



NINTH
ANNUAL REPORT

1986/87

ANNUAL REPORT 1986/87

AS PRESENTED AT THE NINTH ANNUAL GENERAL MEETING
OF THE GIRRAWEEEN AMATEUR ATHLETIC CLUB

HELD AT C.V. KELLY PARK ON 1st MAY, 1987, at 8 p.m.

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GIRRAWEE AMATEUR ATHLETIC CLUBCLUB COMPETITION CHAMPIONS

<u>Female</u>	<u>Season</u>	<u>Male</u>
* Jackie Wheeler (Sen.)	1986/87	Michael Jamieson U/14
* Deborah Mulhall (Sen.)		
Jackie Wheeler U/20	1985/86	* Peter Kropman U/18
* Jackie Wheeler U/19	1984/85	Frank Soballa U/17
Kellie Fenech U/14	1983/84	* Robert Kropman U/14
Kellie Fenech U/13	1982/83	* Phillip Fenech U/15
Deborah Mulhall U/16	1981/82	* Phillip Fenech U/14
Jackie Wheeler U/15	1980/81	* Michael McHugh U/14
* Catherine Downer U/13	1979/80	Ralph Downer U/15
* Jackie Wheeler U/14		
* Joanne Kendall U/13	1978/79	Simon Gemmell U/14

*Denotes overall champion

WINTER COMPETITION

Pauline Gunns U/20	1986	* Bob Sewell (Vet.)
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CITY INTER-CLUB

1986/87	Craig Downie Mark Wright
1985/86	Craig Downie

GIRRAWEEEN AMATEUR ATHLETIC CLUBCLUB COMPETITION RESULTS 1986/87

WINTER COMPETITION 1986 - conducted at various venues by the West Metropolitan Cross Country & Road Running Committee.

OVERALL AND MALE CHAMPION:	Bob Sewell (Vet.)	1500 points
FEMALE CHAMPION:	Pauline Gunns U/20	910 "
Senior (M) Champion:	John Doolan	910 "
Senior (F) Champion:	Julie Peksis	690 "
U/20 Champion:	Jim Irving	740 "
U/18 Champion:	Ron Irving	490 "
U/14 Champion:	Paul Sewell	940 "

Runners up: Ted Hemmens (Sen.) 680; Glen Richardson (Sen.) 480; Mark Wright (Sen.) 440; Wally Helfensdorfer (Sen.) 350; John Sneddon (Sen.) 330; Craig Downie (Sen.) 130; Mark Hooper (Sen.) 120; Kim Pitzing (U/18) 100.

* * *

SUMMER COMPETITION 1986/87 - conducted over 5 rounds at C.V.. Kelly Park, Girraween.

OVERALL AND FEMALE CHAMPIONS:	Deborah Mulhall/ Jackie Wheeler	1980 points
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MALE CHAMPION	Michael Jamieson	1920 "
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RUNNERS UP:	Robert Kropman	1920 points
	Paul Sewell	1868 "
	Cherie Madden	1748 "
	Tracey Wheeler	1680 "
	Jim Irving	1410 "
	Michael Wheeler	1410 "
	Cathy Kropman	1354 "

Peter Kropman 1298; Andrew McIlwaine 1298; Chris Saliba 1270; John Doolan 1238; Lynette Smith 1178; Bob Sewell 1050; Sarah Ferguson 978; Natalie Avellino 892; Ron Irving 740; Julie Peksis 712; Warren Dempsey 712; Ross Smith 684; Greg Howard 518; Andrew Hill 430; Jeffrey Micallef 258; Jeanette Cullen 230; Kim Pitzing 230; Kim Lawson 230.

* * *

OFFICIALS: John Doolan, Lesley Fenech, Gordon Jamieson, Hans Kropman, Jim McIlwaine, Ron Saliba, Bob Sewell, Joan Wheeler, John Wheeler.

GIRRAWEEEN AMATEUR ATHLETIC CLUBFormed September, 1978C.V. Kelly Park, Oramzi Road, Girraween.CLUB COMMITTEE 1986/87

President	:	John Wheeler
Secretary	:	Tony Braithwaite
Treasurer	:	Hans Kropman
Registrar	:	Hans Kropman
Recording	:	Joan Wheeler
Club Records	:	Jackie Wheeler
Publicity	:	Bob Sewell
Canteen	:	Elizabeth McIlwaine Jim McIlwaine

LIFE MEMBER

John Wheeler

HON. AUDITOR

John Heyes, AASA, CPA

COACHING

Craig Downie, Hans Kropman, Jim McIlwaine,
Bob Sewell, Mark Wright, John Wheeler

SPONSORS

Lidco Sales Pty. Ltd.

Love Industries

Nestles Australia Ltd..

COMMITTEE REPORTS

PRESIDENT

This, our ninth year, has probably been the quietest and least competitive. Whilst holding membership numbers, there was not the usual emphasis on training, coaching and Inter-club interest, and this coupled with lack of visiting clubs contributed to subdued Club activities. Improvement is in sight with interest shown by neighbouring clubs Grey-stanes and Liberty Plains in competing with us on Saturdays.

Two meetings with these clubs have been promising and to date we have agreed to combine our membership promotion, and agreed to reject the Association's request to amalgamate.

Several of our younger members, also registered with Girraween Little A's, performed exceptionally well: Andrew McIlwaine winning the Club's Multi-Event Carnival, and three Gold medals in the State Age Track & Field Championships; Michael Jamieson in the Multi-Event Carnival and Male Champion in the Club Competition. These athletes with other U/13/14 Little A's displayed excellent sportsmanship and integrated well with other Club members.

Our first year of Team Winter Competition was well attended and successful, and with two venues organised by Girraween this winter we are looking for increased interest by more athletes.

Congratulations to Paul Sewell U/14, recently awarded 10-years service with Girraween Little A's - a tremendous achievement and he could make this a double in a few years with this Club.

Committee activities were extended this season to assisting the Little A's in the upgrading and extension of the Long/Triple Jump facilities, and as Project Supervisor I was pleased with the eagerness and willingness of parents and Senior Club members devoting their time during the winter months to construct what we consider the best in this State. Thanks to the Department of Sport & Recreation, Holroyd Council and the Little Athletic Centre for financing this project.

Unfortunately Tony Braithwaite had to relinquish the position of Secretary early in the season, but we look forward to his return when his work situation settles down.

As Club President it is a pleasure when the Committee performs well and this season has been exceptional. The Club's internal organisation, necessary for the conduct of Saturday meetings, was moulded to perfection, and this included many long hours preparation for the Multi-Event Carnival. I thank all those families who participated, obviously with the Club members' interest in mind.

We started the season without a Canteen Manager and members were relieved when Elizabeth and Jim McIlwaine came to the rescue. Sales were quiet but like our past canteen personnel they made a hit with Club members and produced a reasonable profit to assist the Club's commitments.

As President I commend all participants in a most successful season.

John Wheeler.

PUBLICITY

The Parramatta Advertiser published our winter season results fairly regularly, but unfortunately athletics results appeared rarely during the summer.

Winter results appeared in the Sunday papers most weeks.

Bob Sewell.

WINTER SEASON

The West Metropolitan Zone's winter programme received good support from Girraween athletes during the past season, although our top distance runners appeared very infrequently and bypassed the championship events.

Congratulations to Julie Peksis and Pauline Gunns who competed regularly and became the first female runners to represent the club in a winter state championship.

The club presented winter trophies for the first time last season, with eight runners receiving awards.

Bob Sewell.

RECORDS REPORT

As a club gets older usually less and less records are broken. The amount of records broken and/or set this year seemed less than previous years. However 75 records were still broken. Of the 75, 42 were broken by the males and 33 by the females. The most notable athletes were Peter Kropman who broke 13 records and Tracey Wheeler who broke 11.

Jackie Wheeler.

COMPETITION RECORDER

The number of athletes entering in the Club Competition was less than last year. We are sorry to see the numbers in younger age groups decreasing as they are the groups who usually enter the competition but it is pleasing to see the number of Senior Men on the increase. It would be nice to see more participation by the Senior Men. However the 28 athletes who did record their results each week were keen and interested in their performances.

Joan Wheeler.

TREASURER/REGISTRAR

This season has seen a slight increase in membership over the previous season although financially the figures appear to be less than last season with an opening balance of \$830.43 and a closing balance of \$531.63.

With the introduction of new Club colours this season a sum of \$778.56 had to be spent on new Club singlets. As not all of these singlets were sold during the season the remaining singlets effectively increase the Club's bank balance by another \$568.00.

Mr. and Mrs. McIlwaine need to be congratulated for their efforts in the canteen yielding a handsome profit of \$271.74.

The Representative Fund held by the St. George Building Society opened with a balance of \$153.39 and closed with a balance of \$164.78, the movement being the interest accrued.

The season saw some 54 athletes registered this season of which there were 17 female athletes, 34 male athletes and 3 registered officials.

I have again enjoyed my association with the Girraween Amateur Athletic Club and would like to thank all those who have helped in the running of the Club. The Girraween Club has the potential of becoming one of the outstanding clubs in the Western area and this has been happening thanks to the efforts of the Wheeler family. We need to remember that without the efforts of families such as the Wheelers a club such as Girraween would not exist.

Once again I would like to thank John and his family, the athletes, the officials and the helpers for a season well spent.

Hans Kropman.

CANTEEN

This is our first year at Canteen operating and although it was rather quiet, was also most enjoyable. Thanks to Lesley Fenech, Gen Kropman and our daughter Karen for their help on several occasions.

Profit for this season including the Multi Event Carnival was \$271.74.

Elizabeth & Jim McIlwaine.

INCOME & EXPENDITURE STATEMENTFor the Period ended 1st May, 1987

<u>1985/86</u>			<u>1986/87</u>
	<u>Income</u>		
701.92	Balance Brought Forward		830.43
1017.00	Registrations Received	1057.00	1057.00
120.00	Fund Raising		130.00
	Canteen Profits	371.74	
217.25	Float	-100.00	271.74
110.00	Sale of Singlets		483.00
48.75	Interest Received from Building Society		51.04
--	Sponsorship (Lidco Aluminium Products)		80.00
.50	Ground Fees		--
4.00	Donations		--
47.00	Electricity Refund from Blair Zone		--
--	Decathlon		62.00
--	End of Season Barbecue		30.00
--	Unclaimed cheque		- 2.00
<u>2266.42</u>	<u>TOTAL INCOME</u>		<u>2997.21</u>
	<u>Expenditure</u>		
776.00	Registrations Paid		883.00
20.00	Association Affiliation Fees		75.00
--	Singlets Purchased		778.56
170.39	Equipment Purchases		265.20
--	Electricity (Proportion paid to GLAC)		68.84
45.00	Trophies - Decathlon		78.76
	- End of Season		99.50
20.00	Park Trust Fees		--
16.46	Printing, Stationery and Postage		47.80
45.00	Sundries, Barbecue, Equipment repairs		133.08
--	Overpay of Registration - Unclaimed		2.00
--	End of Season Barbecue		26.40
340.00	Water Jump		--
3.14	Bank Fees		7.44
<u>1435.99</u>	<u>TOTAL EXPENDITURE</u>		<u>2465.58</u>
830.43	Net Excess C/Fwd to Next Season		531.63
	(St. George Building Society Account No. 111 535 690)		
	Singlets in hand - 7 Mesh @ \$14.00		98.00
	- 47 Std @ \$10.00		470.00
	<u>REPRESENTATIVE ACCOUNT</u>		
142.51	Balance B/Fwd		153.39
10.88	Interest Received		11.39
<u>153.39</u>	<u>TOTAL</u>		<u>164.78</u>

I certify that the Income and Expenditure Statement of Girraween Amateur Athletic Club has been checked and that payments and receipts have been verified and that they show a true and correct record of the financial transactions.

J.F. HEYES, AASA CPA
HON. AUDITOR.

350 Old Windsor Road,
Toongabbie. 2146

MEMBERSHIP 1986/76

MEN: 34; WOMEN: 17; TOTAL: 51

VETERAN

Ted Hemmens
Ross Keys
Robert Sewell

U/19

Phillip Fenech
Peter Kropman
Tracey Wheeler

SENIOR

Tony Braithwaite
Marce Cullen
John Doolan
Craig Downie
Alan Finn
Jamie Ginns
Walter Helfensdorfer
Mark Hooper
Jim Irving
David Latham
Garry Moran
Deborah Mulhall
Julie Peksis
Glen Richardson
John Sneddon
Ross Smith
Mark Wright
Jackie Wheeler

U/17

Jeanette Cullen
Kellie Fenech
Ron Irving
Robert Kropman
Jeffrey Micallef
Kim Pitzing

U/16

Natalie Avellino
David Gallo
Cathy Kropman
Jacqui Neil
Lynette Smith

U/15

Darren Dean
Warren Dempsey
Sarah Ferguson
Kim Lawson
Cherie Madden
David Vaarwerk
Michael Wheeler

U/20

Marion Apps
Pauline Gunns
Greg Howard
Peter Lehner

U/14

Michael Jamieson
Andrew McIlwaine
Paul Sewell

U/19

Phillip Fenech
Peter Kropman
Tracey Wheeler

U/13

Andrew Hill
Christopher Saliba

REGISTERED OFFICIALS:

Gordon Jamieson
Hans Kropman
John Wheeler

CLUB EQUIPMENT

60 Competition Model Hurdles
 Mobile Hurdle Transporter
 80 to 110 Metre Mobile Tape Hurdle Marker
 4 Steeplechase Hurdles and Mobile Transporters
 1 Water Jump Pit complete

Javlines: 2 x 800 gram
 2 x 700 gram
 3 x 600 gram

Discus: 1 x 2 Kg. metal ring
 1 x 1½ Kg. metal ring
 2 x 1 Kg. metal ring
 1 x 1 Kg. Rubber (practice)

Shot Puts: 1 x 7.260 Kg. (16 lb.)
 2 x 5.449 Kg. (12 lb.)
 2 x 4.535 Kg. (10 lb.)
 1 x 4.00 Kg. (8.8 lb.)
 2 x 3.632 Kg. (8 lb.)
 1 x 2.724 Kg. (6 lb.)

Tapes: 1 x 10 metres
 1 x 50 metres
 1 x 100 metres

Stop Watches: 5 x AMF Countdown LC
 3 x AMF Single Event

Starter Gun: One

Miscellaneous Equipment:
 1 Metal Stationery Cupbaord
 2 Metal Clothes Cupboards
 2 Notice Boards
 1 Records Board
 14 Clip Boards

VALUE \$15,800

GIRRAWEE AMATEUR ATHLETIC CLUBWINTER 1986 CROSS COUNTRY (C.C.) & ROAD RUNNING (R.R.)
RESULTSMeadowbank (C.C.) 5/4/86

MEN 8.7K M. Wright 33.04; G. Richardson 35.22; T. Hemmens (Vet.) 38.05; B. Sewell (Vet) 38.10; J. Doolan 38.56
WOMEN J. Peksis 42.57

Cabarita (R.R.) 12/4/86

MEN 8K G. Richardson 30.10; T. Hemmens (Vet) 30.51; W. Helfensdorfer 31.15; J. Doolan 32.20; B. Sewell (Vet) 32.35
U/14 2K P. Sewell 7.02

Normanhurst (C.C.) 19/4/86

MEN 5K M. Wright 17.26; G. Richardson 18.12; T. Hemmens (Vet) 18.35; J. Doolan 19.40; B. Sewell (Vet) 20.06
WOMEN 5K P. Gunns (U/20) 22.27; J. Peksis 25.18

Auburn (C.C.) 26/4/86

MEN 8K M. Hooper 30.55; G. Richardson 31.00; J. Sneddon 31.22; T. Hemmens (Vet) 31.23; B. Sewell (Vet) 32.50; J. Doolan 33.09; J. Irving 33.54; R. Irving (U/18) 30.11; J. Peksis (F) 38.06
U/14 2.5K P. Sewell 11.20

Lansdowne (C.C.) 10/5/86

MEN 9K M. Wright 32.35; M. Hooper 36.33; W. Helfensdorfer 36.59; B. Sewell (Vet) 37.40; J. Doolan 37.47
U/14 4.5K P. Sewell 25.03
WOMEN 9K P. Gunns (U/20) 43.27

Audley (C.C.) 17/5/86

MEN 10K J. Doolan 43.35
Half Marathon: B. Sewell (Vet) 1.37.30; P. Sewell (U/14) 2.05.15; P. Gunns (U/20) 1.49.0

Castle Hill (C.C.) 24/5/86

MEN 9.6K J. Sneddon 38.27; M. Wright 40.45; T. Hemmens (Vet) 40.46; J. Doolan 41.50; J. Irving 42.46; B. Sewell (Vet) 43.04
U/18 R. Irving 38.48
U/14 1.6K P. Sewell 6.38
WOMEN 9.6K J. Peksis 54.05

Parramatta (R.R.) 31/5/86

MEN 8K J. Irving 32.14
16K J. Sneddon 60.35; G. Richardson 62.25; T. Hemmens (Vet) 65.47; B. Sewell (Vet) 68.14
WOMEN 16K J. Peksis 78.05

WINTER COMPETITION RESULTS CONTD.Parramatta (C.C.) 7/6/86

MEN 8K G. Richardson 31.52; J. Irving 33.12; J. Doolan 33.26; B. Sewell (Vet) 34.38;
 U/18 R. Irving 30.12
 U/14 2.2K P. Sewell 10.13
 WOMEN 8K J. Peksis 39.20

Epping (R.R.) 14/6/86

MEN 10K W. Helfensdorfer 39.47; J. Doolan 40.39; M. Wright 41.13; J. Sneddon 41.13; J. Irving 41.48; B. Sewell (Vet) 44.43
 U/14 2K P. Sewell 8.14
 WOMEN 10K P. Gunns 47.17; J. Peksis 52.47

Meadowbank (C.C.) 21/6/86

MEN 8.7K C. Downie 28.49; M. Wright 31.54; J. Sneddon 32.13; J. Irving 34.58; J. Doolan 35.07; B. Sewell (Vet) 37.11
 U/18 R. Irving 32.02
 U/14 1 Mile P. Sewell 7.31
 WOMEN 8.7K J. Peksis 40.27
 2.9K P. Gunns 14.26

Pier One - State Road Championships 29/6/86

MEN 15K B. Sewell (Vet) 61.53
 WOMEN J. Peksis 71.40

Upjohn Park (C.C.) 5/7/86

MEN 9.6K B. Sewell (Vet) 49.19; T. Hemmens (Vet) 41.45; J. Irving (U/20) 39.38
 U/14 2.5K P. Sewell 10.36
 WOMEN 9.6K P. Gunns (U/20) 49.06

Cabarita Park (R.R.) 12/7/86

MEN 8K J. Sneddon 28.24; C. Downie 25.26; B. Sewell (Vet) 38.12; J. Irving 32.13
 U/14 P. Sewell 37.28
 WOMEN P. Gunns U/20 37.47

Macquarie University - State Cross Country 19/7/86

MEN 16K B. Sewell (Vet) 73.45
 WOMEN 12K P. Gunns U/20 63.51

Lansdowne - Cross Country Relays 26/7/86

(Each runner ran 3 x 2K)

MEN R. Irving (U/18) 19.52; J. Irving 21.58; B. Sewell (Vet) 23.22; J. Doolan 26.05
 WOMEN J. Peksis 28.57
 (Times total of 3 runs)

Parramatta (R.R.) 2/8/86

MEN 8K R. Irving (U/18) 29.20; M. Wright 30.21; W. Helfensdorfer 31.06; J. Irving 32.49; B. Sewell (Vet) 34.13
 U/14 1.7K P. Sewell 6.23
 WOMEN 8K P. Gunns (U/20) 39.16

WINTER COMPETITION RESULTS CONTD.City to Surf (R.R.) 10/8/86

MEN 14K A. Finn 53.36; G. Richardson 54.56; T. Hemmens (Vet) 56.08; W. Helfensdorfer 57.28; B. Sewell (Vet) 57.48; R. Irving (U/18) 58.01; J. Doolan 68.40
 WOMEN K. Pitzing (U/18) 64.27; P. Gunns (U/20) 69.55; J. Peksis 72.04

Lansdowne - State Cross Country Championships 16/8/86

MEN 12K B. Sewell (Vet) 51.35

Baulkham Hills (R.R.) 23/8/86

MEN 8K Bob Sewell (Vet) 31.16; T. Hemmens (Vet) 31.02
 Jim Irving (U/20) 32.25;
 U/14 1.6K P. Sewell 5.59
 WOMEN 8K P. Gunns (U/20) 36.47

Epping (R.R.) 30/8/86

MEN 10K B. Sewell (Vet) 40.29; T. Hemmens (Vet) 40.26;
 J. Irving (U/20) 41.38
 U/14 2K P. Sewell 8.13

Wyatt Park (R.R.) 6/9/86

U/14 2.5K P. Sewell 11.19

Cabarita Park - Trevor Lonard Memorial Handicap 20/9/86

MEN 8K B. Sewell (vet) 31.54
 U/14 P. Sewell 34.56

* * *

MULTI EVENT CHAMPIONSHIPS 1986
20th, 21st December - C.V. Kelly Park

* Male Champion: Andrew McIlwaine (Gir) U/14 10573 points
 * Female Champion: Jeanine Ward (Jensen) U/14 10232 "
 Runner-up Male: Darren Losco (Gir.LA) U/14 10222 "
 Runner-up Female: Tracey Wheeler (Gir) U/20 9790 "

* Age Champions

MALE	Veteran	Dan Trobec (Liv)	7785
	Senior	Lance Day (Liv)	9439
	U/20	peter Kropman (Gir)	8937
	U/18	Jeff Micallef (Gir)	9844
	U/16	Michael Wheeler (Gir)	9673
FEMALE	Senior	Jackie Wheeler (Gir)	8989
	U/18	Lynette Smith (Gir)	8773
	U/16	Cathy Kropman (Gir)	9592

Other competitors: Michael Jamieson (Gir) U/14 10141; Mandy Novosell (Grey.LA) U/14 9746; Robert Kropman (Gir) U/18 9538; Darian Law (Pen) U/16 9466; Sarah Ferguson (Gir) U/16 9214; Chris Saliba (Gir) U/14 9214; Tremayne Porter (M/War) U/16 9151; Ken Porter (Nep) Sen. 8854; Steve Kourounis (St.G) U/16 8753; Greg Howard (Gir) U/20 8350; Ross Smith (Gir) Sen. 8314; Natalie Avellino (Gir) U/18 8188; Paul Sewell (Gir) U/16 6900; Garry Moran (Gir) Sen. 7495

PULSAR QUARTZ GAMESSYDNEY ATHLETIC FIELD 18th & 19th OCTOBER, 1986U/16 GIRLS:

Catherine Kropman LJ (1st) 4.96; HJ (1st) 1.56;
 SP (5th) 8.91; Discus 20.38
 Natalie Avellino SP (1st) 10.20; Discus (1st) 35.16;
 Jav (4th) 28.96

U/15 BOYS:

Andrew McIlwaine Discus 42.58; Jav 43.20

* * *

N.S.W. AGE TRACK & FIELD CHAMPIONSHIPSSYDNEY ATHLETIC FIELD 14th & 15th MARCH, 1987U/14 BOYS:

Andrew McIlwaine 90M Hurdles 15.37; Shot Put (1st) 14.67;
 Discus (1st) 44.54; Jav. (1st) 49.06

* * *

BLAIR ZONE CHAMPIONSHIPS11th to 25th FEBRUARY, 1987VETERAN MEN:

Bob Sewell 3K (2nd); 5K (2nd)

U/15 BOYS:

Paul Sewell Jav (1st); 3K (2nd); 5K (2nd);
 1500 (3rd); Dis (3rd)

* * *

GIRRAWEEN AMATEUR ATHLETIC CLUBC.V. KELLY PARK GROUND RECORDS
AS AT 1st MAY, 1987M E NOPEN

Phillip Penech	11.53	100
Paul Manton	23.89	200
Terry Wilson (WS)	53.19	400
Craig Downie	2.01.83	800
R. Hamill (RH)	4.11.03	1500
Don Irvine	4.52.90	1 Mile
Craig Downie	9.04.15	3K
Graham Ryan (RB)	16.20.87	5K
Kevin Junor (P)	2.19.0	800SC
Keith Law (Pen)	7.36.77	1500W
Peter Kropman	16.48	110H
Peter Kropman	23.18	200H
David Tarbotton (CTC)	59.19	400H
Peter Kropman	6.46	LJ
Clay Tompkins (NS)	13.30	TJ
Clay Tompkins (NS)	1.84	HJ
D. Johnson (B)	10.94 (7.26kg)	SP
Clay Tompkins (NS)	34.30 (2kg)	Dis
Andrew Grace	49.35 (800g)	Jav

VETERAN

Ian Richardson	13.71
Ian Richardson	27.85
Ian Richardson	1.01.29
Ted Hemmens	2.22
Ted Hemmens	4.56.0
Bob Sewell	5.39.0
Ted Hemmens	10.37
Ted Hemmens	18.43
Ian Richardson	36.99
Robert Sewell	4.16
Ian Richardson	1.40
Robert Sewell	7.95 (7.26kg)
Ian Richardson	21.30 (2kg)
Ian Richardson	26.70 (800g)

B: Blacktown District AAC; NS: Northern Suburbs AAC; P: Parramatta District AAC; Pen: Penrith AAC; RB: Randwick-Botany Harriers AAC; WS: Tiger Wests AAC; CTC: Campbelltown City AAC; RH: Ryde-Hornsby AAC.

SENIOR

Ken Trotman	11.96	100
Bob Broadhurst	25.50	200
Craig Downie	55.98	400
Craig Downie	2.01.83	800
Craig Downie	4.18.76	1500
Craig Downie	5.05.03	1 Mile
Craig Downie	9.04.15	3K
Craig Downie	16.25.68	5K
John Doolan	2.52.48	800SC
John Doolan	9.18	1500W
Bob Broadhurst	20.63	110H
Bob Broadhurst	30.91	200H
Bob Broadhurst	1.09.81	400H
Allan Gilchrist	5.48	LJ
Ken Trotman	10.89	TJ
Ross Smith	1.70	HJ
Allan Gilchrist	10.12 (7.26kg)	SP
Ross Smith	26.76 (2kg)	Dis
Bob Broadhurst	39.62 (800g)	Jav

U/20

Paul Manton	11.85
Ralph Downer	24.67
Tony Manago	56.17
Garry Moran	2.10.86
Peter Kropp	5.28
Peter Kropman	16.48
Ralph Downer	30.42
Garry Moran	1.04.38
Ralph Downer	5.85
Ralph Downer	11.90
Ralph Downer/Peter Keene	1.62
Greg Howard	10.26 (7.26kg)
Greg Howard	31.39 (2kg)
Greg Howard	31.10 (800g)

U/19

Paul Manton	11.74	100
Paul Manton	23.89	200
Peter Kropman	54.28	400
Peter Kropman	2.09.33	800
Jim Irving	2.09.33	1500
Mark Irving	5.24.0	1 Mile
Jim Irving	10.05.06	3K
Jim Irving	18.19	5K
Peter Kropman	2.30.9	800SC
Peter Kropman	16.19	110H
Peter Kropman	28.18	200H
Peter Kropman	1.01.18	400H
Peter Kropman	6.46	LJ
Peter Kropman	12.66	TJ
Peter Kropman	1.82	HJ
Greg Howard	12.15 (5.449kg)	SP
Greg Howard	38.01 (1.5kg)	Dis
Andrew Grace	49.35 (800g)	Jav

U/17

Phillip Fenech	11.79	100
Phillip Fenech	24.02	200
Phillip Fenech	53.71	400
Jon Hetherington	2.08.84	800
Peter Kropman	4.39.18	1500
Ron Irving	4.56.33	1 Mile
Ron Irving	9.52.13	3K
Ron Irving	17.46	5K
Mark Irving	2.28.0	800SC
Peter Kropman	16.27	110H
		100H
Phillip Fenech	28.80	200H
Peter Kropman	1.02.86	400H
Phillip Fenech	6.37	LJ
Peter Kropman	12.14	TJ
Peter Kropman	1.80	HJ
Robert Kropman	14.20 (4.534kg)	SP
Greg Howard	39.72 (1.5kg)	Dis
Robert Kropman	53.76 (700g)	Jav

U/15

Michael McHugh	11.91	100
Ilia Gill	24.70	200
Phillip Fenech	57.12	400
Darren Kleinschafer	2.10.78	800
Darren Kleinschafer	4.29.26	1500
Paul Sewell	5.46.	1 Mile
Darren Kleinschafer	9.58	3K
Darren Kleinschafer	17.30.37	5K
Shane Ferguson	2.43.69	800SC
Nicholas Potten	15.73	100H
		90H
Michael McHugh	31.19	200H
Michael Wheeler	1.07.78	400H
Ilia Gill	5.51	LJ
Michael McHugh	11.61	TJ
Ilia Gill	1.81	HJ
Robert Kropman	13.27 (3.632kg)	SP
Russell Gendle	41.70 (1kg)	Dis
Robert Kropman	41.84 (600g)	Jav

U/18

Phillip Fenech	11.53	
Phillip Fenech	24.54	
Garry Moran	56.29	
Peter Kropman	2.09.64	
Ron Irving	4.29.82	
Ron Irving	4.52.90	
Ron Irving	9.41.10	
Ron Irving	16.29.20	
Mark Irving	2.32.01	
Peter Kropman	16.00	
Peter Kropman	29.02	
Peter Kropman	1.03.54	
Phillip Fenech	6.33	
Peter Kropman	12.53	
Peter Kropman	1.80	
Robert Kropman	13.63 (5.449kg)	
Greg Howard	38.78 (1.5kg)	
Andrew Grace	45.28 (700g)	

U/16

Phillip Fenech	12.04	
Phillip Fenech	24.30	
Phillip Fenech	53.58	
Stephen Friend	2.11.34	
Jim Irving	4.42.56	
Peter Kropman	5.05.25	
Ron Irving	10.16.0	
Peter Kropman	18.14.0	
Peter Kropman	2.41.9	
David Gallo	14.90	
Phillip Fenech	29.02	
Phillip Fenech	1.05.06	
Ralph Downer	5.86	
David Gallo	11.93	
Peter Kropman	1.73	
Robert Kropman	13.58 (4.535kg)	
Greg Howard	44.30 (1kg)	
Jon Hetherington	44.14 (700g)	

U/14

Ilia Gill	12.01	
Ilia Gill	25.52	
Michael McHugh	59.44	
Shane Ferguson	2.28.0	
Phillip Fenech	5.07.0	
Warren Dempsey	5.56	
Garry Moran	11.08.61	
Shane Ferguson	19.23	
Warren Dempsey	2.56	
Michael Jamieson	15.08	
Phillip Fenech	33.91	
Nicholas Potten	1.10.40	
Ilia Gill	5.15	
Barry Prasetya	10.67	
Ilia Gill	1.76	
Andrew McIlwaine	14.72 (3.632kg)	
Andrew McIlwaine	43.22 (1kg)	
Andrew McIlwaine	45.38 (600g)	

U/13

Ivica Mikic	13.08	100
Ilia Gill	26.99	200
Michael Ryan	1.05.0	400
Phillip Fenech	2.34.36	800
Phillip Fenech	5.14.52	1500
Stephen Mooney	6.04	1 Mile
Warren Dempsey	11.09	3K
Warren Dempsey	19.47.21	5K
Stephen Mooney	3.09.21	800SC
Chris Saliba	14.47	90H
		80H
Chris Saliba	37.81	200H
Warren Dempsey	1.18.07	400H
Rodney Scarr	4.97	LJ
Chris Saliba	9.88	TJ
Ilia Gill	1.66	HJ
Andrew McIlwaine	14.22 (2724K)	SP
Andrew McIlwaine	37.71 (1kg)	Dis
Andrew McIlwaine	32.51 (600g)	Jav

U/12

Ilia Gill	13.21
Ilia Gill	29.0
Michael Wheeler	1.07.12
Michael Wheeler	2.39.42
Michael Wheeler	5.29
Paul Sewell	6.17
Geoffrey McHugh	11.20
Paul Sewell	20.18
Dale Berryman	3.20.97
Jeffrey Micallef	16.12
Jeffrey Micallef	36.85
Michael Wheeler	1.21.92
Ilia Gill	4.46
Jeffrey Micallef	8.87
Ilia Gill	1.55
Andrew McIlwaine	12.15 (2.724kg)
Andrew McIlwaine	31.08 (1kg)
Andrew McIlwaine	24.56 (600g)

W O M E NOPEN

Heidi Novosell (G)	12.99	100
Heidi Novosell (G)	26.81	200
Jackie Wheeler	1.03.36	400
Susannah Hartgers (WS)	2.24	800
Tracey Lawless (N)	5.05	1500
Kim Pitzing	5.53	1 Mile
Kim Pitzing	11.50	3K
Kim Pitzing	20.12	5K
Yvette Jaeger	2.53.6	800SC
Tracey Wheeler	18.41	100H
Catherine Downer	33.23	200H
Tracey Wheeler	1.14.54	400H
Tracey Wheeler	5.01	LJ
Jeanine Ward (J)	10.49	TJ
Vera Abramas (SG)	1.66	HJ
Natalie Avellino	10.32 (4kg)	SP
Joanne Kendall (LP)	38.78 (1k)	Dis
Tracey Wheeler	37.41 (600g)	Jav

VETERAN

Jackie Williams	20.01
Jackie Williams	44.88
Jackie Williams	1.41.20
Jackie Williams	4.02
Jackie Williams	8.50
Jackie Williams	9.32
Jackie Williams	2.80
Jackie Williams	6.26
Jackie Williams	5.21 (4kg)
Jackie Williams	14.30 (1kg)
Jackie Williams	10.50 (600g)

G: Greystanes AAC; J: Jensen AAC; LP: Liberty Plains AAC; N: Nepean AAC; SG: St. George Women AAC; WS: Tiger Wests AAC.

SENIOR

Jackie Wheeler	13.51	100
Jackie Wheeler	29.99	200
Julie Peksis	1.10.25	400
Julie Peksis	2.42.31	800
Julie Peksis	5.50	1500
Julie Peksis	6.18	1 Mile
Robyn Eglentals	13.11	3K
Julie Peksis	22.25	5K
		800SC
Deborah Mulhall	19.82	100H
Jackie Wheeler	35.63	200H
Jackie Wheeler	1.16.21	400H
Jackie Wheeler	4.64	LJ
Jackie Wheeler	9.65	TJ
Jackie Wheeler	1.40	HJ
Deborah Mulhall	7.74 (4kg)	SP
Jackie Wheeler	29.10 (1kg)	Dis
Jackie Wheeler	24.82 (600g)	Jav

U/19

Jackie Wheeler	13.72	100
Jackie Wheeler	28.84	200
Jackie Wheeler	1.04.54	400
Jackie Wheeler	2.42.17	800
Jackie Wheeler	5.46	1500
Jackie Wheeler	6.23	1 Mile
Jackie Wheeler	13.03	3K
Jackie Wheeler	24.12	5K
Jackie Wheeler	3.24	800SC
Tracey Wheeler	18.68	100H
Tracey Wheeler	35.89	200H
Tracey Wheeler	1.15.53	400H
Jackie Wheeler	4.83	LJ
Jackie Wheeler	9.82	TJ
Tracey Wheeler	1.52	HJ
Tracey Wheeler	9.92 (4kg)	SP
Tracey Wheeler	35.04 (1kg)	Dis
Tracey Wheeler	37.06 (600g)	Jav

U/17

Tracey Connors	13.47	100
Tracey Connors	28.38	200
Jackie Wheeler	1.05.97	400
Jackie Wheeler	2.35	800
Kim Pitzing	5.12	1500
		1 Mile
Kim Pitzing	11.50	3K
Jackie Wheeler	23.06	5K
Tracey Wheeler	3.19.82	800SC
Tracey Wheeler	18.72	100H
		90H
Tracey Connors	33.85	200H
Tracey Wheeler	1.14.54	400H
Tracey Connors	4.82	LJ
Tracey Wheeler	10.05	TJ
Tracey Wheeler	1.58	HJ
Tracey Wheeler	9.66 (4kg)	SP
Tracey Wheeler	32.62 (1kg)	Dis
Tracey Wheeler	32.50 (600g)	Jav

U/20

Jackie Wheeler	14.13	
Jackie Wheeler	28.92	
Jackie Wheeler	1.05.52	
Tracey Wheeler	2.44	
Jackie Wheeler	6.02	
Deborah Mulhall	9.09	
Tracey Wheeler	15.31	
Tracey Wheeler	26.21.73	
Jackie Wheeler	3.17	
Tracey Wheeler	18.41	
Jackie Wheeler	35.36	
Tracey Wheeler	1.16.51	
Jackie Wheeler	4.57	
Tracey Wheeler	9.98	
Tracey Wheeler	1.50	
Tracey Wheeler	9.72 (4kg)	
Tracey Wheeler	36.94 (1kg)	
Tracey Wheeler	37.41 (600g)	

U/18

Jackie Wheeler	13.46	
Jackie Wheeler	28.27	
Jackie Wheeler	1.03.36	
Jackie Wheeler	2.41.05	
Jackie Wheeler	5.43	
Jackie Wheeler	6.30	
Jackie Wheeler	13.09	
Jackie Wheeler	22.46	
Tracey Connors	3.15.53	
Deborah Mulhall	20.54	
Jackie Wheeler	36.82	
Jackie Wheeler	1.18.14	
Jackie Wheeler	4.64	
Jackie Wheeler	9.42	
Jackie Wheeler	1.40	
Jackie Wheeler	6.51 (4kg)	
Natalie Avellino	35.02 (1kg)	
Tracey Wheeler	33.24 (600g)	

U/16

Jackie Wheeler	13.4	
Jackie Wheeler	28.88	
Jackie Wheeler	1.05.01	
Jackie Wheeler	2.36	
Jackie Wheeler	5.35	
Tracey Wheeler	6.48	
Jackie Wheeler	12.34	
Kim Pitzing	20.12	
Tracey Wheeler	4.10	
Catherine Downer	15.62	
Catherine Downer	33.23	
Tracey Wheeler	1.16.35	
Tracey Wheeler	5.01	
Catherine Kropman	10.35	
Lynette Smith	1.58	
Natalie Avellino	10.31 (4kg)	
Natalie Avellino	33.78 (1kg)	
Tracey Wheeler	30.18 (600g)	

U/15

Tracey Wheeler	13.67	100
Tracey Wheeler	28.55	200
Tracey Wheeler	1.06.26	400
Kim Pitzing	2.39	800
Kim Pitzing	5.28	1500
Kim Pitzing	5.53	1 Mile
Kim Pitzing	11.50	3K
Kim Pitzing	20.14	5K
Irene Coleman	3.33.6	800SC
Jasmin Matosin	15.09	90H
		80H
Tracey Wheeler	34.96	200H
Tracey Wheeler	1.17.69	400H
Linda Atkins	4.94	LJ
Sarah Ferguson	10.28	TJ
Tracey Wheeler	1.59	HJ
Natalie Avellino	11.91 (2724kg)	SP
Kellie Fenech	9.38	1500W
Natalie Avellino	34.38 (1kg)	Dis
Tracey Wheeler	30.00 (600g)	Jav

U/13

Tracey Wheeler	13.96	100
Tania Ringhof	29.10	200
Tracey Wheeler	1.06.46	400
Tracey Wheeler	2.42.53	800
Catherine Kropman	5.37	1500
Kim Pitzing	12.09.0	3K
Kim Pitzing	21.39	5K
Catherine Kropman	3.44	800SC
Sarah Ferguson	14.57	80H
Sarah Ferguson	38.09	200H
Sarah Ferguson	1.22.01	400H
Tracey Wheeler	4.58	LJ
Tracey Wheeler	9.68	TJ
Tracey Wheeler	1.44	HJ
Natalie Avellino	12.20 (2724kg)	SP
Natalie Avellino	33.04 (1kg)	Dis
Natalie Avellino	23.76 (600g)	Jav

U/14

Jackie Wheeler	13.38	
Jackie Wheeler	28.49	
Tracey Wheeler	1.05.53	
Jackie Wheeler	2.37.0	
Kim Pitzing	5.30	
Catherine Kropman	6.26	
Kim Pitzing	11.57	
Kim Pitzing	20.31	
Yvette Jaeger	2.53.6	
Tracey Wheeler	14.42	
Lynette Smith	35.92	
Catherine Kropman	1.21.88	
Linda Atkins	4.73	
Catherine Kropman	9.90	
Catherine Kropman	1.55	
Natalie Avellino	12.91 (2.724Kg)	
Lynette Smith	9.24	
Natalie Avellino	34.22 (1kg)	
Natalie Avellino	30.44 (600g)	

U/12

Tammy Gilchrist	14.40	
Linda Hemmerling	30.22	
Linda Hemmerling	1.10.05	
Kellie Fenech	2.48.0	
Catherine Kropman	5.42.0	
Catherine Downer	13.04.0	
Kellie Fenech	26.06.0	
Catherine Kropman	18.42	
Catherine Kropman	46.06	
Catherine Kropman	1.35.0	
Tracey Wheeler	4.35	
Catherine Kropman	8.75	
Catherine Kropman	1.31	
Natalie Avellino	8.51 (2.724kg)	
Natalie Avellino	18.70 (1kg)	
Tracey Wheeler	15.06 (600g)	

FUN DAY & OTHER RECORDS2.724 Kg SHOT PUT "THROW"

OPEN: Robert Kropman (U/17) 27.24 7/3/87
 VETERAN: Bob Sewell 12.91 8/3/86; Jackie Williams 6.83 83/84
 SENIOR: Eric Barry 21.05 83/84; Jackie Wheeler 11.10 7/3/87
 U/20: Tracey Wheeler 14.54 7/3/87
 U/19: Andrew Grace 23.21 8/3/86; Tracey Wheeler 16.29 8/3/86
 U/18: Peter Kropman 23.86 8/3/86; Jackie Wheeler 10.00 83/84
 U/17: Robert Kropman 27.24 7/3/87; Tracey Wheeler 14.66 84/85
 U/16: Robert Kropman 26.99 8/3/86; Natalie Avellino 13.53 8/3/86
 U/15: Robert Kropman 18.80 83/84; Natalie Avellino 12.61 84/85
 U/14: Andrew McIlwaine 21.34 7/3/87
 U/13: Jason Irvine 13.16 84/85; Kellie Fenech 9.12 82/83
 U/12: Wayne Mulhall 7.83 84/85
 OFFICIAL: Hans Kropman 21.09 7/3/87

8 x 100M RELAY

OPEN MEN'S TEAM - time 1.40 (17/3/84)
 Paul Manton U/19, Phillip Fenech U/16, Peter Kropman U/16, Eric Barry (Sen.), Andrew Grace U/17, Garry Moran U/17, Craig Downie (Sen.), Jim Irving U/18.

OPEN LADIES TEAM - time 1.50.48 (16/3/85)
 Catherine Kropman U/14, Tracy Scorer U/14, Natalie Avellino U/14, Michelle Cauchi U/15, Jackie Neil U/14, Tracey Wheeler U/17, Jackie Wheeler U/19, Tracey Connors U/17.

OPEN MIXED TEAM - time 1.48.15 (7/3/87)

Ron Irving U/17, Catherine Kropman U/16, Peter Kropman U/19, Robert Kropman U/17, Deborah Mulhall (Sen), Glen Richardson (Sen), Jackie Wheeler (Sen), Michael Wheeler U/16.

1200M STEEPLECHASE

OPEN: Graham Ryan (RB) 3.53.49
 U/19: Deborah Mulhall 5.57
 U/18: Andrew Grace 6.34
 U/17: Mark Irving 4.02.02
 U/16: Ron Irving 4.30.8
 U/15: Jeffrey Micallef, Robert Kropman 5.35
 U/14: Darian Law (Pen) 5.10
 U/13: Stephen Mooney 6.01
 U/12: Paul Sewell 7.03

2000M STEEPLECHASE

OPEN: Peter Kropman U/19 7.39
 VETERAN: Bob Sewell 8.24
 SENIOR: John Doolan 7.47
 U/19: Peter Kropman 7.39
 U/18: Ron Irving 7.42
 U/15: Paul Sewell 8.15

