wheeler | 22.46 | |
| Tracey Connors | 3.15.53 | |
| Deborah Mulhall | 20.54 | |
| Jackie Wheeler | 36.82 | |
| Jackie Wheeler | 1.18.14 | |
| Jackie Wheeler | 4.64 | |
| Jackie Wheeler | 9.42 | |
| Jackie Wheeler | 1.40 | |
| Jackie Wheeler | 6.51 (4kg) | |
| Natalie Avellino | 35.02 (1kg) | |
| Tracey Wheeler | 33.24 (600g) | |

U/16

| | | |
|-------------------|--------------|--|
| Jackie Wheeler | 13.4 | |
| Jackie Wheeler | 28.88 | |
| Jackie Wheeler | 1.05.01 | |
| Jackie Wheeler | 2.36 | |
| Jackie Wheeler | 5.35 | |
| Tracey Wheeler | 6.48 | |
| Jackie Wheeler | 12.34 | |
| Kim Pitzing | 20.12 | |
| Tracey Wheeler | 4.10 | |
| Catherine Downer | 15.62 | |
| Catherine Downer | 33.23 | |
| Tracey Wheeler | 1.16.35 | |
| Tracey Wheeler | 5.01 | |
| Catherine Kropman | 10.35 | |
| Lynette Smith | 1.58 | |
| Natalie Avellino | 10.32 (4kg) | |
| Natalie Avellino | 33.78 (1kg) | |
| Tracey Wheeler | 30.18 (600g) | |

U/15

| | | |
|------------------|----------------|--------|
| Tracey Wheeler | 13.67 | 100 |
| Tracey Wheeler | 28.55 | 200 |
| Tracey Wheeler | 1.06.26 | 400 |
| Kim Pitzing | 2.39 | 800 |
| Kim Pitzing | 5.28 | 1500 |
| Kim Pitzing | 5.53 | 1 Mile |
| Kim Pitzing | 11.50 | 3K |
| Kim Pitzing | 20.14 | 5K |
| Irene Coleman | 3.33.6 | 800SC |
| Jasmin Matosin | 15.09 | 90H |
| | | 80H |
| Tracey Wheeler | 34.96 | 200H |
| Tracey Wheeler | 1.17.69 | 400H |
| Linda Atkins | 4.94 | LJ |
| Sarah Ferguson | 10.28 | TJ |
| Tracey Wheeler | 1.59 | HJ |
| Natalie Avellino | 11.91 (2724kg) | SP |
| Kellie Fenech | 9.38 | 1500W |
| Natalie Avellino | 34.38 (1kg) | Dis |
| Tracey Wheeler | 30.00 (600g) | Jav |

U/14

| | | |
|-------------------|-----------------|--|
| Jackie Wheeler | 13.30 | |
| Jackie Wheeler | 28.49 | |
| Tracey Wheeler | 1.05.53 | |
| Jackie Wheeler | 2.37.0 | |
| Kim Pitzing | 5.30 | |
| Catherine Kropman | 6.26 | |
| Kim Pitzing | 11.57 | |
| Kim Pitzing | 20.31 | |
| Catherine Kropman | 3.32 | |
| | | |
| Tracey Wheeler | 14.42 | |
| Lynette Smith | 35.92 | |
| Catherine Kropman | 1.21.88 | |
| Linda Atkins | 4.73 | |
| Catherine Kropman | 9.90 | |
| Catherine Kropman | 1.55 | |
| Natalie Avellino | 12.91 (2.724kg) | |
| Lynette Smith | 9.24 | |
| Natalie Avellino | 34.22 (1kg) | |
| Natalie Avellino | 30.44 (600g) | |

U/13

| | | |
|-------------------|----------------|-------|
| Tracey Wheeler | 13.96 | 100 |
| Tania Ringhof | 29.10 | 200 |
| Tracey Wheeler | 1.06.46 | 400 |
| Tracey Wheeler | 2.42.53 | 800 |
| Catherine Kropman | 5.37 | 1500 |
| Kim Pitzing | 12.09.0 | 3K |
| Kim Pitzing | 21.39 | 5K |
| Catherine Kropman | 3.44 | 800SC |
| Sarah Ferguson | 14.57 | 80H |
| Sarah Ferguson | 38.09 | 200H |
| Sarah Ferguson | 1.22.01 | 400H |
| Tracey Wheeler | 4.58 | LJ |
| Tracey Wheeler | 9.68 | TJ |
| Tracey Wheeler | 1.44 | HJ |
| Natalie Avellino | 12.20 (2724kg) | SP |
| Natalie Avellino | 33.04 (1kg) | Dis |
| Natalie Avellino | 23.76 (600g) | Jav |

U/12

| | | |
|-------------------|----------------|--|
| Tammy Gilchrist | 14.40 | |
| Linda Hemmerling | 30.22 | |
| Linda Hemmerling | 1.10.05 | |
| Kellie Fenech | 2.48.0 | |
| Catherine Kropman | 5.42.0 | |
| Catherine Downer | 13.04.0 | |
| Kellie Fenech | 26.06.0 | |
| | | |
| Catherine Kropman | 18.42 | |
| Catherine Kropman | 46.06 | |
| Catherine Kropman | 1.35.0 | |
| Tracey Wheeler | 4.35 | |
| Catherine Kropman | 8.75 | |
| Catherine Kropman | 1.31 | |
| Natalie Avellino | 8.51 (2.724kg) | |
| Natalie Avellino | 18.70 (1kg) | |
| Tracey Wheeler | 15.06 (600g) | |

FUN DAY & OTHER RECORDS2.724 Kg SHOT PUT "THROW"

OPEN: Robert Kropman (U/17) 27.24 7/3/87
 VETERAN: Bob Sewell 12.91 8/3/86; Jackie Williams 6.83 83/84
 SENIOR: Eric Barry 21.05 83/84; Jackie Wheeler 11.10 7/3/87
 U/20: Tracey Wheeler 14.54 7/3/87
 U/19: Andrew Grace 23.21 8/3/86; Tracey Wheeler 16.29 8/3/86
 U/18: Peter Kropman 23.86 8/3/86; Jackie Wheeler 10.00 83/84
 U/17: Robert Kropman 27.24 7/3/87; Tracey Wheeler 14.66 84/85
 U/16: Robert Kropman 26.99 8/3/86; Natalie Avellino 13.53 8/3/86
 U/15: Robert Kropman 18.80 83/84; Natalie Avellino 12.61 84/85
 U/14: Andrew McIlwaine 21.34 7/3/87
 U/13: Jason Irvine 13.16 84/85; Kellie Fenech 9.12 82/83
 U/12: Wayne Mulhall 7.83 84/85
 OFFICIAL: Hans Kropman 21.09 7/3/87

8 x 100M RELAYOPEN MEN'S TEAM - time 1.40 (17/3/84)

Paul Manton U/19, Phillip Fenech U/16, Peter Kropman U/16, Eric Barry (Sen.), Andrew Grace U/17, Garry Moran U/17, Craig Downie (Sen.), Jim Irving U/19.

OPEN LADIES TEAM - time 1.50.48 (16/3/85)

Catherine Kropman U/14, Tracy Scorer U/14, Natalie Avellino U/14, Michelle Cauchi U/15, Jackie Neil U/14, Tracey Wheeler U/17, Jackie Wheeler U/19, Tracey Connors U/17.

OPEN MIXED TEAM - time 1.48.15 (7/3/87)

Ron Irving U/17, Catherine Kropman U/16, Peter Kropman U/19, Robert Kropman U/17, Deborah Mulhall (Sen), Glen Richardson (Sen), Jackie Wheeler (Sen), Michael Wheeler U/16.

1200M STEEPLECHASE

OPEN: Graham Ryan (RB) 3.53.49
 U/19: Deborah Mulhall 5.57
 U/18: Andrew Grace 6.34
 U/17: Mark Irving 4.02.02
 U/16: Ron Irving 4.30.8
 U/15: Jeffrey Micallef, Robert Kropman 5.35
 U/14: Darian Law (Pen) 5.10
 U/13: Stephen Mooney 6.01
 U/12: Paul Sewell 7.03

2000M STEEPLECHASE

OPEN: Peter Kropman U/19 7.39
 VETERAN: Bob Sewell 8.24
 SENIOR: John Doolan 7.47
 U/19: Peter Kropman 7.39
 U/18: Ron Irving 7.42
 U/15: Paul Sewell 8.15